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VOLUME 14 EDITION 37



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fashioned A youngster takes the wheel during the daily antique vehicle parade at Pembina Threshermen's Museum's Reunion Days last week. For more photos, see Pg. 16. PHOTO BY LORNE STELMACH/VOICE

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Central Community Homes announces new project

By Ashleigh Viveiros

Central Community Homes (CCH) shared big plans for the future while also reflecting on the successes of the past year at its annual general meeting last week.

CCH oversees Winkler's 90 social housing units, made up of apartment complexes and single-family houses sprinkled throughout the city.

Board chair James Friesen explained that the agency's staff, working out of Central Station Community Centre, works hard to "build community and supports all our tenants, comprised of individuals and families ranging from those hardest to house, those struggling with limited incomes, to those who are doing well but just need more affordable housing options than the market allows."

The past few years the CCH team has been kept busy renovating the units the agency acquired from the Province of Manitoba, some of which were in a state of disrepair or simply hadn't been upgraded in decades. "Now into our fourth year of this major undertaking, we've invested all our available resources and had to go back to the credit union to negotiate a loan for the remaining work," Friesen shared, noting ongoing support from Triple E developments and local contractors has helped keep the project on track. They hope to finish the renovations on the final units this year.

While headway continues on that front, the agency unfortunately hit a wall with its dream to build a new affordable housing complex on the unused space at 555 Main St., in front of the community centre.

Skyrocketing costs (the multi-unit complex was projected to cost over \$6.5 million, far more than they had initial planned for) forced them to set that project aside.

But the ever-growing need for more affordable housing options in Winkler has by no means lessened, Friesen stressed.

CCH currently has 55 people on its wait list for one-bedroom units, 41 families waiting for two bedrooms, 23



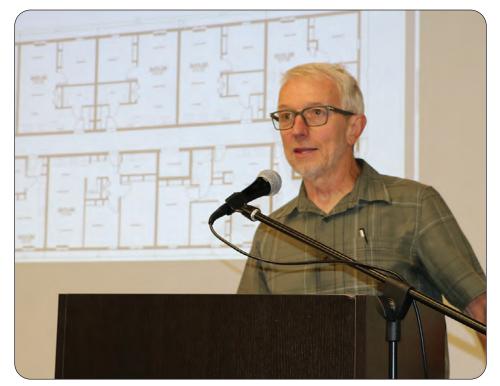


PHOTO BY ASHLEIGH VIVEIROS/VOICE

At the Central Community Homes AGM last week, board president James Friesen unveiled plans for a new 28-unit housing complex at the corner of Main St. and North Railway Ave.

for three bedrooms, and 13 families awaiting placement in four-bedroom units.

"They're carrying well over 100 on the waiting list," Friesen observed. "And that's not a long-term static number—it's constantly evolving as people move out of town, others come in, people find housing or they're couch surfing. So it's a dynamic number, but it's growing, and Central Station sees the effects of not having people in stable housing every day."

Homelessness looks different in a small city like Winkler, but it's still

Continued on page 13

"Having a voice, it matters"

By Ashleigh Viveiros

Central Community Homes welcomed Al Wiebe as a guest speaker at its annual general meeting last week. He shared his personal experiences living on the streets of Winnipeg for over two years before finally getting the help he needed to get back on his feet.

Wiebe's story begins with losing a \$150,000 a year position in advertising in the fall of 2009.

"The problem was my life was my job, and my job was my life," he shared. "I had no balance in my life."

Unable to cope with losing the one thing he cared most about, Wiebe began to suffer from clinical depression.

One day, not long after becoming unemployed, he simply walked away from his apartment—located just a block away from where he had worked—and all his belongings, save for a change of clothes.

"I didn't not want to be near that building and those people that had devastated my life."

After living in a hotel for a month, he began thinking seriously about ending his life, and decided the best



PHOTO BY ASHLEICH VIVEIROS/VOICE Al Wiebe spent over two years homeless in Winnipeg. Now he's an advocate who shares his lived experiences.

way to do it would be hypothermia. He left the hotel in February of 2010 and began living out of an old Mercedes on an auto wrecker's lot, hoping each day that he simply wouldn't wake up again. But he did.

The Voice Thursday, September 14, 2023 **3**

Faith Mission hires its first executive director

By Ashleigh Viveiros

There's a new but familiar face at the helm of Faith Mission (FriedensBote) in Winkler.

The Christian ministry has hired a full-time executive director for the first time in its 29-year history, but Nathan Elias is by no means a stranger to the organization.

He's the son of Faith Mission founder Jake Elias. The younger Elias spent many hours growing up helping out with the ministry's work. As an adult, he's remained active as a volunteer and board member.

"I grew up in the mission. It started on our yard and I grew up being pretty involved," he says. "A lot of my early memories are of me and my grandpa cutting cardboard for the clothing bales."

Elias spent six months working on behalf of Faith Mission in Ukraine in 2004 and has returned there for shorter outreach trips a number times in the years since.

"It instilled a desire in me to keep working with it and now, the last number of years, to take it a step further," he says.

Operating out of its location at 520 Circle K Drive, Faith Mission sends shipping containers full of donated used clothing, food, bicycles, and Christmas gift boxes to Ukraine to be distributed to families in need.

Jake Elias, who remains involved on the mission's board of directors, says the ministry has grown so much in recent years that the time seemed right to hire someone to head things up full-time.

"It's just too much work for volunteers to handle," he says. "We've been talking about doing this for awhile and finally decided now was a good time to do it."

For Nathan Elias, jumping into a career in ministry is an exciting challenge and also an opportunity, he hopes, to bring the mission's work to new heights.

"There's many different avenues that we can expand," he says, noting his immediate focus over the next couple of months is to grow the gift box program for orphaned and needy kids in Ukraine from the 3,500 or so they sent last year.

"We're hoping to expand the gift boxes substantially, to get a lot more locally," Elias says, noting the mission's volunteers put together about 1,200 of last year's boxes themselves, with the rest coming in from the community. "It seems to have progressed fairly gradually the last number of years ... I think there's a lot more potential there."

Boxes and supply lists can be picked up from Faith Mission or Winkler's Dollar Tree. People are asked to fill them with things like socks, mittens, personal hygiene products (toothbrushes, washcloths, combs), school supplies, and small toys appropriate for both a boy or a girl age 4-9 or 10-16



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Faith Mission founder Jake Elias (left) with son Nathan Elias, who stepped into the newly created role of executive director for the Winkler ministry this summer.

years old. The mission adds an evangelical colouring book, religious tract, candy, and food to every box.

The deadline to return the filled boxes to Faith Mission is mid-November so they can be sent out with the last shipment of the year.

For some of the kids, these gift boxes are the only present they'll receive for

Christmas.

"I've seen firsthand what our boxes can do out there," Elias says. "They're being used to spread the Gospel. Wherever they're handing out gift boxes, the children there are getting the true meaning of Christmas, the story behind it.

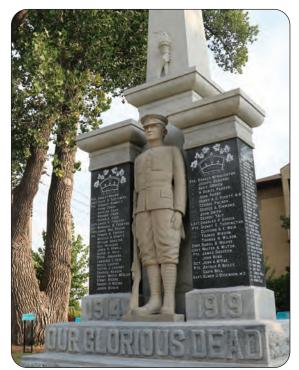
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getinformed

Legion to rededicate Confederation Park cenotaph



By Lorne Stelmach

The Morden Legion will be holding a rededication ceremony for the war memorial in Confederation Park.

The Sunday, Sept. 24 ceremony comes following the completion of some restoration work that was done on the cenotaph last spring as a joint project supported by the City of Morden, the RM of Stanley, and the Legion. "It was really just to bring it back to life. Being as old

as it was, it needed a little bit of love to just kind of clean it up," said Legion vice-president Jason Evert.

"It's an environmentally-friendly cleaning that they use on concrete that helps kind of get rid of some of what builds up over time," he explained, noting the cenotaph had turned somewhat green over time and faded, so the names weren't as clear. "It was really

VOICE FILE PHOTO

The cenotaph in Morden's Confederation Park has been deep cleaned and will have a rededication service on Sunday, Sept. 24.

something that we wanted to see done to bring that cenotaph back and looking as best as it could."

The cenotaph was first erected in 1921 by the Town of Morden and the RM of Stanley. It was designed by two Morden residents to honour locals who had died in the First World War.

Names from the Second World War and the Korean War were added in the decades that followed.

Evert observed it was a good time to take on this project, given how a lot of work has been done in the past few years with new historical signage in the park.

For the rededication, a group will depart from the Legion at 1:45 p.m. heading to Confederation Park for a ceremony set to begin at about 2 p.m.

"It will be a short program with an address by each group that was a part of this project and then a short prayer as well as our Last Post and Lament and two minutes of silence," said Evert. "It won't be long, but it's definitely very important to us ... once we were able to get the work done and cleaned, we wanted to celebrate it with this rededication."

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Kidney Walk is coming up

By Lorne Stelmach

Raising awareness around kidney disease is just as important as raising funds to Jackie Plett.

It has been the day-to-day reality for the Morden resident her whole life, so there is a strong personal motivation for her to be part of the upcoming Pembina Valley Kidney Walk.

"A lot of people don't even really know what kidney failure or kidney disease is and don't realize until it happens to them ... or even what dialysis is and what it means," Plett said in advance of the 10th annual Kidney Walk fundraiser being held in Morden Park on Sunday, Oct. 1 at 1 p.m. (same-day registration opens at noon).

Plett was just 10 months old when a form of kidney cancer required the removal of one of her kidneys and twothirds of the other.

She was then diagnosed with kidney failure in 2013. At that time she had about 50 per cent function. She began dialysis in 2018 at the age of 32.

"Kidney disease actually runs in my family. My dad had it also," noted Plett. "All my life I've just had one third of a kidney ... and then add in having kidney disease in the family ... and I'm on dialysis now.

"I always knew that I had the one third of a kidney and I needed to be careful," she continued. "I always knew I wasn't the same as every other kid ... when I had to go to the bathroom, it was always very important that I went when I had to go because that can cause damage ... just little things like that I always had to be careful."

