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Community foundations kick off Pay It Forward May with tasty treats

By Ashleigh Viveiros

VOLUME 6 EDITION 19

The Winkler Community Foundation and the Morden Area Foundation kicked off Pay It Forward May in a big way last Friday morning.

About 20 volunteers gathered at the Winkler Co-op bakery bright and early to load up their cars with 1,000 cupcakes earmarked to be delivered to 80 different businesses throughout Morden and Winkler in time for morning coffee break.

The cupcakes were accompanied by "pay it forward" cards, encouraging everyone who had their morning brightened up by the tasty treats to pass the kindness (and the card) along by way of doing a good deed for someone else.

The hope, says Winkler Community Foundation board member Justin Funk, is to create a chain of good deeds throughout the two communities over the next few weeks.

"We're just encouraging the community to pay it forward, to build community, to have people do things for others for, really, the benefit of the whole community," he says.

The Winkler foundation launched the program last year, and it was such a hit that there was no question whether they would do it again, Funk says.

"There was a lot of positive feedback from the community, a lot of great events that happened, a lot of people that stepped up and did some great, unexpected things," he says.



PHOTO BY ASHLEIGH VIVEIROS/VOICE

From left: Morden Area Foundation executive director Lynda MacLean, MAF chair Avaline Widmer, and Winkler Community Foundation executive director Myra Peters with some of the 1,000 cupcakes volunteers delivered to 80 businesses last Friday morning to kick off Pay It Forward May.

"We're just hoping to build on that this year and make it an even bigger event."

This time around, the Morden Area Foundation is getting involved, encouraging Morden residents to

get on the good deed bandwagon.

"We are hoping to raise, not just awareness for the

Continued on page 2

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know





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Cupcakes anyone?

From Pg. 1

Morden Area Foundation, but also for philanthropic values—how important it is to treat your neighbour with kindness and create the atmosphere in your community that you would want to live in," says foundation board chair Avaline Widmer.

Both foundations hope local residents will share stories of how they've been impacted by the Pay It Forward campaign.

"WE REALLY WANT TO KEEP IT MOVING FORWARD . . . LET'S KEEP DOING IT ALL YEAR ROUND."



PHOTO BY ASHLEIGH VIVEIROS/VOICE arly Friday morning to pick up 1,000

MAF, WCF, and Winkler Co-op Volunteers met at the grocery store early Friday morning to pick up 1,000 cupcakes to be delivered to businesses through Winkler and Morden as part of Pay It Forward May.

"It would be great for people to tweet or post on the Facebook page how they've paid it forward or whether they've received a gift or a kindness out of the goodness of someone's heart," Widmer says, adding, "we really want to keep it moving forward, not just for May, but let's keep doing it all year round."

You can post your stories on the Winkler Community Foundation Pay It Forward May Facebook page, the Morden Area Foundation Facebook page, or via Twitter at #payitforwardnay.

Pay it forward cards can be found at the Morden and Winkler Co-op stores, local schools, and a number of area businesses.



Voice named top weekly newspaper in Manitoba

The Winkler Morden Voice was honoured to be named the Best All Around Newspaper at the Manitoba Community Newspapers Association's 96th annual Better Newspapers Competition last weekend.

The Better Newspapers Competition recognizes the best community journalism has to offer from the MC-NA's 48 member weekly community newspapers across the province.

This is the second time in the past three years the Voice has received the competition's top honour.

The Voice also received 1st place in Best in Class in the 10,000+ circulation category and 2nd place awards for Best Layout & Design and Best Front Page in that class, as well as 2nd place in Best Special Section for our Manitoba Winter Games coverage.

Also, reporter Cori Bezan's photos of the 2014 Morden Block Party earned her 3rd place in Best Photo Essay, while columnist Peter Cantelon was honoured with a 3rd place award in the Best Columnist category.

Our sister papers, the Selkirk Record

also honoured with 12 awards at the event.

The Tribune received recognition in the Best Editorial, Best Environmental Story, Best Feature Story, Best First Nations Coverage, Best Special Section, Best Sports Story, Best Spot News Photo, Best Layout & Design, and Best in Class award categories.

The Record was honoured with Best Environmental Story, Best News Story, and Best Layout & Design awards.

The management at the Voice would like to thank all our staff for their phenomenal work.

We would also like to thank our readers and advertisers for their ongoing support. We are so proud to be your community newspaper.

What's You'v story? Call 325-6888



VOICE PHOTO BY CHRIS WILKS

The Winkler Morden Voice joined staff from our sister papers the Selkirk Record and the Stonewall Teulon Tribune in celebrating 19 wins at the Manitoba Community Newspapers Association's awards ceremony last weekend. The Voice took home the Best All Around Newspaper honour, in addition to six other awards.







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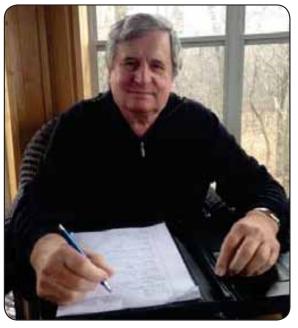
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SUBMITTED PHOTO

The Morden Area Foundation will present Wilf Warkentin with the 2015 Outstanding Volunteer of the Year Award on May 24.

Wilf Warkentin named Morden's **Outstanding Volunteer of the Year**

By Cori Bezan

The Morden Area Foundation has announced that Wilfred Warkentin is this year's Outstanding Volunteer of the Year award recipient.

"It's very exciting," Warkentin said when reached at his home on Monday. "The awards have been around for a long time, and there's some very, very worthy recipients around. To be named is an honour."

Warkentin's volunteering in Morden began with the Kinsmen Club when he moved to the area from Winnipeg nearly 50 years ago.

"First thing we did was get invited to become part of the Kinsmen Club. I don't think we'd lived here a month yet," he recalled. "The Kinsmen Club at that time was very active and doing projects and raising funds for the community, and it just grew from there."

Warkentin is also well-known for his efforts on the Tabor Home board for the past 30 years, 12 of which have been served as board chair. He has been instrumental in helping push the new Tabor Home project forward through awareness and fundraising.

"One of our main objectives was to get a new Tabor Home built, and it's now under construction, which is a real answer to prayers

and answer to all the hard work we've been doing,"Warkentin said, adding that a sod-turning ceremony for the project will be announced in the coming weeks.

Other projects and organizations that Warkentin has worked with include running the Morden Corn and Apple Festival for a year,

serving as the Morden Chamber of Commerce president, and 30 years with the Handi-Van board (15 of which he served as chair).

"IN A SMALL

MANY, MANY

TO BECOME

INVOLVED."

TOWN YOU HAVE

OPPORTUNITIES

"In a small town, you have many, many opportunities to become involved," Warkentin said. "Not like a big city where you're just a resident on a street."

Denis Magotiaux, who worked Warkentin on the Morden Handi-Van, nominated him for the award.

Magotiaux's nomination came as a complete surprise to Warkentin.

"It's exciting for me and my family and it's something that certainly wasn't expected," he said. "I never did any of these things because I expected to win an award. I did it because I wanted to, and I was hoping I could be of some use to some organizations."

A public ceremony honouring Warkentin will take place at the Morden 55+ Activity Centre on Sunday, May 24 from 2-4 p.m.

Reach us at news@winklermordenvoice.ca







SERC coordinator Chris Kalansky at the controls for the Winkler emergency sirens at

PHOTO BY ASHLEIGH VIVEIROS/VOICE

the fire hall. A test siren will sound this Friday at noon.

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ché, but, as with so many such sayings, one with a kernel

our community, and, if not, what steps you need to take to fix that.

There are three key steps to emergency planning, says SERC coordinator Chris Kalansky.

"Know the risks specific to your area, have an emergency plan so your family knows what it's going to do if something happens, and put together an emergency kit—you should be prepared to take care of yourself and your family for the first 72 hours in an emergency. That means having some basic supplies on hand."

SERC is also focusing this year on the importance of emergency notifications systems.

A disaster can strike at any time, and the faster you can learn about an impending or occurring emergency, the more time you have to prepare and seek shelter, Kalansky says.

At the local level, in the case of a natural or man-made disaster, SERC can make use of the outdoor emergency sirens set up in both Winkler and Morden (two in Winkler, one in Morden).

These sirens are controlled from the fire halls and can be heard throughout the two communities, alerting residents who are outside to seek shelter immediately.

Morden has also signed-on with the Code Red mass notification system, which allows emergency officials to get in touch with residents and businesses by telephone, cell phone, text message, email, and social media.

However you get word of an emergency, the alerts are just the first step, Kalansky says.

"From there, we want you to, first of all, get inside to somewhere safe and then tune into your local radio station for further instructions," he says, noting you can also follow SERC on Facebook and Twitter for updates. "That way you can get information as events unfold ... we can provide updates on an immediate basis."

On the national level, Canada is introducing its own emergency alerting system called Alert Ready.

Alert Ready will deliver alerts to the public via radio, television, and online notices during emergencies, interrupting regularly scheduled programming to warn Canadians immediately of major threats to their safety.

"This has been in the works for a long time," Kalansky says, noting the United States has had a similar system for decades. "This is another tool for us. If you have your radio or television on and you hear that alert, you know to seek shelter and tune in for more information."

You may have seen and heard how this system works on Wednesday, when a test alert was sent out just before 2 p.m. by all government-licensed broadcasters.

Another test, this time of Winkler's siren system, will be heard this Friday, May 8, at noon.

If you'd like to learn more about the alert systems in place and how you can better prepare your family for an emergency, go to www.gov.mb.ca/emo.



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Our editorial staff is available in Winkler at 204-332-3456, in Morden at 204-823-2655, or via e-mail at news@winklermordenvoice.ca.

Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper—let us know what you want to see in it.

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CETAL > VIEWPOINTS > LETTERS

Spring means growth-of all kinds

alking down Stephen Street in Morden I noticed something I had not noticed in a long time: a full complement of businesses. Not only that, but some of these businesses have started staying open past 5 p.m. (gasp).

Like spring buds, there are signs of

life cropping up all over the place in the city's core. A long vacant lot is being built on; a new real estate agency has come to town; there are rumours of additional construction to fill up another empty lot; new fa-



By Peter Cantelon

cia going up on the drug store ...it is as if some dormant energy has finally

awakened after a great sleep.

This is investment and investment takes a kind of faith; a faith that the right kind of investment will attract even more and that over time a momentum will begin to take hold and the effort to move will reduce. But, of course, you have to put gas in the engine before it takes you anywhere.

Of course, there has been this kind of growth for a while now in Winkler, such that its mayor has often referred to the city as "the economic engine of the region." While that may sound good, this region is really a three-engine machine, and when only one or two are firing on all cylinders things become unbalanced.

It is no coincidence that this kind of growth is starting to take hold not long after Morden unveiled its audacious "15 by 20" plan that seeks to nearly double the city population to 15,000 by 2020. Vision inspires, and a great vision inspires great things. This is what is going on right now: leadership.

Of course this kind of vision and leadership is not only inspiring, it also requires hard work. To achieve these kinds of summits requires people to shake off a more relaxed and complacent way of doing things in favour of pushing well past comfort zones.

The days of working as independent silos oblivious of each other are long past and the time for a united effort has come. It is the only way forward there is no 'I' in this effort, only 'us' and 'we'.

