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VOLUME 6 EDITION 23

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PHOTO BY CORI BEZAN/VOICE

Bethel Heritage Park was filled to the brim on Saturday with kids like Barrett Murray, 2, who all brought in their teddies and other stuffed friends for their annual check-ups at the Teddy Bear Picnic. Nurse Brittany Falk from Boundary Trails Health Centre (left) delivered a quick flu shot to Murray's beloved teddy bear. Continued on page 3.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know





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# Tale of a Town collects history of Canadian Main Streets

By Cori Bezan

It seems as though most people have fond memories of the main street that ran through their heart of their hometown, and A Tale of a Town is determined to collect those stories as part of a tour to highlight main streets across the country. The national project made a stop in Morden last week Thursday, collecting sound bites of stories from local residents and business owners about our very own Stephen Street.

"It's a national oral history and theatre project that's touring around the country, and the goal is to collect the collective community memory of Canada's main streets one story at a time," said artistic director Lisa Marie DiLiberto. "We have this storymobile, and we're tour-

ing across the entire country through every province and territory, visiting small towns and big cities, and we're asking people to share with us their memories of their main street or their downtown, and how they've seen it change in their own lifetime."

**"THERE WERE THESE MAIN STREETS THAT WERE LOSING THEIR LIFE, LOSING THEIR UNIQUE QUALITIES, LOSING THEIR CHARACTER."**

The project began with an idea after DiLiberto grew up watching her Main Street disappear throughout her teen years.

"It actually was inspired by my own small town that changed a great deal when I was growing up in Ancastor, Ontario," she explained. "I was really in love with the main street and downtown, the fish and chips shop and the bakery, the ice cream shop and the bowl-

Continued on page 4



PHOTO BY CORI BEZAN/VOICE

Managing director Charles Ketchabaw (left) and artistic director Lisa Marie DiLiberto of FIXT POINT have been on the road visiting cities and towns across Canada to collect a spoken history of our country's Main Streets. The project is slated to be complete in time for Canada's 150th anniversary in 2017.

# RM of Stanley set to celebrate 125 years

By Cori Bezan

After 125 years and still going strong, the RM of Stanley is almost ready to host a party on June 27 in honour of their history, and to look forward to their bright future.

"It's a milestone of some sort," said Reeve Morris Olafson. "125 [years], that's getting pretty good when you consider our humble beginnings."

Olafson added that he had decided to look back on some of the minutes of the RM's first council meeting, and discovered some very interesting historical tidbits.

"One of the things that came out was any frivolous driving will be dealt with a fine of up to \$15 or 15 days in jail," he said. "I thought that was really neat, and at that time \$15 would have

been a lot of money, so there's a lot of guys I think would have taken the 15 days in jail!"

Since then, the RM of Stanley has grown to encompass dozens of villages that over 8,000 residents call home. With a strong agricultural base, growing industries, and many tourist attractions, the municipality has become one of the most promising municipalities in the province.

In celebration of their milestone, an anniversary party will be held on June 27 at the Stanley Park from 2 p.m. to around 10 p.m. The park will be filled with music, entertainment, and four different food vendors for good food all day.

"We're going to have kiddie's games, we're going to have entertainment..."

Continued on page 5



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# Care for bears at Teddy Bear picnic



PHOTOS BY CORI BEZAN/VOICE

Hundreds of families brought their kids to the Winkler Family Resource Centre event for fun games, good food, and prizes from local businesses and organizations. Below, Winkler's Imagination Library sat down with the kids for a bit of reading under the sun. Above, Children's entertainers LuLu and the TomCat performed live on the stage for the afternoon, while Madeleine Chouinard, 4, danced along to the music that filled the park during the picnic (right).





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# Winkler approves wastewater treatment plant engineering bid

By Cori Bezan

In a special council meeting held on Monday, the Winkler city council unanimously voted to enlist the services of AECOM Engineering as they move forward with phase one of the waste water treatment facility.

"We're working hard to getting our waste water treatment facility proposal together to put it to the federal government, provincial government for funding," explained Mayor Martin Harder. "The decision that we needed to make here today was in regards to the city of Winkler and the RM of Stanley proposal to go forward with the design and the submission of the request for funding."

AECOM Engineering was one of five companies that were invited to bid on providing their services to the project, and while AECOM was voted as the successful bid, it was not the lowest one.

"I had questions in that regard, as well, as how come we took one that wasn't the lowest bid as an example," Harder said. "However, with the committee that was choosing this, which included four people from the city of Winkler, including Ted Snure from Brandon who is a reviewer, and including input from the RM of Stanley, it was felt that simply these were the best qualified and would have the most complete design, and therefore in the end may well be a cheaper project than some of the other ones that had a cheaper consulting quote."

After listening to Winkler's director



PHOTO BY CORI BEZAN/VOICE

Winkler council met in a special meeting on Monday to approve a bid for engineering services on the wastewater treatment plant, in order to expedite their grant application process. Council unanimously approved AECOM Engineering's bid for the project.

of planning and engineering Malli Aulakh, who outlined the reasons why they believed AECOM to be the best choice for the project, Harder said he was satisfied with the council's choice and is excited to be moving forward with their proposal.

"It's a big relief," he said. "We are familiar with AECOM, they've done work for us before. They are the specialist in waste water treatment, and so therefore I look forward to a very positive functional design that they will come up with, and hoping for a positive response from the government."

City council hoped to pull the proposal together quickly in order to submit their application before some

upcoming deadlines.

"There is a rush to get it in. We needed to have this done before the 17th of June, first of all to make this decision and get it into AECOM," he explained. "We want to make sure the proposal is formally in the hands of the governments prior to the middle of July, so we have a very tight timeline, and AECOM is going to really have to put the pencil to it in order to get it done."

AECOM will be responsible for the design of the facility, the submission of the project proposal to the federal and provincial governments, and construction management if funding is approved. Currently the proposal is being submitted with an estimated cost of \$25 million, and if funding is

approved, the governments will contribute two-thirds of the funding for the facility.

If the government declines funding for the project, Harder said that they would simply have to wait and try again.

"This is 10-year infrastructure funding from the federal government, and we believe that this is a priority issue for our region," he said. "I believe they will look favourably on it."

"I think they do look at the most urgent. They'd also take a look at the scope of the project, they also look at what impact does it have to a broader region, so those are the things that are important," he added.

## > TALE OF A TOWN, FROM PG. 2

ing alley and all those things. As I grew up...I noticed that they started to close down and these big box stores kind of crept up on the edge of the town."

"It really impacted me personally, really significantly," she added. "I felt that loss, that nostalgia, and then when I drove across Canada for another tour, I noticed that wasn't just in my own town, but it was everywhere across the whole country. There were these main streets that were losing their life, losing their unique qualities, losing their character."

The tour began with a pilot project in Ontario in 2012 and 2013, and the tour has since spanned the Maritimes over the course of last year. With some of our provincial neighbours to the east already completed, the storymobile will be making its way through around 10 Manitoban communities

such as Morden, Winnipeg, Dauphin, and Brandon before continuing its trek west. By the time the tour ends, the storymobile will have made stops in over 100 communities across the country.

"The idea of the project is to promote main street culture, downtowns, to remember the kind of community that has been created by having a vibrant main street and to inspire people to continue to foster that kind of community and local interaction and participation," DiLiberto said.

Throughout their travels, common themes seem to be cropping up in almost every community, she added.

"Things like hotels, post offices, community centres, libraries, an unofficial mayor so someone that everybody knows...that kind of knows about everything," she said. "We have diners, there's often an old diner that's been

there a long time that holds a lot of stories. They're kind of based around places that people gather and meet."

After hearing about Morden from various people along their travels, DiLiberto said that they planned to make the city one of their stops along the journey.

"We heard a lot about your main street, and that people are really avid lovers and supporters of their downtown and Main Street, and really there's a lot of community spirit around your main street," she explained. "We thought we'd stop here and gather some tales."

Once all of the stories are gathered, DiLiberto and her team will work to put together a drama piece as well as a story map of their collection of tales.

"It's leading up to Canada's 150th anniversary, which is in 2017, which is when we'll create a piece, a big play that will talk about the main street culture across Canada and hopefully

share those stories," she explained. "It's also building towards an interactive story map online that will map individual sound bites from stories from across the country."

Each leg of the trip will end with one community hosting a collection of their stories in a variety of ways. Manitoba's tour will end in Flin Flon, where they will be working with their local arts council to put some of the sound bites to music.

"It's different in each place, but the final, final piece I think will be a multimedia performance piece," DiLiberto explained. "I'm not sure what, we never know until we have all the stories."

For more information or to check out some of the stories, you can visit [www.thetaleofatown.com](http://www.thetaleofatown.com). To follow the progress of the tour, you can also follow The Tale of a Town - Canada on Facebook or @taleofatown on Twitter with the hashtag #reMainSt.

# Job centres open for the summer

By Emily-Ann Doerksen

The Manitoba Youth Job Centre is back in Winkler and Morden for another summer of helping youth ages 12-29 find employment.

The MYJC offices are located once again in Winkler City Hall on Main St. and at the Morden chamber office at 100-379 Stephen St.

Both locations offer a wealth of services to help any youth looking for casual, part-time, or full-time employment.

"We have local businesses that are looking for youth," says Briar Hildebrand, Winkler youth engagement leader.

MYJC tries to find a good employment match for youth by pairing them up with jobs that match their interests and abilities, says Morden youth engagement leader Emily Gerbrandt.

"We screen the students and make sure they have the right qualifications and right skills," she says, explaining that this makes the interviewing process easier for both the employer and the employee.

The centre also provides help with resumé-writing, job applications, and interview skills.

For younger job-seekers age 12-16, MYJC organizes the Odd Job Squad.

This group gains valuable work experience through fun, short activities like pizza sales or strawberry picks.

"We've had some students who have sold upwards of 50 pizzas and they've made around \$200 in a week," Gerbrandt says, noting that in addition to making some extra spending money, these activities also give some kids their very first work experience.

The Manitoba Youth Job Centre also accepts job postings from homeowners looking for help with one-off or regular yard work or other tasks.

"There are a lot of eager students who are in the area who want to work. Most of them are in that 15-16 year old range that can't get a full time job," Gerbrandt says. Having a weekly lawn mowing job is a great opportunity for these younger students, she says.

To learn more about what the MYJC has to offer, stop by the Winkler MYJC today, June 4, for their information night from 4:30-6:30 p.m.

You can also stop by the MYJC weekdays from 8:30 a.m. to 4:30 p.m. all summer long.

Hildebrand can be reached in Winkler at 204-325-9758 or via email at winklerymyjc@gmail.com, while Gerbrandt can be reached in Morden at 204-822-5630 or via email at mordenmyjc@gmail.com.



VOICE PHOTO BY EMILY-ANN DOERKSEN

Manitoba Youth Job Centres have opened in both Winkler and Morden for the summer, headed up by Briar Hildebrand (left) in Winkler and Emily Gerbrandt (right) in Morden.

## > RM OF STANLEY, FROM PG. 2

there's going to be a free supper for anyone who's attending," Olafson explained. "Come on down and chow down on the RM of Stanley!"

Kids will be entranced by Dan the Magic Man and the musical antics of LuLu and the TomCat, while local bands such as Ronnie and the Pylons, Ed Penner and the North Border Band, and The Committee will hit up the stage for a rockin' good time.

"I think it's going to be really good," Olafson said about the day's line-up. "We've got a real mix of

something for the young people...as well as the three or four other bands."

Olafson added that they also hope to unveil two new play structures that are to be installed in the park. The structures could be installed thanks to the support of the Morden Elks Lodge, the Pembina Valley Rendez-

vous, and Enbridge, with a total cost of around \$80,000.

With preparations almost complete, it's looking to be quite the party, and

Olafson encouraged everyone to attend the free event.

"The main idea I think for me is we're celebrating where we're at," Olafson said. "We've come an awful long way and we've got a long way to go, but we live in probably one of the best RMs in the province of Manitoba, one

of the fastest growing RMs in Manitoba, and I think there's a lot of people who have contributed to that along the way."

"It's quite a bit of history and quite a bit to celebrate, the work that everyone has done throughout the 125 years to get us to this point," he added.

**"IT'S QUITE A BIT OF HISTORY AND QUITE A BIT TO CELEBRATE."**

## Manitoba is opening birth records related to adoptions

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The Winkler Morden Voice is published Thursdays and distributed as a free publication through Canada Post to 14,600 homes by BigandColourful Printing and Publishing.

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# getheard

EDITORIAL > VIEWPOINTS > LETTERS

## Every individual is equal

**W**e're all Canadian, but some of us are more Canadian than others.

Sound familiar?

In George Orwell's much-loved classic book *Animal Farm* there are seven commandments the farm animals live by, the most important of which is "All animals are equal."

Eventually the ruling animals get rid of the seven commandments and boil them down to one simple all-encompassing one: "all animals are equal, but some are more equal than others."

The new Citizenship Act which was introduced last June went into effect at the end of May and gives the government the ability to strip citizenship from Canadians found guilty of terrorism, treason or spying.

Okay, let me rephrase that: it does not have the power to strip all Canadians of Canadian citizenship, just Canadians.

Confused? You should be. The new

act creates a new class of Canadian—those Canadians who happen to have dual citizenship.

Such Canadians may as well now have an asterisk next to their nationality in their passport. Yours and mine will simply say Canadian and theirs will say Canadian\*. Simple.

Of course I understand that the point of this with terrorists and spies threatening to tear apart the very fabric of Canadian existence is we need to ensure the ne'er-do-wells are kept at bay and we have a suitable way to rocket them out of Canada and "back where they came from" should they do evil in our midst.

In the case of my son, for example, that would be Florida.

You see my son has dual citizenship. He has both an American and Canadian passport. He has an American birth certificate and Social Security Number as well as a Canadian Citizenship Card and a Social Insurance Number.

My son, (who came to Canada when he was two) is now one those Canadians who could be stripped of his citizenship one day and deported to the United States.

My son may as well have an asterisk next to his nationality on his passport.

Canadian\*, just not Canadian like his dad or his sister. Canadian until he isn't Canadian.

This is why I am worried about this new act. It sounds like it is for our

safety on the surface but it has done something to what it means to be a Canadian.

If you come to this country from another, this act says you are Canadian . . . until you are not.

Other Canadians, those without dual citizenship, if we are charged with terrorism, treason or spying, we cannot be chucked to another country for them to deal with. Instead, we are dealt with by the Canadian legal system—a system that, for instance, does not allow capital punishment. Unlike many U.S. states and various other countries.

When a person comes to Canada and seeks citizenship they are seeking to become Canadian and all that entails. This act strips that from them.

To all Canadians out there with dual citizenship who come from another country, you will never be as Canadian as me as long as this act exists. My son will never be as Canadian as me as long as this act exists.

The response is simply, "as long as he doesn't become a terrorist, commit treason or espionage he has nothing to worry about."

Sure, but who decides what it means to be a terrorist? Who decides what constitutes treason?

The Canadian Charter of Rights and Freedoms states, "Every individual is equal before and under the law" and this is now no longer the case.



**By Peter Cantelon**

## Morden implements emergency notification system

**By Cori Bezan**

After extensive research and review, the city of Morden is ready to launch the CodeRED system, a mass alert service that provides high-speed notifications to registered residents through phone or email.

The system is a tool to quickly spread information to citizens about imminent or life-threatening disasters such as blizzards, tornadoes, missing children reports, and drinking water emergencies, but can also be used to inform certain residents

about localized incidents that may affect them, such as fires and floods.

"CodeRED's system will provide city officials with a reliable and easy-to-use interface to quickly disseminate critical information to Morden's citizens during emergencies. We are very eager to use this technology to enhance our emergency preparedness plans, and we encourage people to sign up with whatever format they choose to make sure they receive this crucial information," said Fire Chief Andy Thiessen.

An initial database has been con-

structed with residential and business phone numbers, but Morden citizens can visit [www.mordenmb.com](http://www.mordenmb.com) and click the CodeRED link to add additional information including mobile numbers for phone and texting, as well as email addresses. Smart phone users can also download a free CodeRED app.

For more information and a list of frequently asked questions, you can visit the city of Morden website at [www.mordenmb.com](http://www.mordenmb.com) under the contacts heading.

# A Rocha interpretive centre offering guided tours

By Ashleigh Viveiros

The A Rocha Pembina Valley Interpretive Centre is ready and raring for what they expect will be a busy summer.

The centre, located on 100 acres adjacent to the Pembina Valley Provincial Park, is open year-round for visitors to explore, but this summer they're offering something new: weekly guided tours.

"We want people to know that we are open and available every weekend for them to come and visit and explore the trails and our prairie meadow and ponds," says assistant director Jamie Fox. "And this year, from July to mid-October, we'll be offering guided hikes every weekend, one in the morning and one in the afternoon."

The weekend hikes (details of which will be posted online at [www.arocha.ca/manitoba-centre](http://www.arocha.ca/manitoba-centre)) are drop-in events that don't require pre-registration, but Fox notes they're also able to do guided tours of the trail system during the week, as well, with advance notice.

The hope, he says, is that the tours will give visitors a deeper understanding of all the natural beauty that surrounds them in the valley.

"Anyone can go to a place like the

provincial park and walk the trails and see a lot of great things, but you might not always understand what you're seeing, so we'll point out things like what's the significance of a certain tree in the ecosystem or point out different habitats for different animals or the way the different pieces of the ecosystem fits together. We've been very intentional with our trails so you can see all those sorts of things and how they connect."

While the regularly-scheduled public guided tours are a new thing for A Rocha, they've been hosting school tours for years. Fox says this June is already slated to be packed with groups coming from schools all across Southern Manitoba.

Educating the public about the natural world remains the foundation of A Rocha's mission as a Christian conservation organization, Fox says.

"We teach people about ecosystems and how we fit into those. We also teach about God's purpose for creation and our role in it . . . just being filled with wonder through the sights you see and the things you learn."

A Rocha's tours and trails are free, though donations are gratefully accepted towards the upkeep of the centre.