Despite having that high level of awareness, it still hit her hard when she had to go on dialysis.

"It was very much an adjustment. I still took it actually as a big shock, even though I knew I had kidney failure prior to that," she said. "This is my life now. Three times a week ... four hours each time ... rain or snowstorm, I have to be there. It keeps me alive."

It poses a tremendous challenge to living a normal life, Plett observed.

"I can't really have a Monday to Friday office job. I work night shift for Gateway, and that actually works out pretty good. A regular job full-time during the day wouldn't work."

She appreciates the resources and support provided by the Kidney Foundation.

"It makes a difference ... the Kidney Foundation gives back to us," she said, noting they get gift cards once or twice a year for perhaps up to \$200 that can go towards costs such associated with gas, groceries, or medications.

Representatives of the Kidney Foundation noted how many patients struggle to make ends meet. Not only is the cost of their basic needs on the

> FAITH MISSION, FROM PG. 3

"It can have a very lasting impact on society, just starting with something as simple as a gift box."

Elias is also working on increasing what food they can send overseas.

"Since the war started we've sent a lot of funds to our sister organization in Germany and they've sent food from Germany into Ukraine," he says. "But some of the food, especially flour and sugar, we can buy a lot cheaper here."

Since they send shipping containers full of clothing overseas several times a year (they expect to have sent 12 by the end of 2023—several more than in past years), adding more non-perishable food is a possibility they're exploring.

"We're hoping to get a few different types of food going," Elias says. "Especially now, with winter coming up ... they're very concerned over there about what winter is going to bring because there just is nothing to eat. And then the fighting is just constant."

They're also looking to raise funds to send to Ukraine for the purchase firewood in advance of winter, when prices go way up.

"The one thing we can do to make our dollar go further is if we buy firewood now, rather than waiting until it gets cold," Elias says, noting they pay nearly double for the same amount of wood come December.

You can learn more about Faith Mission's work and make a donation online at faithmission.ca. Or call 204-325-4086.





VOICE FILE PHOTO

The Pembina Valley Kidney Walk sets out from Morden Park on Sunday, Oct. 1.

rise, but they also face the burden of regular dialysis appointments, transportation, and costly medication.

Manitoba executive director Greg Unger said they've received a 41 per cent increase in requests for financial support in Manitoba over the past year.

"Our programs provide essential financial support as best we can to patients who need it most in our province, but none of it would be possible without the generosity of our donors," said Unger.

Participating in her fourth walk this

year, Plett appreciates the support of the community.

"Lots of people donate, and a fair amount of people come out," said Plett, who last year raised \$1,300 and has a goal this year of \$1,400. "It feels very good just knowing there is that love and support out there.

"Come out and support the Kidney Walk and the Kidney Foundation. It's such a good cause, and it helps so many people."

For more information about the foundation and the walk, visit www. kidney.ca/manitoba.

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OUR SISTER PUBLICATIONS



Hidden knowledge

six vears old, a friend of mine once told me about where babies came

from

There was a whole group of us standing around listening wide-eyed and attentively to the older child, who must have been almost 10 years old and therefore significantly wiser.

Once the information had been passed along my-

self and others left somewhat stunned but accepting of this new truth.

I'm embarrassed to say it wasn't until years later when we had sex education that I had learned that this profound mystery I

had been told was absolute rubbish. I will not go into detail but frankly physics alone would never allow what I believed to be "the way" to ever occur.

Out of this circumstance I learned a valuable new insight: you cannot always trust the people you admire to know what they're talking about. Do your own fact checking before simply believing a thing.

For the most part these rules have served me well over the years but I never fail to be shocked at how often large groups of people fail to apply these most basic principles to information before blindly accepting it as fact and spreading it around like a virus.

Another example: the great Italian thinker and fighter of fascists Antonio

s a child of about Gramsci wrote about such instances of ridiculous acceptance of patently ridiculous info in the early 20th century. He even named the phenomenon Lorianism after one of the worst offenders Achille Loria.

Loria was a personality who had assembled a fan-base of people through newspapers and magazines; People who believed in his intellect and track record as a "smart guy." One of his wonderful theories was something Gramsci called altivism, the theory was that the higher in altitude people dwelled the more noble, intelligent, moral and healthy they were.

As you moved closer to sea level you got increasingly immoral, unhealthy, stupid individuals. To quote Gramsci "heaven forbid you happened to live at sea level."

The entire premise was completely idiotic and yet people believed him. He never offered a shred of actual scientific evidence to back up his laughable thinking. He even went on to propose the government work on developing some sort of high-altitude prison plane/hot air balloon that would hasten the reformation of youth criminals given the significant distance from sea level.

As silly as these occurrences are they

have very powerful real-world ramifications when people blindly absorb them as truth simply because of the person they came from.

These days one might consider Jordan Peterson a prime example of Lorianism. A smart guy with real world credentials in a narrow field who is constantly spouting off on the most ridiculous, simplistic ideas that have nothing to do with his area of science and struggles to back up his assertions. His influence has real world consequences that have led to an enabling of intolerance and hate.

Honestly, I wish this kind of thinking was simply harmless and something we could all laugh at and go about our days ignoring. Unfortunately, believing and spreading silly, baseless ideas with no evidence perpetuates poor, uncritical thinking and can cause real harm.

The antidote? Listen to everything but don't believe it if it isn't backed up with some sound proof. If what's being peddled is being defended as hidden knowledge that the "lamestream media" is afraid to tell you about run in the other direction.

Think critically. Ask questions. Demand proof and challenge silly ideas, because they crop up like weeds.

Letter policy

The Voice welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are unlikely to be published), on-topic, and respectful.

The Voice reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

Send your letters to us by e-mail at news@winklermordenvoice.ca.

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• CUEST COMMENTARY Make education an election priority

Submitted by the Garden Valley School Division board of trustees

Are your children, grandchildren, and neighbours a priority as you consider how you will cast your vote in the upcoming provincial election?

Alongside issues like quality health care, fiscal sustainability, taxes, and new infrastructure, public education needs to be a strong consideration. Education is a provincial responsibility and so before you cast your vote, please ask candidates important questions about how they will support over 190,000 students in over 700 public schools in Manitoba.

Ask them about their vision for increasing literacy and numeracy levels and graduation rates. While GVSD exceeds the provincial average in all these areas, the impact of the pandemic has decreased levels in GVSD and across the province. What will be invested in recovery learning and increasing these vital life skills?

Ask them how they will support the increasing mental health needs in our schools. More students than ever are struggling with anxiety and multiple mental health challenges. Like other divisions, GVSD hires clinicians (social workers, psychologists, occupational therapists) to address mental health needs. We need more clinicians and support but are limited by available, reliable funding.

Ask them about integrating newcomers. Immigration has wonderfully supplied our region with many workers and great citizens but also presents some challenges. Newcomers require extra support to learn a new language, and some need assistance to catch up with education levels in Canada. How will the government support regions like ours which lead the province in welcoming newcomers?

Ask them about poverty and meal programs. There are areas in our province with greater needs but even within GVSD we have too many students who come to school hungry. This strongly impacts their ability to focus and to learn. Community partners have assisted with breakfast programs in some of our schools, but needs are increasing. Poverty and hunger are impacting learning; how will this concern be addressed?

Ask them about adequate education funding. Statistics can often be cleverly manipulated to deceive voters but here are some numbers provided by the Manitoba School Board Association that are worth consideration: "Between 2006/07 and 2021/22 actual growth in Manitoba's education budget was 19.2 per cent, while inflation across this same time grew by 34.6 per cent, resulting in a funding gap of over \$500 million."

If schools are asked to address mental health, integration, and poverty needs in addition to educational requirements, divisions need to receive adequate funding so the gap between funding and inflation increases doesn't continue to grow.

Ask them if they will restore school divisions' former ability to tax locally. Each school division has unique needs which require discretionary funds. In GVSD we hire literacy and numeracy coordinators to raise reading and math levels, school liaison workers to support newcomers and families in need, English as Additional Language instructors, and we partner with four neighbouring divisions to offer exceptional technical vocational programs that prepare students for local employment. Since the government limited the ability to add a local tax component a few years ago, our region has grown significantly but we have not been allowed to fully realize the benefits of an increasing tax base locally.

Ask them about their plans for staff recruitment and retention. Like many sectors, education is experiencing a shortage in qualified staff. To date GVSD has managed to hire sufficient staff but this is not true throughout our province and the trend is concerning. What are they planning to do to address this? How will they invest in the wellbeing of current staff: professionally, personally, and financially?

Education MUST be a key priority during the 2023 election. Asking local candidates about their own, as well as their party's future plans for public education will help you to best evaluate who deserves your vote on October 3rd.

BTHC Auxiliary hosting fall luncheon, bake sale

By Ashleigh Viveiros

The Boundary Trails Health Centre Auxiliary is getting back into the swing of things after a few fallow years thanks to the pandemic.

This spring they reopened the hospital gift shop, which is manned by auxiliary volunteers, for the first time since 2020.

Now, they welcome the return of their fall luncheon and bake sale. The fundraiser takes place at the Morden Legion Hall (285 North Railway Ave.) from 11:30 a.m. to 1:30 p.m. on Saturday, Sept. 23. Lunch will be soup, sandwiches, and dessert for \$12. The bake sale will be full of homemade goodies. There will also be raffle tickets for sale for a variety of prizes. "We're raising funds for the hospital to help them purchase the equipment that they need," says auxiliary president Margaret Ann Popplestone.

That's been the auxiliary's mandate for decades. While the BTHC receives funding from the province, auxiliary donations help them purchase additional needed or improved equipment they would otherwise have to go without.

"The government only provides so much money," Popplestone says. "The more equipment that we have, up-to-date equipment, the better the hospital can care for patients and the easier it's going to be to attract staff."

Even though things were quiet during the pandemic, the auxiliary was still able to cross a few items off the hospital's annual wish list thanks to the ongoing support of local donors.

"We still worked seeking donations the last few years," Popplestone says. "We do have some people that donate every year, and we're very thankful for that."