Inevitably, this kind of change can bring with it no small amount of friction. People are not generally fond of change because it brings the unfamiliar and this can be frightening. In response to the pressures of change, some will feel the need to dig in their heels, refuse to move forward and live by "the letter of the law" when in fact what we need is a willingness to compromise and collaborate and seek after"the spirit of the law" instead that we might all find ourselves pulling toward the same objective and not caught in some tug of war in which no one really wins.

Like any spring, there is much preparation involved before we can harvest. There is much sowing that needs to be done and many a day where it feels like one person is doing the work of two or three.

But the payoff will certainly be worth the effort.

letters

Kudos to Morden Collegiate theatre troupe for a job well done

This is a letter of congratulations and thanks to the Morden Collegiate theatre troupe.

My wife and I had just prior been to the Manitoba Theatre Centre to a show which we attend each year, and we travel from our farm in Rosebank to Winnipeg. As seniors, it's a big evening to see top-notch per-

Tonight we traveled to Morden and would like to thank the entire cast and all who were involved in Irving Berlin's Annie Get Your Gun.

The coordination between the music and the singing, the acting, the costumes, the stage, the backdrops: excellent.

Congratulations to Phillip Duncan, the director, whom we have the honour of knowing and spoke to prior to the show. He gave all the credit to the students.

To the parents, the grandparents, the family, you have to be very proud of this young group of people, who had to put hours of work into this production. You all know who you are; your names are in the program.

To the people of Morden and the area: if you love music, acting, art, and seeing local young talent at its best, you've got it right here in Morden, you don't have to travel to Winnipeg.

Congratulations MCI on a job well done, and may the years ahead be as great and enjoyable as the group of 2015.

Also, to the very kind mother and daughter who stopped with car assistance: thanks again.

Thanks for an enjoyable evening, MCTG.

> Wes and Elaine Vanstone, Rosebank

Lace up your shoes for the MS Walk May 24

By Cori Bezan

May has been named national Multiple Sclerosis Awareness Month, a time to focus on helping those who suffer with the incurable degenerative disease.

"MS is a disease of the central nervous system. It's one of the most common neurological diseases of young adults in Canada," explained Barb Pettitt, MS Society of Canada's community engagement and sponsorship manager.

Multiple sclerosis affects the protective coating around the central nervous system, scarring and damaging it to the point that messages from the brain are prevented from reaching other parts of the body.

Symptoms of MS vary from person to person, but often affects vision, hearing, memory, balance, and mobility.

"It can be different for everybody. There's probably no two people that have the same symptoms," Pettitt said. "There are some people you can see, who you would have no idea that they are suffering with some of the effects of MS... it affects their physical, emotional, and financial [well-being], and, unfortunately, they last a lifetime."

Canada has the highest incident rate of MS in the world (Manitoba alone has upwards of 3,500 cases), and while women are more likely to be affected, it can strike anyone without a known cause.

"They're usually diagnosed between the ages of 18 and 45, which, not unlike any other disease, is devastating, but that's a time when people are finishing their education, they're starting careers, they're starting families, and they just don't know what the future might hold," Pettitt said.

To support those living with MS, over the course of May the MS Society of Canada hosts many awareness and fundraising events around the province, including the annual MS Walk.

Morden will be hosting the Winkler-Morden region's annual walk on Sunday, May 24, organized by walk ambassador Clare Agnew, who has advocated for the MS Society ever since her sister Joan was diagnosed with the disease.

"My sister was diagnosed with MS in '92," Agnew said. "I've been walking in it ever since."

Agnew said that her sister's diagnosis came as a shock to their family, and in the years since they have certainly learned just how severely the disease can affect someone's lifestyle and well-being.

"Our family really is quite fortunate, and have never really had to deal with a lot of health issues, so when Joan was diagnosed with MS, she was 27, and it really just took our family by surprise, because we hadn't really had to deal with stuff like that before," Agnew said.

Joan deals with many symptoms, has lost the sight in one eye due to MS, and also suffers from insomnia and nightmares due to the medications she is on to treat the disease.

"She lives in Edmonton, so I don't see her day-to-day struggles the way that her husband or her son might, but we talked about it lots," Agnew said. "I know she deals with it every day. The more I learn about it, or the more she exposes or shares about it, you realize how big it really is."

Her sister's diagnosis has affected her family as well: they do not gather together at Christmas because the added stress of the holiday can worsen Joan's symptoms.

"Joan can't come home at Christmas," Agnew said. "The added stress of travel and the added social expectations . . . it's too hard. She went home exhausted, and her symptoms would increase or she'd get new ones just because she came home for Christmas. So, because of that, really, our family doesn't celebrate Christmas together."

"Although it hasn't really been said out loud, it has changed our traditions. We still get together, our family is close, but it has changed some of our traditions."

Agnew said that her own connection to the MS Society as a walk organizer helps her communicate with her sister better, as her involvement only grows her own awareness of the disease and those who live with it.

Agnew hopes to see more people

come out and take part in the Morden MS Walk to help grow the support system locally.

"I think for the people that are part of the walk, to them it's the support they feel that day, and that they see that people respect their struggles and that they are really trying to help," she said.

Walkers have their pick of either a two kilometre or a five kilometre route through the city, both of which feature rest stops with drinks and snacks sponsored by local businesses.

Half of the money raised from the walk goes towards supporting programs and services for those living with MS, while the other half goes to the MS Society's research into the disease.

To register as an individual or as a team for the MS Walk, visit mswalks. ca.

You can also register and drop off your pledges on May 24 at the Access Event Centre, where registration will begin at noon alongside a barbecue. The walk will begin at 1 p.m.

Participants who raise over \$125 in pledges will receive a 2015 Manitoba Liquor and Lotteries MS Walk shirt.



Bus service a necessity in our region

I am surprised that there is no bus service between the Pembina Valley area, say, from Killarney, Morden, Winkler, Carman, Plum Coulee, Altona, Morris, and Winnipeg.

Couldn't the Co-op gas bar managements get together and use the government subsidy for bus services to start up the service again?

There are lots of older people who would like to get out with vision problems that can't drive and don't have family to drive them

How can a portion of the Manitoba bus grant be asked for if no bus service is supplied?

We have expensive cab services and a school bus service in all areas for our young population. Now we need action on behalf of our [older] men and women without transportation to amenities in our cities.

> Edward Youdan, Morden



'City Limits' concert raising funds for WA+C

By Ashleigh Viveiros

Tickets are on sale now for the Winkler City Limits concert, which brings together some of the top musicians in the Pembina Valley to raise funds for Winkler Arts and Culture.

WA+C is in the midsts of a fundraising campaign to turn the former Park. St. water treatment plant into an arts and cultural centre, and the musical side of the community wants to help, says concert organizer Scott Bell.

"The vision is it will be a home for visual arts and also a place for the performing arts, a smaller venue for local artists to play at," he says. "So we thought local musicians could contribute to the efforts to make it happen."

Winkler City Limits is a rock, blues, and roots music evening taking over the P.W. Enns Centennial Concert Hall on Friday, May 22.

"We've got a lineup as varied as any kind of music festival," Bell says.

Taking the stage for the show is:

- Blues/bluegrass/traditional country recording artist Jess Reimer, who will perform alongside her multi-instrumentalist husband Jer Hamm. The musical couple have been touring North America in support of her new album, *The Nightjar and the Garden*.
- Singer-songwriter Bill Dowling, who will perform a new collection of songs from his upcoming album, *Accidents and Incidents*, which is the follow-up to his critically-acclaimed debut album *In the Wood*. Dowling will be joined by his band The Even Breaks, featuring James Johnston on drums.
- Up-and-comers Tanisha, Ally & Bowen, a new Southern Manitoba group that blends acoustic sounds with







Bill Dowling (left), Jess Reimer and Jer Hamm (right), The Irons, and Tanisha, Ally, & Bowen perform a WA+C benefit concert at the Winkler concert hall May 22.

rich vocal harmonies to create a mix of contemporary country and pop.

• The first public appearance of The Irons, a group which rose from the ashes of former bands Link and the Moustaches and the Dingleberries. The Irons feature the slide guitar fire of Steve Dueck, the blues harp wail of Link Neufeld, the

heroic guitar of Frank MacLean, and the rock solid rhythm section of Scott Bell on bass and Jon Plett on drums.

Tickets are on sale for \$20 each at the concert hall box office at Winkler City Hall, by calling 204-325-5600, and online at winklerconcerthall.

Arts council celebrates growth

By Cori Bezan

The Pembina Hills Arts Council reviewed another year at their annual general meeting on Saturday. Board chair Bill Potter said that 2014 was pretty par for the course for the council, despite ending the year in a deficit position.

"It was a less than stellar year, financially," he said. "We ran into some issues. We have increasing costs, and our revenues are fairly static. The grant we get from the government for operating—that allows us to hire staff to get programs going, promote the arts in the community—it's been static...it never increases. We always have that challenge then to get more revenue."

"We drew on our retained earnings over the years to balance last year's books, which isn't good news, but we've reorganized," he added. "This is a better year."

Despite the lack of funding increases, Potter said that the gallery did see an increase in visitors last year, both in programming and events.

Over 1,100 people made their way to the various special

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"THE BIGGEST CHALLENGE IS LETTING PEOPLE KNOW WE'RE THERE."

events held by the PHAC in 2014, and over 1,000 people participated in the ongoing programs offered—well over the 700 in each category from 2013

All told, just over 6,400 visitors attended the Pembina Hills Art Gallery last year—a jump from 2013's visitorship of 5,051.

"Ît's a great facility," Potter said.
"The hardest part for the board and
the staff, or the biggest challenge, is
letting people know we're there."

"It's a hidden jewel that never enough people know really what's inside those doors and the activity that's there."

Other highlights from the past year include the hiring of executive director Amanda Nicholls, maintaining the centre's current selection of programs and events, and a shift to the gallery's hours, opening it up now

Central Juried Art Exhibition tour begins in Morden

By Cori Bezan

Residents of Morden and the surrounding area crowded into the art gallery last Thursday to browse over 130 pieces of artwork from 53 artists in southern Manitoba as part of the Central Region Juried Art Exhibition.

Now the show's jurors have chosen 30 pieces to continue touring galleries in the province, starting with the Pembina Hills Art Gallery for the month of May.

"It is a professional development opportunity for local artists to enter their artwork into a juried show, where we have three professional artists who are jurying each piece entered into this show, and they select 30 pieces that then tour on to the south-central region," explained executive director Amanda Nicholls. "Each of these [jurors] are profes-

sional artists with a background in fine art education and development ... they can select the 30 that they believe show the most potential, promise, or development."

"It's a great opportunity for artists from different regions to get exposure in different communities, and to have received this critical feedback from professional artists," Nicholls added. "It's a great developmental tool; you can have three professional artists looking at your artwork and telling you areas you might improve on."

The pieces will be on display first in Morden before moving on to galleries in Carman, Portage La Prairie, Holland, and Winnipeg throughout the summer and fall.

The show includes a variety of mediums and subjects.

"There's absolutely no concept, no



PHOTO BY CORI BEZAN/VOICE

Art enthusiasts check out some of the pieces in the Central Region Juried Art Exhibition at the Pembina Hills Art Gallery last week. Thirty pieces were selected by judges to tour Southern Manitoba this summer, starting with a month-long stop in Morden.

theme, just artists working in their own medium, producing their own art in their own way, and it shows some of the best art from the southcentral region of Manitoba," Nicholls said. "I's a snapshot of the creativity that's happening the Pembina Valley region and in the south-central Manitoba region."

> AGM, FROM PG. 8

on Thursday evenings, which has proven a popular night for visitors

This year, meanwhile, kicked off with some major renovations to the gallery space, which have been completed in time for several high-scale art exhibitions.