The organization relies heavily on volunteers to help them host special



[AROCHA.CA/MANITOBA-CENTRE](http://AROCHA.CA/MANITOBA-CENTRE)

The A Rocha Pembina Valley Interpretive Centre is offering guided tours every weekend this summer.

events, such as the new tours and the Kid's Creation Camp, an activity-filled day coming up July 16.

"If that's something that people are interested in, they're welcome to get in touch with us—we can always use more help," Fox says.

A Rocha could also use help to finish off several building projects this year.

Thanks to the support of the Access Credit Union and Décor Cabinets, they plan to put in two new observa-

tional decks this summer, but they're still looking for sponsors to fund two additional decks and a meadow tipi. Those projects range from \$2,500-\$3,500.

For more information about the Pembina Valley Interpretive Centre's programs, trail system, or how you can get involved as a volunteer or donor, check them out online at [www.arocha.ca/manitoba-centre](http://www.arocha.ca/manitoba-centre) or call 204-246-2059.

## Go green with Commuter Challenge

By Cori Bezan

Green Action Centre is challenging everyone across the country to go a little bit greener and take part in the Commuter Challenge, which runs from May 31 to June 6 this year.

"The Commuter Challenge is a national challenge where we get people to use sustainable commuting," explained Commuter Challenge coordinator Jaret Olford. "That means they can bike, walk, carpool, telecommute, take the bus, skateboard, scooter, any way they can get to work that is not a single-occupant vehicle."

The challenge has been taking place in the province for 16 years, and Manitoba has spent 11 of those years as the leader in greener commuting.

"The goal is to raise awareness for sustainable transportation," Olford said. "It's known that most of our greenhouse gas emissions come from us driving around, it comes from transportation, so the goal is to show people that if you can try biking or walking or getting to work in sustainable ways, you can benefit a lot. Not only do your greenhouse gas emissions that you contribute go down, but you also get to experience a way of commuting that is better for your health, both physically and mentally."

Last year almost 8,200 Manitobans took part

in the challenge, and the cities of Winnipeg and Thompson won the national titles for their respective population categories.

"All of Manitoba pulled their weight and we came in really high," Olford said. "We had the best percentage of participation against all the other provinces."

This year, Olford hopes to see more participation in southern Manitoba, and it's not too late for residents to register for the free challenge. Participants not only get to try a new sustainable way of commuting, but also get the chance to win prizes such as new bikes, hotel stays, and Winnipeg Folk Fest passes.

"Our hope is that we get even more people participating in the Commuter Challenge this year," he explained. "We're finally getting a run for our money. Some of the other provinces are really starting to gain momentum, so we have to make sure we maintain our national title...and get everybody out there on bikes, walking, carpooling, however we need to do it."

"It's important for people to take part in the challenge because it gives them a sense and it shows them that they can make a difference just by some of their everyday choices, for example, how they get to work or how they get to the grocery store," Olford added. "By trying it out for one week, we're hoping that people will be able

to see how easy it can be and how great it can be for their health, and how fun it can be, and that they'll continue on for the rest of their year."

The challenge is sponsored by the province of Manitoba, as well as many organizations such as Great West Life, Investors Group, MPI, and Manitoba Hydro. To register for the challenge, you can visit the Green Action Centre website at [www.greenactioncentre.ca](http://www.greenactioncentre.ca). For more information, you can contact Olford at [jaret@greenactioncentre.ca](mailto:jaret@greenactioncentre.ca).

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# Winkler Police donate \$3,000 to Victim Services

By Cori Bezan

After a very successful bicycle auction, the Winkler Police Service made a \$3,000 donation to Victim Services last Thursday. The joint auction, which was held between the Winkler and Morden Police Services, sold over 80 unclaimed bicycles on May 8.

"It's awesome being able to give something back to the victims of crime," said Chief Rick Hiebert. "It's awesome to be able to use stuff like that to give back to the community instead of just using it for police operation budget."

Winkler Police Service sold 62 bikes at the event to raise the money for Victim Services, which helps to provide support and information to residents who have suffered at the hands of a crime. Victim Services also helps with things like helping to recover your identity after identity theft, ensuring victims will have their voice heard in court, and offering support systems like counseling.

"Victim Services is just a service for anyone who's been victimized," said Pembina Valley Victim Services coordinator Kris Derksen. "A lot of time for me is spent on court updates, go-

ing to court because most victims don't want to attend court, because they know the accused will be there. I spend a lot of time later calling them, letting them know what happened at court."

"You don't know what it feels like until you've experienced that, and people might think that being a victim of a small crime is not a big deal, but to them it is," Hiebert added, "because I think often it's the small crimes where insurance doesn't cover, and you might be out a bicycle, a couple hundred bucks, or damage to your vehicle...it stings."

The service began in Winkler through volunteer efforts in 1997 before the program became mandatory by Manitoba Justice in 2001.

"I've been here for over 31 years, and the majority of that time, we didn't do anything for victims of crime," Hiebert said. "When somebody called in that they experienced a misfortune in having something stolen, or damaged, or assault, or anything, there was no service for victims...sometimes they wouldn't even find out what happened to their file unless they called back to ask. Talk about an injustice."

"In 1997, we started working at or-



PHOTO BY CORI BEZAN/VOICE

Cutline: Chief Rick Hiebert (right) handed over a \$3,000 donation to Pembina Valley Victim Services coordinator Kris Derksen last Thursday to help support local victims of crime.

ganizing our first victim services, and ever since then, victims have been updated...it's awesome, it's the way it should be," he added.

The \$3,000 that was raised will go towards short-term counseling, as well

as covering some of the expenses of a day in court for the victims such as food or fuel.

"It's a lot of little expenses that add up for the victims," Derksen said.

# Council seeks funding for brackish wells

By Cori Bezan

The city of Winkler is looking to bolster its water services with the planned construction of three brackish wells for its aquifer.

"Sea water is called saline water; brackish water kind of a blend between the sweet and the saline, so it's a halfway point," explained Mayor Martin Harder. "The degree of salt in the brackish water isn't quite as serious as in ocean water."

The brackish water sits beneath the fresh water layer in the aquifer, and Harder said that they hope to dig deeper wells of around 180 to 200 feet to extract that water and add it to their system.

"The province has some concerns about the amount of fresh water we use, and when we put it in the R.O. [Reverse Osmosis] system, the R.O. system doesn't care whether you do brackish water or fresh water, the process is the same," he said. "We would extract brackish water, we would blend it with the fresh water as we were putting it through the system, so that we have a consistent quality of

water going into the system so that it can properly go through the R.O. system and have a high quality of water."

The cost to construct all three wells, including hook-up, would total around \$450,000, for which the city is seeking a grant. Harder added that the move would help to drought-proof the region by lessening their share of water from the Pembina Valley Water Co-op.

"We have to plan ahead. We can't just look at the needs for today," he explained. "Our needs for today are met, but yet at the same time we need to look at tomorrow, what our requirements are going to be, how dependable is the water source coming from the Pembina Valley Water Co-op."

"We have times during the year where we're asked to cut back the usage from the Pembina Valley Water Co-op, and we supplement it with ours," Harder added. "We're glad to do that, we like to work together with our neighbours, and this will just give us more opportunity to do that."

Testing will need to be completed first in order to find the proper water vein before the wells can be dug,

but Harder said he hopes to see the completion of one well before the end of the year.

In other council news, residents will be receiving some mail in the near future outlining what they can expect in the 2016 property reassessment year.

"As property values increase, the province of Manitoba does a reassessment every two years," Harder said. "What's happening now that they do it every two years is there's smaller increments of increases."

While assessments in the city of Winkler are projected to rise around 12 per cent, Harder said that doesn't mean that taxes will also rise.

"We've been very fortunate enough to have new development as well that kind of compensate for the increase in spending that takes place in a larger community," he said. "Just because the assessment goes up doesn't necessarily mean that your taxes go up."

Residents and business owners will soon be able to check out the assessment numbers on the province of Manitoba website at [www.gov.mb.ca/assessment](http://www.gov.mb.ca/assessment), and can expect their 2016 assessment notices in the mail very

shortly. After receiving the notice, residents can appeal their assessments until the Nov. 5 deadline.

Council also approved a conditional use application to allow the construction of a Petro Canada gas bar and convenience store on the north corner of 15th Street and Highway 14. Infrastructure installation is slated to begin within the next month or two, with the gas bar and service station hopefully opening for business in the fall.

"It was always the intent obviously to expand it to a commercial or industrial purpose, and a commercial is highly more likely," Harder said. "It's always exciting when you see growth in the community. It's exciting when you see a young entrepreneur who is in business and eager to grow."

Finally, city council approved a \$3,000 grant in support of the Cadenza Summer Music Week, which will run from July 3 to 8 this year. The money will help to bring talented teachers to the summer camp, as well as provide bur-saries to some of the music students.



# What is your Everest?

By Cori Bezan

Agassiz Medical Centre invited alpine climber Steve Whittington to speak at their Start the Climb – Reach the Summit wine, cheese, and dessert evening, held at the 55-Plus Centre on May 27. Whittington, who has now climbed five of the seven major summits in the world, recounted his experience in Nepal as he set out to reach the peak of Mount Everest.

“One of the questions I get asked a bunch of times is, why do I climb? Why are you doing this? It’s so dangerous,” Whittington began. “When you think about climbing, there’s lots of reasons why you climb, lots of personal reasons why I climb.”

On top of the physical and mental challenge and the camaraderie with your climbing team, Whittington said that simply setting the goal is an important part of the journey.

“I like to think that, with climbing, you set a vision as to where you go, and you have to believe that you’re going to get to the top,” he said.

The journey up Mount Everest is not a straightforward climb, Whittington explained. Four camps are set up along the path to the summit, and it is essential to a climber’s survival to spend time at each camp acclimatizing before traveling back down to rest, and then climbing further on the next attempt.

“What acclimatization is is that your body’s getting used to the higher altitude,” he said. “Your blood’s thickening up and it’s making more red blood cells so it can carry more oxygen, and your heart has to get used to pumping that sludge through your body, because it’s getting thicker.”

But the higher you climb, the more dangerous it becomes. After 16,000 feet, your body stops healing itself and injuries can quickly become a



**PHOTOS BY CORI BEZAN/VOICE**  
Alpine climber Steve Whittington talked about his journey to the top of Mt. Everest during the Start the Climb-Reach the Summit wine, cheese, and dessert evening hosted by Agassiz Medical Centre on May 27.

matter of life and death.

“If you get a cut, twist ankle, or your hair starts turning grey...it’s not getting any better,” Whittington said. “Over 16,000 feet, you are dying, but slowly.”

It gets even worse after 24,600 feet, which is known as the death zone. Climbers lose their appetites entirely and experience hypoxia or low oxygen levels and cerebral edema.

“You are literally dying every second, you go on oxygen,” Whittington said.

Whittington began his climb with a small team and a few handpicked Sherpas, including Dawa Danura Sherpa. In order to climb from the base to camp one, Whittington had to

**“YOU CAN DO A LOT MORE THAN YOU EVER THOUGHT POSSIBLE, AND I THINK THAT LIES WITHIN ALL OF US.”**

climb past the Khumbu Icefall, which changes and moves around four feet every day.

“It’s a jungle gym of terror every time you’re in it,” Whittington said. “It’s 2,000 feet of frozen waterfall, and it is moving...every time you go through the Khumbu Icefall, you’re on a different route.”

“Imagine running a marathon... as flat out as fast as you could, but compound that with the fear that something’s going to fall on you, the ladder’s going to collapse, your snow bridge is going to break, an avalanche is going to hit, that’s what going through the Khumbu [is like],” he added. “Your only security is speed.”

After racing through the icefall, Whittington reached camp one and prepared for the next step while their team acclimatized. Whittington then spent about a week at camp two, resting at around 21,500 feet.

“The first day it was everything that I could do to get up and walk around camp until I started to acclimatize,” he said.

After a trek back down to base camp through a storm and another climb back up to camp two, Whittington led his team onward to camp three at the base of the Lhotse Face, a mere 100 feet from the death zone, and then back down again. With two rotations completed and their bodies fully acclimatized, the team waited for the perfect conditions to reach camp four and shoot for the summit.

“The winds were incredibly high, like ridiculously high, and we weren’t able to go to the summit [that night], they pinned us down,” Whittington said. “Nobody went, nobody left their tents that night. We stayed, we were awake all night from the windstorm, and there was times where the three of us were pinned up against the walls, keeping the tent from blowing

away, so it wasn’t a very fun night.”

“We’re now doubling the time that we are in the death zone,” he added.

Whittington decided that he would lead his team to the summit that night, and a light snow began to fall as they moved beyond the South Col. But the climb grew difficult as the snow turned into another storm, and one of Whittington’s climbing partners returned to camp with his Sherpa, unable to continue to the summit.

“He made the decision that would give me the best chance of getting to the summit still, and not endanger both of us,” Whittington explained.

Through the night, the team reached the south summit and had climbed above the storm. They then traversed the Hillary Step and walked the final broad ridge to the summit at 29,200 feet.

“This is the top of the world, folks,” Whittington said. “It’s quite a view.”

Whittington dedicated his achievement to Warren Thompson, who has since passed away from cancer.

Despite a frozen oxygen mask that refused to thaw and having to pass other climbers who were on their own way up, Whittington had a relatively uneventful descent down the mountain. The team spent a total of around 76 hours in the death zone, when a good climb means you escape the zone in 32 hours. After 58 days, the climb was over.

“The biggest benefit that I think of climbing Everest that it’s given me... [is] the sense of possibility,” Whittington said. “If you think you can’t accomplish something, you can.”

“You can do a lot more than you ever thought possible, and I think that lies within all of us. I think we all can do that, and you just have to realize that you too can reach your peak,” he added. “What is your Everest?”

# Police investigate storage locker break-ins

The Winkler Police Service is turning to the public for help in solving a series of break-ins that occurred at Simple Self Storage last month.

Police say that sometime between May 15-18, 15 storage rental units at the 625 Cargill Road business were damaged in an attempt to get inside them.

The culprits gained access to several of the units and made away with a variety of items.

The total cost of losses from

damage and stolen goods exceeds \$30,000.

Items stolen include:

- A Turbina aircraft engine valued at \$10,000.
- Dewalt corded impact driver wrench.
- Aircraft compression tester.
- Snap-On tool box with side lockers, valued at \$11,200.
- A 3/4 inch Snap-On torque wrench.
- A 1/2 inch torque wrench.
- A Mac temperature sensor gun.

- Drum gauge.
- Rotor gauge.
- A hydraulic testing gauge set valued at \$1,000.
- Twenty-two piece 3/4 inch socket set.

Winkler Police are asking anyone who may have information regarding this crime or the items listed above to contact them at 204-325-0829 or call Manitoba Crime Stoppers at 1-800-222-8477.

A reward is being offered for information that leads to the crime being solved.

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# Salem Home turns sod on new dining room

By Cori Bezan

Thanks to the generous gifts from a local business, Salem Home is getting a brand new dining room and patio area for its residents. The addition to the care home was celebrated on May 26 with a sod turning ceremony.

"It's a completely new dining room," explained Salem Foundation executive director Sherry Janzen. "The space that is currently being used as a dining room was designed to be a lounge in 1986. Our residents have changed over the years, and a lot of them live with dementia. What is happening is because where the dining room is located, it's a little like Portage and Main."

Janzen said that the current dining room was an area of constant traffic, which was causing distractions for the residents enjoying their meals.

"There were so many interruptions. There were up to 38 interruptions in 20 minutes, and when you have someone that lives with dementia, they will focus on that instead of eating their meal," she explained. "We want our residents to have a meal, we want them to eat and have a dining experience, rather than being distracted totally."

The idea to build a new dining room came from the home's Quality of Interactions Schedule or QUIS tool, which helps staff and board members identify their strengths and weaknesses through the actual lived experiences of the residents.



Thiessen led the ceremony last week in celebration of the facility's expansion.

"We have a measuring tool that our staff use to come up with the priority areas, so to speak, and this was one of the ones that was identified as most important, based on interruptions," said Salem Home board chair Glen Thiessen. "We needed a quieter space for them to dine."

Construction has already begun on the Maple North dining room, and is expected to be completed by the end of August. The new area will be 1,100 square feet, two and a half times larger than the current lounge, with 900



PHOTOS BY CORI BEZAN/VOICE

From left: Triple E representative Terry Elias, Salem Foundation chair Abe Wieler, fellow Triple E representative Phil Ens, and Salem Home chair Glen Thiessen turned the sod on Salem Home's new Maple North dining room project at a celebration on May 26. The project is slated to be completed in August.

square feet on the second floor to provide a safe patio space for residents.

While comment was declined on the cost of the project, the entire new space was funded by Triple E Canada Ltd. as part of their 50th anniversary celebration.

"I'm sure the question is asked, why a new facility? Isn't that somewhat elaborate?" said Triple E representative Phil Ens. "My answer is fairly simple and quick. When you look at our parents and our mothers again,

and realize how hard they worked in life to give us as much as they could, to give us their best, is it not important that we return that favour?"

"It's a display of community support that Salem has, and it's been a long road for this community," Thiessen added. "We see this constantly with our fundraisers and supports. Triple E is just one of the community organizations that supports Salem wholeheartedly."

## Morden Fire and Rescue raise \$2,600 with book sale

By Cori Bezan

The Morden Fire and Rescue annual book sale filled the Access Event Centre last Friday and Saturday, giving local bookworms the chance to pick up a few extra tomes for their shelves. Chief Andy Thiessen said that this year's event was very successful.

"We had a full slate of books again, which was nice," he said. "The selection that we got this year was a little bit different than what we've had in the past. We never know what we're getting, but all around it was good."

The book sale raised around \$2,600, which will be split between the Children's Hospital in Winnipeg and a local project, Thiessen said.

"We haven't really decided [on a project] yet," he explained. "We're kind of throwing around ideas. It may be to help develop our training site, may be part of it, maybe some equipment that we're looking at internally here as well. We haven't really kind of nailed that down yet."

Thiessen added that they are already looking to grow the sale next year, after they were approached by a resident who wished to sell his sports card collection containing over a million cards to support the Children's Hospital Foundation.