For 2023, the auxiliary spent over \$35,000 on equipment purchases that included a phototherapy light, special doors for operating room shelving units, a compact wall desk, and an ice water machine.

Popplestone says they haven't received the 2024 equipment list from the hospital yet, but they're eager to raise as much as they can to help meet the needs identified in it.

The auxiliary currently has about a

dozen members. Many aging volunteers have passed away or stepped back in recent years, so they're looking for some fresh blood to keep the organization going into the future.

"We definitely need more help," Popplestone stresses. "We're just kind of at a standstill with members right now. We need more to continue on."

Auxiliary members meet monthly for most of the year to discuss fundraising plans, including the fall and spring luncheons, cash calendar sales, and a November craft sale. Members are asked to help out at those events and in the gift shop.

If you'd like to get involved, stop by the luncheon next week to chat with auxiliary members or give Popplestone a call at 204-822-6208.



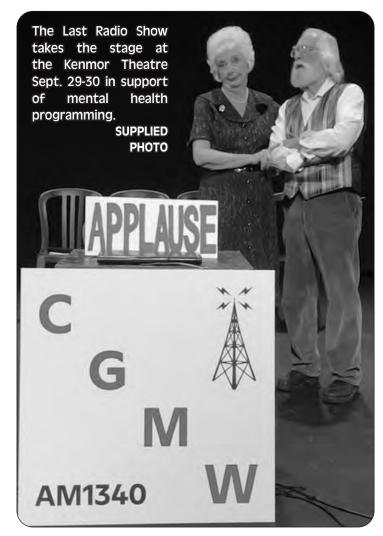
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'The Last Radio Show' performances raising funds for Eden Foundation

By Lorne Stelmach

The audience will be taken back in time when the musical theatre production *The Last Radio Show* comes to Morden this month.

The production at the Kenmor Theatre Sept. 29-30 is set in Morden in 1965 and centers around fictitious radio station CGMW, which is broke and preparing to go off the air.



It was created last year as a way to mark and celebrate the 100th anniversary of radio in Manitoba, so it has been a labour of love for Garry Moir, who has spent most of his life working in the field.

"I've worked in broadcasting for over 50 years, and a lot of the characters, I would say, they are just broad exaggerations of people I have worked with over the years," said Moir, who not only wrote the play but is part of the cast.

"We did it in Winnipeg last year and we sold out both of the productions that we did there," he noted. "One of our guests for that show was Jayme Giesbrecht, who was just going over to a role at the Eden Foundation, so this year the cast got together again and thought why don't we do it for the Eden Foundation and raise some money for mental health."

The play is the story of the very last live radio show performed by an elderly, dysfunctional staff, fretting about their future. However, on this final night, they must somehow pull it together to give listeners a tour of the golden days of broadcasting—and no one could have predicted what happens next.

In addition to being set in Morden, the production has plenty of local connections, as Moir grew up near Snowflake and attended high school in Crystal City while and his wife and musical director and cast member Agatha was born and raised in the Altona and Winkler area. On top of that, Jayme Giesbrecht is also part of the program as a special guest.

Moir suggested there are a number of aspects to the show that draw people to it.

"There's a lot of really great music in there. That's one thing," he said. "The other thing is there aren't really a lot of productions that appeal to kind of a 50-plus audience. We had a lot of 50-plus people in our audience, but there

were a lot of younger people who seemed to enjoy it as well. It kind of cut across the generations.

"I think another thing is it's one of those shows that has a little bit of everything. There's music, poetry; we put it all together and do the sound effects in the way they used to do in the golden days of radio. We just make them ourselves.

"It's just a show that has a whole lot of fun stuff in it," Moir continued. "It's a show that's minimalist. We have quite a nice set, but it's certainly small. It's not a big expensive production."

Another unique aspect of the production is the cast.

"The cast was almost exclusively seniors. This time, we've had to bring in one younger person because one of our original cast members wasn't in good enough health to do it," Moir said. "Some of us are well into our 70s ... I think anybody who comes to see it, I think the audience will be quite surprised with the energy level and the kinds of things that a lot of these actors can do.

"You get to a certain age, it's pretty hard to find an acting part ... none of us make any money at it," he noted. "But most of us, in one way or another, have had some acting experience in the past ... we're not a bunch of rank amateurs."

Proceeds from the production will go to the Eden Foundation to support mental health programs.

Show times are 7 p.m. both evenings. Tickets are \$25 and can be purchased in advance at www.candlewick.ca or at the door.

"We can't wait to come out to Morden," said Moir. "I know virtually all of the cast want to stay overnight in Morden because they're just looking forward to getting out of the city and hopefully just putting on a really good show for everybody."

Alzheimer Soc. marks World Alzheimer Month

Care partner groups starting up across the region this fall

By Ashleigh Viveiros

Things are hopping at the south central regional office of the Alzheimer Society of Manitoba this fall.

Not only are there a few special events happening in conjunction with World Alzheimer's Month, but several returning programs are getting back into the swing of things after summer break, along with a few new ones as well.

"We want everyone to know that the Alzheimer's Society is the first link to a community of support, resources, and knowledge for families impacted by dementia," says regional coordinator Rebecca Atkinson, encouraging any family grappling with the disease to get in touch with her to learn more about what help is out there and to let her know what other forms of assistance they'd like to see.

Monthly care partner support groups are starting up in Altona (11:30 a.m. to 1 p.m the third Monday of the month at The Gardens on Tenth), Morden (10 a.m. to noon the fourth Monday of the month at the Morden Active Living Centre), Carman (1-3 p.m. at the Carman Active Living Centre the last Wednesday of every month), and Emerson/Dominion City (alternating between the two communities the first Wednesday of the month at 10 a.m.).

It's a chance for caregivers to get together with others who understand what they're going through, Atkinson says, urging people to reach out to her at 204-325-5634 for more information about joining a group. She notes there are also virtual support groups running provincially if the above times and locations don't work for you. And if there was enough interest for an evening in-person support group in the Pembina Valley, she'd be open to organizing that as well.

As far as events go, the Winkler Senior Centre/Buhler Active Living Centre is hosting a few livestreamed ones over the next few weeks.

On Wednesday, Sept. 20 from 2-3 p.m. is a family education webinar entitled "Navigating the Long-Term Care System." Register by calling 204-325-8964.

Then, on Thursday, Sept. 21 from 6-7:30 p.m., *What's New in Dementia Research? Ask the Expert!* will be lives-treamed from Winnipeg to Winkler at the BALC. The presentation features researcher and neurologist Dr. Donald Weaver.

"He's apparently an excellent speaker," Atkinson says, noting he'll be fielding questions about the causes, risk factors, and treatments for dementia.

Atkinson will herself be speaking or fielding questions at a few other events this fall, including the Building Dementia-Friendly Communities presentation at the Crystal City Friendship Centre on Sept. 20 at 1:30 p.m. (register by calling 204-825-2443), the Home & Community Care Expo at the Morden Activity Centre Oct. 4 from 4-7 p.m., and the Understanding Dementia public information session in the Cedar Estates common room (350-4th St., Winkler) at 2 p.m. on Oct. 13 (no registration required).

Next month will also see the Care 4 U conference hosted in Winnipeg on Saturday, Oct. 28. The event is aimed

> ALZHEIMERS, FROM PG. 8

at family and friends caring for people living with dementia and features presentations from a variety of healthcare and community professionals. Registration information is available at alzheimer.mb.ca.

Atkinson encourages anyone interested in attending the conference and potentially carpooling with others from this area to reach out to her.

Finally, on the programming front, back for another eight-week session at The Gardens on Tenth in Altona starting Oct. 23 is Minds in Motion.

This program is designed for people living with early to moderate signs of dementia to attend with a family member or friend. Each session includes gentle chair fitness, engaging activities, and conversation.

"We're doing Altona in the fall and then we're set up to run in Carman in winter and then Winkler in the spring," Atkinson notes. Contact her at 204-325-5634 to register.

She's also putting a call out for volunteers for programming across the region and for businesses who want to learn more about how they can become more dementia-friendly.

PHOTOS BY LORNE STELMACH/VOICE Close to 200 riders of all ages turned out Saturday morning for the Head for the Hills fundraiser in support of the Eden Foundation. Director of development Jayme Giesbrecht estimated the total will come in at over \$90,000 in support of mental health programming. "We were so grateful for a beautiful calm sunny day, lots of volunteer help, and a real positive attitude from cyclists, who had a keen understanding of Eden's work and in many cases a connection to Eden beyond fundraising," Giesbrecht said. The ride began and ended at the Cripple Creek Music Festival site just south of Morden.





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Elias Woodwork has reached an impressive milestone by celebrating its 40th anniversary. They are thankful to their loyal customers, and the dedicated team who supported and helped them throughout these years.

Elias Woodwork incorporated in 1983 while working in a 2000 square foot building on Centennial Ave. They began building their main facility, along with a maintenance room in 1986, after purchasing their first lot. Elias Woodwork worked hard during this time, even constructing overhead dust holding tanks to load trucks.

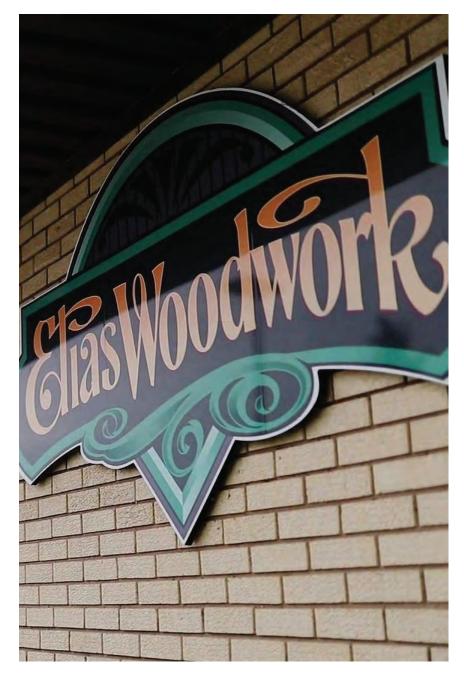
In 1994, they raised the capital needed by applying for a Grow Bond issue to start building the Rough mill/moulding shop and began painting in the South end of it using a small hand spray booth. Five years later, customer demand had Elias Woodwork requiring significant expansion again. The company built a large extension to its main shop and shipping area and invested in a new CEFLA paint line, requiring its first million-dollar plus bank loan. The project extended well into 2000, whereby the extension of the Rough mill and a wood storage area was built. Furthermore, they ventured into a vinyl pressing business called All Tech Panel Products, partnering with Triple E and based in a building from Lode King. In 2007 they bought a lot in Winkler, preparing it for another future building...but when the sub-prime mortgage crisis put that on hold, they found a less expensive way to expand and leased the front half of the Morden Tupperware plant in 2008. The immediately set out to built another paint room in the new facility and in the following year, they subleased part of the Morden plant to EXNER eWaste.