Potter said the year ahead is looking to be an organizational year for the arts council.

"This year we've renewed some of those plans," he said. "We're planning more programs. Thanks to the town with the little extra support they gave us, we're able to hire a program director. Programs create revenue, which creates more bottom line for us to play with."

"Our budget looks strong," he added. "It actually shows a bottom line this year, as opposed to a loss, and I think it's a conservative budget . . . I'm confident this year's budget is going to be met or exceeded."

The PHAC will be looking towards increasing their fundraising efforts as well with events

such as the new "Art Bar".

"It was very successful, and so we've got about three or four of those planned already between now and the end of summer," Potter said. "We're always looking for donations and sponsorships."

RCMP investigate mower thefts

Carman RCMP are investigating the theft of several John Deere riding lawn mowers from Greeland Equipment.

The dealership, located on Hwy. 3 just south of Carman, reported the theft of five mowers on April 29.

The mowers are a "zero turn" model with a yellow seat and cutting deck, and a green body. They're valued at approximately \$7,500 each.

Police are asking anyone with any information to contact the Carman RCMP at 204-745-6773 or call Crime

Stoppers anonymously at 1-800-222-8477, submit a secure tip online at www.manitobacrimestoppers.com or text "TIPMAN" plus your message to CRIMES (274637).



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www.WLPIP.ca

Growing Forward 2







Canadä



Friesen calls NDP budget another "broken promise"

By Ashleigh Viveiros

Morden-Winkler MLA and Conservative Finance Critic Cameron Friesen calls last week's provincial budget another "broken promise" from the NDP.

"This is the third NDP Finance Minister in as many years, and while finance ministers continue to change, the NDP's inability to get control of government spending remains the same," Friesen said

Finance Minister Greg Dewar unveiled the 2015 budget last Thursday, which projects a \$422 million deficit for 2015-2016 and once again pushes back the NDP promise to balance the books, this time to 2018—three years later than the original 2015 goal they set back in 2009.

The government plans to spend \$15.5 billion over the next year—up 1.9 per cent from the 2014 budget—dipping into Manitoba's rainy day fund to the tune of \$105-million to pay off debt and invest in infrastructure.

Running a deficit brings the province's total debt to \$36 billion, with debt servicing costs hitting \$842 million, which Friesen says is unacceptable.

"Manitobans are paying the price for this government's overspending," he said "Every dollar that the NDP government spends to service the debt is a dollar that cannot go to improving student performance, solving the challenges around access to personal care homes and investing in infrastructure."

BUDGET HIGHLIGHTS

Breaking down the budget, the government is focusing

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heavily on infrastructure this year.

The province plans to spend over \$1 billion in core infrastructure, which includes road, bridge, and flood protection projects.

Speaking to the media last Thursday, Minister Dewar said that level of investment in infrastructure is unprecedented for Manitoba.

"This budget chooses to build, instead of cut," he said.

"Investing in strategic infrastructure projects allows us to build and repair roads, bridges and flood protection," Dewar said in his budget speech. "Doing so creates jobs now as it lays the foundation for an even stronger economic future."

Other notable highlights in the budget include:

• Minimum wage will increase to \$11 on hour

- Minimum wage will increase to \$11 an hour from \$10.70 this October.
- Health care spending increases to \$5.6 billion, up 4.3 per cent; Family Services will see \$30 mil-

lion more in funding, up 2.7 per cent; and Education sees a 2.1 per cent increase in funding.

- The Senior's School Tax Rebate jumps from \$235 to \$470.
- The primary caregivers tax credit also increases to \$1,400 from \$1,275.
- Volunteer firefighters and search-and-rescue volunteers can claim a new tax credit to the tune of \$324 for 200 hours of service.
- Manitoba student loans will be interest-free starting in August.
- The Corporation Capital Tax on financial institutions rises to six per cent from five per cent, bringing in an extra \$25.5 million in revenue for the province.
- A small increase in taxes on tobacco products will see smokers pay 12.5 cents more per pack, with the additional funding going towards funding smoking cessation programs.

Police on the lookout for distracted drivers

By Ashleigh Viveiros

The Winkler and Morden police departments and the RCMP are teaming up with Manitoba Public Insurance to target distracted drivers across the region.

Thanks to funding from MPI, police

The War Amps

are putting out additional patrols targeted at nabbing drivers using hand-held electronic devices while driving.

"These campaigns are extremely valuable in that it allows us to give additional focus on one specific concern for a length of time," says Winkler Police Chief Rick Hiebert.

Hiebert says the MPI funding allow them to bring in off-duty officers to devote a shift solely to the campaign's mission, working together with the department's regularly designated traffic enforcement officer.

Police departments in Altona, Brandon, Rivers, Dakota Ojibway, and Winnipeg are also taking part in the campaign.

Three previous enforcement projects across Manitoba resulted in more than 5,000 distracted driving tickets being issued to motorists using their cellphones while driving.

"These dedicated, enforcement projects send a powerful message to drivers that high-risk behavior while driving is not acceptable or tolerated," said James Allum, minister responsible for Manitoba Public Insurance, in a statement.

Continued on page 11





> DOCTOR'S CORNER

Food frustrations: the struggle with improving your diet

know what to do—l just don't do it!" As a registered dietitian at the **Agassiz Medical Centre** for more than seven years, I hear this common frustration from patients on a regular basis.

Many of us are trying to change

our eating habits, whether it is to improve our health, manage our weight, or simply to feel better. We walk out of the doctor's office with great plans to start eating more vegetables, give up junk food, and get more active.



By Aimee Cadieux, RD, CDE

Enthusiastically, the following day we start off just fine. However, within a couple weeks, life gets in the way and we slip right back into our old habits. And who do we blame? Usually, we blame ourselves.

The truth is, change is hard! Too often we set ourselves up to fail by trying to achieve too much at once.

Here are some simple steps to help you start the path to long-term success:

Write it down

Before change is possible, you need to figure out what needs changing! Keeping a food journal can help you become much more aware of all those little bites you may be taking throughout the day (also known as mindless eating) and help show you where improvements are needed perhaps you will see that you eat in restaurants more often than you thought or that you are lacking vegetables and fruit in your day.

Check in with your hunger

We eat to get nutrients that our body needs to survive. However, our relationship with food is often much more complicated than the simple need for energy. Too often, our feelings of hunger are in response to our emotions or different situations.

Ask yourself: am I truly hungry? Or am I drawn to food when I'm feeling tired, sad, bored, lonely, angry, or stressed?

Discovering what's behind your hunger and cravings may be the key to successfully changing many of your eating habits for good!

Set realistic expectations

Write down your goal and place it somewhere you'll see it everyday.

Start working towards one small, attainable and measurable goal. "Bring at least one fruit to work each day' may be smarter goal than simply saying you will eat more fruit. Only after you achieve this should you turn your focus to another new change. Slow and steady wins the race!

Meet with a registered dietitian

It's easy to get confused—there are so many mixed messages on food and health! Meeting with a leading expert in the field of nutrition means you will be getting unbiased, evidencebased information.

A dietitian's role goes far beyond providing advice on balanced eating, but can offer you meaningful support and accountability to help you achieve your personal health goals and keep you on the path to success.

Many of these concepts and ideas can be further explored in the Craving Change program, a workshop designed for those who struggle with emotional eating and want to change their relationship with food.

Call the Agassiz Medical Centre or the C.W. Wiebe Medical Centre for more information.

> DISTRACTED DRIVERS, FROM PG. 10

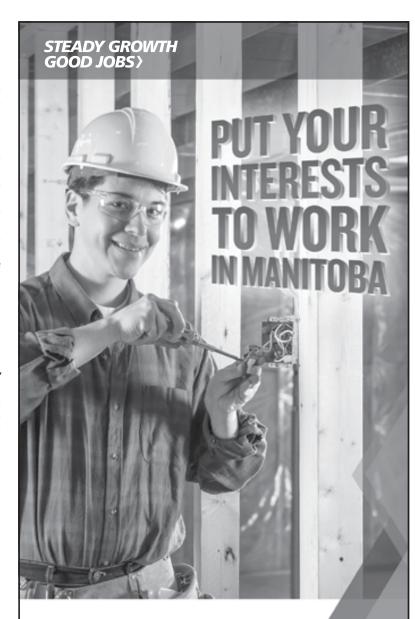
Hiebert agrees, noting that operating an electronic device like a cellphone while driving a vehicle carries a fine of \$203.80, plus demerits.

Hiebert reminds drivers that it is also illegal to use a cell phone while stopped at a traffic light or to use a speaker phone while driving (handsfree headsets and systems are the only legal way of using your phone while driving).

"Any use of cell phone while on the roadway is an offence, unless you're using it to call in an emergency or to call the police," Hiebert stressed.

The extra enforcement patrols began in late April and will wrap up later this month.

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PHOTOS BY CORI BEZAN/VOICE

The Winnipeg Blue Bombers paid the Winkler-Morden area a visit last Wednesday. General manager Kyle Walters (at right) spoke to local businesses at a Winkler/Morden chamber luncheon, while players Matt Bucknor (above, standing), Teague Sherman (above, sitting), and Moe Leggett also stopped by École Morden Middle School.

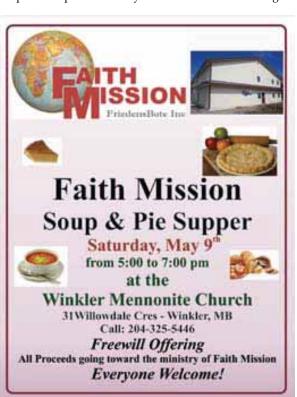


Blue Bombers give some love to rural fans

By Cori Bezan

The Winnipeg Blue Bombers reached out to fans outside the Perimeter with a stop in Morden last week Wednesday.

Blue and Gold players Matt Bucknor, Moe Leggett, and Teague Sherman joined general manager Kyle Walters on the trip south, stopping in at local schools like École Morden Middle School with mascots Buzz and Boomer to promote positive lifestyles choices before heading to



"THEY'RE NO DIFFERENT THAN ANYONE ELSE—THEY JUST HAVE A LONGER DRIVE TO THE STADIUM."

speak at a luncheon hosted by the Morden and Winkler chambers of commerce.

Walters said getting the Blue Bombers into schools is an important part of their job as role models.

The players talk to students about "being good people, good students, good role models," he explained. "A lot of kids will just automatically look up to them because they are professional football players."

Reaching out to young fans is also a way to ensure they'll support the team when they're older, Walters added.

"The CFL needs to get a younger fanbase involved in our league, and I think that's a problem in all sports," he said.

"The age base of fans is getting older and older, and we need to figure out a way to infuse young fans into our game."

At the chamber luncheon, Walters discussed a wide variety of topics, including the changes they have begun to make to the franchise over the past year.

"Organizationally, our number one goal last year when Wade [Miller, CEO], Mike, [O'Shea, head coach] and I sat down is we need to bring some respectability and credibility back to our organization," he said. "We weren't taken real seriously around the CFL in the last couple years, to be quite honest with you."

"We want to change that. There's only nine teams in our league and all the players talk to each other and know each other, so word spreads about the way we treat the players, the way the facility is, the way the coaches coach, the way Mike carries himself and leads the team, and the way we try to handle ourselves from an organization day to day."

These changes have drawn more interest from free agents this year, Walters said. As a result, with the team's home opener around the corner, the Bombers are more than ready to begin the season.