"Next year we're going to expand it a little bit," he explained. "A gentleman stopped in and he was a collector of sports cards, like baseball cards and



PHOTO BY CORI BEZAN/VOICE

Book-lovers made their way to the Access Event Centre last weekend to browse the tables at the annual Morden Fire and Rescue book sale. The fundraiser made around \$2,600, which supports the Children's Hospital as well as local projects.

hockey cards and that kind of stuff, and he's decided between him and his wife that he wants to sell all of those

cards and donate all that money to the Children's Hospital Foundation."

# Youth in Philanthropy gives \$1,000 in grants

By Cori Bezan

After another successful year of raising funds, Northland Parkway Collegiate's Youth in Philanthropy group gave out \$1,000 in grants last Friday at their last pep rally of the 2015-16 school year.

"Youth in Philanthropy is a group of students that came together because we love volunteering, and we wanted to give back to the community so that's basically what we've been doing all year, and I think we've done a pretty good job," said grade nine student Monica Harder.

Youth in Philanthropy accepted a record number of grant applications this year, which made it very difficult for the group to choose this year's recipients.

"We had a lot of applications. We felt very bad that we couldn't give to all of them," Harder said.

"It took a few weeks to finally choose the people to grant out to," added grade 12 student Jessica Kraemer.

YiP gave out \$410 to Genesis House executive director Angela Braun, who said that they would use the funds to purchase new toys for their children's playroom

"We see about 75 women stay with us every year, and about 75 kids, and

in our playroom, our toys get a lot of use," Braun explained. "This donation...is such a blessing to us, so we're so honoured that you picked us."

Nancy Wiebe picked up the \$300 grant for Salem Home, which is slated to cover the purchase of planters for the new patio that is currently under construction.

"We are just so humbled by the generosity of the NPC Youth in Philanthropy and you as a whole student body," Wiebe said. "Thank you to your gift to the residents."

Finally, a grant of \$290 was given to Mark Bergen of Winkler Bible Camp, which will be used to help construct their new dining hall and kitchen.

"Our old dining hall is too small, it's loud, it's hot, and for those reasons we're building new," Bergen explained. "We're hoping to be in there for this summer, so that's coming up really quick."

The philanthropy group also wrapped up Miracles for Mondaña, an initiative to raise money for a community in Ecuador to help them build a well for fresh, clean water.

"Amelia Wiebe won the trip at We Day...and so we represented Manitoba," explained YiP teacher Phyllis Furkalo. "Basically when saw what their living conditions were like [in



PHOTO BY CORI BEZAN/VOICE

Northland Parkway Collegiate's Youth in Philanthropy group handed out \$1,000 in grants last Friday to Winkler Bible Camp, Genesis House, and Salem Home. The money was granted out during NPC's final pep rally of the year.

Ecuador]...the girls basically committed right across Canada, boys and girls, all the provinces committed, we're going to be changing things for this community."

Youth in Philanthropy raised over \$4,000, most of which will be matched by Free the Children, and the group will send about \$7,000 to Ecuador for the fresh water project.

"We feel like we've done a pretty good job," Kraemer added. "We just feel like it's something that if you can do it, do it. It's a good thing and we couldn't have done this without the help of the community. They really are very giving, especially here in Winkler, and I don't think we would have been able to do this if people weren't as generous as they are."

## > DOCTOR'S CORNER

# Primary care and the future: what might it mean for you?

There was a time in Canada, and certainly in this part of Manitoba, when general practitioners played the main role in all of health care.

Initially, they worked alone, especially in small communities, and were involved in all aspects of their patients' lives. In some communities, a general practitioner would have delivered many of the babies, made many home visits, often at all hours of the day or night, cared for the sick, and comforted the dying. Many would perform surgery.

But over time, the role of the general practitioner changed. In all but the smallest of communities, they began working together. They began to share on-call duties and hand-off patients to take vacations or attend conferences. Physicians and their own

families began to realize the importance of time away from the phone and the pager. Despite this, commitment to their patients remained.

In 1966, the first two Canadian university programs for Family Medicine were established at the Universities of Western Ontario and Calgary.

By 1974 there were nearly 1,000 newly certified family physicians, and accredited family medicine residency programs existed in all 16 Canadian medical schools.

In 1986, the College of Family Physicians launched a curriculum review, and published the Four Principles of Family Medicine, which summarized the role of family physicians: the family physician is a skilled clinician, family medicine is a community-based discipline, the family physician is a resource to a defined practice population, and the patient-physician relationship is central to the role of the family physician. While the curriculum in Family Medicine continues to change, these principles re-

main embedded in its structure.

In 2009, the College of Family Physicians published a paper entitled The Patient's Medical Home. It described a patient-centred family practice, "identified by its patients as the place that serves as the home base or central hub for the timely provision and coordination of all their health and medical care needs."

Having a family physician is good for your health. A number of provinces have committed to having everyone connected with a family physician within the next few years. In order to do that, family physicians are teaming up with other providers.

In the Morden/Winkler area, both the C. W. Wiebe Medical Centre and the Agassiz Medical Clinic have welcomed non-physician health care providers into their clinics. These providers work alongside family physicians to help care for patients' needs.

You might find yourself seeing a nurse, who is reviewing your chole-

sterol results, a dietitian recommending a change in your diet, or a respiratory technician who can assess your lung function or help make quitting smoking a reality. The presence of a lab within or near each clinic helps cut down on travel. And no matter who you see, your chart is updated for your team to be able to provide you with the best care possible.

In the upcoming months, monthly articles will feature aspects of care that you may not have thought of, or perhaps aspects that you have taken for granted.

For example, you will learn of ways the clinics in Morden and Winkler are working together to provide more comprehensive care to people of this region.

We look forward to sharing some of our successes and challenges with you.

Dr. Cornelius Woelk is a Primary Care provider at the C.W. Wiebe Medical Centre and physician member of the My-health Team Morden/Winkler.



By Dr. Cornelius Woelk

# Back 40 brings face painting to Morden



PHOTOS BY CORI BEZAN/VOICE

The Back 40 Folk Festival invited eight artists from Morden, Miami, and Winkler to learn professional face painting from Winnipeg-based Car-tizan Face Painting during a workshop at the Pembina Hills Art Gallery on Saturday. Back 40 Folk Fest kid's tent coordinator Sharla Kinsman said that they were able to provide the workshop to the students for free, and in exchange the artists will put their new skills to the test at the festival on June 7. Madelyn Dyck (top, left) worked on her face painting technique with Brayden Letkeman, while Ashley Klassen (bottom, left) put the finishing touches on her Spiderman mask for Andrea Reimer.

## Supporting Katie Cares

Katie Cares representatives Randy Reimer (far left) and Rob Suderman (far right) gratefully accepted a \$5,000 donation from Wiebe Funeral Home's (from left) Kiley Wilson, Joey Grenier, and Jake Giesbrecht last week. The company has committed \$15,000 over

three years to help build the Katie's Cottage respite home east of the Boundary Trails Health Centre. The donation came on the heels of Katie Cares' first annual Street Hockey Tournament, which organizers have announced raised \$3,500 for the cause. Katie Cares sends out a big thank-you to everyone who has donated to support the respite home fundraising campaign. Learn more about how you can help online at [katiecares.ca](http://katiecares.ca).



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# Access Credit Union commits \$250,000 to new Tabor Home

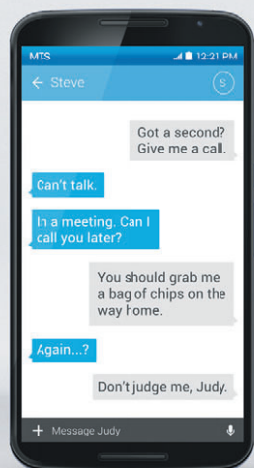


PHOTO BY CORI BEZAN/VOICE

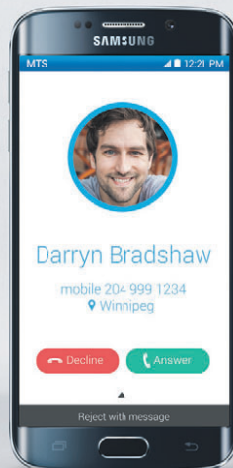
Members of Access Credit Union gathered at the Tabor Home on Monday to hand over a large donation for the construction of the new care home. The financial institution committed to donating \$250,000 over the next five years, delivering the first of five \$50,000 cheques. From left: ACU western regional manager Dan McCausland, Tabor fundraising chair Wayne Kroetsch, Tabor board chair Wilf Warkentin, Tabor CEO Sherry Hildebrand, ACU vice-president of branch operations Rich Harries, and ACU board chair Darryl Loewen.

# Talk a little. Tweet a lot. Whatever works for you.

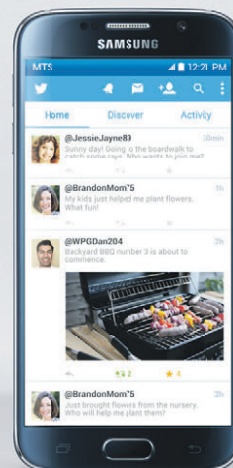
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**MTS**



All your Plum Fest favourites will be back this August, including old time dancing on Main St. (left) and the ever-popular petting zoo (right). The festival takes place Aug. 14-16 in Plum Coulee.

VOICE  
FILE PHOTOS



# Planning for Coulee Plum Fest well underway

By Cori Bezan

It might still be a few months off, but planning for the annual Plum Fest is already underway and going strong, says organizer Al Ruttan.

“Organizing is going well,” he said. “Most of our musical line-up is booked and confirmed. There’s a few local acts still to be determined—we sort of have an idea of who’s going to be there, but that’s not firmed up yet.”

“We’ve got some activities booked for kids. We’ve got some people that are willing to do the children’s activities this year, we’re just planning on what we’re going to do,” he added. “Raffle tickets are being sold and letters are going out to businesses . . . it’s going well.”

Musical entertainment will grace the stage at the Aug. 14-16 festival as early as Friday this year, with the show opening up to the southern blues and rock sound of The Committee, followed by Cracked Egg Shell

and the Johnny Cash tribute band Cold Hard Cash.

Saturday’s line-up includes the talents of the Lindsay Rae Band, Bowen, Quinton Blair, Del Barber, and Jaydee Bixby, while Tom Dee, Skill Circus, and Elessar Thiessen will entertain throughout Sunday afternoon. The festival will close down with a performance from Christian band The Color.

“Last year we thought we’d never top it after having the calibre groups like The Brothers Landreth and The Seventh Day Slumber here on the Sunday, but we’re very excited to have extended it to the Friday evening as well, because we haven’t done a Friday evening [of entertainment] for quite a few years,” Ruttan said.

Beyond the music, the festival will have plenty of other activities, as well, with The Bunker coming out to sell their famous pulled pork, tons of kids activities like bouncy castles and a petting zoo, the always-popular car

show, and old time dancing on Main Ave.

“The Plum Coulee fire department is doing a fireman’s rodeo this year,” Ruttan added. “I have no idea what they’re going to do, but they’re going to be setting up on Main Ave. on Saturday afternoon.”

While Ruttan said they have enough volunteers to carry them through a successful festival, there are still a few spots they are looking to fill on the grounds.

“We’re in desperate need of somebody or people with food trucks,” he said. “In the past years, just local youth groups have done it, but we’ve had people saying we really wish we had more variety of food here, so we’re looking for hopefully some food vendors to come on board.”

There are also still spots available for those who would like to sell their fruits and veggies, baked and canned goods, or handcrafted items at the farmer’s market.

“We’ve had a great success with the farmer’s markets we’ve done in the past two years, and we just want to grow that this year,” Ruttan said. “We’re sort of putting a shout-out to anybody who wants to come and sell stuff. It’s absolutely free . . . we just want to know in advance who’s going to be there.”

All in all, this year’s festival is shaping up to be a great weekend of free, family fun.

“This is our main event for the year, so we really get to showcase the town,” Ruttan said. “This weekend gives us the opportunity to showcase the town to everybody that maybe doesn’t come through Plum Coulee that often.”

For more information and festival updates, you can visit [www.plumfest.com](http://www.plumfest.com) or follow Plum Coulee Plum Fest on Facebook or @plumfest on Twitter.

You can also contact Ruttan at [al@plumfest.com](mailto:al@plumfest.com).

# Block Party, Back 40 offer plenty to do this weekend

By Ashleigh Viveiros

Morden is the place to be this weekend, as two major community events offer plenty to see and do on Saturday and Sunday.

First off, on Saturday, Block Party 2015 takes over downtown Stephen St. and fills it with free family activities for all ages.

The party goes from 11 a.m. to 5 p.m. and includes a Youth for Christ fundraiser barbecue, Canadian Wrestling’s Elite matches, a car smash Mighty Man competition, burn-out contest, and a car show.

Providing the soundtrack for the day will be a variety of bands and solo artists, including Bowen, Lyndsay Rae, Ghost of the Charging Bison, Uncle Jake’s Country Band, Crayon Professors, and, closing out the day, The Color.

The kids’ entertainment, meanwhile, will be set up in Confederation Park, with appearances from Harmony Tree Studio for Yoga in the Park, the Morden Magics gymnastics club, Ronald McDonald, and LuLu and the TomCat.

The park will also showcase inflatable rides, giant board games, and

carnival games.

For full details of what’s going on at the Block Party, check out our special section this week or go online to [mordenblockpartymb.weebly.com](http://mordenblockpartymb.weebly.com).

The very next day, all the action moves to Morden Park for the 26th annual Back 40 Folk Festival.

Gates open at 10 a.m. on Sunday for advance ticket holders for Yoga in the Bowl led by Harmony Tree Studio and accompanied by cellist Melanie Schwarz.

From there, the afternoon of music starts at noon. Admission is \$20 at the gate, kids under 12 get in for free.

On stage this year is Tin Heart, Ingrid Gatin, Bowen, the Crooked Brothers, Chez Willi, the Craig and Ash Band, the Community Jazz Band, Mockingbird, Until Red, Mockingbird, sisters Kayla and Hannah Drudge, and IsKwé.

Away from the stage, the festival offers a packed Artisan Village, a full slew of food vendors, and the Kids’ Activity Tent, featuring face painting, crafts, games, and story time.

For more on the festival, check them out online at [back40folkfest.com](http://back40folkfest.com).





## Local fire departments get live burn training



PHOTOS BY CORI BEZAN/VOICE

Thanks to the donation of a two-storey house on Pembina Ave. East, the Winkler Fire Department was able to invite over 60 firefighters from nine different departments to take part in a large-scale live burn exercise on Friday. Members from Winkler, Morden, Altona, Emerson, Dominion City, Gretna, Letellier, Plum Coulee, and St. Jean fire departments ran drills together in the afternoon before setting the house ablaze and controlling the flames as the structure slowly burned down.

(Above) Winkler Fire Chief Richard Paetzold radioed in to the team inside the house as they worked on extinguishing a small fire set inside.



Paetzold explained the schedule of the evening as some of the drills began winding down.





# Winkler residents get inside look at businesses



PHOTOS BY CORI BEZAN/VOICE

The first annual Open House Winkler was held on Friday and Saturday last weekend, prompting residents to get behind the scenes of their local businesses and learn more about their community through tours, planned activities, and some bonus gifts. Clockwise from above: Strength and conditioning coach Lisa Vanden Berg demonstrated a proper tire flip at the Muscle Hut, while The Potato Store handed out plates of free fries over lunch, and TenTwentySeven owner Ryan Kehler dished out free scoops of gelati.

## Paddlefest to hit Morden shores this summer

By Cori Bezan

Get ready to paddle your way around Lake Minnewasta, as Morden kicks off its first annual Paddlefest on June 20.

"Basically it's a chance for people to try out different paddle sports," explained recreation programmer Stephanie Dueck. "Manitoba Paddling Association has been very generous in bringing boats out at a low cost, along with instructors to help people with technique and to help them get in the water and make sure they're safe."

Interested water-lovers can come down to the beach from 12 p.m. to 4 p.m. and try out a variety of activities such as canoeing, kayaking, and paddle-boarding, or row a 10-man dragon boat with family and friends. Instructors will be on-

hand to help out beginners, while more experienced paddlers can bring their own canoes and kayaks to launch out into the lake.

"We have a beautiful lake, and I really wanted to feature it," Dueck said about the new event. "I'd really like to see a paddling club be developed down the road, and this is one way to get a sense for the interest in the area for that."

The idea for the event came from similar clubs and events that take place in Winnipeg, and Dueck said she hopes to grow the awareness of paddle sports in this region.

"I thought maybe we need to try and get more people interested in paddling sports, and having an event like this I think will help us to get more interest and excitement about being in the water on these various kinds of boats," she said.

Canoe and kayak races are also in the works, a full slate of kids' activities will be planned for the afternoon, and The Little Red Wagon will make an appearance for all of your food truck favourites.

"They can expect to see lots of people on the lake, lots of people canoeing and kayaking, and just enjoying the nice day it hopefully will be," Dueck said. "You pretty much have free rein when you're on the boat, you can just enjoy your time on the water."

Paddlefest is a free event, and everyone is welcome to attend. There will be some personal floatation devices available, but residents are welcome to bring their own as well.

# Morden becomes a True Sport community

By Cori Bezan

After a brief presentation on May 27, Mayor Ken Wiebe and Morden Area Foundation executive director Lynda MacLean put the pen to paper and signed a True Sport pledge for the city of Morden.

"The True Sport program is a new program to our organization," explained MAF past chair Kathy Ritchie. "One of the members of our board had heard about the opportunity and brought it to us, and Lynda and our former director did some facilitating...and finding out what the needs were in our community."

The Morden Area Foundation then approached the city of Morden and assisted the proceedings between them and the True Sport Foundation, and identified the concerns of the sport community.

"When the Morden Area Foundation talked to us about True Sport and the availability of extra funding...as long as we adopt the True Sport principals, I think although some of it seems like it would be pretty common sense, a lot of times we really work on the facilities and we just assume the rest of it is going to happen," said community services director Clare Agnew. "I think by actually saying that we are a

True Sport community...rather than just assuming everybody's going to do that, we're going to start talking about it."

By signing the True Sport pledge, Morden has committed to maintaining sports excellence in the community by promoting active lifestyles and focusing on values such as fairness, excellence, inclusion, and fun.