In 2013, they asked Exner eWaste to vacate that space, which they repurposed for cabinet box construction. Elias Woodwork negotiated the purchase of the entire Morden site a short time later, accommodating these plans by providing Lode-King with two years' notice to relocate.

By 2017, they repurchased AllTech Panel Products from John Fehr and Triple E and moved the company's production into the vacant space left by Lode King in the Morden plant. Elias Woodwork built an annex to the Winkler site Rough mill in the same year, housing an additional moulder and a Drawer box cell.

In 2020, Elias Woodwork began preparing another lot in Winkler for the future building once again. They recently finished this construction in 2022 and are now moving the Cabinet Box manufacturing from the Morden Site. The Elias Woodwork Ownership group is extremely grateful for the hard work and effort made by their staff, acknowledging all their contributions to Elias' growth and success these last 40 years. "We have been so blessed to be located in the Winkler/Morden area because of the hard working multi skilled populating the area. "Not every endeavour resulted in immediate success, including some of their earlier efforts such as dust collectors and exploded dust tanks, which now lie in trash and scrap metal heaps somewhere...but this never took the wind out of employee's sails and ambitions and great attitudes have kept them forging ahead.

The company invites everyone to attend their 40th anniversary celebration, which will take place on the lawn at their Morden location on September 16 from 4 pm to 9 pm. The celebration will include food trucks, exciting inflatables, face painting, a Country Princess, live bands, and a fireworks display to conclude the night. "This milestone is really a testament to the ambitions of the people in this entire area...and we'd like to say Thank You!" Elias Woodwork is anticipating the joy of having everyone join in and recognize this impressive milestone with them.





LIVE BANDS

4:15 pm - Quonset Brothers 5:30 pm - Leathers and Lace



FIREWORKS

Inflatables | Face Painting | Country Princess Greg Wood (Magician) | Food Trucks



Quonset Brothers Performing at 4:15 pm A Pembina Valley local classic cover band!



Brought to you by 'Icons of Rock and Snake Oil' We couldn't have made it this far without the hardworking people in the Pembina Valley! We would love to have you all come out and celebrate our 40th Anniversary Come join us at our Morden location on September 16 at 4-9 pm

Leathers and Lace

Performing at 5:30 pm

A Spectacular Tribute to Eagles - Fleetwood Mac & Friends!



Inflatable activities for kids and adults!



EATHERS



Food trucks on site... come hungry!

Performing at 7:30 pm

Trooper is a Rock Band formed in 1975 and took the radio waves by storm with a string of anthemic hits still playing on every Classic Rock Station in the Country.

The Group is best known for the hits "Raise a Little Hell", "We're Here for a Good Time (Not a long time)" 12 The Voice Thursday, September 14, 2023





Manitou festival a hit





The wonderful food was a big draw Saturday as people gathered in Manitou for the annual Honey, Garlic and Maple Syrup Festival. The day featured a gourmet alley and buffet supper, a packed vendor tent, cooking demonstrations. musical entertainment. a car show. fun activities for the kids, and more.

> PHOTOS BY LORNE STELMACH/VOICE

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> AFFORDABLE HOUSING, FROM PG. 2

happening here You may not see large tent encampments going up, but there are many people who don't always know where they'll be able to find a temporary place to lay their heads down each night.

"It's not as visible, but it's there," Friesen said. "All you need is to talk to some of these not-for-profit organizations who are invested in engaging people that are otherwise kind of invisible or voiceless, and you recognize that they're among us. But it's often hidden from view."

As the community continues to grow, the need is only going to increase, Friesen stressed, which is why getting more social housing built is so important.

To that end, CCH has come up with a new project that, once it's completed, will create 28 new one- and two-bedroom housing units. This three-storey complex will be a mix of affordable housing units and market rate apartments. It's not enough to fully meet the need, of course, but it's a start.

The agency has purchased land just down the street from the community centre at 557 North Railway Ave. (on the northwest side of the Main St. intersection) for this project, which it is building in partnership with K Block Developments.

CCH has some funds ready to go for the build—priced at approximately \$4 million—and they're waiting to hear back from the Province of Manitoba on additional funding that will make it a reality.

With the upcoming provincial election, though, confirmation of that funding is unlikely to come any time soon.

CCH would like to get started on the build before winter, but there's a million-dollar gap between the funds they have and the funds they need.

They're hoping the community will help them bridge what will hopefully be a temporary shortfall.

"We need the community to step up,

whether now specifically or down the road," Friesen said, explaining that even if they end up taking out additional loans to get the project going as they await a commitment for government funding, ongoing support is still needed to allow for other builds in the future. "The issue is big enough that if the community were to step up and our request of the government wouldn't be required, it would be on the next one."

Making sure everyone has access to safe, affordable housing remains CCH's mandate, Friesen noted, but it takes the entire community to make it happen.

"We want to have the community at every level—contractors, developers, city council, everyone—involved in this agenda," he said. "We see it sort of as our job keeping all of our feet to the fire so that we're not just developing high-end residential suburbs.

"If we can mine that whole contin-

> ADVOCATE, FROM PG. 2

"Night after night, morning after morning, I kept waking up."

But simply surviving didn't fix anything, and he struggled to hold on to hope that life could one day get better, and to the belief that he deserved more.

"The greatest casualty ... is the loss of dignity, self-respect, and self-worth. I lost all of that. The things that made you a person were taken away from you."

He refused to make use of the aid services that were out there, instead spending his days collecting cans and scrounging for dropped change at fast food restaurants.

"I was too proud to use the service providers. I couldn't bring myself to actually take other people's food and a shelter bed ... I had made \$150,000 a year, I don't need this."

Sick with pneumonia and still grappling with untreated depression, he tried one day to get help at Health Sciences Centre, but was turned away. The same thing happened when he tried again a week later, and a third time not long after that.

"The attitude was so rude because I was a homeless person," Wiebe said. "The minute I said I was homeless,

the attitude changed."

unit housing complex on North Railway Ave.

uum of housing affordability, right

to the level of folks who are experi-

encing homelessness ... we all need

a place to live that's safe and afford-

He went to a bridge over the Assiniboine River and jumped, hoping to put an end to his pain.

SUPPLIED IMAGE

able, and that's defined differently by

everyone. But let's give everyone a

chance to have that basic right."

He survived, and eventually received assistance from medical staff at St. Boniface Hospital who he says finally treated him as a person.

He spent a month in a psych ward before being released to a bed at a shelter.

Fourteen months later he found a permanent place to live and employment working as a case manager for a Winnipeg housing program.

"That position, that's where I first started learning about lived experience and how important it is, when it comes to housing the homeless, to have people with lived experience around the table," Wiebe said. "Having a voice, it matters."

Today Wiebe is a vocal advocate for unhoused people, working with different levels of government and a number of experience-led support programs.

"This happened because people threw aside their judgements about me, cast aside their judgements and their biases," Wiebe said. "So many people didn't."

Morden-Winkler all-candidates forum is Monday

By Lorne Stelmach

Candidates running for election in the Morden-Winkler riding will have a chance to face voters at a public forum next week.

The Winkler and Morden chambers of commerce are jointly hosting the session this coming Monday, Sept. 18, from 7-9 p.m. at the Morden Activity Centre.

It was a good opportunity for the two organizations to join forces, said

Clare Agnew, executive director of the Morden Chamber of Commerce.

"We knew that both of us thought it was important in our communities, and because it's a regional thing, it makes sense that we host it together and try to get everybody in one spot," she said. "Many of the concerns of the business community are the same in Morden as they are in Winkler, so it's nice for everybody to hear the same message."

It might be the one chance for resi-

dents to have direct access to all of the candidates, she noted.

"For those who do attend, it's good to be able to ask either parties or all parties the same question and compare how they answer it," said Agnew. "The chamber obviously is non-partisan ... it can't be seen as in support of any particular party or candidate."

In order to have some control over what's being asked from the floor, Agnew stressed they ask people to submit questions in advance by Friday, Sept. 15.

"It's so we can compile the questions and make sure there's a variety of questions coming from the floor," she said. "Also if there is one being asked more often, to make sure that one does get addressed.

You can email either execdirector@ mordenchamber.com or director@ winklerchamber.com with questions.



Central Community Homes is working with K Block Developments to build a 28-

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getinformed

Cutting the ribbon on health and wellness store Soul Iris

By Ashleigh Viveiros

Winkler's newest health and wellness store marked its grand opening with a ribbon cutting on Friday. Soul Iris opened its doors downtown a couple of months ago, and owner Rachel Blatz says the response thus far has been encouraging.

"It's been very positive. I had built a client base already and a lot of people have followed me here," she said,



PHOTO BY ASHLEIGH VIVEIROS/VOICE Mayor Henry Siemens helped Rachel and Henry Blatz cut the ribbon on their new business, Soul Iris, located in downtown Winkler.

noting she's been looking to launch her own business for some time. "I did it working for somebody else for a number of years and really wanted to do it on my own and put my own spin on things. So I took the leap."

Soul Iris offers health consultations using iridology (studying the iris), reflexology, and bio resonance (which involves reading a person's energy wavelengths). They also carry a variety of herbal supplements and related products.