"The excitement is just to get started," he said. "We got a little taste of it down in mini-camp where you actu-



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Become part of history at Threshermen's

Bv Ashleigh Viveiros

The Pembina Threshermen's Museum kicked off what's expected to be a milestone season last week by offering visitors the chance to become a part of history themselves.

On May 1—opening day for the Hwy. 3 heritage village—PTM launched its Save the Braun House campaign to help pay for the restoration of the 130-year-old cabin.

Weather and age has taken its toll on the house, which was moved from Burwalde to the museum in the '70s, says general manager Kim Striemer.

"It's now closed for restoration and will not be open again until it's ready to have people in there again," she says, noting the lack of a solid foundation at its current site on the grounds has led to floor cracks, heaving, and major damage to many of the cabin's bottom logs, which need to be replaced.

To solve those problems, the plan is to move the Braun House over to

a permanent foundation that was put in place nearby in the off-season.

Moving the building and getting it ready once again for public tours is going to be a costly project—upwards of \$45,000—and so the museum has come up with a unique way to let its supporters get involved.

"We are 'selling' logs and windows and doors and foundation corners," Striemer says. "We're giving people the chance to own a little piece of history and, by doing that, help us preserve it for the future."

For a donation of \$50 you can buy one of 60 logs the Braun House restoration project needs, \$100 gets you one of the seven windows on the house, \$500 sponsors one of the three doors, and a \$1,000 donation supports one of the foundation's four corners. All donors will be recognized on a commemorative plaque to be put up inside the home when it reopens.

"It occurred to me why not get people, young families involved with this?" Striemer says. "How cool is it



PHOTO BY ASHLEIGH VIVEIROS/VOICE

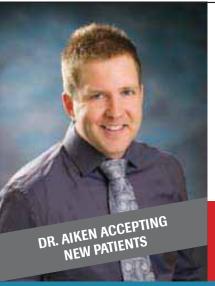
Pembina Threshermen's Museum's Kim Striemer in front of the Braun House, which is part of a major restoration project this summer that needs your support.

to sit down with your kids and say, 'Hey, what do you want to buy on this house?" and then they can be part of this whole process."

"And, one day, they can bring their own kids here and look at the house and be able to tell them, 'That's our family's log, window, door-this house is standing because grandma and grandpa donated.' It's a legacy. The house is standing because of

To learn more about how you can support this campaign, contact the museum at 204-325-7497 or info@ threshermensmuseum.com, or check out the Braun House page online at www.threshermensmuseum.com.

Continued on page 14





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'This is going to be an extremely pivotal year'

From Pg. 13

The Braun House is the biggest project in the works this summer, but it's certainly not the only one.

"I would say this is going to be an extremely pivotal year to the museum," Striemer says. "We're really creating history with all these projects."

Projects like the Haskett grain elevator—the latest addition to the village's skyline, having moved there last

The Haskett elevator will be open soon to the public at the PTM heritage village.

fall—which volunteers are working hard to get up to snuff.

With a little more sprucing up still to do, Striemer expects it will open to the public soon, with an official ribbon cutting taking place at Reunion Days in August.

"We have to do some clean-up, and it's a matter of getting it set up in the way we want it," she says. "We have some big plans for it."

The museum is also launching a new supper fundraiser, offering deep fried perogies, cabbage borscht, farmers sausage, roll kuchen, and watermelon on May 29.

Finally, PTM has put together new volunteer and membership benefit programs as a thank-you to their biggest supporters.

"We have individual and family memberships and a lifetime membership," Striemer says, noting memberships come with benefits such as free admission, gift shop and hall rental discounts, behind-the-scenes tours, and more. The new volunteer benefit cards also offer free admission, discounts on meals, guest passes, and free souvenirs, among other perks for the museum's dedicated volunteers.

Other favourite events back this summer include the free Volunteer Day/Spring Tea May 23 (come down to hear from PTM's volunteers on how you can get involved), Heritage Day on June 5, an Artist Day each month, interactive "A Day in the Life of a Pioneer" events in July and August, and Reunion Days Aug. 28-29. New to the line-up is the Family Picnic Days July 11 and Aug. 3.

"If you haven't been before, why not make this the summer you come?" Striemer says, adding that even if you've been to the museum in the past, there's so much new to see and do. "Things are changing here all the time. It's not the same museum. Come check it out."

Learn more online at www.threshermens-museum.com or on the PTM's Facebook page.

> BOMBERS, FROM PG. 12

ally see players out there competing and running around. The first day of training camp is awesome."

"It's just getting started, is what I'm most excWalters stressed that the team is grateful for every one of its fans, including those from rural Manitoba, which is why trips to communities like Morden are such an important part of the team's outreach plans.

"It's about expanding our fan base in the rural areas that may be forgotten as part of the core Bomber fans. To get out there and say you're important to us, and even though you're not within the city limits, you're only an hour, an hour and a half outside, that you're as important to us as a Winnipeg Blue Bomber fan as somebody living within the city."

"They're just football fans—whether they're here or whether in the city, they want to see the Bombers win the Grey Cup," he added of Winkler-Morden Bombers fans. "They're no different than anyone else—they just have a longer drive to the stadium."





PHOTO BY ASHLEIGH VIVEIROS/VOICE

Winkler Arts & Culture took over City Hall May 1-2 for their spring art show, which revolved around the theme of "5". Best in Show went to Melissa Friesen for her "5 White Hats" piece. Honourable mentions went to Diana Persson for her "Silver Stories" watercolour and Gisele Reynolds for her "High Five Pedestal" sculpture. The People's Choice Award went to Olga Krahn for her painting entitled "The Dance", which depicted the intertwined feet of a couple and their young child.

Big Bad Wolf on trial in EMMS musical

By Cori Bezan

You can huff, and puff, and blow their house down-but then you'll wind up in court, just like the Big Bad Wolf does in École Morden Middle School's production of The Trial of the Big Bad Wolf.

The grade five students at the school bring the musical to the stage May 14. "It's a '50s-style musical accusing the wolf . . . for the destruction of the three little pigs' house," explained music teacher Heather Clyde. "We've got a jury made out of all females who are totally in love with the wolf, because he's the hot motorcycle guy. Then we've got the spectators, which are the wolf pack, and they are an unruly, unmanageable group of young Gr. 5 boys."

Traditional characters such as the

Boy Who Cried Wolf, Peter from Peter and the Wolf, and Grandma and Little Red Riding Hood will also make appearances in the trial.

"The old stories all kind of come into play, and they're all mad at the wolf and accusing him of doing stuff," Clyde explained. "But he doesn't think he'd bad at all."

Over 100 Gr. 5 students are taking part in the show, taking on roles as actors, choir members, and dancers.

The students have been working hard at rehearsals for over a month, Clyde said.

"They're all excited about it and into it. It will be an awesome show," she said. "I think they like it because it's a story that they all know. They all understand the story, they know the story, so it'll be fun."

The play will bring a ton of energy to



PHOTO BY CORI BEZAN/VOICE

Caleb Payment, 11, will play the Big Bad Wolf—with his fellow classmates as his wolf pack—on May 14, when the EMMS grade fives put on the musical The Trial of the Big Bad Wolf.

the stage, and many audience members may even recall taking part in this particular performance in their own middle school years, Clyde said.

"We've done this play a few times, and the last time we did it, the people that are in Gr. 12 this year were the ones that did it . . . it's one of our favourite ones to do," she said.

The show will take place at 7 p.m. on Thursday, May 14 at the Access Event Centre. The event is free to attend and seating is first come, first serve.

News or sports tip? E-mail news@winklermordenvoice.ca or call 325-6888

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SCCR Fashion Show raises \$22,000

By Cori Bezan

The annual South Central Cancer Resource Spring Indulgence Fashion Show has been going strong for three years now, and, after this year's soldout event on April 29, won't be slowing down anytime soon.

"I thought it went so well," said SCCR administrative resource coordinator Deb Thiessen. "The models and all the volunteers and the generous donations from our communities—I was just amazed at how everyone stepped forward and just helped us out."

Thiessen said that they sold out this year's show in about two weeks, doling out 382 tickets and raising over \$22,000 for the resource centre.

"I am overwhelmed, I really am," she said. "It's just unbelievable how everybody is excited about it and it gets out there in the community. I'm overwhelmed with the whole thing."

"We were aiming for \$15,000," she added. "This is just unbelievable."

The evening included guest speakers who shared how the SCCR helped them through their cancer journey, a silent auction packed full of prizes, and the latest fashions, many of which were modeled by cancer survivors.

Helping to add to the fundraising success was the raffle of a quilt donated by Joanne Friesen, who decided to give back to SCCR after she and her husband made use of its services.

"They sold tickets and they raised

over \$4,000 just in the quilt sales," Thiessen said, noting that's over and above the \$22,000 the fashion show tickets and silent auction brought in.

Support like that is amazing to see, she said, as is the fact that the majority of the show's expenses were covered thanks sponsors such as Decor Cabinets, Agassiz Medical Centre, Ron Wiebe Agency, BSI Insurance, and Morden Realty.

The bulk of the funds will go directly into SCCR's transportation program, which makes up the majority of the centre's expenses every year.

"Our biggest cost is transportation," Thiessen noted. "Last year, we spent \$86,000 on transportation alone."

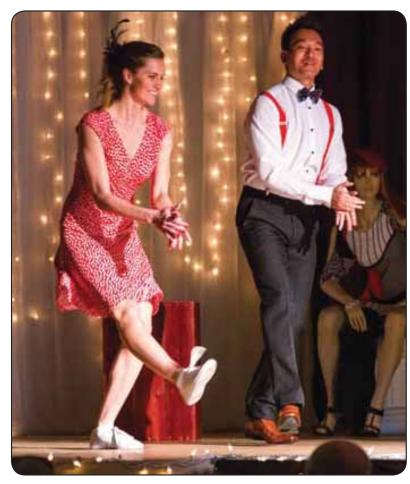
The program helps patients attend their appointments both at BTHC and Winnipeg hospitals—trips some people may not otherwise be able to afford to make.

The fashion show also brings more awareness to the SCCR, spreading the word of the centre's services for cancer patients and their families and friends.

"Every day, I bet you, we hear people say, 'We didn't know you were here,'" Thiessen said. "When they find us, it has given them such a sense of relief as far as taking some pressure off the families members, as to getting them into their appointments, or knowing what the next step might be."

Learn more about the SCCR online at sccr.mb.ca or stop by their offices at 400-34 Stephen St. in Morden.





PHOTOS BY CORI BEZAN/ VOICE

Above, right: South Central Cancer Resource's annual Spring Indulgence Fashion Show had models showcasing some of the hottest summer fashions in Morden last week. Left: MC Chris Sumner displays a quilt donated by Joanne Friesen, who raffled it off and raised over \$4,000 for the SCCR, adding to the \$22.00 the fashion show raised for the agency.



SCCR raffle winner is Las Vegas-bound

The grand prize at the South Central Cancer Resource Fashion Show last week was a four-night trip to Las Vegas for two, donated by Blessed Journeys and won by Morden's Colleen Doerksen.

Doerksen, who picked up her prize at SCCR last week, says she'll be taking along her best friend Brenda Peters.

"I'm still in shock, I think," she said, noting she expects to take the trip sometime this October.

"We are incredibly pleased that Kim and Blessed Journeys donated this prize," said SCCR fashion show committee chair Sue Nelson. "It's really fabulous. We have been overwhelmed with how generous our donors have been this year for South Central's Spring Indulgence Fashion Show."