"Sport, as we all know, is a huge part of the city of Morden, and we are committed to help sport live up to its full potential in the community, to strengthen connections while inspiring people who adopt an active lifestyle," Wiebe said.

"It's inclusive, it's involving kids, it's active living, it's a whole bunch of things," he added. "We continually strive to be an active community. We're trying to become more and more senior-friendly, we have great facilities for kids, we have lots of programs...so it's all part of keeping our community active. If you're an active person, you're a healthier person. The longer you can stay active, the healthier you will be in your senior years. I think it's very important that we start working with our kids when they're very young, to get them active and to just kind of adopt that kind of lifestyle."



PHOTOS BY CORI BEZAN/VOICE

Morden Area Foundation executive director Lynda MacLean (front left) and Mayor Ken Wiebe (front right) signed the True Sport pledge on May 27, making Morden the 3,361st community across Canada to commit to sports excellence and dedication. Back row, from left: MAF board member Laura Matychuk, MAF past chair Kathy Ritchie, recreation programmer Stephanie Dueck, and community services director Clare Agnew.

True Sport also provided a matching grant and, with the help of the Morden Area Foundation, the city of Morden was granted a total of \$32,000 to help bolster their sports facilities and initiatives. Agnew said that some of the projects they hope to tackle with the grant include ball diamond upgrades, soccer nets and frames, and portable tennis and pickleball nets, as

well as more clinics and training for players, coaches, and officials.

"It just means we can do something more, something that maybe wasn't going to get done for a while," Wiebe explained. "Now we can do it...this will include a lot of kids. There are a lot of kids who are going to benefit from this program."

## Scotties contributes \$10K to community fdn.

By Ashleigh Viveiros

The legacy of the 2015 Scotties Tournament of Hearts continues as the organizers get to work handing out the profits from the curling tournament to 11 different local organizations.

Last week, Scotties co-chair Louis Tanguay stopped by the Winkler Community Foundation to present them with a \$10,000 cheque towards sports grants in our community.

"We selected the foundation due to their commitment to provide on-going support to other local non-profit and charitable organizations," Tanguay said. "These funds will help the foundation in supporting recreational and physical activity programs in the city of Winkler for years to come."

Thanks to the further support of the Thomas Sill Foundation, the \$10,000 Scotties donation turns into \$15,000

for the WCF's Community Fund.

The Thomas Sill Foundation has put out a challenge to all Manitoba community foundations to grow their community funds, committing to matching donations over the next year and a half 1:2, to a maximum of \$25,000.

As a result, the Winkler Community Foundation has set a goal of \$50,000 in Community Fund donations during the next 16 months.

The Scotties donation puts them well on their way, said president Philip Valletly.

"We want to thank the 2015 Scotties committee for considering the Winkler Community Foundation for their event surplus," he said. "We are excited about the opportunity to maximize the Scotties donation through the Thomas Sill Foundation Challenge.



SUBMITTED PHOTO

Scotties co-chair Louis Tanguay (right) dropped by the Winkler Community Foundation offices last week to present executive director Myra Peters with a donation of \$10,000 towards the WCF Community Fund.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Orioles sink Sultans, grapple with Giants

By Cori Bezan

After their recent losses against Winnipeg South, the Pembina Valley Orioles rebounded to strike back against the Carillon Sultans in their away game on May 27.

The Orioles took an early game lead with two runs in the first three innings. The Sultans put their first run up on the board in the fourth, and the Pembina Valley boys wrapped up the game with a final run in the seventh inning, sweeping up the Sultans 3-1 last week. Orioles pitcher Daylen Creasy threw for the entire game, delivering 10 strike-outs to the Sultans and allowing only three of their players to walk on base.

It was a different tune on Sunday in the Orioles' double-header against the Elmwood Giants. The Pembina Valley boys started out strong, taking the first game 10-6, but lost momentum in game two, where they fell to the Giants 20-9.

The Orioles got a chance to rematch the Sultans on Wednesday, but the results were not available at press time.

The Pembina Valley Orioles are currently fifth in the league with three wins and six losses under their belts for the season so far. They currently trail the Elmwood Giants while the Altona Bisons sit at the top of the league.

Morden will host a slew of home games this week, starting with the St. Boniface Legionaires on Friday. The Orioles will face the Carillon Sultans on the field in a double-header on Sunday, and then take on the Altona Bisons next Wednesday.



PHOTO BY RICK HIEBERT/VOICE

With one out in the bottom of the fourth in game one in Sunday's double-header, the Pembina Valley Orioles' Tim Dunn is tagged out by Brady Kulyk of the Elmwood Giants in a very close play at home. The Orioles went on to take the win 10-6, but then dropped game two 20-9.

## High school athletes shine at zones, provincials

By Ashleigh Viveiros

The Northlands Parkway Collegiate Nighthawks and Garden Valley Collegiate Zodiacs both battled their way to the Provincial High School Baseball Championship playoffs last weekend.

Both boys teams came out of the round robin flawless with two wins, earning a seat at the quarter-finals.

There, NPC downed the William Morton Collegiate Warriors 12-5 while GVC bested the Vincent Massey Vikings 4-2 to move onto the next round.

The semi-finals ended up being

the end of the line for both teams, as GVC fell to John Taylor 9-5 and NPC lost to Boissevain 10-1. Boissevain went on to clinch the title, beating John Taylor 4-1.

Two stand-out Winkler players were honoured for their play at the tournament: NPC's Cam Wiens and GVC's Liam Giesbrecht were both named to the provincial all-star team.

Closer to home, GVC hosted the Zone 4 High School Track and Field Championship May 26-27, with the top athletes qualifying for the provincials taking place in Winnipeg this weekend.

GVC came out on top in combined

team scores with 300 points, while Morden took fourth place with 214.

GVC's varsity girls team came in first, while the GVC JV girls took second, and Morden's JV girls came in third.

The NPC varsity boys team took first, the NPC JV boys took second, and GVC's varsity boys were in third place.

Zone champions include Colton Peters (NPC, 800m), Jason Nepinak (Morden, shotput), Victor Keeper (GVC, javelin), Andreas Richert (NPC, 100m), Dionne Demke (NPC, 200m), Sebastian Klassen (NPC, 400m), Michael Wirth (Morden, shot

put and discus), Blake Hildebrand (GVC, long jump and triple jump), Madison Wood (Morden, 400m and 800m), Jordan Parker (Morden, 1,500m and 3,000m), Emily Derksen (GVC, 80m hurdles), Megan Neduzak (Morden, 100m), Mallory Byrka (GVC, 1,500m and triple jump), Natasha Mauws (Morden, discus), Nicole Dyck (GVC, tetrathlon), and Grace Tablan (GVC, tetrathlon).

The NPC boys varsity medley team, Morden JV girls 4x100 meter relay team, GVC JV girls 4x400m relay team, and GVC varsity girls 4x400m relay team also took first place in their events.



PHOTO BY RICK HIEBERT

Mohawk Sam Bryson dives back into second base to avoid the pick-off attempt by the Pembina Hills' Ty Enns. The Morden Mohawks came out on top in the May 27 home game 8-2.

## Storm blank Brandon 3-0

By Ashleigh Viveiros

The Winkler Storm certainly didn't show any signs of rust after sitting the last few weeks out—the Senior Division 1 Manitoba Major Soccer League team downed Brandon Inspire FC last Sunday evening.

Playing in Portage la Prairie for the first time since May 8, the Storm soundly defeated the home team 3-0, with Tobias Morasch and Emmanuel Natango scoring a double and a single, respectively, in the second half.

Guarding Winkler's net from all-comers was Alvine Rode in the first half and Waldi Friebus in the second.

The win bolsters the team's early-

season record to 2-1.

Winkler hits the road again this weekend to play Selkirk FC on Saturday. Their next home game is June 14 against the Scorpions.

Meanwhile, in the Winnipeg Womens Soccer League, the South Central Hurricanes suffered their second loss of the season going up against the CSSE Impact on Monday.

Injuries meant the 'Canes had to play the second half short-handed, and the Impact managed to double up on Winkler's two goals, which were scored by Andi Hildebrand and Jen Derksen, to take the victory 4-2.

This weekend, the ladies host the St. James Legends on Sunday at 6 p.m.

## PVMHA unveils head coach line-up

By Ashleigh Viveiros

There will be some new but familiar faces behind the bench in the Pembina Valley Minor Hockey League next season.

The league announced the appointments of its head coaches for the AAA teams upcoming season last week.

Taking on the mantle for the bantam female program is Keith Graham, who served as an assistant coach to outgoing head coach Geoff Sutton last season. Previously, Graham served as the coach for the Carman Cougars high school team.

Dana Bell is the new head coach for the female midget team. Bell previously served as the head coach for the bantam team in the program's infancy and spearheaded the AA midget program last season.

Barry Lewis is the new coach of the bantam boys program. He brings

with him a wealth of experience, working most recently as head coach for the Morris Mavericks high school team. Prior to that, Lewis coached professionally in Europe, in AAA hockey locally, and as an assistant with the MJHL's Winkler Flyers.

Finally, Gerry Leiding takes over the reigns as the midget boys coach this season. Leiding has been involved in the AAA program as a coach since 2012.

"The PVMHA executive along with the PV AAA Council is excited to have these gentlemen step forward and accept these positions and wish them all the best as they work with their athletes for the coming season," says PVMHA director Greg Ens.

Ens urges anyone interested in getting involved as an assistant coach or trainer next season to contact the head coaches to review the opportunities available.

## Special O Torch Run returns

By Cori Bezan

With Special Olympics Awareness Week coming up from June 8-12, law enforcement from Winkler and Morden are banding together to bring the Law Enforcement Torch Run back to the area on June 9 to raise awareness for local athletes.

"It's the law enforcement community raising funds for Special Olympics," said Morden Police Service Cst. Scott Edwards. "It gets its name from the actual torch run, which has been going on for just under 30 years. It's the law enforcement community, Special Olympics athletes, and anyone else doing a run with the torch to raise awareness for Special Olympics."

The run has not been held in the area for the better part of the last decade, Edwards said, but they are excited to be bringing the event back.

"They've done them in Winnipeg lately, and it hasn't been done out in the rural areas for quite some time," he said. "The law enforcement community has always been closely associated with Special Olympics, so we just thought it would be a good idea to bring it back to this area. Hopefully we can have some good support and good participation."

While the event will help to raise

some funds through pledges and t-shirt sales, its main goal is put the Winkler-Morden area's Special Olympics athletes in the spotlight.

"I know for this region, specifically, there are athletes all over the region, however there is limited programming," Edwards said. "Morden currently does not have any kind of Special Olympics programming, and that is mostly due to the fact that we don't have volunteers willing or able to help coach and organize these events . . . [we're] definitely bringing awareness to the area, hoping to find people that are interested and willing to help volunteer their time for this cause."

The police-escorted run will begin in Morden on Tuesday, June 9, starting at 11 a.m. at the RCMP station.

Participants will run approximately a mile to the Morden Police Station and break for refreshments and a brief presentation.

The run will then move to Winkler, starting at the arena at 1 p.m. and ending at the police station at City Hall. Another brief gathering will take place after the run at the nearby Bethel Heritage Park.

Both runs are open to the public. No prior registration is required to participate.

For more information, contact the Winkler or Morden police stations.

## Mohawks down Midgets 8-2

By Ashleigh Viveiros

The Morden Mohawks started off another season of Border West Baseball in fine form last week, downing the Pembina Hills Midgets.

The May 27 home game saw the two-time defending league champions come out on top with a solid 8-2 win.

Elsewhere in the league, the Pilot Mound Pilots downed Clearwater

8-6 but then fell to the Baldur Regals 2-0, and the Cartwright Twins beat the Killarney Lakers 7-3 and the Regals 7-2.

This week, Morden faced the Pilots on the road on Tuesday (results were not available at press time) and also play at the Baldur Regals on Friday and in Clearwater on Sunday.

The Mohawks' next home game is next Tuesday against the Pilots.

## Flyers sign Bates

By Ashleigh Viveiros

The Winkler Flyers have signed 17-year-old Brandon Wheat Kings captain Collyn Bates for the upcoming MJHL season.

Bates was the captain of the Brandon AAA team this past season, leading his team to the Manitoba AAA Midget Hockey League final.

The Brandon native just completed his third season with the Wheat Kings, where he led the team in regular season assists and playoff goals.

In 43 regular season games, the 6'0", 170-pound forward recorded 54 points (18 goals, 36 assists) and 60 penalty minutes. Bates also had 16 points (10 goals, six assists) in 14 playoff games.

Bates also played two games with the Flyers as an AP last season.

"Bates is a heart and soul type player," says Flyers head coach and general manager Ken Pearson. "He is a leader, and a hard working, play-making centreman who uses his linemates really well."

# Agriculture

## PEDv-infected farms to be disease-free soon

By Harry Siemens

Dr. Megan Bergman, Manitoba's Chief Veterinary Officer, expects swine barns in the province infected with Porcine Epidemic Diarrhea to be free of the infection within the next couple of months.

Manitoba identified its first case of PED in February 2014, and since then the deadly disease has infected a total of five farms, including two sow sites and three finisher sites.

Bergman says so far strategies aimed at ridding the farms of the virus have been quite successful.

"The strategies in use to eliminate PED from a farm are developed through consultation with herd veterinarians and information gathered from PED infected regions," she says. "The affected herds and their vets have worked really closely with the CVO to implement the best strategy for their circumstances. Finisher operations are able to empty their barns, thoroughly clean and disinfect them, and then test the barn to ensure that they've eliminated the virus prior to repopulation."

Bergman says next they will implement a testing strategy where they introduce healthy pigs to ensure that they don't become infected with the virus. This test helps to determine they've actually eliminated the virus from the barn.

"It's a bit more challenging when we're dealing with things like sow barns," says Bergman. "These facilities are not as easy to clean and disinfect. And often you don't end up in a scenario where you actually empty out the barn, and so we have to find ways to be able to work with the producer to help him become disease-free and also manage the farm at the same time."

She says one of the strategies they use is to ensure the pigs on site in the farm develop immunity as quickly as possible.

"That includes strategies such as back feeding and also starting to monitor those swine to make sure they can detect when they stop shedding that virus and the cycle of the virus is complete within the pigs in the barn," Bergman explains. "Once that happens then we can start mov-

ing forward with the cleaning and disinfection process room by room in those facilities. So it does take time and a lot of dedication, but our folks are working very hard to do that."

Bergman says then they can evaluate naive pigs and piglets when they come into the barns so that they continue to maintain a negative status.

Meanwhile, in neighbouring Saskatchewan, their ag department says that while environmental testing has detected positive or suspect positive samples of PED and Swine Delta Coronavirus, the province's swine

herd remains free of the infections.

Since March 2014 the department has kept monitoring high risk or co-mingling sites such as slaughter plants and assembly yards for PED, Swine Delta Coronavirus and TGE, and, because all three are reportable diseases in Saskatchewan, also receives reports of suspect or positive results from producer-submitted samples.

Saskatchewan Chief Veterinary Officer Dr. Betty Althouse says during the last reporting period they've detected SDC suspect or positive samples at

three sites including a truck wash, in stored feed, and on an on-farm loading dock. The truck wash was also found to be positive for PED.

"The biggest thing to take note of is so far we have no herds or facilities with pigs actually infected in the province, so any of the detections we have found to date have been environmental ones," says Althouse. "We've had a few suspected positives for PED over time and probably a lot more of SDC infections picked up."



## Standing up, speaking out

> HARRY SIEMENS

**Y**ou've read my comments and you know I'm a real stickler advocating for our farmers, but just as important is advocating and defending our food system and the regulatory system that sustains that system.

Trent Loos is sixth generation United States rancher from Central Nebraska. He's also an educator of the global consumer about the importance of farming.

Loos spoke to farmers and ag industry people at the 10 year anniversary of the Technical Exchange and Industry Discussion put on by Elanco, with lots of help from the Starlite Colony and, of course, the mighty pork ribs and chop to round out the day's activities in the Starbuck Hall.

"I can tell you when I started this 15 years ago, most people thought, including my grandfather, who since passed on, told me, 'Trent just stay at home, work hard, and everything else will take care of itself.'"

Loos says that simply isn't working anymore because there are people working hard at misleading global consumers about how, where, and who produces food.

Take for example the World Health Organization now taking a stand against genetically modified foods, and the United Nations saying how the world needs to raise insects for our protein consumption.

"We have a basic lack of understanding about the cycle of life, and I think it calls upon us to do a better job explaining that everything lives, everything dies, and that gives full meaning to life," Loos says. "That disconnect is causing our problems." In my opinion, we can't really argue for the sake of argument, but we have to have the facts to confront people and not walk away.

"We need to confront without being confrontational and that means we've been walking away from these conversations because we are afraid we'll lose our control—you can never lose control," Loos says. "The other thing that we do that I think we have to get beyond is that we always sit back and blame the people in Toronto, even Winnipeg, the big cities, Minneapolis, Chicago. Well, the truth of the matter is we have in every small community the same disconnect occurring. I have many friends that live in the Oak-

bank, Manitoba area, just to give an example of that, where some school teachers keep giving a selective betrayal of the truth of modern food production. It isn't only an issue in the big cities, it is already an issue in the smallest rural area because people just don't know."

The other thing he tells people is that you have relatives that have moved away and are hanging with a new group of people that are raising a lot of bad information about food production.

The easiest and best way to start this communication effort and being an advocate is communicating with your own family members every time they come home, Loos says.

"Have that conversation, take them through some of the barns and say, 'Hey, let's just go take a walk.'"

The thing that really infuriates him is the disconnect from a grazing standpoint.

"What really mystifies me as much as anything today is the attack on the cattle business because cows graze grass. Grass basically has only two purposes. If it were not for a ruminant animal, it only has one other purpose and that is fire and that leads to greater land devastation.

You can take a ruminant animal such as a cow and turn it into the

# Med students in Morden, Winkler for Rural Week

By Cori Bezan

Physicians in Morden and Winkler mentored eight first-year medical students from the University of Manitoba last week as part of Rural Week from May 25 to 29.

"The program is actually mandatory course work at the U of M now. Rural Week I think started out in the beginning in the early 2000s and I think for the first year, it was not compulsory," explained Dorothy Yu. "It went really, really well, people really enjoyed it, and they were like, let's just make it part of the curriculum."