"We have quite a few different herbs, all the vitamins. We have protein powders and a lot of adaptogens, so a lot of the mushroom-based products," Blatz said. "And then we also have clean deodorant, body washes, skin care, hair care, toothpaste; basically just trying to avoid any type of chemicals."

Bringing greetings on behalf of the City of Winkler at the ribbon cutting was Mayor Henry Siemens, who lauded Blatz for taking that leap into

entrepreneurship.

"These kinds of events are exciting to us as a community because we get to see your dreams come to life," he said, noting it takes a great deal of confidence and faith to start up a new business. "It's exciting for us to see that you've chosen Winkler. That you believe this community needs this service, that you believe that you can provide this service, and that you believe this community will support this service.

"Those kinds of things are what makes Winkler, Winkler," Siemens added, pointing to the countless home-grown businesses in Winkler and to the many that have bravely taken the next step. "We're so proud of you for doing that. We welcome you to the Winkler community, the Winkler business community."

You can find Soul Iris on Facebook and Instagram or stop by at 1-385 Mountain Ave.



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Suncatch Sounds wraps for the summer



PHOTO BY LORNE STELMACH/VOICE

The Crocus Suncatch Sounds downtown concerts in Morden wrapped up for the year Friday with the traditional country music of the Harvey Allen Band. The concert series drew good crowds for the six events held every three weeks from May to September, and the Pembina Hills Arts Council was pleased with the results from running the bar as a fundraiser for local arts programming.

Trinity, Zion churches hosting member art show

By Ashleigh Viveiros

A Morden-Winkler church community is shining the spotlight on the art skills of its members, and they invite the public to come check it out.

The Trinity Lutheran Church in Winkler (1111 Southview Dr.) is hosting a fall art show on Saturday, Sept. 16 from 2-6 p.m. and Sunday, Sept. 17 from 11 a.m. to 2 p.m.

Up on the walls will be work from both Trinity and its sister church in Morden, the Zion Lutheran Church.

"We realized a while back that we have a lot of artists involved in our congregation," says pastor Alex Klages, who heads up both churches. "Some of them I think would be more familiar, some less familiar to the wider community, but we have a lot."

"And not only artists but photographers, craftsmen—many different mediums," noted Randy Rietze, who's helping organize the show. "So we thought it would be appropriate to showcase these talents and open it up to the community if they wanted to come."

About a dozen artists' work will be on display, including familiar names such as Lori Rietze and Kelly Klages—both of whom have had pieces on display at Winkler Arts and Culture in the past; Rietze also designed some of the church's stained glass windows as well as several other professional and amateur creators.

The exhibition will be in the church's fellowship hall. Admission is free.

"We're going to have coffee and dainties for people to enjoy and sit around and visit," Rietze says, adding that some of the artists will also be on hand and a few of the pieces will be available for purchase.

Klages noted Trinity Lutheran is one of the oldest churches in Winkler, though "many people don't even know where it is.

"This is another opportunity to remind people that we're here ... it gives us a chance to show who we are."



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Pastor Alex Klages and Randy Rietze invite the community to the Trinity Lutheran Church this weekend to check out an art show made up of work from local artists.

News or sports tip? E-mail news@winklermordenvoice.ca or call 204-325-6888



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PHOTOS BY LORNE STELMACH/VOICE The Pembina Threshermen's Museum held its 55th annual Reunion Days celebration last Friday and Saturday, inviting history buffs to spend the day exploring the pioneer heritage village. The event included daily vintage vehicle parades, a Friday evening tractor pull, demonstrations of all manner of pioneer activities (including lumber sawing, blacksmithing, threshing, rope-making, and corn grinding), fun and educational activities for the kids, musical entertainment, meals made by the Valley Harvest Maids, tours of the museum buildings and displays, and a corn maze to navigate.





Blast from the past









SUPPLIED PHOTO

The Winkler Flyers added a reflective vest to their uniform last Thursday as they acted as guest crossing guards at Winkler's Parkland and Pine Ridge elementary schools for the first day of classes. K-9 students started their new school year on Thursday followed by Gr. 10-12 on Friday.

Brother of Canadian hero to visit Carman ahead of Terry Fox Run

By Voice staff

A very special guest will be coming to Carman for this year's Terry Fox Run.

Terry Fox's older brother, Fred Fox, will be in Carman at the Boyne Regional Library on Saturday, Sept. 16 from 3-4 p.m.

"Our day with him will be a meet and greet at the library," said organizer Linda Sylvestre. "Then he wants to go on the pathway where the route will be on for the Terry Fox Run, so we're going to go for a little walk, and people are welcome to join. It'll end off at Syl's Drive Inn, which is kind of the icon of Carman, so we're going to show Fred a good meal there."

The community's Terry Fox Run will happen the following day.

The national fundraiser will take place from 1 p.m. to 3 p.m. at Ryall Park, where everyone is encouraged to come out and walk, run or bike, to raise money for cancer research. There will also be live music by Flat Top and Company.

"People can register before 1 p.m. with us or online," Sylvestre said. "We will try to kick it off at 1 p.m., and people can come and go as they please. There will be live entertainment at the Ryall Park stage, so anyone can also bring a lawn chair and listen." pottery, will be hiding some pieces on the pathway so runners can find treasures.

There will also be T-shirts and other merchandise available for purchase on the day of the run.

People can donate in-person or online; each dollar raised goes toward cancer research.

Head to terryfox.org for more information or to make a donation.

Back to school with the Winkler Flyers



STAY SAFE THIS HARVEST SEASON

It is that time of year when crops and other vegetation can cause visibility issues and the farm equipment is out.

Have a conversation with your loved ones about road safety:

- Look twice before entering an intersection
- Let the dust clear never follow someone in the dust
- Never enter an intersection unless you are certain it is clear
- Drive defensively
- Yield to large equipment
- Respect work crews along roads

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Carman's Kate Froese, who does

Get vocal about BUYING LOCAL!

How to make buying local a part of your daily life

Do you want to help support the local economy and members of your community by buying from growers, producers and merchants in your area? If so, here are some tips to help you integrate this habit into your daily life.

- **Choose items made in the area.** Whenever possible, select artisanal food, clothing, furnishings and other products made by local craftspeople. You should also look for goods made with ingredients or materials sourced from nearby regions.
- **Visit stores owned by locals.** Rather than shop at large retail chains, opt to buy what you need at stores owned by people who live in your community. You can also check out local farmers markets, U-pick farms and agritourism operations.
- Keep an eye out for labels. It's increasingly common for food and other products that are made regionally to have an identifying label. If you want to ensure you make the right choice, don't hesitate to ask a sales clerk for more information.

Once you make the effort to change your shopping habits, you'll find yourself with a host of local products that you can't live without.

3 reasons to choose local shops over e-commerce giants

Massive online retailers like Amazon have become a top choice for many shoppers because of their low prices and speedy deliveries. However, there are important advantages to supporting local businesses when you shop online. Here are three reasons to champion the merchants in your area when you want to buy something on the internet.

1. SHORTER DELIVERY ROUTES

When you buy products from an international e-commerce company, your package may need to travel thousands of miles to reach you. This emits significantly more greenhouse gases than if you select items from stores that are closer to home.

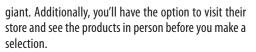
2. BETTER USE OF RESOURCES

Small, local businesses typically make it a high priority to use renewable energy sources and eco-friendly materials when designing their products. In many cases, this means the item will be made better and last longer.

3. PERSONALIZED SERVICES

Even if you shop from their online store, you can still speak with the local merchants you buy from over the phone or via a live chat platform. This gives you access to personalized advice and recommendations about your purchase that you likely won't get from an e-commerce





Next time you want to buy something online, be sure to reflect on these points before you check out your order.



Get vocal about BUYING LOCA 4 perks you enjoy How buying local can help when you buy local your business You often hear about the advantages of buying

There are many economic and environmental benefits of buying local. But did you know this practice also offers several perks to you as a consumer? Here are four reasons to shop closer to home.

- 1. You get to be part of a story. The merchants in your area have overcome obstacles and worked hard to build a thriving business. They'll undoubtedly be happy to share their story, which continues in part because of your patronage.
- 2. You get to support good causes. The choice to buy local is a sustainable, ethical and socially responsible one. Among other things, you'll reduce your carbon footprint and show your preference for companies that ensure proper working conditions.
- 3. You get to enjoy added value. When you buy local, you receive more than just a product. Whether it's the story behind it, the quality of the item or the sense of community your purchase provides, there's plenty to be proud of.

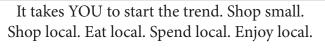
4. You get to choose the best. Goods from local producers are designed and manufactured to improve your daily life and allow you to get the most out of them. When it comes to food, buying local means gaining access to fresh fruits and vegetables.

What are you waiting for? Visit the shops in your area today.



Small businesses are the heartbeat of your neighborhood, the spine of your local economy, and the spirit of your town.







what about from a business perspective? Here are four ways your business could benefit from buying local. **1. LOGISTICAL BENEFITS** It takes a lot of time and resources to ensure

local from a consumer's perspective, but

your supply chain runs smoothly. The longer the chain, the greater the risk of encountering obstacles like sudden shortages, volatile exchange rates and miscommunications. Buying local gives you more control and flexibility over your supply chain, saving you money.

2. NETWORKING OPPORTUNITIES

Opening your doors to companies in your area creates exciting business opportunities. Buying local means contributing to the economic vitality of your region and being appreciated by your community.

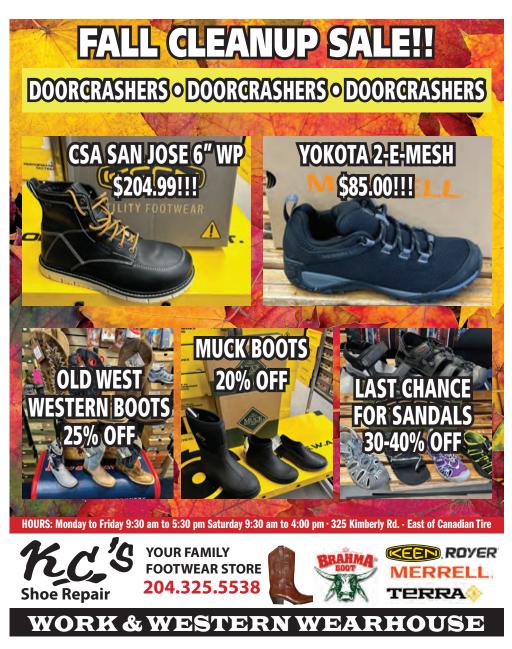
3. ENVIRONMENTAL ADVANTAGES

Buying local is one of the keys to reducing your company's carbon footprint. Today, products often travel thousands of miles when alternatives exist nearby. Therefore, your decision will be an inspiration to many.