"It is a personal way to help many people that are in need of great support when dealing with cancer," travel agent Kim Friesen said. "When you have family and friends that deal with cancer you become very aware of how many people are involved in the process and that it is truly a combined community effort."



PHOTO BY CORI BEZAN/VOICE

From left: SCCR fashion show committee chair Sue Nelson, Blessed Journeys travel agent Kim Friesen, and administration resource coordinator Deb Thiessen (far right) presented Colleen Doerksen (second from right) with the raffle grand prize of a two-person trip to Las

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"IT'S REWARDING

TO HAVE YOUR

PEERS, OTHER

WORK."

QUILTERS, COME

AND ENJOY YOUR

Bv Cori Bezan

The hall at the Access Event Centre in Morden was filled wall-towall with quilts last weekend at the Barnswallow Quilting Guild's annual Quilt Show.

The highly-anticipated show drew hundreds of people, all eager to admire the more than 200 quilts crafted by Southern Manitoba artists.

Altona's Sharon Schmidt was at the

event as this year's featured quilter, showcasing years worth of her quilting and eagerly discussing her craft with fellow quilting enthusi-

Schmidt, who has had her work on display before at the show itself and at the art gallery in Altona, says the excitement at being able to showcase her work like this never gets old.

"It's very rewarding to have almost your life's work all displayed in one spot like this," she said. "It's really very rewarding. It's also rewarding to have your peers . . . other quilters, come and enjoy your work."

Schmidt has always been a big fan of sewing, and has been stitching items like clothing ever since she was young.

"I've sewed all my life," she said. "I started in 4H when I was maybe eight or nine years old, and, before that, I made doll clothes. So I can't remember not sewing."

she added. "I took a quilting class in Winnipeg at one of the rec. centres and after that I knew that's what I

After retiring from her teaching career, Schmidt picked up quilting on a more steady basis, working with her husband Norman on the designs.

"He's an artist, he's got a Masters

graphic design . . . he was doing these paper pieces, they were similar in design to [quilts], and one day, I looked at them and said to him, 'Those would make really nice quilts."

whatever else."

"It's kind of our signature, and we know that nobody else is really making any quilts like that either," she said. "We wanted to do something

of all sizes and styles filled the hall at the Access Event Centre last weekend for the annual Barnswallow Quilting Guild's Quilt Show. Hundreds of people came to check out the local craftsmanship and chat with fea-

ture quilter Sharon Schmidt (above).

BY CORI

BEZAN/

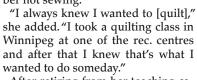
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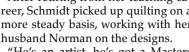
200 quilts

VOICE





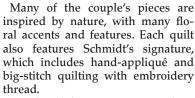




degree in visual communication,

"He designs them on the computer," Schmidt adds. "It takes him a couple weeks to be happy with a design and then he prints it out for me, and then after that it's my job

to make it, to choose the fabrics and



that was unique."







PHOTOS BY CORI BEZAN/VOICE

Above: Four-year-old Tristan Gross greeted furry friend Lacey and Pembina Valley Humane Society fundraising co-chair Megan Rodgers at the Hotdogs for Hot Dogs barbecue and dog adoption fair, held at Giant Tiger in Morden on Saturday. Right: Phil Granda manned the grill at the barbecue, which helped to raise funds for the shelter and gave people a chance to meet some of the available shelter pups looking for their forever homes.



Banner year for Cdn. Fossil Discovery Centre

By Cori Bezan

The Canadian Fossil Discovery Centre celebrated a milestone year and reflected on 2014's huge growth and success at their annual general meeting on April 30.

"It's one of the AGMs you're just really excited going into it because you're bringing in so much great information, so much good news, news focused on growth and increasing awareness about who we are," said executive director Peter Cantelon."It was such a great year."

The Morden museum saw a 35 per cent increase in visitors dropping into the centre in 2014, totaling 8,400 visitors in all.

"It was a validation of the work that we've been doing in the past year to 18 months, just on focusing our marketing efforts on the Winnipeg market, primarily, and convincing our partners to invest in marketing the CFDC,"Cantelon said."It's paid off to the tune of that 35 per cent increase. That was really exciting."

The fossil centre's revenue grew nearly as much, with a 33 per cent increase over 2013's intake, despite having to tighten their belts.

"2014, it's important to note, was a year when we saw funding cuts from the city by 10 per cent, and a lot of other organizations did, it was something the city needed to do, we understood that, because they had to close the gap on Tabor Home," Cantelon ex-

plained. "For us to be able to achieve cut by as much as they did, was pretty what we did from a growth perspective and a revenue perspective, given that we'd seen our largest contributor

spectacular."

Continued on page 26

et inspired



Ingredients 2 tsp (10 mL) vegetable oil 1 onion, chopped 2 garlic cloves, chopped 1 cup (250 mL) apple, peeled and diced 1/2 tbsp (7 mL) curry powder 1 slice of bread, cut into cubes Freshly ground pepper

1 boneless turkey breast, about 2 lb (1 kg) 1 1/4 cups (300 mL) lower fat Canadian Gouda, diced or 1 cup (250 mL) regular Canadian Gouda, diced 1 tsp (5 mL) vegetable oil

Directions

Cranberry sauce:

cranberries

or beef broth

2 tsp (10 mL) vegetable oil

21/2 tbsp (40 mL) sugar

Freshly ground pepper

1/2 cup (125 mL) red wine

2 cups (500 mL) fresh or frozen

Preheat oven to 425°F (220°C).

1 cup (250 mL) reduced-sodium chicken

Turkey Breast

Stuffed with

Curry and Gouda

In a skillet, heat oil on medium-high heat and cook onion, garlic and diced apple for 5 minutes. Remove from heat, add curry powder and bread cubes, and season. Mix well and let cool.

Cut turkey breast in half through its thickness (without cutting through all the way, so as to be able to open it up like a book).

Add Gouda to cooled apple and curry mixture.

Spread bottom half of turkey breast with mixture, then close up the two halves and hold in place with toothpicks. Place in an oven-safe dish, brush top with oil, season and bake in oven for 15-20 minutes. Reduce heat to 350°F (180°C) and cook for 1 more hour.

In a saucepan, heat oil and cook cranberries for 5 minutes. Add sugar and cook another 2 minutes, then deglaze with red wine and reduce by half. Add broth and leave cranberries on heat 7-10 minutes until cooked and the broth thickens. Season and serve with the stuffed turkey.

Prep time: 30 min Cook time: 1 hour 30 min Makes: 8 servings www.heartandstroke.mb.ca Teeing off for Children's Camps

By Ashleigh Viveiros

What started as a fun family backyard game is today a full-fledged nine-hole target golf course that raises several hundred dollars a year for Children's Camps International.

For the last few years, Ken and Laura Letkeman have set up Countryside Target Golf on eight acres of their property just south of Morden.

The whole thing started with just a few holes set up for family and friends to enjoy, says Ken Letkeman.

"We had friends over and we'd have a camp fire and we'd hit a few balls back and forth and just have a great time with it," he says.

In time, Letkeman, an avid golfer, started looking at improving his own personal course, eventually creating nine distinct holes, putting in sand to keep the balls from rolling away from the target zones, flags to aim for, and even sponsored par signs at each hole.

For the last few years, he's has been inviting the general public to enjoy the course by donation, with all the funds going to help send kids to one of Children's Camps International's programs around the world.

Letkeman has been a long-time supporter of the Christian camp ministry. He says he can't imagine the funds from his course going anywhere else.

"It's a great organization and, really, it's the best bang for your buck," he says. "Just \$5 sends a kid to camp.

Letkeman spends countless hours every summer on course upkeep, but he

says he loves doing it.

"It's definitely a labour of love. I enjoy mowing and I enjoy golfing and I enjoy seeing people making use of it."

The result is a course that looks very similar to a regular golf course, except in target golf there is no putting—instead, once you get the ball on the green you add points to your score based on how close to the centre you get it. A full game is 18 holes, with par being three for each hole.

Letkeman stresses that golfers of all ages and skill levels can have a good time playing target golf.

And, if not everyone in your family is keen on golfing, the holes can also be used for disc golf, using frisbees to aim for the target.

There are only a few rules if you want to use his course, Letkeman stresses.

"Rule #1: You're going to have fun. Rule #2: If you make a lousy shot, you're going to laugh. That's what it's about: having a good time and supporting the camps and kids being introduced to the Lord."

LOOKING FOR SPONSORS

Each summer, Letkeman looks for sponsors willing to donate a minimum of \$100 to CCI in exchange for having their name up on a sign at one of the holes.

He's already got 14 sponsors for this summer, but hopes to reach 18, so there's still time to give him a call at 204-822-3378 if you'd like to get involved.

Letkeman also invites companies to



PHOTO BY ASHLEIGH VIVEIROS/VOICE

"THAT'S WHAT IT'S

ABOUT: HAVING A

GOOD TIME AND

SUPPORTING THE

CAMPS AND KIDS

TO THE LORD."

BEING INTRODUCED

Ken Letkeman has set up a target golf course on his property just south of Morden. Use of the course is by donation, with all the funds raised going to Children's Camps International.

consider using the course for a corporate target golfing retreat.

"I'd love to see businesses come and have a day with their employees," he says, inviting businesses to give him a call if they'd like to make Countryside the site of their next summer barbecue.

Otherwise, you don't need to book a tee time to enjoy Countryside Tar-

get Golf—just stop by anytime, pick up a scorecard and course map (which lays out the route for a full 18-hole game) from the clearly-marked donation box, and, hopefully, leave a few dollars for CCI.

"There's no set donation required. Just give what you can," Letkeman says.

Last year, between course donations and sponsorships, Countryside Target Golf raised over \$2,000 for CCI.

"That's a lot of kids that can go to camp," Letkeman says.

To get to Countryside Target Golf, simply take Road 27W (a.k.a. the old Tupperware company road) a mile east of Morden south for about five miles.

There are "Golf" signs all along the way, and you'll know you're in the right place when you see a silhouette of a golfer near a parking area.

You can also get in touch with Countryside Target Golf by calling 204-822-3378.



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Countryside Target Golf features nine holes of golf spread out over eight acres on Ken and Laura Letkeman's property, located one mile east and five miles south of Morden.

Thank you for supporting **VOLUNTEER FIREFIGHTERS**

The Councils of Morden, Stanley, and Winkler wish to send a special Thank You to the Employers of Volunteer Firefighters.

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Sportsation Inside > OUTSIDE > UPSIDE DOWN

Gold and bronze for Wiebe at national competition

By Cori Bezan

Morden's Amber Wiebe faced off against some of the best youth wrestlers in the nation last month, travelling to New Brunswick April 9-12 to compete in the 2015 Cadet Juvenile National Championship.

She returned home with a gold and bronze medal in tow, having lost just once over two days' worth of matches.

This year's competition marked the fifth national championship that Wiebe has competed in, and she first brought home the gold two years ago from this very tournament in her age and weight category.

"Basically, in every other province, you have to qualify either with a gold medal previous in the year or placing at any provincial tournament," Wiebe explained on the qualification process. "But due to wrestling not being a big part in Manitoba, basically if you want to go, you can go."

Wiebe spent a week prior to the championship on the east coast training at the University of New Brunswick. Going into the competition, Wiebe said that she felt very confident in her ability to win the gold right from the start.

"I didn't have a very good outcome last year. I had placed fourth, not even medalling last year, and this year, I was prepared," she said. "I had been training extra hard, three or four times a day even, hours at a time."