"It's kind of to promote rural medicine, because a lot of students are from urban areas," she added.

"They might have a lot of misconceptions about what practicing rural medicine is like, so this kind of aims to give people an idea of what it's like."

Clinical Teaching Unit program administrator Patti Rach said that many students have an outdated view of what medicine and hospitals are like

outside of major city centres.

"Rural Week is a chance for first-year med students to see what rural family practice is like," she explained. "I think they picture a small country hospital. They don't picture the tertiary centre that Boundary Trails is, and all the things that happen here...I don't think they fully expect that, so when they come here they're kind of in awe of what they're all seeing."

The students arrived on May 24 and hit the ground running, starting with a tour of the hospital.

"We were really impressed with how new and how nice it was, and the patient rooms looks really,

really, really comfortable to live in," Yu said.

The students then began working with local doctors in clinics in Morden and Winkler, as well as putting time in at the Boundary Trails Health Centre.

"It was great," said fellow student Hyun Jae Kim. "It's just much more

**"I THINK A LOT OF THE STEREOTYPES AND THE PRECONCEPTIONS WE HAD ABOUT RURAL MEDICINE WERE SHATTERED HERE IN A POSITIVE WAY."**

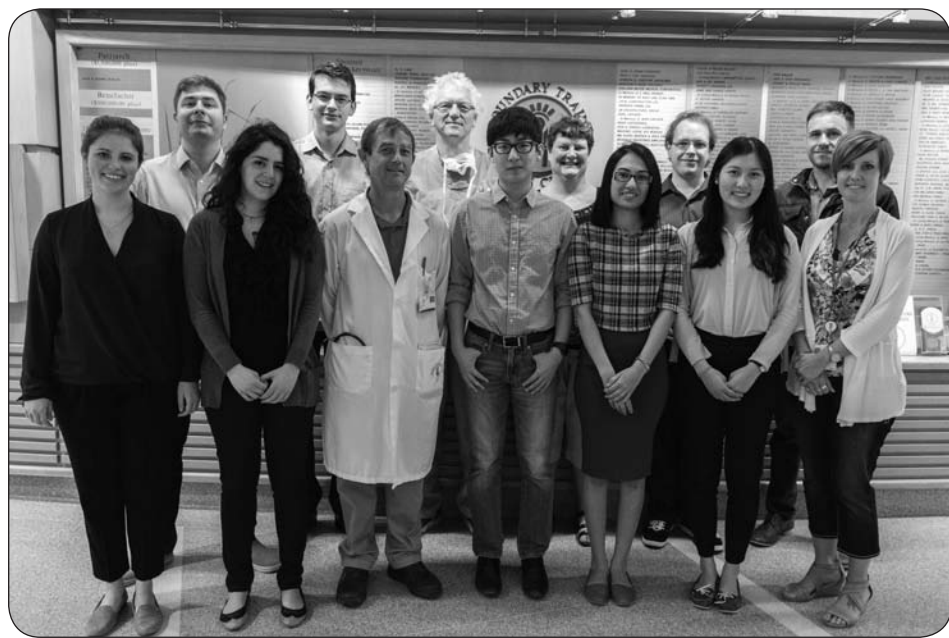


PHOTO CREDIT: CORI BEZAN

The Boundary Trails Clinical Teaching Unit hosted eight first-year medical students last week as part of Rural Week, a program to showcase the practice of medicine outside of an urban setting. Back row, from left: Ryan Houston, Garrett Johnson, Dr. Don Klassen, Dr. Marie Hesom, Travis Magill, Dr. Kevin Earl. Front row: Andrea Kulyk, Jessica Lezen, Dr. Eric Lane, Hyun Jae Kim, Aakanksha Sharma, Dorothy Yu, CTU program administrator Patti Rach.

varied, there's a lot of variety of things that's going on down here. Even for the clinic, I saw much more cases in a set amount of time. I felt for me that was a great experience."

"The continuity of care in these com-

munities is really good," Yu said. "I think this community just takes that to a new level because they have the same physicians working in the hos-

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## Manitoba eyes Alberta flood, drought modelling project

By Harry Siemens

A recently approved Aquanty computer modelling project underway on Alberta's South Saskatchewan River Basin is drawing strong looks from Manitoba agricultural and conservation groups keen on the potential of what a similar project might be for Manitoba.

"We are excited to learn more about Aquanty and their work in Alberta and how their proposal for a similar computer modeling project here in Manitoba might work," says Henry Nelson, Manitoba Forage and Grassland Association (MFGA) vice-chair. "Aquanty has provided us with the Hydro Geosphere modelling platform for the Assiniboine River Basin proposal, a cutting-edge computer modelling platform that might serve as a valuable component of a flood and drought risk mitigation strategy for Manitoba."

Aquanty is a hydrologic modeling and software development firm that began as a spinoff from the Universi-

ty of Waterloo. It uses a range of high performance computing resources to run complex simulations of water movement through surface water and groundwater flow systems.

MFGA is coordinating stakeholder discussions around the Aquanty proposal and has applied to Agriculture and Agri-Food Canada's AgriRisk Initiatives program as the proponent on the Aquanty proposal coordination over the three-year period.

"MFGA has engaged in this proposal as we believe grasslands and forage crops are a critical part of the solution for future flood and drought ravaged areas of southwest Manitoba," says Nelson. "If it works out here, the Aquanty proposal will provide valuable data and expertise to reinforce this fact while furthering the importance of proactive solutions for producers and Manitobans."

"But, we will need the help, insights and experience of numerous key players from the agricultural industry, conservation organizations and government departments to explore this

possibility in the most feasible way."

Nelson says the Aquanty proposal is currently a work in progress and believes it is necessary to bring Manitoba groups up to speed and then involve leaders from other jurisdictions such as Saskatchewan, Alberta, and North Dakota.

He says the Assiniboine River Basin Initiative (ARBI), Keystone Agricultural Producers (KAP), Manitoba Beef Producers, and Manitoba Conservation Districts Association are all necessary and valuable stakeholders around the table.

"While we are certainly not at the full commitment stage, we are well down the road toward pulling Manitoba into a parallel position with Alberta and then we need to bring Saskatchewan and North Dakota into the mix," agrees Dr. Allan Preston, chair of ARBI. "To do this, we will have to engage and work closely with KAP and other leaders here in Manitoba as well as engaging and working with their counterparts in Saskatchewan and North Dakota."

Dan Mazier, president of KAP, has been monitoring the Alberta project closely and is a strong advocate of the Aquanty proposal's potential to help Manitoba farmers hit hard by flooding.

"Floods and droughts have significant financial impacts," says Mazier. "Not only would this type of modeling help farmers and rural communities manage the risk, it will also enable us to take a proactive approach to water management. This is a modern-day solution to a decades-old problem, and it will help us adapt to a changing environment now and in the future."

Nelson says the next steps for the modeling proposal will be a series of stakeholder communications and meetings to continue to build momentum, including an Aquanty presentation at the ARBI board meeting at the end of June where many key stakeholders from all across the basin will be in attendance.

## > RURAL WEEK, FROM PG. 22

pital as in the clinics, so you could possibly have the same physician for all of your care, which is fantastic, it was really impressive."

Kim added that they were able to get more involved and put their knowledge to work with the help of the local physicians during their time here.

"A lot of the physicians were willing to let us participate in some of the operations like taking histories and physical exams, so in that aspect we actually got to practice a lot of our skills," he explained.

"They kind of empowered us to be able to feel good going into a room and telling the patient on our own and be able to have some semblance of what's going on," Yu added. "I think they really helped us consolidate our learning from med one. They really taught us to bring everything together and have some confidence in what we do."

Outside of the clinics and the hospital, the students also got to explore the communities and take part in scheduled excursions such as a Mennonite sampler supper, a tour of the cities, and zip-lining in the Pembina Valley.

"The Winkler community itself was really great," Kim said. "For me, it was just walking during the night, just walking outside, it really helped me to see the neighbourhood and relax a bit."

"It's the same feeling in Morden," Yu added. "It's nice just being able to walk around...it's almost like one big residential area, and then you also have little shops and restaurants, so it's a really nice place to go for walks."

Both students agreed that the program is an essential part of their first year in medicine, and added that they would definitely consider returning to the area or practicing rural medicine.

"I didn't have that much exposure with the rural environment, so I never really thought of that before, but coming here really let me see this is definitely something that I might be interested in doing," Kim said. "For me it was definitely a confidence booster."

"I think a lot of the stereotypes and the preconceptions we had about rural medicine were shattered here in a positive way," Yu added.

## > ALH MOTOR SPEEDWAY RESULTS - MAY 31

The winners at the ALH Motor Speedway's May 31 races were:

- Midwest modifieds: Rick Fehr in first, Austin Hunter in second, and Ryan Cousins in third place.

- Pure stock: Les McRae, Derek Pollock, and Brad Wall.

- Street stock: Jesse Pederson, Shawn Teunis, and Billy Maruca.

- A-Mods: Ward Imrie, Scott Greer, and Less McRae.

- Four-cylinders: Scott Perdonic, Terri Burke, and Tom Morriseau.

The next race day is June 7.

## > SIEMENS SAYS, FROM PG. 21

best quality protein that man can find. And yet that disconnect about the purpose of a cow on this planet is unbelievable right now, so we need to take people out to pastures and show them what is really happening.

"If it is to be, it is up to me," Loos says. "Don't sit back and expect somebody else to do our dirty work. We got in this position because we didn't address the disconnect. If it is to be, it is up to me. Each one of us can make a difference, one person, one day at a time."

# take a break

> GAMES

## SUDOKU

	3	7	5		1	2		
4				8				
	1				3			
5								
8	6	2					4	
				3		9		
						5	9	
3			9	8				
6					7		4	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	8	9	1	5	2	7	3	4
3	4	5	9	8	7	6	1	2
7	2	1	3	6	4	8	5	9
1	7	4	8	3	5	9	2	6
8	5	9	2	7	1	6	4	3
5	9	3	4	2	6	1	8	7
2	1	8	6	9	3	4	7	5
4	5	9	7	8	2	6	3	1
8	6	3	4	1	5	7	2	9

Sudoku Answer

S	T	E	F	E	S	R	S	S	R	S	T	S	S						
E	S	P	L	I	C	E	R	S	E	R	S	O							
U																			
S	T	S	E	P	A	T	E	N											
V	A	B	A	K	T	H	S												
I	L	V	T	O	T	A	V												
S	E	S	V	R															
T	I																		
L	V	D	M	V															
E	U	E	S	D	V	H	S	E	C	T	V								
R	O																		
T	S	I	R	I	V														
O	T	N	I	H	S	O	L	O	R	A	V								

Crossword Answer



# CROSSWORD

### CLUES ACROSS

- S.W. gully
- Japanese polytheism
- N.H. Academy and town
- Most aired
- Prosecuting officer
- Badger State
- Moose genus
- Possessed
- Make a smooth transition
- Thug (slang)
- Locations or places
- Rivulet
- The self
- Not good
- Obstruct
- Decalitre
- Space for sitting
- Taxi
- 7th tone
- Ethiopian lake
- Tears down
- Gold
- Angle (abbr.)
- Semitic fertility god
- Beak
- Digital audiotape
- Small child
- 4th caliph of Islam
- 4840 square yards
- Devious trick (Yiddish)
- Overgarments
- Large creature
- Ingest
- Nuisances
- \_, denotes past
- Wine waiter
- I, Portuguese
- Compunction
- Overshadow
- Emphasize
- An unsuccessful ending

### CLUES DOWN

- Something comparable
- Rural delivery

	1	2	3	4	5	6		7	8	9	10	11	12		
13								14						15	
16			17					18					19		
20		21				22				23		24			
25					26					27		28			
29					30					31		32		33	
		34	35							36		37		38	
39	40									41		42			
43				44		45				46					
47		48			49		50			51			52	53	54
55				56		57		58				59			
60				61		62				63					
64				65		66				67				68	
69		70								71				72	
		73								74					

- "Laugh-In" co-host Dan
- Sheep genus
- Affirmative
- Vanilla's flower family
- In a way, made smoother
- Belong to he
- Greek rainbow goddess
- S.F. football team player
- Atomic #52
- Kiss
- Proverb
- Lattice support
- Cereal grass
- Rome, GA river
- Disease of cattle
- Seated
- A baglike structure in a plant or animal
- Blatted
- Murdered in his bathtub
- Finish
- Sheep sound
- Scarlett songbird
- Kills oneself
- Broad, flat pieces of stone
- Auto fuel
- Derek \_\_, X Harvard Pres.
- Woman's undergarment
- Topics of discourse
- Belonging to the peerage
- Most recent
- Point of debate
- Ostend artist James Sydney
- Phonograph inventor's initials
- Eagle's nest
- Ripped a fabric
- Lucre
- Manuscripts (abbr.)
- Frozen water
- 41st state
- Keystone state

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Metal roofing and siding sale!! We stock metal for house and cabin roofs, roofing and siding for barns & sheds, Millends for out buildings shelters. SIG' S STEEL 204-762-5030 www.sigssteel.com

### MOBILE HOMES

6 new 16 x 80, 3 bed, 2 bath. starting at \$83,000; 1 new 16 x 68, 2 bed, 1 bath, starting at \$72,000. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net

### WORK WANTED

Available to do renos, repairs, maintenance, painting, siding, roofs, fix-ups. Residential or commercial. Call Bill at 204-362-2645 or leave a message at 204-822-3582.

Do-it-yourself project gone bad? Need help to start or finish? I can help. Call 204-362-2645 or lve. message at 204-822-3582.

### HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: Career-Step.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

### HELP WANTED

Dynamic Fluid Power is seeking Parts Sales and Hydraulic Techs. Experience an asset. Great benefits package. Visit www.dynam-icmachinecorp.com and send resume to HR@DMCORP.CA or fax (204)982-4933

### BUSINESS OPPORTUNITY

High cash producing vending machines. \$1.00 vend = .70 profit. All on location in your area. Selling due to illness. Full details call now 1-866-668-6629 Website WWW.TCVEND.COM

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Successful weekly community newspaper, central Alberta. Excellent web marketing presence. 27,000 circulation. Owner approaching retirement. If you are serious about wanting to own your own newspaper contact Joyce, 403-575-0090. Email: jew-eb1@xplornet.com.

### CAREER TRAINING

Medical Transcriptionists are in huge demand! Train with Canada's top Medical Transcription school. Learn from home and work from home. Call today! 1-800-466-1535 www.canscribe.com. info@canscribe.com.

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Millet Seed - A leafy top yielder, commonly 8,000 lbs./acre. 65 days for drier August cutting. Noxious weeds "0". .50/lb. D. White Seeds 204-822-3649.

### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

### NOTICES



## Morden Police Board Meeting

Tues., June 9, 2015  
7:00 pm

Morden Civic Centre  
195 Stephen St.

All those wishing to be on the agenda and speak must register at the beginning of the meeting.

### TENDER



NOTICE OF TENDER  
RURAL MUNICIPALITY  
OF THOMPSON,  
MIAMI, MANITOBA

MUNICIPAL OFFICE &  
COMMUNITY LIBRARY PROJECT

Sealed Tenders will be received by the Rural Municipality of Thompson at the office of STECKLEY Consulting Engineers Inc., 915 Navigator Drive, PO Box 749, Winkler, MB R6W 4A8 up to 2:00 pm local time on Monday June 15th, 2015 for the following work:

Approximately 3,600 ft<sup>2</sup>  
New Office & Public Library Building

Each Tender must be accompanied by a Bid Bond and Consent of Surety.

Tender Documents are available on Dropbox. Contact STECKLEY for an emailed invitation to access Dropbox.

The Lowest or any Tender not necessarily accepted.

Jody Oakes, CAO  
Rural Municipality of Thompson

### CAREERS

## SEED PLANT OPERATOR



Is seeking a motivated individual to assist in seed processing operations. This is a full time, year round position and requires good written and oral skills for record keeping and inventory control. The individual chosen will look after care, maintenance, and operation of the seed processing facility. The candidate will also be involved with movement of seed into and out of seed plant, including packaging of seed. Some experience would be beneficial. Only those candidates chosen for an interview will be contacted, thank you for your consideration.

Reply to Ens farms ltd, with resume by fax: 204-325-4985  
email: info@ensfarmsltd.com, or phone: 204-325-4658.

### CAREERS



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Today - Building for Tomorrow"

Garden Valley School Division (Winkler MB)  
Has a job opening for the following:

## MAINTENANCE TECHNICIAN

100% Permanent, Garden Valley School Division  
Posting # 01-MT-15  
Start Date: July 2, 2015

Please visit our website at [www.gvsd.ca](http://www.gvsd.ca) for additional information regarding this employment opportunity or contact: Human Resources, Garden Valley School Division Box 1330, 750 Triple E Boulevard Winkler, MB R6W 4B3 Tel: (204) 325-8335; Fax: (204) 325-4132; E-mail: [hr@gvsd.ca](mailto:hr@gvsd.ca)

### SENIOR RENTAL

Manitou, Manitoba  
55+ Life Lease  
One Bedroom  
Suite Available  
Lawrie: 431-284-3041

### PUBLIC NOTICE

**MEDIGAS**  
Respiratory Wellness  
will be holding  
**CLINIC DAYS**

on **June 2, 16 & 30**  
to see CPAP patients.

For more information and  
to make an appointment,  
please call toll free

**1-866-766-7388**  
or **1-204-786-2727**

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The Winkler Morden  
**Voice**

Call: **204-325-6888**

### BRIDAL SHOWER

A wedding shower will be held for Olyvia Leiding, bride elect of Evan Loutchan Thurs. June 11 at 7:30 pm Morden Legion Hall downstairs.

A gift card is available at The Dollar Store in Morden.

### NOTICES

thrift store  
*gospel echoes team*

Have you found the Gospel Echoes Thrift Store yet?

You can see us from Superstore!  
We're located in Winkler at 310b Cargill Road, South of Rona, behind the Medi-Chair building.  
Supporting the Gospel Echoes Prison Ministry Teams of Western Canada.