4. IMPROVE YOUR BRAND IMAGE

Many consumers prioritize companies that take concrete steps to uplift their community and protect the environment. Many large businesses proudly publicize their local purchasing policies. Therefore, why not take advantage of this powerful marketing tool?

Buy local if you want your business to prosper and stand out from the crowd.



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4 perfect locations to hold your wedding

Are you looking for a wedding venue that reflects your spirit as a couple? Here are four venue ideas that may inspire you.

1. Yacht. Space limitations may force you to limit your guest list to your absolute nearest and dearest. However, the fresh air and breathtaking views will ensure your intimate wedding at sea is truly memorable.

2. **Public building.** The stunning architecture of older buildings lends itself well to the decorum of a wedding. Imagine a couple of book lovers getting married in a stately library or a pair of art lovers tying the knot in the gallery where they had their first date.

3. Converted industrial building. Many old factories and warehouses have been given new lives as event spaces. Although you may need to spend more on decorations to offset the industrial backdrop, the funky surroundings will give your celebration playful energy.

4. Vineyard or brewery. Are you particularly fond of a local brewer or winemaker? A romantic vineyard is perfect for a sophisticated celebration. Go with a casual brewery space for a laid-back vibe.



Don't leave your venue booking to the last minute. Take time this week to explore options near you.

When booking a unique venue, don't forget to check with local authorities regarding crowd size, noise restrictions and alcohol service regulations.

4 tips for a winning marriage proposal

Has the subject of marriage come up in conversations with your sweetheart? Does it feel like the right time to pop the big question? Here are four tips to help you make your proposal unique and unforgettable.

1. Think about your personalities

If you or your partner are shy, a public proposal with lots of people watching might not be the best idea. Instead, choose an intimate moment. For example, in the comfort of your home, while taking a walk or during a romantic picnic. If you don't want it to be entirely private, consider including a few of your closest friends to make it meaningful.

2. Plan your proposal

Ideally, choose a moment when you won't be too pressed for time to avoid needless stress. While it may seem there's never an ideal time to propose, it's in your best interest not to rush it.

3. Pay attention to your presentation

Even if an engagement ring isn't essential to you, the moment of presentation is the heart and soul of the marriage proposal. Choose the ring carefully, subtly taking note of your partner's tastes while passing a jewelry shop window, for example. **4. Consider the element of surprise** Even if you and your partner frequently talk about marriage, the element of surprise is key to a memorable proposal. Make your plans discreetly, and be sure that the loved ones you enlist help keep the secret safe.

Start exploring your area to find the perfect ring and plan the perfect place and time for your marriage proposal.







sports&recreation

Flyers drop pre-season games to Steinbach

By Ashleigh Viveiros

The Winkler Flyers found themselves on the losing end of a pair of exhibition games against Steinbach as the Manitoba Junior Hockey League pre-season got underway last week.

Playing in Winkler last Wednesday night, the home team bowed 5-1 to the visiting Pistons in a game that saw the Flyers outmatched 51-29 in shots on goal.

Winkler rookie Dobie Unrau got the Flyers on the board early in the second period to tie the game at 1-1. But the Pistons went on to fire home two more goals in the middle and final frames to win it.

Splitting duties in net were Jacob Armstrong and Bryson Yaschyshn. Armstrong made 25 saves off the 29 shots he faced while Yaschyshn stopped all but one of the 22 that came his way.

Winkler went zero for one on the powerplay while the Pistons were two for seven.



PHOTO BY RICK HIEBERT/VOICE

Goalie Bryson Yaschyshyn stretches for the save last Wednesday in the Winkler Flyers' pre-season opener against the Steinbach Pistons, which the visitors took 5-1. Steinbach also won Saturday's game 5-2. This week the Flyers take on Selkirk.

The Flyers fell once again three nights later in Steinbach.

After a scoreless opening frame, the second period was a back-and-forth affair that ended with the Pistons up 3-2. Winkler's two tying goals came courtesy of Jayce Legaarden and Noah Diemer.

Period three's goals were all Stein-

bach's, though, to give them the win 5-2.

Ernst Liam went the distance between the posts for Winkler, making 23 saves off 28 shots. His teammates sent 27 the other way.

Both teams had eight powerplays to play with. Winkler made good on one, with Diemer's goal, while Steinbach scored four of their goals during the extra man advantage.

The pre-season continues this week as the Flyers host the Selkirk Steelers Wednesday night and then play in Selkirk Saturday.

The team's MJHL regular season kicks off Sept. 22 in Winkler against the Winnipeg Blues.

Winkler Storm 2 claim first place in 3rd Div.

By Ashleigh Viveiros

The Winkler Storm 2 team have moved into first place in the Manitoba Major Soccer League's 3rd Division.

The Storm blanked the YFC Saints a 2-0 Sunday afternoon in Winnipeg. Nico Nickel and Eh Tha Hay Moon scored for Winkler.

It was the team's second win of the

week: they also beat AC Fiorentina 6-2 Friday night on the road. Doing the scoring honours that match was Quinton James-Decker and Janick Richter with two goals each and Koen Unrau and Chase Ehnes with singles.

With that, the Storm are at the top of the pack with an 11-2-1 record and 34 points—two ahead of the Richmond Kings in second place and six more than the Scorpions FC in third.

Winkler's Premier Division team, Storm 1, had a rougher go of it over the weekend, falling to the visiting NKMB Saints 2-1. Cornie Siemens scored for the home team.

Storm 1 are currently in third-last place in the division with a record of 5-10 and 15 points. They lead the bottom-ranked teams, World Soccer

Academy and Lions FC, by a full 10 points.

Both Storm teams play home games at the 15th St. soccer pitch in Winkler this weekend. Storm 2 host Dunvegan Castle at 3 p.m. followed by Storm 1 playing Hellas SC at 5 p.m.

Storm 2 also square off against the Richmond Kings Thursday night in Winnipeg.

News or sports tip? E-mail news@winklermordenvoice.ca or call 204-325-6888

Pembina Valley Hawks optimistic about season ahead

By Lorne Stelmach

The male U18 Pembina Valley Hawks come into the 2023-24 season with high hopes to build on the positives of the last campaign.

The Hawks finished third in 2022-23 and swept the Yellowhead Chiefs in the quarter-finals before then falling in three straight to the second ranked Winnipeg Bruins. It was a competitive team, and there is a good core of returning players, so coach Brendan Edie is optimistic.

"We go into the rink expecting to be in every game, and we expect we are going to get our fair share of wins," Edie said last week after the team's tryouts in Morden. "I'm really optimistic. I love our setup on the back end, and we have a potential returning goalie or two, but if that doesn't pan out, we have some good young kids coming in.

"Pembina Valley is always kind of in the mix of things," he continued. "I don't want to be too high or get too low either ... we're going to be competitive. We always are, and we're going to focus more on the process to start and when we focus on the process, the outcomes will take care of itself."



Edie noted they had 10 returning players at camp with a couple more who may still return, so he is hopeful.

"We have a decent crop of returning guys coming back ... and as a region, we're in a really good spot where there's kids who have moved through our U15 program the last couple of years who are really battling for some of those last spots in the lineup. It creates some nice internal competition."

The team had already reduced the roster a small amount last weekend, with more cuts expected this week.

The Hawks held an intersquad game Monday night with a practice Wednesday before heading into the first two exhibition games this weekend against Eastman and Yellowhead.

Edie noted they were challenging the veterans to really kind of push the pace.

"It will be good to see even a higher pace and see if some of those younger guys who are really fighting for spots to see if they can hang with some of our veterans," he said.

He remained somewhat cautious about setting specific goals for the season.

"We want to finish somewhere in the top tier of the league so we can secure some sort of home playoff spot," said Edie.

"You want to win at a competitive level, but we also want to really focus on developing our players ... we want them to improve as people and as hockey players so we can move them on to the next level."

PHOTO BY RICK HIEBERT/VOICE

Pembina Valley Twisters 2-1 in the pre-season



The Manitoba Major Junior Hockey League pre-season got underway for the Pembina Valley Twisters last weekend as they faced the Fort Garry/Fort Rouge Twins, the Stonewall Jets (shown here), and the St. Boniface Riels. The Twisters came out ahead against the Twins 6-2, fell to the Jets 3-1, and then defeated the Riels 4-1. Additional exhibition games are scheduled against the Twins Friday and Sunday and the Jets once again Sept. 22. The MMJHL regular season gets underway Sept. 29 when the Twisters host the River East Royal Knights.

PHOTOS BY LANA MEIER/VOICE







Behind the curtain

The 19th Pembina Valley Studio Tour saw artists welcome visitors to their galleries and studios Sept. 9-10. The annual showcase of the arts across the region featured a couple dozen stops. Clockwise from left: Artist Margie Hildebrand in Morden with her sister in law Audrey Wilson; Laurie Wiebe demonstrating the process of dyeing wool at the Wee Wool Shoppe in Darlingford; Nick Pharoah in La Riviere passing through artist Susan Pharoah's

moon gate; Susan Crawford Young demonstrates making gel prints; Ken Loewen with one of his metal sculptures at his home studio in Altona.

PHOTOS BY LORNE STELMACH AND LORI PENNER/VOICE





Fore Parkinson's golf tournament back in Carman Sept. 23

By Becca Myskiw

Registration is open for the Fore Parkinson's golf tournament in Carman.