Wiebe competed in two events in the 52kg category, starting off the tournament with freestyle wrestling before competing in Greco-Roman style wrestling.

"Freestyle is more commonly done in Canada," she noted. "In freestyle, you can touch the legs, so there's a lot of leg shots, as well as throwing and other kinds of moves. In Greco-Roman, you aren't allowed to touch the legs; it's all upper body and all throws."

Of the two, Wiebe prefers freestyle, which fits her own techniques and style in a match.

"I am definitely a leg shooter," she said.
"One of my best moves that I personally look at . . . is called an outside low single, where you go on the outside of the ankle and pull up. I've been work-

ing three years on that move and I've perfected that move. That is my move."

Wiebe opened the competition with a disappointing loss that put her out of the running for gold in freestyle, though she went on to win the rest of her matches to take bronze.

"I lost my first match, which is what put me into the other side of the bracket," she said "Losing my first match, it was more of a 'Well, I definitely know I can't go for gold.' It's not you can maybe possibly do it— it's a definite no, so fighting that much harder for a medal just made it a lot easier to win the rest of my matches."

"It was definitely exciting in the moment. I was happy that I'd come out with a medal," she added. "But looking back at it now, I can see what I'd done wrong in my first match, and I could definitely do it over again. My nerves got the best of me . . . it's always nerve-wracking having the first match of the day."

The following day, Wiebe hit the mat to compete in the Greco-Roman competition, an event that only became available to female wrestlers last year. She won every single one of her matches to bring home the gold.

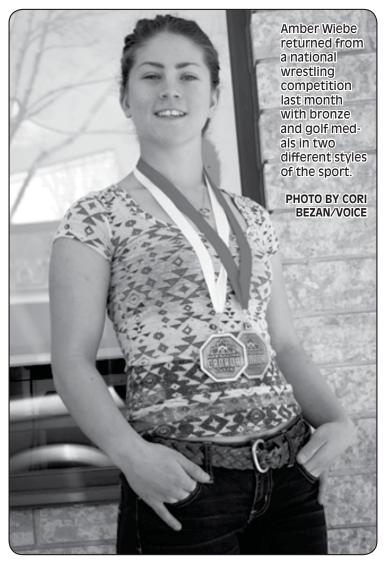
"I went into that competition very sore," Wiebe said. "For myself, the Greco-Roman wasn't as important as the freestyle, but for my coach, who was a 1976 Olympic candidate... that was his day. I wrestled for him that day, and I came out on top."

"You kind of have to put yourself second, sometimes," she added. "I was very sore, both emotionally and physically, but you kind of have to push through it, because you have to look from the aspect of others."

STARTING YOUNG

Wiebe's wrestling career began back in Gr. 5 with the club at École Morden Middle School, coached by Jeff Bretecher.

"I actually wasn't allowed to wrestle for the first month of practices because there was no girls,"Wiebe recalled."Me being stubborn, that's not fair, I'm going to stick with this, show them that a girl can wrestle. Sucked my first year, didn't win one single match. I was horrible."



"I went back the next year, for some reason. There still weren't any girls, so I was allowed to practice with the guys finally, and I started winning, I started getting better."

In Gr. 8, Wiebe thought about quitting since the team did not continue into high school. She then received a call from Bretecher, informing her that she was going to the trials for the Western Canada Games.

"I almost didn't win," she said. "I got there and I was over my weight category, so I had to run for a half hour to lose that weight, which I didn't understand at the time. Weight was never an issue in my mind."

"I almost didn't win the spot, but I ended up making the Manitoba team," she said. Wiebe went on to place second at the Games in Kamloops, B.C. in the fall of 2011.

"I stuck with it after that, because I didn't do well," she said. "I didn't win, that was something I had to do. I had to win . . . after so long, you go from having to prove yourself to have to bettering yourself."

In order to maintain her level of skill and fitness, Wiebe trains anywhere from three to six hours almost every day, travelling to Winnipeg to train several days a week.

"There's not really wrestling here, there's not a lot of amplitude for it, so basically all of my drive to practise six hours a day and lose sleep and miss school for something that's not even big, it's more from the heart," Wiebe said. "It's my own motivation. There's no one else pushing me to



PHOTOS BY RICK HIEBERT

NPC and GVC hosted the Provincial High School Badminton Championships last week. Among the locals competing were NPC's Lawson McDonald (right) in boys singles, and fellow Nighthawks Mitch Dyck and Raina Friesen (above) in mixed

NPC, GVC host Manitoba badminton championships

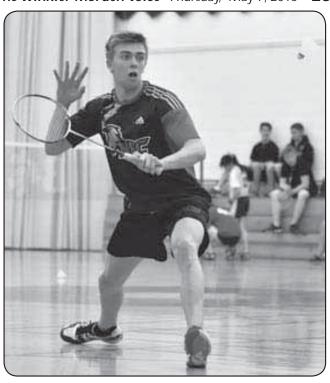
By Ashleigh Viveiros

Winkler's Northlands Parkway Collegiate and Garden Valley Collegiate hosted the 2015 Provincial High School Badminton Championships May 1-2.

Over 250 athletes from 15 zones all across

Manitoba competed for the provincial banners in the boys and girls singles and doubles events and mixed doubles categories.

Representing our area at the event was NPC's Lawson McDonald (boys singles) and GVC's Mallory Byrka (girls singles), who both earned their spots based on their suc-



cess this season.

Host berths were also filled by NPC's Cody Friesen and Dionne Demke (boys doubles), Jenna Penner and Nicole Klassen (girls doubles), and Mitch Dyck and Raina Friesen (mixed doubles).

McDonald and Dyck/Friesen were the only local players to make it to playoffs on Saturday.

McDonald played in the consolation playoffs and was knocked out of the running after losing his first game 20-22, winning game two 22-20, but then falling in game three 23-21.

Dick and Friesen, also playing in the consolation playoffs, lost their first game 21-17 and their second game of the day 27-25.

The provincial winners were JH Bruns' Thien Vo (boys singles), Vincent Massey's Anika Alexander (girls singles), Vincent Massey's Graham McCallum and Daniel Lieu (boys doubles), Vincent Massey's Cassandra Bosc and Joely Valencerina (girls doubles), and Teulon's Jake Ledowchowsk and Kyra Wiebe (mixed doubles).

CWE brings 'Mayhem' to Morden May 15

There's going to be some mayhem in Morden next week, as Canadian Wrestling's Elite returns for another evening of live professional wrestling action.

CWE presents Morden Mayhem at the Access Event Centre on Friday, May 15 at 7 p.m.

It's the CWE's first time back in Morden since January, and they're looking to make it an exciting one, says event coordinator Danny War-

"We're bringing in a large crew of wrestlers from across Canada," he says. "I don't think we've ever had that many wrestlers in Morden before. We've got the full crew coming out, and they're all regulars on our weekly television program, so familiar faces for fans."

Led by host "Super Friend" Kory Kinkade, the show will feature:

- "Hotshot" Danny Duggan.
- 2015 Elite 8 Tournament winner "A-List" Anderson Tyson Moore.
- CWE 123Approved.ca TV champion "The Blue Eyed Idol" Tyler
- CWE Tag Team champions "The Main Vein" Dick Blood and Billy
- "The Pissed Off Pitbull" Robby
- The Peg City Punishers (Mike Mission, Cliff Corleone, Moses Luke and Ava).
- "Hot Prospect" Travis Cole.

- The Cannon Cartel (Kevin Cannon and Bobby Collins).
- "The Elite Ass Kicker" Stefan Epic.
- "Average" Adam Race.
- · Winkler's own "Psycho" Sydney

Warren says Morden has been a welcoming new community on the circuit, and he hopes fans will continue to come out to enjoy the show.

"We'd like to keep Morden in the loop, so come out and cheer the wrestlers on," he says.

Tickets are available in advance for \$15 from Giant Tiger or online at diyobo.com, or at the door for \$18.

Our mistake

The April 30 story on the new Pembina Valley Discers' disc golf league included a typo in one of the earlier mentions of the registration website.

The correct website to register for the league or for the Pembina Valley Open tournament taking place in Stanley Park May 23-24 is: epicdiscs.

We apologize for any confusion the error may have caused.

Baseball, fast pitch seasons winding down

In girls Zone 4 fast pitch action this past week, the Morden Thunder downed the Northlands Parkway Collegiate Nighthawks 16-1 on Monday in Morden, following up on a 10-8 victory over the Altona Aces on April 29.

NPC also dropped a 10-8 decision to the MCI Blues last week Wednesday, while the Garden Valley Collegiate Zodiacs lost to the Saints 17-1 but beat the Carman Cougars 15-4.

In boys baseball, the Nighthawks beat the Blues 12-3 and 8-6 and then beat Morden 8-2 and 11-2. Morden, meanwhile, also posted losses against Morris/Rosenort (12-5 and

4-1). The Zodiacs defeated the Trojans 6-4 and 5-0 last week and then split a double-header against Carman on Monday, winning 8-1 and then losing 5-2.

The final regular season games get underway next week, with playoffs taking place later this month.

On a fielders choice to NPC's Jaimie Fehr, Morden Thunder's Telsa Meleck was called out at second base in Monday night's girls fast pitch game. Morden got the win 16-1.

PHOTO BY RICK HIEBERT



Winkler Storm kick off season with 5-3 victory

By Ashleigh Viveiros

The Winkler Storm hit the field on a high note last weekend, downing Pescara 5-3.

The Saturday away game got off to a solid start for the men's team, as they quickly took a two-goal lead, says veteran player Derek Giesbrecht.

"We started off really well, scoring two goals really quick," he says. "But then we kind of went away from the game we were playing—we were moving the ball really fast, lots of passing—and then we started to hold the ball a little bit longer and they managed to score two right before the half."

Pescara went on to take a 3-2 lead 10 minutes into the second half before the Storm pulled it together, successfully rebounding with a goal from Roberto Kort.

"He got a nice header on a cross from Nico [Nickel] and tied it up, and from there we just kept pressing and doing a lot of crosses back and forth and managed to put a couple more away," Giesbrecht says.

Kort scored two goals that game, as did newcomer Tobias Morash. Rookie Willi Penner got a single in.

Giesbrecht says the team is ready to shake off their disappointing 2014 season.

The Storm only won two games all season last year, placing last in the Manitoba Major Soccer League's Premiere League.

That got them booted out of the top league and down to the MMSL's Division 1 this summer, which could be a blessing in disguise, Giesbrecht says.

"The quality of soccer is a big difference" between the divisions, he says, noting this season in Division 1 should give the team a chance to regroup and gain back their confidence and consistency.

Consistency was the Storm's biggest problem last summer, he notes.

"We had some games where we would start really good or finish really good, but we never were able to put a full 90 minutes together," Giesbrecht says. "We need to be able to play the

full 90 minutes, and even if we have a little slip-up, instead of panicking, shake it off and keep a level head about what's happening."

The team is already taking a new tack this season, shaking up their plays for a more offensive game plan.

"This first game, almost everybody played a new position than what they've played in the past, and it worked," says Giesbrecht. "New formation, new people in almost every position, and we won."

Another thing that will help is the return of many of the team's veteran players, with a few newcomers added to the mix.

"This will be probably the fourth year that the majority of us has been together on the Storm," he says. "So, really, everybody knows everybody already."

The results is an easy camaraderie that Giesbrecht hopes will carry them through the work it will take to earn their way back up through the MMSL in the years ahead.