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- IN MEMORIAMs
- THANK YOUs



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Please visit [westernsales.ca](http://westernsales.ca) for full job description

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or fax 1 306 882 3389

Attn: Rome Molsberry



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To be considered, you will be a high school graduate with the following credits: Mathematics 40S (Applied or Pre-Calculus), Physics 30S and English 40.

### Aboriginal Line Trades Pre-Placement Training Program

Aboriginal candidates who do not currently meet all the above qualifications may be interested in our six month Aboriginal Line Trades Pre-Placement Training Program. Selected candidates will receive on-the-job training and academic upgrading to meet the minimum requirements to compete for a position in the Power Line Technician Training Program.

To be considered, you will be a high school graduate with at least **one** of the following credits: Mathematics 40S (Applied or Pre-Calculus), Physics 30S or English 40. Proof of Aboriginal Ancestry is also required.

Applications for both the Power Line Technician and Aboriginal Line Trades Pre-Placement Programs **must** include a personal résumé and a complete transcript of marks (high school and any post secondary). **Only complete applications will be considered.**

Visit our website at [www.hydro.mb.ca/careers](http://www.hydro.mb.ca/careers) to apply online. If you are unable to access a computer, please call our Employment Line at 1-204-360-7282 or 1-800-565-5200.

The deadline for applications is **June 17, 2015**. We thank you for your interest and will contact you if you are selected for an interview.

Manitoba Hydro offers a competitive salary and benefits package and working conditions that provide for a balanced approach to work, family life and community, including a nine day work cycle.



Manitoba Hydro is committed to diversity and employment equity.



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is now affiliated with 130 newspapers. By advertising on our website we can get your job posting and location to 950,000 circulated newspapers throughout Saskatchewan and Manitoba.

Email: [danbsully@sasktel.net](mailto:danbsully@sasktel.net) for more information



## CAREERS

### Casual Direct Support Professionals

Gateway Resources Inc. is a non-profit organization assisting people with intellectual disabilities in the Winkler / Morden area.



We are currently looking for casual Direct Support Professionals to work within our Residential system. The successful candidates will support individuals in their homes and assist in providing an environment in which residents can become valued members of the community through integration. Various shifts will be requested including evenings, weekends and overnights. Flexibility is required for these positions.

The successful applicants must:

- Have a genuine interest in supporting people with intellectual disabilities
- Be 18 years of age or older
- Have a minimum Canadian grade 10 education or equivalent
- Have a valid Driver's License and access to a vehicle
- Be willing to take First Aid training and complete a Criminal Record Check
- Complete an Adult Abuse Registry Check
- Have experience in meal planning and preparation, and house cleaning
- Be motivated and willing to work as a team and able to work independently
- Have strong verbal and written communication skills
- Be available to work flexible hours including evenings and weekends

Resumes will be accepted until suitable candidates are found.

**Please send resumes to:**

**Bonnie Dobson**

**Director of Human Resources,**

**Gateway Resources**

**PH (204) 325-7304 ext. 233 Fax (204) 325-1958**

**Email [bonnie@gatewayresourcesinc.com](mailto:bonnie@gatewayresourcesinc.com)**

*We would like to thank you in advance for applying for this position. We will, however, only be in contact with those applicants we wish to arrange an interview with.*



**If you share our passion for success and high performance, then Viterra is the place for you.**

### Assistant Manager Winkler, MB

We are looking for a self starter to join our team. As the Assistant Manager, you will be responsible for supervising and participating in the efficient and profitable management of market centre facilities and inventories including receiving, cleaning, drying, storing and quality control functions.

Ideal candidates have post-secondary degree in Agri-Business or equivalent combination of education and experience. Minimum of four years or related management experience.

Tracking number **3552**.

Viterra offers a competitive salary and benefits plan.

For more information and to apply, please visit [Viterra.com](http://Viterra.com).

The closing date for applications is **June 10, 2015**.

*Viterra is Canada's grain industry leader, supported by the expertise of its people, a superior network of assets, and unrivalled connections to world markets. Headquartered in Regina, Saskatchewan, our commitment to agriculture goes back over 100 years, partnering with farmers to market and move their crops to areas of need around the world.*

*Guided by our values of integrity, trust and respect, our goal is to achieve a workforce as diverse as the people we serve. We encourage aboriginal people, persons with disabilities, women, visible minorities and others to join our team.*

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Picturesque 20 acre yard overlooking creek, 2 1/2 miles off of 31 hwy 1130 sqft home with detached insulated garage, 30 x 40 heated shop, fenced yard, quonset, small corrals and pasture.

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Angie Kochka-Olafson  
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**CAREERS**



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(204) 325-0257

Info@winklercentralstation.ca www.winklercentralstation.ca

**JOB POSTING – EXECUTIVE DIRECTOR**

Central Station is a non-profit organization located in Winkler, MB. We are currently seeking a full-time **Executive Director**.

Rooted in the teachings and life of Jesus Christ, our vision is to provide an environment that equips, empowers and educates individuals and families to live a full and vibrant life.

**Responsibilities:**

- Operations, Programming, Human Resources, Fundraising and Collaboration with Community Organizations

**Qualifications:**

**Education:**

- Undergraduate degree in a related field preferred, or equivalent combination of experience and education

**Personal:**

- Team player
- Proven leadership skills
- Alignment with Central Station's mission, vision and values

**Skills:**

- Experience working with volunteers and a Board preferred
- Experience writing grant applications and funding proposals an asset
- Excellent oral and written communication skills
- Ability to work effectively with people from a wide variety of backgrounds
- Knowledge of community development and non-profit organizations an asset

**Anticipated start date: August 3, 2015.**

**Deadline for application: June 12, 2015 at 4pm.**

Please send resume to

Terry Dueck (Board Chair) at terry@winklermb.com or mail to Central Station Community Centre (attn: Terry Dueck) Box 736 Winkler, MB R6W 4A8

**AUCTION**

**SURPLUS AUCTION FOR  
JOHN KLASSEN**

**SAT. JUNE 6 AT 10 AM**

145 Albert St. Winkler MB. Note: Auction will be held in backyard. You may park off Highway 32, at Radio station driveway.

Gas new 2" water pumps . Mig 140 welder new never used Generac 8000 Watt gen set . # 72 meat grinders # 72, # 32, # 10. Meat grinder stand. 8" table saw. 100 lb beam scale. IHC antique hit and miss engine. Tonka toys. Wood furnace step ladder. Binder twine. Jackal floor jack 4" leg vise. Wall mount gas furnace. Double end grinders. Post drills. 1200 lb scale. Drum sanders. Chop saw, skill saws. Anvils. Number of vises. Drill press bench model. 10" plainer. Wood lathe. Shop vac, perhaps a few. Toy box. Butcher block. Garden cultivator. 3 new snow scrapers. Metal shelving. Antique mangle and rollers. Two roasters and many other household items.

*This is a large auction with a lot of merchandise selling. Mr. Klassen liked to shop at auctions etc. You will see a variety all lined up outside. Dress according to the weather and come for a great time.*

See www.billklassen.com for listing & photos



Ph: (204) 325-4433  
Cell: (204) 325-6230  
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**AUCTION**

**BAKER FARM EQUIPMENT AUCTION  
FOR MURRAY & LORAIN & ESTATE  
OF THE LATE DARREN BAKER**

**SATURDAY, JUNE 27 10AM**

SW of Morden, Manitoba.

Large amount of shop equipment and tools,  
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**AUCTION**

**FARM RETIREMENT AUCTION FOR  
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**SAT., JUNE 13, 2015 • 10 AM**

Manitou, Manitoba. At the Farm.

From east side of Manitou at Hwy 3,  
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1998 John Deere 9300 4WD tractor, quad shift, 20.8x42 duals, 4 remotes, 4881 hrs. 1973 John Deere 1120 diesel, 3pth, 145 loader w/ bucket, 7665 hrs. 1991 CasellH 5130 fwa, Cab left hand reverse, with Allied 694 loader, bucket joystick, 9828 hours. Grapple for above loader, real good. 1978 Case 1270 Power shift, 1000 pto, good 18.4 x 38 axle duals, changed up to 1370 rear end; Toyota Forklift approx. 4000 lb cap, two tier lift over-sized drive tires, can be used on yard surface; 2007 Kubota GT1770 Yard tractor with 44 in mower deck; 1999 Polaris 500 cc EBS 4x4 quad; Case 222 gas garden tractor with hyd drive rotary tiller, and mower deck; JD 9610 COMBINE, JD 4895 swather, Mack and kenworth highway tractors, Cancade and Timple hopper grain trailers.

*This is a large auction. Please check your spring 2015 auction catalog or check www.billklassen.co Will sell 1 hr. of smalls. Internet bidding on machinery begins at 11 am. Owners Darren Seymour 204-891-0209 Larry Dad 204-242-2726.*

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**AUCTION**

**McSherry Auction Service Ltd**

**AUCTION SALE EUGENE SYROTIUK**

**Sunday June 14 @ 10:00 am**

**Moosehorn, MB #14 Government Rd**

**Contact: (204) 768-2479**

**Tractor & Storage** 87 Fruehauf 53' Frt Trailer w/ Side Door \* Ford TE 20 Gas 3PH \* **Recreation** Yamaha Kodiak 400 cc 4x4, 3700 kms \* 16' BH Camper \* Utility Trailer w/ Slide in Camper \* 20' Fiberglass Fishing Yawl \* Johnson 25 HP Outboard \* Fishing & Camping Items \* Decoys \* Winchester, Model 1892, LA, Cal 44-40 \* Savage BA, Cal 22 \* Left Hand Compound Bow \* **Misc** 3PH Bale Forks \* Fire Hose \* Chain Link Posts \* Various Power & Hand Tools \* Shop Supply \* Craftsman 8HP Snowblowers \* Weedeater \* **Antiques** 60s Huski 500 w/ Sleigh \* Windmill, tower & Aireator \* Fairbanks Stationery Engines \* 1) 8 HP \* 7 HP Stationery Engine \* 3) Int Stationery Engines \* Magnetos \* Anvil \* Steel Wheels \* Buffalo Skulls \* Wood Cook Stove \* Dresser \* Table \* K Cupboard \* Trunk \* Lamps \* Crocks \* Place Setting \* Medi Lift Recliner \* Various Household Effects \* **Restaurant Equip** Baker Table \* Hobart 20 Quart Dough Mixer \* Com Grill \* Moffat Steamer \* "Superior" Potato Peeler \* Stainless Steel Pails \*

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# Announcements The Winkler Morden Voice

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## CARD OF THANKS

The family of the late Russell Burkitt, wish to express our deep appreciation to the numerous relatives and friends for the many acts of kindness, words of comfort, messages of sympathy and flowers during the recent loss of our Dad, Grandpa and Great Grandpa. We especially wish to thank the staff at Pembina Manitou Health Centre, Kiley Wilson and staff at Wiebe's Funeral Home, Rev. Suzanna Bates, the representatives from Morden Legion #11, Mark Jorgensen (Piper), Marlene Holeyka (Soloist), Marilyn Braun (Pianist) and catering staff for the delicious lunch.

Dad

...we cherish the special place in our hearts that will always be reserved for you.

We thank you for the gift your living brought to each of us.

We love you.

We remember you.

-author unknown

-Sincerely,

Barry and Joanne Burkitt

Dianne Burkitt

Heather and Dennis Titchkosky

and families

## IN MEMORIAM



Ken Schellenberg  
1948 - 2014

Beautiful memories dearer than gold,  
Of a father whose worth can never be told.  
There's a place in our hearts no one can fill,  
We miss you, Dad, and always will.

-Miss you,  
love from your family

## OBITUARY

### Abram (Abe) Riediger 1927 - 2015

It is with heavy hearts and deep sorrow, that we announce the peaceful passing of Abe Riediger. He left this world with the peace and assurance that only comes through knowing Jesus Christ as Savior and Lord. He will be sadly missed by his family: his son, Jim, children, Christie and Ryan (Neta), grandchildren, Bailey and Brooke; son, Jack (Beverley) children, Jenna, Erin and Michael. He was predeceased by his best friend and loving wife Frieda, parents, sisters, Helen and Esther, brothers, William, Jake and Cornelius.

He was a great community supporter serving on Hospital Board, Chairman of Tabor Senior Citizen Home. Town Councillor and Deputy Mayor, Town of Morden, Chairman School Board, President of the Kinsmen Club, Board member of Red River Mutual Insurance Co. His business life was mostly involved around agriculture and life insurance.

Memorial service was held Tuesday, June 2, 2015 at 2:00 p.m. at Westside Community Church in Morden, MB with interment at Southside Cemetery at a later date.

If friends so desire, donations may be made in Abe's memory to the Tabor Home Building Fund.

Wiebe Funeral Chapel, Morden  
in care of arrangements,  
wiebefuneralhomes.com



## BIRTHDAY



Our Dad, Peter Hiebert,  
is turning 80 and we want to celebrate!  
We are having a Come and Go  
at Neuenberg Community Centre  
on June 14th  
between 2 and 5 p.m.  
Come and join us,  
say hi and have a piece of cake.

## CAREERS

### REPORTER/ PHOTOGRAPHER

The Winkler Morden Voice is looking for an outgoing individual to join our staff as a reporter to provide news and sports coverage for the Winkler-Morden area.

The ideal candidate is someone who is familiar with the goings-on of the region (or willing to get out there and learn), eager to take the initiative in finding compelling stories, has the know-how to take awesome photographs, and is able to write clean, engaging copy on deadline.

This is a full-time position with benefits and salary based on experience. Prior journalism experience is a definite asset. Must have reliable transportation and be willing to work flexible hours, including covering some evening and weekend news events.

Submit your detailed resume, cover letter, and clippings to Ashleigh Viveiros at: news@winklermordenvoice.ca.

The Winkler Morden  
**Voice**

We thank all applicants for their interest, however only candidates selected for interviews will be contacted.

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The Winkler Morden  
**Voice**

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## OBITUARY

### Russell Burkitt August 2, 1921 - May 20, 2015



Russell Alfred Burkitt, 93, passed away peacefully on Wednesday, May 20, 2015 at the Pembina Manitou Care Home in Manitou, Manitoba. Russell was born August 2, 1921 to Alfred and Myrtle (Armstrong) Burkitt in Thornhill, Manitoba, second oldest of five children.

Russell served in the Canadian Armed Forces in WWII Third Division of the Royal Canadian Signals Corps. and returned home in 1944 after significant injuries.

In 1945, after recovering from his war injuries, Russell married his long time sweetheart Edna Lechner and they began farming. He retired from farming in 1962 and worked several jobs until he began a long career with the pipeline where he worked until his retirement. Russell loved to fly and was one of the co-founders of what is now the Morden Flying Club. He loved spending time with his family and friends, travelling, curling and dancing. In his later years, he enjoyed reading Louis Lamour books, watching sports and listening to music.

Russell is survived by his son Barry (Joanne) Burkitt; daughter Dianne Burkitt; daughter Heather (Dennis) Titchkosky; daughter-in-law Terry Burkitt; grandchildren, Cindy (Gerry) Rigby; Shari (Don) Chartier; Corey (Della) Burkitt; Garrett Burkitt; Lisa (Bernie) Wilson; Jason (Nancy) Dreger; Colin (Lianne) Titchkosky; Evan (Cheryl) Titchkosky; and great-grandchildren, Derek, Kaitlin, Christian, Hope, Brianna, Dillin, Britini, Corbin, Issac, Jade, Hailey, Danica, Brayden and numerous nieces and nephews. Russell was preceded in death by his brothers, Elmer, George and twin Edgar, sister Mildred, his son Brian G. Burkitt in 1986, his wife Edna (nee Lechner) in 2006 and daughter-in-law Barbara (nee Winter) Burkitt in 2007.

A celebration of life service was held at Wiebe Funeral Chapel in Morden.

In lieu of flowers, memorials may be made to South Central Cancer Resource Centre in Morden.

Those wishing to sign the guest book may do so online at <http://www.wiebefuneralhomes.com/obituaries/2015/2497-russell-burkitt>

Wiebe Funeral Chapel, Morden  
in care of arrangements,  
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- Rear View Camera
- Sony 6 Disc Changer
- Trailer Brake Controller
- Reverse Sensing
- Tailgate Step
- 182,000 kms



15U036  
**\$19,900** PLUS GST & PST

## 2014 Fusion SE AWD

- 2.0 L EcoBoost
- Power Moon Roof
- Heated Leather
- Navigation
- Reverse Camera & Sensing
- 18" Premium Wheels
- Only 17,000 kms



15U062  
**\$26,900** PLUS GST & PST

## 2013 F150 XTR 4x4 Crew Cab

- 5.0 L DOHC V8
- 6 1/2 Foot Box
- Reverse Camera & Sensing
- Trailer Tow Mirrors
- Trailer Brake Controller
- 18" Chrome Wheels
- 144,000 kms



15U058  
**\$23,500** PLUS GST & PST

## 2014 Mustang Convertible

- 305 Horsepower 3.7 L
- Pony Package
- 6 Speed Automatic
- Heated Leather
- Reverse Sensing
- Cloth Convertible Top
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- Only 12,000 kms



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**\$113.00 Bi-Weekly**  
TAXES DOWN  
84 mo. term 5.99% Interest

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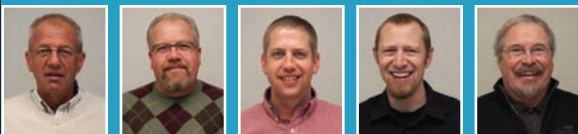
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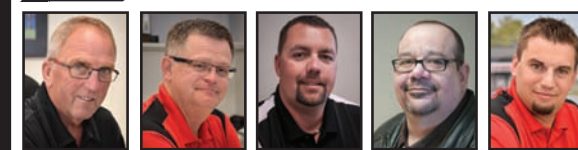
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3/10 mile dirt oval - wide enough for 3 to 4 wide racing - which adds a lot of excitement for the drivers and fans. It operates between the months of May to September on Sundays at 4:00 pm. Driver Cut Off is 3:30 pm and the back gates for the pits open at 1:00 pm.

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# SUMMER *on the go*

## Keep oral health care a priority as you age

Canada's aging population has specific dental needs, which is why seniors and their caregivers are reminded about the importance of regular dental hygiene care.