This Sept. 23, people will have the opportunity to swing a club in support of research for Parkinson's. Organized by Bev Baker and her family, the tournament is in honour of her dad, Jack Harder, who has the disease.

According to Parkinson Canada, Parkinson's is a complex brain disease that more than 100,000 Canadians live with.

The most common symptoms are tremors, slowness and stiffness, impaired balance, and rigidity of the muscles. People with it can also experience fatigue, soft speech, stopped posture, problems with writing, constipation, and sleep disturbances. As it progresses, non-motor symptoms can also appear.

There are drug and medication therapies for Parkinson's, and though it affects the quality of life for most with it, the prognosis can be a near normal life expectancy.

Harder has had Parkinson's disease for over a decade now and manages to keep a good attitude about it and life. Baker said the diagnosis was shocking for the family and came with a lot of learning for each of them. She said they had to learn what it is, how to manage it, what the prognosis can be, and more, but the answer to each question is different for everyone.

She started the golf tournament as a way to help fund research and find a cause for this incurable disease. It started with six teams, then 10, and 16 last year. Baker is hoping they get at least as many teams as last year, if not more.

The event takes place be at the Carman Golf & Curling Club with a 1 p.m. tee-off time. The cost to register is \$125 per person, which includes 18 holes of golf, dinner, and a donation to the cause. People can also choose to only go for dinner and buy a \$20 ticket. If children are wanting to golf, Baker said there are special rates for them that can be discussed over the phone. There are cash prizes for first place (\$400) and second place (\$200).

Along with golf, the tournament will have a couple challenges on certain holes and a silent auction with prizes like a bench made by Harder, four-foot sunflower wall art, a fire pit, and more.

Baker is hoping the tournament continues to grow. Whether it be in numbers or through awareness, she's happy to see more people learning about the disease and supporting research.

To learn more about the tournament, go to @ForeParkinsonsGolf on Facebook or call 204-470-0517 or 204-799-6591.



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Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier Email: news@stonewallteulontribune.ca



2024 REAL, PERSONAL AND **BUSINESS ASSESSMENT ROLLS** PUBLIC NOTICE is hereby given that the 2024 assessment roll for the City of Morden has been delivered to the Municipal Office at 195 Stephen Street, Morden, Manitoba and is open to public inspection during regular business hours. Applications for revision may be made in accordance with sections 42 and 43 of

PUBLIC NOTICE

the Assessment Act: **APPLICATION FOR REVISION**

Morden.

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to:

- a) liability to taxation;
- b) amount of an assessed value;
- c) classification of property; or

d) a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS

- 43(1) An application for revision must
 - (a) be made in writing;
 - (b) set out the roll number and legal description of the
 - assessable property for which a revision is sought;

(c) state the grounds on which the application is based; and (d) be filed by:

I. delivering it or causing it to be delivered to the office indicated in the Public Notice given under subsection 41(2), or

- II. serving it upon the Secretary,
- at least fifteen (15) days before the scheduled sitting
- date of the Board of indicated in the Public Notice.

The Board of Revision will sit on Monday, October 16, 2023, at 7:00 P.M. in the Council Chambers of the City of Morden to hear applications.

The final date on which the Secretary of the Board must receive applications is Tuesday, October 3, 2023 by 4:30 P.M. local time. Dated at Morden, in Manitoba, this 6th day of September, A.D. 2023.

Ruziel Relatores, Secretary

Board of Revision City of Morden

100 - 195 Stephen Street Morden, Manitoba R6M 1V3



MAINTENANCE MECHANIC/MILLWRIGHT

Bunge Altona has an opening for a Maintenance Mechanic/Millwright. Work involves process equipment installation, maintenance and repair, lubrication, steel fabrication and welding.

Preference will be given to those candidates holding a valid provincial Millwright or Industrial Mechanic ticket. Candidates who do not hold a valid ticket will be expected to enrol in the apprenticeship program to obtain their ticket as soon as possible.

Overtime and on-call duties are required. The successful applicant will possess excellent written and verbal communication skills, trouble shooting skills, and be a team player.

The following would be considered an asset for this position: Experience in grain handling, processing, or manufacturing facilitv

- Experience in industrial equipment maintenance and repair Ability to read blueprints and technical documents
- Pressure or structural welding tickets and related experience

This is a regular full time position providing an excellent wage and benefits package. Bunge is committed to providing a safe, healthy, and rewarding workplace for all employees.

A job description for this position can be found online on the Bunge website: https://jobs.bunge.com/. enter "Altona" in the field "Search by Location". Click on "Maintenance Worker" to read the description. Applications should be made online with an attached resume.

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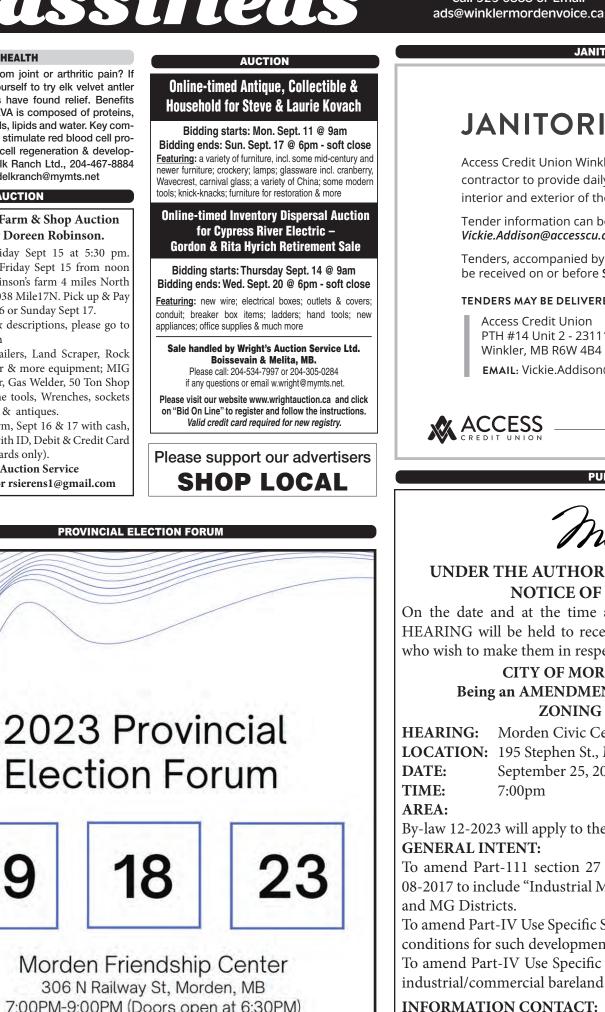
Timed online Farm & Shop Auction for Garth & Doreen Robinson.

Bidding closes Friday Sept 15 at 5:30 pm. Inspection day is Friday Sept 15 from noon till 4:30pm at Robinson's farm 4 miles North of Darlingford. 38038 Mile17N. Pick up & Pay on Saturday Sept 16 or Sunday Sept 17. To view pictures & descriptions, please go to

sierensauction.com Farm Tractors, Trailers, Land Scraper, Rock Rake, Snow Blower & more equipment; MIG Welder, AC Welder, Gas Welder, 50 Ton Shop Press, Good Engine tools, Wrenches, sockets & some household & antiques.

Payment at the Farm, Sept 16 & 17 with cash, etransfer, cheque with ID, Debit & Credit Card (3% fee on credit cards only).

Sierens Auction Service 204-526-5047 or rsierens1@gmail.com



Morden Friendship Center 306 N Railway St, Morden, MB

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JANITORIAL TENDER Access Credit Union Winkler requires the services of a

contractor to provide daily general cleaning duties for the interior and exterior of the building.

Tender information can be obtained by emailing Vickie.Addison@accesscu.ca.

Tenders, accompanied by a minimum of two references, must be received on or before September 20, 2023, before 4:30 p.m.

TENDERS MAY BE DELIVERED, MAILED OR EMAILED TO:

Access Credit Union

PTH #14 Unit 2 - 23111 Stanley Business Centre Winkler, MB R6W 4B4

EMAIL: Vickie.Addison@accesscu.ca

ACCESS accesscu.ca

PUBLIC NOTICE

Morden.

UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

CITY OF MORDEN BY-LAW 12-2023 Being an AMENDMENT to the CITY OF MORDEN ZONING BY-LAW 08-2017

HEARING: Morden Civic Centre

LOCATION: 195 Stephen St., Morden, MB

September 25, 2023 7:00pm

By-law 12-2023 will apply to the entire limits of the City of Morden **GENERAL INTENT:**

To amend Part-111 section 27 of The City of Morden Zoning By-law 08-2017 to include "Industrial Multiplex" as a conditional use under MB and MG Districts.

To amend Part-IV Use Specific Standards, to add 30.17 to add governing conditions for such developments.

To amend Part-IV Use Specific Standards clause 30.6, to accommodate industrial/commercial bareland condo developments

INFORMATION CONTACT:

Santokh Randhawa, M. Eng., P. Eng. 133 7th Street, Morden, MB. R6M 1V3 Phone: (204) 822-2567

A copy of the above proposal and supporting material may be inspected at the location noted above during office hours, Monday to Friday. Copies may be made, and extracts taken therefrom, upon request.

OBITUARY



Veronica Lynn Frost

Veronica Lynn Frost (nee Bezan) 68 years old of Morden, Manitoba passed away on August 30th, 2023 at 1:44 p.m. with her family at her side at Boundary Trails Health Center.

Funeral Service was held at 2:00 p.m. September 5th in Morden at the St. Paul's United Church, with Brian Minaker officiating. A private family burial followed at the Miami Cemetery.

Veronica was born in Galt, Ontario to Pearl and Ted Bezan on October 19th, 1954. In Veronica's grade 10 year, the family moved to Miami, Manitoba. In Miami is where she met her future husband, Doug. On June 30th, 1973 Doug and Veronica were married at the Miami United Church.

Veronica was a dedicated bookkeeper for Little Morden Service for 34 years. She had a passion for animals and served as a volunteer for over seven years at the Pembina Valley Humane

Society. During that period she participated in the fundraising and capital campaign for the new animal shelter building.