The Storm's next game is this Friday in Winnipeg against FC Internazionale. They round out May with a game in Portage against Brandon Inspire FC on May 31, and then play their first home game against Selkirk FC June 6.

> WIEBE, FROM PG. 22

do it. There's support, definitely, but there's no one telling me I have to. It's all me, which I think is what makes me that much more successful in my sport."

Wiebe is currently in Gr 12 and is weighing her options for post-secondary education after graduation this June.

"While I was at the nationals, a couple of universities approached me, and I'm considering a couple other options for universities, all including wrestling, all with wrestling teams," she said. "I haven't made a decision yet."

"I'm waiting for someone to come up to me, a university coach, and they're going to be like, 'Well, you see how you got third at nationals this year? Next year with proper training, you're probably going to get third again—but it will be a better third, a more well-deserved third.'"

In addition to wrestling, Wiebe hopes to work towards a career kinesiology.

"Hopefully, with all my vigorous training, I will come out and be a personal trainer," she said. "I'm looking into nutritional specialist, nutritional consultant, personal training, and stuff that has something to do with that."

While she continues on her path to wrestling stardom, Wiebe offered

some sage advice to younger athletes looking to grow and succeed.

"Morden's very small. Very small. Not a lot of opportunities here, not a lot of opportunities that are kind of on the surface. You have to look for your opportunities," she said. "You have to look for something. If you look hard enough, you're going to come across something, and it's going to make you big, it's going to make you a star."

"So even though Morden is super small, the opportunities are big. I encourage anyone to pursue even the slightest bit of opportunity from Morden. Take it."

Agriculture

Valley Holsteins dairy comes to an end

By Harry Siemens

Valley Holsteins, run by brothers Abe and Walter Giesbrecht, have sold their farm equipment at their farm site halfway between Winkler and Reinfeld.

"In general, it turned out very well for us," says Walter, the older of the two, of the sale, noting that while some items sold low, many more sold

Abe, meanwhile, said at the sale that the experience was a surreal one. "[It's a] strange feeling. In May of 2014, they sold the last animals, and now the sale of equipment, makes it feel kind of kind strange and final."

Walter, the day following sale, said it would be tough to change their minds now, using a bit of humour to put things into perspective.

"For now, things are a bit in limbo," he says. "I have several job offers to help farmers during the spring seeding rush. We'll see where that goes."

There is a bit more to this particular dairy sale than meets the eye. Often, the sale is there to clean up the remaining equipment the next owner may not need or want. In this case, though, there is no more dairy farm because of its location within the Winkler city limits and new regulations making it impossible for them to permit a new lagoon. The provincial government came up with new specifications for lagoons in Manitoba, including dairy farms, and the Giesbrechts' hole-in-the ground lagoon wasn't good enough anymore.

It wasn't that the City of Winkler was going to push them out, but the new lagoon regulations did. Even if they had wanted to build a new lagoon, it was impossible to get a permit from the city to do so.

So far, the dairy's trademark grain concrete silo is still standing high above the landscape, but that too may have to come down in pieces.

Abe and Walter's father Peter started this dairy back in the '60s out of necessity-Peter's ability to borrow more money based on land values and equity had come to an end. However, with the newly established supply management system for dairy, he could expand by buying first eight cows, and then 12 cows, and eventually 40 cows. In 1980, they expanded from 40 cows to about 65 cows on average.

At the height of Valley Holsteins, the Giesbrecht brothers milked about 65-70 cows. Once they saw the writing on the wall for their dairy when it came to not being able to meet the new standards for a new lagoon, they started to sell off the quota over a two-year period.

The farm was never big in acres just about 225 acres, enough land to raise the feed for the cattle. They grew the corn and alfalfa, but usually ended up buying the grain.

Abe and Walter sold off the quota to the Dairy Farmers of Manitoba through the quota exchange auction. The limpers, poor producers, and fed cows went for slaughter, while the good ones sold at the dairy auction. With high beef prices, those beef cows sold for almost as much as the dairy cows, which doesn't happen very often.

Walter speaks well of the supply management system, calling it an



PHOTO BY HARRY SIEMENS/VOICE

A recent auction of the equipment at Valley Holsteins spelled an end to the long-running Winkler dairy.

amazing program.

"Once you get into it, it becomes a steady income for the dairy farmer," he says."If you keep your input costs

down, you know what that quota cheque will look like at the end of each month."



Putting reality into the Crown corps.

> HARRY SIEMENS

n our new place, we appreciate hydro electric power very much until, of course, the time of the month when the bill arrives. In a bigger house before, heating with gas instead of hydro. receiving that bill wasn't quite the same shock.

Be that as it may, while not directly agriculture this time around, I do think it's in order to put some reality into the Crown corporations we have in Manitoba and how it affects each and every one of us, whether in rural or urban.

Right now it is the debt that concerns me, among many others, especially when it comes to how much certain projects will cost us, our kids, and their kids' kids, too.

Top among them is Manitoba Hydro, which is building the \$4.6-billion Bipole III transmission line, the \$6.5-billion Keevask generating station, and is in the final approval stages to build an estimated \$350-million transmission line to Minnesota.

The used-to-be small farmer from Killarney Les Routledge says after the Manitoba NDP government came up with its last budget that it's too bad the government does not match this accounting gimmick with some substance by explicitly not guaranteeing future bonds issued by Crown corporations.

Routledge is referring to the government's new method of summarizing those costs, as reported in the urban media in Winnipeg.

The huge projects and debt load this will create is most likely the reason for the government's sudden move to omit the financial performance of Crown corporations in future budgets, observers say.

"Hopefully a future government will at least take the step of forcing the Crowns to stand on their own when it comes to financing instead of benefitting from an implicit provincial loan guarantee," says Routledge.

He says a government should set up the new dams and transmission lines under a structurally separate Manitoba Hydro export company required to raise its financing on commercial terms that forbid recourse to recover costs from ratepayers or taxpayers.

"That company in turn could en-

Continued on page 26

Producers battling dry conditions this spring

By Harry Siemens

As of press time, the fields in the Pembina Valley are looking pretty dry, and producers were looking forward to the predicted rains of later this week

Kurt Ginter of KR Crop Check in Winkler says last fall when they were testing the soil—going down two feet to do so—they found conditions to be the driest they've been in nearly 20 years.

"In 18 years of soil testing we kind of found that last year was probably the driest year we've ever experienced," he says. "Last fall being one of the driest falls we can remember in our books anyway, because there was very little moisture to speak of."

He says with the very light snow accumulation during the winter and really not more than an inch and a half s of spring rains, the ground really hasn't had a chance to recharge yet.

To battle dry conditions, farmers have adjusted their tillage and seeding practices over the decades to stave off the likelihood of suffering a repeat of the dust bowls of the '30s.

"Trying to keep dirt on the field is a challenge because it is pretty light and fluffy out there on the surface, so lots of soil has moved with the winds this spring," says Ginter.

Ginter says farmers are tilling to try to keep things from blowing when the winds come up. On the other hand, when not doing that they try to conserve moisture by not tilling as much as a normal spring would allow.

"Trying to conserve moisture and not stirring the ground until you absolutely have to when putting the seed in the ground is one strategy they're using," he says. "We see more no-till drill systems running, trying not to turn the soil and dry it out even more. Even last fall, farmers left stubble unworked to trap some snow and not keep things exposed to the wind."

While Ginter reads about farmers in the U.S. cutting back on input costs to save money and try to cut losses in

some cases or even eke out a small profit with lower commodity prices, he thinks they need to do so with caution.

"Those farmers are trying to optimize dollars by cutting back on fertilizer. You're sacrificing some yield potential by doing that, but there is an economic curve there, too," he says. "We can't have a luxury of having lots of fertilizer sitting out there if there is no moisture to grow the crop, then the fertilizer remains in the soil."

His company tries to forecast—and it is a bit of an expectation on what the anticipated yield is— based on the current conditions.

Ginter and his crew of three deal mostly with the local crops.

"We deal lots with fertility management by soil testing in the fall and with that data we do a lot of analysis producing fertilizer plans," he says. "There is a switch from before soil testing the whole field to breaking it up into management zones so we are able to realize the variability of the

nutrients across the fields and adapt to variable rate fertilizer application from that."

In addition to fertility management, they do a fair bit of in season crop monitoring for weeds, diseases, and insects weekly and help optimize production so the farmer client doesn't have to be out there checking as often.

Every client is different with different needs when it comes to taking and using the advice they provide, Ginter says.

"Some want just a second opinion and kind of have pretty much have their game plan figured out but, want somebody to go over it and review and have a second opinion on different things they're doing," he says. "Whereas the next farmer wants to hire us to do more of a full program where he doesn't want to have to check the field and wonder what to spray, when to spray and we provide timely information and recommendations when he needs it."

> SIEMENS SAYS, FROM PG. 25

ter into a option sales agreement with our Crown utility to sell them power at a defined rate of say \$12 per megawatt hour after 2025," he says. "It would be interesting to see if the new northern dams, the Bi-Pole III transmission line and the Minnesota transmission line would be able to secure commercial financing under that scenario."

Routledge, while farming since the time I've known him, also spent much time consulting in the area he's commenting on.

He says it's time to force a focused element of Manitoba Hydro to stand on its own and prevent it from recovering costs of stranded assets from ratepayers and taxpayers.

If there is a business case for constructing those new assets, let commercial investors and pension fund managers take that risk and live with the consequences.

It is totally unacceptable for taxpayers or ratepayers in 20 to 30 years time to have to pay the cost of bailing out the faulty commercial business decisions that governments make today.

"In Manitoba, I believe we can make a case to convert the distribution and retail assets of the corporation into a consumer-owned cooperative company that is rate regulated by the Public Utilities Board, PUB," he says. "Once that restructuring has been completed, your preferred policy of privatizing power generation assets could then be looked at and perhaps be subject to a referendum among Manitoba voters."

Routledge says the benefit of this approach to restructuring Manitoba Hydro over the next 10 to 20 years is that the consumer-owned cooperative distribution utility ensures continued control of that natural monopoly within Manitoba.

"What we should not do today is follow the Ontario path and sell off as the first step," he says. "Pursuing that approach offers a false economy of upfront cash flow at the cost of a less competitive and higher long term cost of power. Indeed, Ontario offers an almost textbook example of what not to do with a Crown-owned power corporation."

the grid assets to private investors

Ontario residents are already paying a substantial premium for electricity in order to retire past stranded debt associated with the construction of large nuclear plants and they will continue to pay the cost of abandoning coal assets and subsidizing the operation of wind energy power production in the province.

That experience should demonstrate to all of us that government does not know best how to manage assets and enterprises in this sector, Routledge stresses.

> CFDC, FROM PG. 19

Last year also brought with it a couple dozen new specimens added to the CFDC's collection after a summer of excavation at various dig sites in the region.

"We had many days in the field, and brought in somewhere in the range of 25 new specimens from the field," Cantelon said. "That's a good season when we're able to do that."

The year was also highlighted with a Guinness World Record for the Bruce fossil as the largest such specimen on display, the introduction of a new mosasaur display named Suzy, and the inclusion of a mosasaur on Canada Post's new dinosaur collection of stamps.

All this recognition is paying off with a greater awareness of what the CFDC is, and it's heading up a growth

trend Cantelon hopes to see continue in the years ahead.

"We want to maintain and grow the kind of success we saw in 2014," he said. "I can tell you right now that as of the end of April, we are actually destroying 2014's numbers, our growth is so huge. We're continuing the trend and, in fact, I think we're increasing it dramatically."