Due to healthier lifestyles, as well as advances in oral and medical care, we can expect to keep most, if not all of our natural teeth as we enter our senior years. But keeping those teeth healthy can be a challenge. Many medications can cause dry mouth, a condition that can contribute to cavities and other oral problems. Seniors also develop more cavities on the roots of their teeth than younger adults. And, perhaps most worrisome, bacteria from the mouth can travel and develop into serious infections affecting overall health.

As a result, all older adults should be encouraged to brush natural teeth twice a day with fluoride toothpaste and clean in between the teeth at least once a day. Dentures (full or partial) should be cleaned and soaked daily and the gums should be brushed and massaged, either with a soft toothbrush or with a warm, damp cloth.

Whether you're at home or in a long-term care residence, good oral hygiene coupled with regular treatments by a dental hygienist can help to prevent more serious health problems. Together, you can plan a daily oral care routine that will keep your teeth, and you, healthy for life.

## Important tips to keep eyes safe from the sun

If you've ever felt the pain of sunburn on your skin, the feeling of sunburnt eyes is just as uncomfortable. To avoid discomfort and protect the eyes from the long term effects of sun damage, follow these six tips suggested by doctors of optometry:

1. **SPE. SPF. SPF.** Always wear sunscreen with a minimum SPF of 25 on your face, and pay special attention to the area around your eyes.
2. **Wear sunglasses year-round.** More than 90% of ultraviolet rays penetrate through the clouds. Even when it's overcast, your eyes are heavily exposed to UV rays. Plus, they reflect off of surfaces like snow and water.
3. **Channel your inner movie star.** Bigger sunglass frames will provide more protection from the rays. Check with a doctor of optometry to make sure the lenses are both UVA and UVB blocking—after all, not all sunglasses are created equal.
4. **Wear a wide-brimmed hat.** It will cover your face from the sun.
5. **Choose UV-blocking contact lenses.** In combination with sunglasses and a hat, UV-blocking contact lenses can protect your eyes from up to 90 per cent of UVA rays and 99 per cent of UVB rays. Ensure that your brand has the appropriate level of protection.
6. **Avoid man-made light sources.** Tanning lamps or welding sources, for example, emit harmful UV rays. Whether it's with tinted goggles or simply by closing your eyes, be proactive and protect your eyes from harmful light sources.

Rhea Anderson, a doctor of optometry, explains: "Although there can be immediate symptoms from UV damage to your eyes, many long-term effects can start out symptomless, including cataracts, macular degeneration or eyelid cancer. It is important to get your eyes checked regularly and keep an eye out for those harmful rays all year long."



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In the creation of an individualized denture, a careful evaluation is made of the physical character of the face - including its size, shape and contours, as well as any slight differences between the left and right sides. Age and the basic coloration of the hair, eye and complexion are also noted. Then, all these factors are compared so that the final design of the denture is attractive and individually natural.

Professional cosmetic denturology brings together the fields of dental science and art. And as we see from the illustrations above, dentures can look completely natural.



**MEMBER**



**Mr. L. P. Parent,  
L.D. - F.C.A.D.  
(denturist)**

Mr. Parent has been in practice in Manitoba with Oraltru since 1964, and received his training in Toronto and Ottawa.

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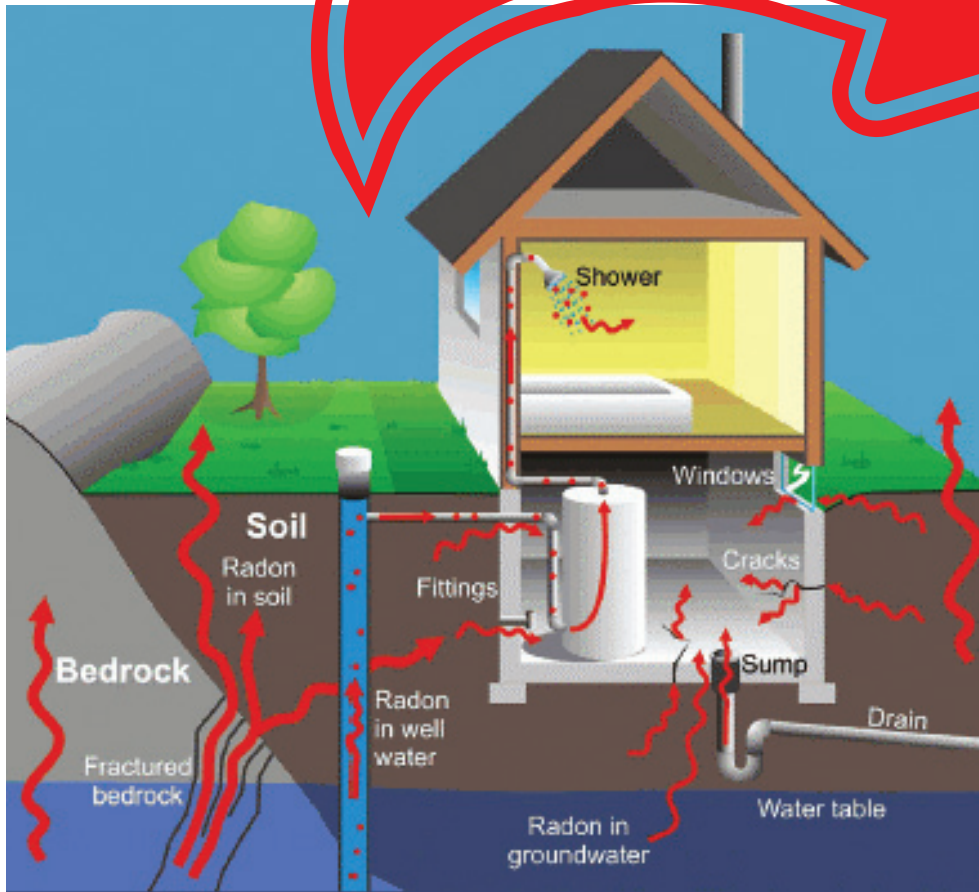
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# CHECKED YOUR RADON LEVELS LATELY?

## HOW RADON ENTERS A HOME



The process continues as radon gas decays to produce other radioactive elements which, when attached to dust particles and inhaled, may lodge in the lungs.

Radioactive decay elements then emit alpha particles in energy bursts that may affect the cells in the lung.

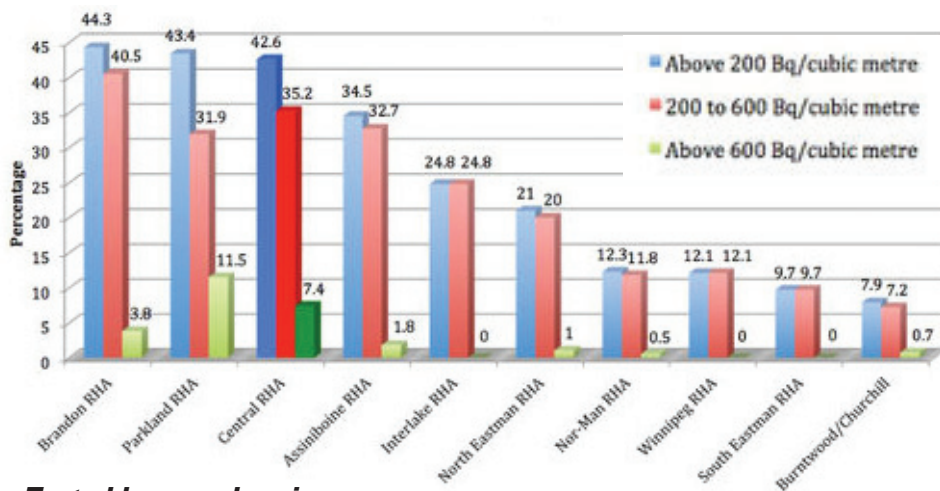
This may lead to lung cancer.

### HOW RADON GAS AFFECTS HUMANS

Radon is a radioactive gas. It comes from the natural decay of uranium that is found in nearly all soils. It typically moves up through the ground to the air above and into your home through cracks and holes in the foundation. Your home traps radon inside, where it can build up.

Radon exposure increases your risk of developing lung cancer. It is the second leading cause of lung cancer after smoking.

Manitoba was one of the worst offenders. With 23.7% of homes testing above the recommended 200 becquerels per cubic metre (Bq/m<sup>3</sup>).



Tested homes showing high Radon in Manitoba

Area by Regional Health Authority

Source: Health Canada, Cross-Canada Survey of Radon Concentrations in Homes: Final Report



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# SUMMER *on the go*



## Gardening pointers for novices

People have many reasons for growing gardens, and some of the most popular gardens are plots designated for cultivating herbs and vegetables. Fresh produce at the ready is a great benefit of having a home garden, which also allows homeowners to exercise full control over which products to use to grow robust, healthy vegetables.

Novice gardeners may not know where to begin when it comes to planting their first vegetable gardens, and such gardeners can benefit by starting small. You may want to begin by growing plants in containers so they are more manageable and can be moved as you discover which areas of your property provide the best growing conditions.

Begin with one or two types of vegetables. Tomatoes, cucumbers

and certain squashes are popular starter plants, as they are relatively hardy. Select only a few plants so you are not overwhelmed with the level of care required to maintain your garden.

Some gardeners prefer to start plants from seeds, but this will require more time and a greater commitment with regard to maintenance and planting. When just starting out, experiment with small plants that are established and already have a good root system.

Consult with your local gardening center for more suggestions, such as which soil amendments to use. Plants may require a certain soil pH that can be adjusted for optimal plant growth.



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## Build a great deck with a solid plan

A relaxing deck gives you the great outdoors without the need to venture too far from the comforts of home. When done right, a deck improves the appearance and utility of your home and can add to its resale value.

Lincoln Thompson, broker-owner with Royal LePage Gardiner Realty in Fredericton, New Brunswick advocates that homeowners pay special attention to the plan for any new deck. "To ensure the structure enhances your property, both now and in the future, a good design and quality materials should be your guiding principles," he says.

Whether you plan to build it yourself or hire a contractor, Thompson suggests you ponder these questions:

How will you use your deck? Consider the activities you typically do outdoors and how a deck could make them more enjoyable. Barbecuing? Sunning and lounging? Supervising the children at play? Enjoying nature? Setting off a pool or spa?

How can you enhance your house and yard? A deck usually sits against your house and alters the landscape of your yard. Always keep the surroundings in mind and consider the combination of visual elements. Think about the view from the deck, and if it is raised, how it will look from ground level.

How large and what shape? The deck should suit the scale of your house and yard. Going too large or too wide for the space can visually overwhelm and detract from the setting. Avoid a plain, boxy rectangle by adding interesting angles or changing the orientation.

What materials will you use? Cedar and redwood are popular choices, but for the budget-minded, look for pressure-treated pine and select your pieces with care. Composite deck materials are growing in popularity in some areas.

With careful attention to your needs and landscape, a deck creates a welcome transition between your indoor and outdoor spaces. And, it might clinch the deal when it comes time to sell.



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Summer is finally here and you're having lots of fun in your pool — or your neighbour's? Unfortunately, you can't always be swimming, and the humidity, extreme heat and sunlight can make your home feel very uncomfortable. The solution? Install an air conditioning system to turn your home into a cool oasis during heat waves.

Should you get a window unit or a portable air conditioner? A central air conditioning system or a heat pump? You can get all the advice you need from an air conditioning expert. These pros can suggest a model that fits your needs, the characteristics of your home, your budget and municipal bylaws for acceptable noise levels. Be sure to look into the latter before you start shopping. If you decide on a central air conditioner or

heat pump, it's best to hire a contractor for the job. That way you can be sure the installation is done to standard and that your unit will give you optimal performance.

You already enjoy the benefits of air conditioning in your home? Make sure your system is working properly and provides good quality air. See to it that all the components (fan, filters, pipes, etc.) are properly maintained via an annual inspection by an expert.

As you can see, there's more involved than just choosing an air conditioning system. You also need to ensure that your unit is installed and maintained so it can give you maximum output and last a long time. Do it right, and your home will be comfortable all summer long, for years to come.

# Long live air conditioning!

## Easy tips to drink more water throughout the day

You know drinking plenty of water every day is good for your health. The Institute of Medicine recommends men consume about 13 cups of fluid a day and women take in about 9 cups. Yet remembering to drink water may not always make the top of your daily to-do list.

Here are some tips to naturally incorporate drinking liquids into your day to give you the energy you need to accomplish everything on your to-do list:

- Always have a reusable water bottle with you. Tuck it into your purse or gym bag and have an extra one at your desk. You can find plenty of varieties in the stores, and you might even consider personalizing one so you remember it's yours and there for you. If the container is handy, you'll find yourself drinking out of it more often, just out of habit.

- Always make sure your water is freshly filtered. The new EveryDrop Ice and Water Refrigerator Filters are National Science Foundation certified to reduce more contaminants than comparable refrigerator filters, ensuring you're drinking the quality water you desire. Be

sure you're replacing your ice and water refrigerator filters every six months, to continue to enjoy fresh, great tasting water at home.

- Add fun flavors to your water to change it up, or make fun "mocktails" with your friends. Just cut up oranges, lemons, grapes and other berries and immerse them in your water for a fruity drink. Purchase some travel flavor packets to add to your cup. Like tea? It's a great way to flavor your water, and it provides plenty of other benefits, too.

- Get out and explore all the watering holes in your community. When on a walk, run or bike ride through your community parks, tuck the EveryDrop Portable Water Filter into your purse or bag. It filters one gallon of water in just two minutes, so when you fill up at a water fountain location, you don't have to wait to get fresh, great tasting water.

With these tools, you'll discover it's easy to stay hydrated throughout the day. Here's a toast to you for drinking more water, staying hydrated and feeling great. Cheers.

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## Did You Know?

Fireflies are often seen lighting up the night sky on warm evenings. They are particularly abundant during the summer months. One reason that fireflies glow is to attract mates. Males will flash, and females will respond to mates they find interesting. Fireflies also may glow to avoid predators. The luciferase enzyme in firefly cells causes a chemical reaction that stimulates light, a phenomenon called bioluminescence. Fireflies are filled with lucibufagins, a poor-tasting chemical that turns off predators from attacking the blinking bug. Some fireflies cannot light up at all and use pheromones to attract mates. Fireflies can be fun to catch and release and also beneficial to have around. In the larval stage, fireflies will eat destructive insects. Adult fireflies may feed on nectar and could help to pollinate plants. Despite their name, fireflies aren't really flies. They actually are a type of beetle. Fireflies are difficult to spot during the day because they're often resting on leaves or plants. It's only at night when their brilliant light show comes alive.



# Simple warm weather tune ups for your home

Are you revved up for warmer weather? Just as you'd tune up a convertible to drive you into the summer sunshine, now is the time to perform routine maintenance on your home so it's ready for the hottest months of the year.

Use this summer maintenance checklist to get your home in tip-top shape both outdoors and indoors - and to avoid repairs down the road.

## Do an outdoor inspection

Walk around the outside of your home and check for peeling or cracking paint, then patch up the spots to avoid wood rot later on. Inspect your gutter system to see if it's in good shape or it needs repair. Take a look at your lawn-watering hoses and faucets, and replace as needed.

## Get air conditioning unit ready

While you're outdoors, remove any debris from the fan area in the outdoor central air conditioning unit, ensuring that it runs efficiently. If you have window air conditioners, remove the covers and change the filters.

## Clean your indoor air

As much as you love the warm summer air, it can also trigger allergies so this is a great time of year to install an indoor air cleaner. Home Air Filtration System can remove up to 99.98 percent of airborne particles and allergens such as pollen, dust mites, mildew, pet hair and dander, fungus and bacteria from the filtered air, so everyone in your home can breathe easier.

## Keep indoor temperatures under control

Don't place lamps, TV sets and other heat-producing devices beneath a wall-

mounted thermostat, as rising heat from that equipment can cause your air conditioning unit to overcool the house. Locate the thermostat on an inside wall, where it's away from windows and doors that give it direct sunlight. People also generate heat, so if you're planning to host a party, this is the perfect season to get everyone out of the house and onto the deck for a barbecue.

## Reduce humidity

Infiltration of humid outdoor air can be your heating and air conditioning system's worst enemy, eating up excess energy to keep you cool. Find the places where air can sneak into your home, such as around the foundation, the entrances to doors and windows, and plug them with caulking, weather stripping or plastic. To further reduce humidity, make sure appliances that produce moisture, such as clothes dryers and dishwashers, are properly vented to the outside.

## Schedule cooling system maintenance

Caring for your home's heating, ventilating and air conditioning system allows it to work smarter for you and your family. A qualified contractor can inspect, clean and make necessary adjustments to your home's indoor and outdoor cooling units to ensure trouble-free operation and peak performance during the hottest months, when you need it most.

By following this checklist, you'll not only be revved up for warmer weather - but your home will be, too.

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Digging into a delicious ice cream sundae can be heavenly on a warm day. But such decadence sometimes comes with a price, most often in the form of a painful ice cream headache. Ice cream headaches occur when the cold ice cream moves across the roof of the mouth and back of the throat. Scientists are not quite certain what causes ice cream headaches, but some suggest that it involves cold ice cream temporarily altering blood flow. This constriction and expansion of blood vessels can cause pain. Once the body adapts to the change in temperature, the pain should subside. Eating ice cream slowly can help prevent ice cream headaches.



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# SUMMER *on the go*



## Block Party takes over downtown Morden this Saturday



**By Cori Bezan**

Downtown Morden will be packed from curb-to-curb with activities and entertainment for the ninth annual Morden Block Party this Saturday.

“The Block Party keeps evolving every year, and it’s something a little different,” said organizer James Steedsman. “I think people enjoy the things that we have, getting downtown with their families, seeing different things. It’s kind of a casual day.”

“They can expect something that maybe they haven’t seen before, they can expect some really good local talent, a lot of fun,” he added. “They can expect something they haven’t seen at other festivals.”

The event—which today takes over much of downtown Stephen St.—had some humble beginnings. Back in 2007, several local businesses were looking for ways to thank their customers for their support.