On June 2nd, cancer reared its ugly head. On July 12th, Veronica started her first round of chemotherapy. Three weeks after the first treatment she took a turn for the worse and was unable to do the second round of chemotherapy. On August 2nd she was hospitalized. Veronica remained at Boundary Trails Health Center until her passing on August 30th.

Veronica was predeceased by her father Ted Bezan (2022), mother Pearl Bezan (nee Schankel, 2014), father-in-law Cyril Frost (1992), mother-in-law Joan Frost (nee Caswell, 2023) and one grandson Bradley Wall (2017).

Veronica is survived by her husband of 50 years Doug; daughter Kim (James) Wall, daughter Michelle Frost, grandson Cody (Morgan) Wall, brother Ron (Nancy) Bezan, brother Wayne (Carla) Bezan, brother-in-law Bob (Deb) Frost, brother-in-law Ray (Bev) Frost, along with many nieces, nephews, cousins and friends,

The honorary pallbearers are close friends Capri, Daneen, Karen, Kathy, Sandy, Lisa, Jill and Gloria.

In lieu of flowers, donations in memory of Veronica may be made to the Pembina Valley Humane Society at https://pvhsociety.ca/donate.

The family would like to thank Dr. Woelk, Dr. Dahla, Dr. Robinson and the staff at CancerCare and palliative care at Boundary Trails Health Center.

Funeral service was held on Tuesday, September 5, 2023 at the Morden United Church. Interment took place in the Miami Cemetery.

> Arrangements in care of Doyle's Funeral Home, Carman www.doylesfuneralhome.ca



Each section will sell separate.Farm King TL 236 tillers - 2 green and 2 red, Farm King finishing mowers 430 - 3 red and 5 green, Cincinnati 230 Ton Brake Press - Asset #000445 Serial # 40428. 10 ft. bed with 10 inch stroke. Includes working Laser Safe, dead man switch and foot pedal. Cincinnati 110 Ton Punch Press Asset #000444 Serial # 828941, Cole-Tuve Roller Asset # 000470 Serial # SZ-224417. Frejoth Drill Press Asset #000464 Serial # 4060, Landis Dual Head Threader Serial # 12CL2B-155AX, Induma Mill Asset #000427 Could not find a serial #, Bickford Drill Press Serial #03930.

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Frederick Charles Storey 1939 - 2023

Suddenly on Sunday, September 3, 2023 our Husband, Dad and Grandpa passed away.

Left to mourn his passing is his wife, Carole; son, Charlie (Lupita), son, Kevin, daughter, Kim, granddaughter, Sydney, granddaughter, Kaylee (Austin), granddaughter, Abigail and grandson, Owen.

Fred was born in Miami, MB to Charlie and Fannie on June 4, 1939. Fred was a farmer first but also enjoyed his work at abattoirs in the area. He was a volunteer firefighter for over 20 years. Fred enjoyed hunting, curling, watching and playing hockey and baseball. Most of all Fred enjoyed camping with great friends and spending time with family.

The family wishes to thank the paramedics and police officers for their incredible effort. As well we'd like to thank Amy, who was Fred's special home care worker who he looked forward to seeing every morning over the last three years.

Graveside service was held at 2:00 p.m. on Wednesday, September 13, 2023 at the Miami Cemetery followed by the Celebration of Life at the Miami Community Centre Hall. In lieu of flowers, donations may be made in Fred's memory to the Heart and Stroke Foundation.

Wiebe Funeral Home, Winkler +++-In care of arrangements Wiebe Funeral Romes Ltd. wiebefuneralhomes.com **COMING EVENT** COMING EVENTS 8 Luncheon & Bake Sale OUR KIDS **Boundary** Trails *Health Centre* Auxiliary

Sat., Sept. 23,2023 11:00am - 1:30pm

> At Morden **Legion Hall** 285 North

Railway, Morden

COMING EVENTS

Valley Mennonite Academy

Saturday, Sept 23rd 4:30-7pm

EMMC 600 Southview drive, Winkler MB Please park on the south side Dine in and Take out



Proceeds go to the general operating fund of the school.

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Servings: 4-6

1/4 cup freeze-dried strawberries 6 cups popped popcorn

1 cup white chocolate chips, melted In small food processor or spice grinder, pulse freeze-dried strawberries until finely ground.

Place popcorn in large bowl. Drizzle melted chocolate over top; toss until well coated. Sprinkle evenly with ground freeze-dried strawberries; toss until well coated.



Prep time: 15 minutes, plus at least 1 hour chill time Cook time: 22 minutes Servings: 6 (1 1/3 cups per serving)

- Lime Vinaigrette:
- 1/2 cup extra-virgin olive oil
- 1/3 cup lime juice
- 2 tablespoons honey
- 3/4 teaspoon sea salt
- freshly ground pepper, to taste
- Salad:
- 11/2 cups quinoa
- 2 cups vegetable broth
- 2 cups halved Grapes from California
- 1/2 cup minced red onion
- 1/4 cup chopped fresh cilantro2 tablespoons minced jalapeno pep-

per 1 large firm, ripe avocado, peeled,



Strawberries and Cream Popcorn

Scrape onto large parchment paperlined baking sheet, spreading into even layer.

Let stand at room temperature 30-60 minutes, or until chocolate is set and hardened. To serve, break into pieces.

Tips: To melt chocolate: In heatproof bowl over saucepan of barely simmering water, stir chocolate chips 3-5 minutes, or until smooth.

To melt chocolate in microwave: In microwave-safe bowl or measuring cup, microwave chocolate on medium heat 1-2 minutes, stirring every 30 seconds, or until smooth and melted.

Honey-Lime Quinoa and Grape Salad

pitted and cut into bite-size pieces

1/2 cup chopped peanuts (optional)

To make lime vinaigrette: In medium bowl, whisk olive oil, lime juice, honey, sea salt and pepper, to taste.

To make salad: In fine mesh strainer, rinse quinoa; drain well. In medium saucepan, bring broth and quinoa to boil; reduce heat and simmer, covered, 12 minutes. Remove from heat and let stand 10 minutes then fluff with fork and let cool. Transfer to large bowl.

Pour vinaigrette over quinoa; stir well to coat. Add grapes, onion, cilantro and jalapeno pepper; cover and chill at least 1 hour.

Lightly stir in avocado and transfer to decorative bowl. Sprinkle with nuts, if desired.

Notes: Salad may be prepared and refrigerated up to 2 days ahead without avocado and peanuts. Add avocado and peanuts just before serving.

Sweet and Tangy Pickled Grape Dogs

Prep time: 15 minutes, plus 1 hour marinating time

Cook time: 5 minutes

Servings: 8 (1/4 cup relish per serving)

Ask The Money Lady

Dear Money Lady Readers: Have you ever looked at the story of your life and decided you wanted a different one?

Often times the new story to a new life is right in front of you, but for whatever reason we can't see it, can't feel it, and certainly can't imagine making a change. Changing the course of your future always brings new opportunities that in the beginning could never be imagined. A new career, new friends, more money, more love, it is all there for those who want a different story. Of course, this all sounds great, but the reality is we never realize we want or even need a new life story until we have usually hit "rock bottom."

Most people use the phrase "rock bottom" with addictions or alcoholism, however it just as easily can happen with a financial failure, career or business failure, or even an injury, trauma, divorce, or death. After struggling with anxiety and depression, hitting rock bottom means you have gotten to the point that you are finally sick and tired of feeling sick and tired. Here is a quote from an Italian poet Dante Alighieri, (1265-1321): "The path to paradise begins in hell."

I too had to hit rock bottom to find my true calling and begin my journey to provide financial literacy to all Canadians. It was something I never considered doing but am now so glad I have. It was a path I could never have imagined and only by being in my proverbial "Dante-hell" did I see an opportunity for greatness. Тоо often we tend to revel in our sad and pitiful life stories, getting an emotional charge out of how unfair life is to us, and how great we are for keeping up the struggle – against all odds. We whine and complain to people about being a survivor and love it when we get comforted "You poor thing, how do you ever manage?'

Now I am not saying we shouldn't have our pity-parties. Often times this is exactly what we need – I just don't want you to keep the party going forever. Remember, the greatest

gift we have is the one we often



forget: we have a choice. You can always choose a different direction in life. What story do you want to focus on? What choices will you make that will change your experiences and bring you closer to the life you want to live. Negative feelings create negative attitudes, and they attract negative people. But, when you decide to make a change, being positive creates feelings of happiness and this will attract other happy people as well as successful people with opportunities and connections for you, with the probability of advancements to make your own success story. Start creating positive affirmations that you can say out loud to yourself on a daily basis and keep saying them over and over, every day. Write down your goals and read them to yourself daily, (honestly, this works!). Providing yourself with positive self-talk - guaranteed will make you richer and more successful. It needs to be a daily habit, like brushing your teeth. If you don't do this five-minute chore every day, you won't have any teeth and if you don't build up your confidence through positive intentions you won't have a future. Try it. This is the first step to changing your story.

Good Luck & Best Wishes,

ATML - Christine Ibbotson

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6. Send your money questions (answered FREE) through her website at askthemoneylady.ca

- 1/2 teaspoon mustard seeds
- 1/2 teaspoon coriander seeds
- 1/2 teaspoon black peppercorns
- 1/2 cup wine vinegar

1/4 cup packed brown sugar 21/4 cups quartered or coarsely chopped Grapes from California (red, green, black or combination)

- 1/4 cup thinly sliced red onion
- 8 turkey or chicken hot dogs

8 hot dog buns, lightly toasted Place mustard seeds, coriander seeds and black peppercorns in small resealable bag. Using meat mallet or rolling pin, crush seeds and peppercorns.

In small saucepan, stir vinegar, sugar, seeds and peppercorns; bring to boil. Remove from heat and stir to dissolve sugar; let cool. Stir in grapes and onion; set aside to cool and marinate 1 hour, stirring occasionally.

Heat grill to medium heat.

Grill hot dogs 5 minutes, turning occasionally, or until charred and heated through.

Place hot dogs in buns. Using slotted spoon, top with pickled grapes.