“It started out with myself here at Giant Tiger and Jeff [Sit] at Velocity, and we were each doing our own individual events kind of at the same, so we decided why don’t we join forces,” said Steedsman. “I think our third year in, YFC [Youth for Christ] came on board as a beneficiary, so any of our proceeds that we made get donated them to them. That shot us up into another level of participation once they became involved.”

The Block Party has grown every year since, adding new family-friendly activities for people to enjoy throughout the afternoon.

This year, the day will kick off around 11 a.m. with the YFC by-donation barbecue.

If that doesn’t satisfy your hunger, Steedsman says there will be several other food vendors to choose from offering mini-donuts, french fries, and lemonade.

On the event front, back again this year is a match between Canadian Wrestling’s Elite wrestlers, the popular car smash, the Mighty Man competition, and the Velocity car show.

Over on the main stage, local Christian rock band The Color headlines the musical entertainment. Also performing are Bowen, Lyndsay Rae, Ghost of the Charging Bison, Uncle Jake’s Country Band, and Crayon Professors.

The kids’ entertainment, meanwhile, will be set up in Confederation Park, with appearances from Harmony Tree Studio for Yoga in the Park, the Morden Magics gymnastics club, Ronald McDonald, and LuLu and the TomCat.

The kids’ park will also showcase inflatable rides, giant board games (jumbo Jenga, anyone?), and carnival games.

The party will wrap up with the burn-out competition at 4 p.m. Participants can register at Velocity by dropping into the store or by calling 204-822-4000.

“I think it’s just a different atmosphere and there’s a little bit of something for everybody,” said Steedsman, noting most of the activities are free, and those that aren’t donate some of the proceeds to YFC, so it’s a win-win for everyone.



# SUMMER

# on the go



## Biting back against mosquitos: Eliminate breeding and feeding opportunities

Warm weather heralds the arrival of cookouts, lounging poolside, weekends at the beach and a host of fun outdoor activities. Spring and summer are also mosquito season, and the little blood-suckers are far more than just an itchy nuisance. Mosquitos carry and transmit diseases that kill more than a million people worldwide every year.

Fortunately, you can take effective steps to protect your home, family and pets from exposure to mosquitoes. Eliminating standing water where mosquitos breed and thwarting their efforts to feed can help keep your environment mosquito-free this spring and summer.

### Eliminating breeding opportunities

“Many homeowners may not realize that standing water and puddles in their yards can play a large role in attracting mosquitos,” says Ryan Larsen, a civil engineer with NDS Inc. “Standing water is an ideal breeding location for mosquitos, which lay their eggs in still water.”

Larsen advises homeowners to start their mosquito-prevention efforts by inspecting their yards to identify places where water may collect, such as low spots, downspouts, retaining walls, edging, walkways and patios. Check gutters and downspouts to be sure they’re free of obstructions, and address drainage issues in the landscaping.

“Low areas can easily turn into ‘water reservoirs’ that cause serious drainage

problems,” Larsen says. “Muddy, wet areas not only look bad, they kill grass, attract mosquitos and can evolve into more serious property damage.”

Depending on your landscape and the severity of drainage problems, you may need to install a drainage system to prevent standing water from collecting on your property. Do-it-yourselfers can solve minor problems, but more severe situations may require professional intervention. In most cases, a drainage system can be installed in a single weekend, Larsen says.

### Thwarting feeding

Eliminating standing water on your property can help reduce mosquitos breeding in your yard, and other steps can help further protect you from marauding mosquitos. When you’re outdoors, take steps to protect yourself, your family and pets from mosquitos hunting for blood.

Wear insect repellent on exposed skin and apply it to clothing as well, the CDC advises. Look for repellents with an active ingredient that’s recommended by the CDC and EPA, like DEET, picaridin, IR3535 or oil of lemon eucalyptus. Dress in lighter-colored clothes as mosquitos are attracted to darker colors. If it’s not too hot, wear long sleeves and pants to reduce skin exposure, especially between dusk and dawn when the mosquitos known to spread West Nile are most active.

When you’re in your backyard, try burning citronella candles on patio tables, tossing some sprigs or rosemary on the grill or running a fan at ground level to help keep mosquitos away.

### Plant Mosquito Repellent Plants

There are a number of plants that have mosquito repellent properties

for example feverfew, citronella, catnip and lavender are four of the most effective. Plant these in flower beds or containers placed around your garden and keep mosquitoes away.



### Ten Home Remedies for relieving mosquito bites

- **Lemon Slice:** Apply directly to affected area
- **Aspirin:** Crush and add water to form anti-itching paste
- **Directly rub on Apple Cider Vinegar**
- **Dab on some Peppermint Toothpaste** to affected area
- **After moistening the bite area, rub on table salt**
- **Rub itchy area with pulpy inside surface of banana peel**
- **Make a paste of baking soda and water - apply to area**
- **Dab ammonia directly on mosquito bites**
- **Mix together essential oil of lavender and tea tree oil, apply**
- **Rub dried basil leaves on the affected area**

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# Meadows Golf adds inflatables to its arsenal of fun

Meadows Golf & Amusements prides itself on being a one-stop family entertainment spot, and it's holding true to the name with the introduction of something new this summer.

The Winkler amusement destination, located at 585 Pembina Ave. E, now offers no less than seven giant inflatables for children and the young at heart.

"We have inflatables for the kids, of course, but also a few giant ones for adults to get out there and enjoy," says owner Abe Epp, who, alongside wife Mary, has run Meadows for the last 20 years.

The kiddie inflatables give youngsters a place to bounce, crawl, and play all over several imaginative designs.

The larger inflatables, meanwhile, provide teens and adults with the opportunity to let loose with games like Adrenaline Rush 3, a giant obstacle course to race through with friends; the Rock Slide, another team event where you try to beat your opponents to the bottom; and the Joust Arena, which gives you a chance to get in touch with your inner American Gladiator as you attempt to topple your opponent.

Of course, these new inflatables are just one offering in Meadows Golf and Amusements' ever-growing arsenal of fun.

In addition to the classic 18-hole mini golf course, Meadows also offers go karts for all ages (including ride-along karts for parents with young children), bumper boats to cool off in while targeting your friends, and bungee trampolines that sends harnessed jumpers up to 16 feet in the air.

"We want to provide a family-friendly place for everyone to be able to come and have a great time," Epp says, noting their goal is to see every customer leave with a smile on their face. "Without the friendly and caring staff that we have, this would not be possible, they are very much appreciated."

Whether you're coming for a night out with a small group of friends or want to host a party of hundreds, Meadows Golf & Amusements can accommodate you.

"You can book your birthday party, business party, church gathering, wind-ups, wind-downs—anything you want," Epp says. "Any reason that you want to celebrate, you can come here and party."

Group rates are available for all the amusements, he adds.

"The more tickets you buy, the cheaper it gets," Epp says, stressing that they have customized packages available so you can focus on whatever activity most interests you.

When you book a party at Meadows, you're welcome to bring in your own food, be it a picnic lunch or a fully-catered affair. They have a barbecue area with picnic tables set up and lots of room to set up larger event tents, as well.

Meadows Golf & Amusements is currently operating under its spring hours: Fridays from 4-9 p.m. and Saturdays and Sundays from 1-9 p.m. It will be open seven days a week for extended summer hours starting in late June.

Get in touch with them by calling 204-325-8282.



Meadows Golf & Amusements owner Abe Epp invites you to come down for 18 holes of mini golf. If golf isn't your thing, you can also check out their bumper boats, go-karts, bungee trampolines, or the brand new inflatables for kids and adults.

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# Summer health and beauty guidelines

Warm weather invites all types of relaxing thoughts and behaviors. People embrace various ways of relaxing in the summer, from choosing lightweight clothes to spending more time on recreational pursuits to streamlining certain beauty practices.

Summer beauty routines may require minor changes to accommodate some of the environmental effects of hot weather and humidity. Consider the following tips to look and feel your best when the mercury rises.

- Try tinted moisturizer. A carefree, breezy look often means not being weighed down by a lot of makeup. It may be possible to skip foundation and rely only on concealer to cover up small blemishes or alleviate dark circles under the eyes. Another option to try is tinted moisturizer, which can keep skin supple and offer a light amount of color to even out pigment. BB creams also can provide you with an all-in-one beauty product, as such creams frequently contain sunscreen, color tinting and anti-aging ingredients.

- Get a healthier glow. Many people equate health and vitality to tan skin.

However, spending time outdoors in the sun or using indoor tanning beds that expose you to UV rays can increase your risk of skin cancer, including dangerous melanoma. The American Cancer Society says melanoma will account for more than 73,000 cases of invasive skin cancer in 2015. Melanoma accounts for more than 9,900 of the roughly 13,000 skin cancer deaths each year. Sunless tanners and bronzers can give skin that sun-kissed look without the downside of exposure to UV rays. Those who must go out in the sun should wear a wide-brimmed hat and limit their exposure between the hours of 10 a.m. and 4 p.m., when the sun's rays are at their strongest.

- Don't fight the elements. Many people go to great lengths to change what nature gave them. For example, those with curly hair will spend hours with straightening irons or special serums. Try to embrace the elements and your natural hair texture this summer. Use a product to keep frizz away and let hair air dry. Wavy, beach-inspired hair screams summer and can give you that carefree look.

- Protect hair and skin. Relaxing in the summertime sun does not mean you should forgo protection. Remember to always apply sunblock to all parts of your body. Some hair products contain sunblock to protect the scalp, and men who shave their heads or are naturally balding should be diligent about applying sunblock to the top of their heads. Don't forget to apply sunblock to the tops of your feet and your ears.

- Rinse hair after swimming. Chlorinated water and even saltwater can affect the color and texture of your hair. Those who color their hair may find frequent laps in the pool can change the hue of their hair or prevent color from lasting as long as it once did. Wet hair before going in the pool, and rinse out salt and chemicals afterward. A small application of leave-in conditioner before entering the water can help seal the hair cuticle and keep chemicals from being absorbed.



## Prepare for your splash of fun

With summer just around the corner, Canadians are ready for outdoor barbecues, sunbathing and quick dips in the pool. Whether it's a hot tub, pond or swimming pool, adding a touch of aqua to your backyard is the perfect way to enjoy the outdoors at home.

But don't forget that owning a pool or water feature comes with important responsibilities. According to the Life-saving Society's 2014 Drowning Report, nearly 500 Canadians die in water-related accidents annually. And with statistics showing teenagers and young adults at highest risk, it's more important than ever to keep your water zones danger-free.

"Homeowners need to use precautionary methods in the backyard to avoid accidents," says Wayne Ross, an insurance expert at Aviva Canada. "Even a simple action like installing a

physical barrier to your pond or pool can be life saving."

Ross recommends these tips for added safety in the backyard:

1. Install a fence: Children are naturally curious and will be drawn to a pool or pond so installing a fence can help you breathe an extra sigh of relief. Additionally, using a gate lock or a hot tub safety cover as a precautionary barrier is an inexpensive way to avoid accidents.

2. Check your insurance policy: Contact your insurance broker prior to installing a water zone. You need to advise your insurer of any increased risk to ensure you have protection against liability.

3. Contact your municipality: Municipalities have different safety regulations, so stay updated on the newest codes and standards.

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**Thursday, June 18, 6 p.m. • Household Auction** 183 2nd street SE, full house of collector real nice furniture etc.

**Friday, June 19, 5 p.m. • Diana Howarth and Estate of the late Glenn Howarth** La Riviere follow the 242 North for 5 miles From Manitou 4 miles West on #3 then 4 North 1 West on Road 20 and ¼ mile south Yard #19113. 2006 John Deere 4320 compact tractor, fwa, 400cx loader, quick tach bucket, joystick, 3pth roll bar E Hydro, etc. 595 one owner hours. 2003 John Deere X495 yard tractor, 3 pth, 540 pto, hydro with 54" mounted mower, 931 one owner hours. 1974 John Deere 110 garden tractor with 38" mounted mower, real nice. 1964 John Deere 4020 Diesel, power shift, cab, 18.4 x 34 rear, no 3pth, dual hyd. Has front mounted Cancade Dozer, we may sell dozer separate. Universal 445 Diesel tractor, good running unit, front wheel drive not working, sells complete with Leon loader. Late model 90 cc mini quad. John Deere 38T grass catcher. 2006 John Deere 48" 3pth rotary tiller. Farm King 7ft single auger 3 pth snow blower hyd chute. John Deere walk behind 10 26 snow blower

**Saturday, June 20, 10 am • Bob and Maxine Murray** Farm south of Oakville on hwy 13. 1988 Versatile #846, L 10 Cummins, standard transmission, 4 re-

mote, air seeder return line, Michelin 18.4 x 38 duals fluid in rear, serial #33G852, 5850 one owner hrs. 1987 Case 2294 two wheel drive, cab, 3 pth, 18.4 x 38 clamp on duals, 4140 hrs, with 794 Allied loader and material bucket. Case IH 484 diesel, 3pth, live pto, power steering. remote hyd, 2720 hrs. *Harvesting.* 1993 New Holland TR96, Melroe 388 pickup on 471 head, 2300 one owner engine hrs, 1700 separator, combine has never been washed, always shedded, serial #554389. 1999 MacDon 4920 swather, 25ft header with pickup reel, 1278 one owner hrs serial #130353 *Seeding and Tillage.* 1994 air seeder Bourgault 8800 - 32ft 1" shank, 8 in spacing, 4 row mulchers, granular applicator, float on Canola option, complete with 2155 Bourgault seed cart dual chute, tank is shedded. Robert and Maxine Murray 204 267 2469

**Monday, June 22, 10 am • Large processing equipment • Ecusta Fiber Plant** Parts and some scrap, 3 mile east of Winkler on hwy. 14, two portable, 500 hp electric mills, two 500 hp compacters, Balers, and supporting eq, most on trailers, at same auction, from Dave Guenther, Cat skid steer 262B, Desjarins man lift, 80 ft reach, gas powered engine. ELECTRIC 12 Volt, PD30 DC Will lift up to 30 ft straight up. 2005 Great Dane, 45 ft Deck semi trailer tandem 24.5 x 11 tires, alumin deck saftietd trailer with piggy back fork lift attachment. Selick piggy back TMF-55 FORK LIFT cap, 5500 lb, serial # 368190155320. Selick Piggy Back TMF-55 Tryicle forklift serial # 65406035532D. 2000 Mec 33RT Scissor lift, 4 wheel drive, Kubota gas mec 2033ES LIFT NOT RUNNING project or parts. s250 ft of Rollers 30" 24" 16" with Turning sockets in some sections, also support stands.

**Monday, June 22, 2 pm • Farm equipment auction by Order of Baliff of Province of Manitoba** East view Drive Winkler. JD 9610, and 3 JD 9600 combines, two Freightliner, one IHC Eagle hwy tractors, Doepker 40 hopper trailer. Tanker, and pup, hookup, Sprayer 2005 Appache AS 850 100 ft, Boom, 20.8 x 42 rears, serial # 9052793. 2009 Versatile 535 Tractor, 1829 hrs, 116 NH Mower haybine, JD 535 Baler, this auction will be held at Windylane Towing co.

**June 24, 5 p.m. • Ron and Don Dobson,** farm Manitou 1 mile north on pth244 then 3 1/2 miles east .signs will be up. CASE 400, and 1175 tractors, 75 chev pickup 1938 GMC ¾ ton truck , Like new Raes full cattle handling system, sells complete, palpation cage, triple length crowding chute, triple length curved alley with splitting chute, all stored inside. Lewis cattle oiler and 2 free standing mineral tubs. NH #270 sq baler. NH #56 side delivery rake. NH 7 ft trailing sickle mower.

**Thursday, June 25, 6 p.m. • Garry Schellenberg and IAN Holmes.** N of High bluff or From Jct highway 26 and PR 430 3 miles North on 430 and 3 West on 73N. Yard #73006, IHC 966, VERSATILE 835, JD 6410, FWA w/loader, JD 7700 combine. 1956 collector truck. etc.

**Saturday, June 27, 10 a.m. • Large Farm and industrial auction for Loraine Murray and estate of the late Darren Baker.** From West side of Morden. Follow the 432 South for 8¼ miles. Industrial, JD 200LC excavator, IH 4300 t Truck with full service body, and tools. Mickigan 175 pay loader, semi trailers, machinery deck, tanker, van and others. Farm. CIH 9270, 4x4, JD 4650, JD 4230, cih 125 mx w/175 loader, =1450 hrs. Case 830, and model D, seeding, tillage, hay eq, large amount of good quality shop tools, numerous welders, plasma, you name it this fella had it.

**Saturday, July 4, 10 a.m. • Estate of Gerald Harder** NW, Carman, approx 70 to 80 older collector tractors.

**Saturday, July 4, 10 a.m. • Estate of Gerald Harder** NW, Carman, approx 70 to 80 older collector tractors.

**Thursday, July 9, 6 p.m. • John and Agatha Reimer** 6th st winkler nice household auction

**Saturday, July 11, 11 a.m. • Kozak Agnes and estate of the late Victor Kozak** NW Beausejour Very well kept Farm equipment, 1983 Chev Caprice etc.

**Saturday, July 18, 10 a.m. • Leutschaft Oscar Reni** Vermillion Bay Ontario, 25 stationary engines. Immaculate 1939 and 43 Dodge 2 ton trucks, JD 2130 w/loader. JD 70 diesel, 44 M-H, ETC VERY INTERESTING AUCTION

**Monday, Aug. 3, 9 a.m. • OUR ANNUAL CONSIGNMENT AUCTION** 1/2 mile south of Boundary Trails Hospital. This year featuring fully restored 530 Case tractor, selling at 9:50 am with total tractor fund going to Teen Challenge - restoration and tractor donation by Pete and Jake Peters

**Saturday, Aug. 8, 11 a.m. • Glenn and Carol Barkman Farm Auction** North east Arborg, MB, JD 4055 FWA, loader; Versatile 9480, IH 4568, Mack Grain truck, 28 ft air seeder etc

**Saturday, Sept. 19, 11 a.m. • High Ridge Feeders Ed and Glori Dalke** north of Morden

**Saturday, Sept. 26, 10 a.m. • Farm Auction for Rick and Carol Shultz** east of Emerson

**PLEASE PLAN TO ATTEND!**



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