In April alone, 900 visitors stopped by the museum—a huge increase from the 320 in the same month last spring.

"When I talk about 2014 having a 35 per cent increase in visitation, and that's really impressive for any organization, and then to see this past April have 185 per cent increase over last year, which was a good year, we already know the big problem we're

going to have in 2015 is the kind of problem you want: being able to manage our success," Cantelon said.

"We want to expose the science that we have here to as many people as we can, because our primary focus is educating the public on paleontology and geology, and we're certainly going to have an opportunity to do that this year," he added. "We want 2015 to be a year where locals start recognizing the significance of the CFDC. This is going to be a great year for people to get into the organization as volunteers and members, because it's really the year we're going to see our growth explode."

For information on volunteer opportunities, events, and exhibits, visit the CFDC online at www.discoverfossils.

lassifieds

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GPRC, Fairview Campus requires Heavy Equipment Technician Instructors to commence August 15, 2015. Visit our website www.gprc.ab.ca/ careers for more information!

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Kabeelo Lodge in NW Ontario needs a F/T cabin cleaner/waitress for 2015 season. Wage based on experience. Send resume to info@ kabeelo.com or fax to 952-447-2194.

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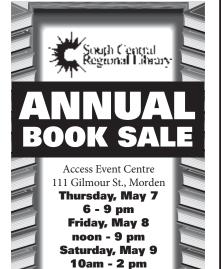


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Look for our sign on Cargill Road, just past Rona!

Coupon expires May 30, 2015

COMING EVENTS



(Saturday: \$10.00/bag -

Please bring your own bag)

Perennial Plant Sale - 125 Maple Street, Morden. Thursday. May 14th 10 a.m. - 8 p.m.; Friday, May 15th 10 a.m. - 8 p.m.; Saturday, May 16th 10 a.m. – 4 p.m.

Buying older firearms Single pieces or collections. Also western relics or dug-ups Contact Stan 426-5272 Cell 326-7038 Email: sbarta4440@gmail.com.

Winkler Police Service

BICYCLE AUCTION

Friday May 8 • 6:00 pm

Viewing at 5:30 pm Southwest corner of Arena, 600 Park St.

Auctioneer: Bill Klassen

NOTICES

Winkler Minor Soccer Fall Season Registration



\$35 per player

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INVITATION TO TENDER

Re: 4141 Road 27W, RM of Stanley (Title No. 1556602/4)

1144 SF, 3 bedrooms, 1.5 bath, 1 3/4 storey, solid oak kitchen with island, with approximately 274.97 acres (approx 115 acres of which is cultivated). Includes two wood granaries, two metal granaries, one 24'x40' machine shed, one 32'x56' machine shed, large garden shed, barn, 2 loose housings and other outbuildings.

As solicitors for the Vendor, we invite TENDERS for the purchase of the property. A cheque for \$10,000.00 must accompany the tender as a deposit. Written tenders must be received by 2:00 p.m. on May 29, 2015. Deposit will be returned if tender not accepted.

Closing date for the sale shall be on November 1, 2015, by cash or approved loan proceeds. Any loan advances paid after closing date are subject to payment of interest at loan rate during reasonable delay for registration of security. 2015 property taxes will be adjusted between

For more information contact Jacob or Helen Fehr at 204-822-3673

vendor and purchaser on possession date. The highest or any tender may not necessarily be accepted.

Please send Tenders to: WIENS DOELL LAW OFFICE

P.O. Box 1150, 564 Mountain Ave. Winkler, MB R6W 4B2

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To the attention of Scott C. Doell

CAREERS

PEMBINA VALLEY **CONTAINERS**

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> > CAREERS

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Please forward your resume in confidence to:

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Attn: Trevor Siemens

PO Box 2260, 401 Pembina Ave East Winkler MB R6W 4B9

Fax: 204.325.5048



We thank all those who apply; however, only those selected for an interview will be contacted.

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Kroeker Farms Limited, a Winkler MB. based agribusiness is currently looking to hire a full-time shop and yard assistant.

Responsibilities:

- Look after the shop parts room
- Yard maintenance
- Keep the shop organized and cleaned up
- Assist with minor office duties.

Individual must:

- Have good English skills and be able to communicate in low German
- Be a good team player
- Be organized and have basic computer skills
- Have a valid Manitoba driver's license
- Be able to multitask

Applications / resumes can be dropped off at 325 Roblin Blvd. E (Ideal Floors), or faxed to 204-325-4333.

Ed Klassen

Kroeker Farms Limited **Human Resources Manager** 204 325-4333

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NOTICES

Following the resurrection of the Lord Jesus Christ, the first day of the week became a weekly reminder of His risen presence. Whereas the seventh day speaks of God's work in creation, the first day reminds us of His love in redemption, J.C. Byle The Canadian Lord's Day Association www.clda.ca



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CAREERS

Rural Municipality of Thompson SEASONAL - Public Works Operating Foreman

The Rural Municipality of Thompson invites written applications for the position of a Public Works Foreman. This is a working foreman position.

Term: 6 months (Monday - Friday) starting June 1, 2015

We are seeking an individual who is self-motivated, proactive with related public works experience, demonstrates leadership and personal accountability supervisory and administrative skills. Reporting to the Reeve and CAO, major responsibilities include managing, coordination of works and overseeing of the Public Works Department.

The successful applicant shall have:

- Experience supervising staff, scheduling work and budgeting
- A valid driver's license and Class 1 or the ability to obtain
- Experience with operating and servicing various types of equipment would be considered an asset
- Class 1 Water & Wastewater certification or the ability to obtain
- Grade 12 Education or equivalent
- Ability to work in a team environment

The Rural Municipality of Thompson offers a competitive salary and benefits package.

Please forward Resume and three (3) work-related references by May 13, 2015 to: Rural Municipality of Thompson

Attn: Foreman Position

Box 190, Miami, MB ROG 1HO

Questions can be emailed to rmthomp@mts.net or by calling the Office at 204.435.2114

We thank all applicants for their interest but only those selected for an interview will be contacted.

UPCOMING EVENTS

Garage and Bake Sale Kenya Fundraiser

146 & 156 Aspen Bay (off Pineview Dr.) Winkler Thurs., May 7 • 1-8 pm Friday, May 8 • 1-8pm

Saturday, May 9 • 9 am - 12 pm Proceeds go towards supplying food for the orphans at home and at school, to help teacher salaries and hopefully send at least 200 more kids to camp in Kenya.

(Rain Date: Thurs., May 14 & Sat., May 15 • 1-8 pm & Sat., May 16 • 9-12)



Some of the items available: Fresh homemade baking! Clothing (Children to Adults) Shoes, Crafts and craft supplies Toys, Books, Household & Kitchen items and MANY MANY more items New items both days!

Multi-family huge fundraising garage and bake sale. Tax deductible receipts available on donations over \$10

If you would like to donate items to our fundraiser. please drop them off ahead of time to 146 Aspen Bay Everyone is welcome to drop by to hear more about our project and to make a donation if they so desire.

CAREERS

funicipality

SUMMER EMPLOYMENT

SUMMER EMPLOYMENT JOB OPPORTUNITIES

The Municipality of Pembina has 2 full time summer employment opportunities for persons between the ages 16 and 29 under the 2015 **Green Team Program.**

Applicants must have a valid driver's license, the ability to work independently, and some experience with mechanical equipment would be an asset

Please submit resume and three (3) references to: Wes Unrau, CAO

Municipality of Pembina

Box 189, 360 PTH 3

Manitou, MB ROG 1G0

Phone (204) 242-2838

Fax: (204) 242-2798

E-mail: admin@pembina.ca

Deadline for submitted applications is 4:00 PM Friday May 8th, 2015. Only those candidates chosen for an interview will be contacted.

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Banquet Chef

Responsibilities to maintain Banquet kitchen operations prepare for and carry out catering functions of the hotel while maintaining a professional approach to leading the team.

What You Will Do:

- Understands and abides by company policies and procedures; can effectively communicate them to subordinates.
- Daytime and evening operations including Breakfast, lunch, dinner and late night service as required
- Responsible for excellent food quality while delivered in a timely manner to Banquet rooms and for multiple banquets.
- Monthly inventory of all Banquet Kitchen products
- Responsible for kitchen cleanliness in main areas equipment, floors, storage areas, receiving line area, etc.
- Ensures staff are carrying out WHIMIS training.
- Take part in Health & Safety meetings.
- Control operation cost Banquet Kitchen labor cost, food costs.
- Train and supervise staff to achieve cost effectiveness.
- Maintains a professional image at all times through appearance, communications and attire.
- Participates in pre-conference meetings with clients and department heads if/when necessary.
- Participates in weekly team leadership meeting
- Plan and execute banquet Menu, create special menus upon client requests

Qualifications:

- Experience is absolutely required (in a hotel setting would be an asset).
- Working holidays evenings and weekends will be required.
- Asset but not required Red Seal Certification, Safe Food Handling Certificate and WHMIS Training.

Only those candidates chosen will be contacted. Please contact Tim Spiller at tim@qualityinnwinkler.com Phone (204) 325-4381





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CAREERS

Conference/Banquet Manager

This position is a great opportunity for a high-energy individual with hands-on management style and superior customer service skills working within the hotel industry. We're looking for a Conference/Banquets Manager with strong leadership and organizational abilities to fill a position in Winkler, Manitoba. You will manage the day to day running of each event, with a varied workload in this challenging role in which no day will be the same. If you enjoy working in a fast-paced environment and have a skill for multi-tasking, then this career is for you!

What You Will Do:

- Maintain the day-to-day operations of the department: Banquet sales, food and beverage preparation and execution of all conference, banquet and catering events.
- Oversees hiring and firing of all Banquet staff while adhering to all company standards and policies
- Ensure optimum customer service is maintained and exceeded with all events
- Purchase all supplies and products; keep control of inventories, cash
- Ensure all Banquet and Catering events are setup and executed, presents a good impression and provides a safe environment when guests arrive and are around the hotel.
- Work closely with all Hotel departments for efficiency for all events and support

Must Haves:

- Minimum 5 years' experience, secondary education preferred
- Industry courses would be an asset
- Ability to communicate effectively both orally and in writing
- Possess or willing to obtain Food Handlers Certificate, and Serving it Safe certificate for responsible alcohol service.



If you are the interested, please contact Tim Spiller at tim@qualityinnwinkler.com Phone (204) 325-4381

FIND THE RIGHT PERSON FOR THE POSITION with an EMPLOYMENT/CAREERS AD in



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SUMMER EMPLOYMENT

Louise Recreation District

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for a variety of programs. All interested persons are invited to forward a brief description outlining their area of interest, contact information and avail ability. Instructors who have worked with us in the past are invited to resubmit their information. Currently we are seeking instructors for upcoming **Art** Classes, Cardio/Exercise Programs, Zumba/ Zumba Gold and Volunteers to help with our Summer Programing. We are also looking for volunteer coaches for all age groups of Soccer. If you have interest in starting a program not mentioned; we want to hear from you!

Please forward your information to louise_rec@hotmail.com or by mail to Louise Recreation, Box 480, Pilot Mound, MB ROG 1PO.

There are also Full Time and Part Time LIFEGUARD positions still available at the Pilot Mound Swimming Pool, please contact our office for more information. 204-245-0680.

We look forward to the possibility of working together.

AUCTION

HOUSEHOLD AUCTION 831 SOUTH RAILWAY AVE., WINKLER **SAT., MAY 9 AT 10 AM**





Scotter 2014 special edition Shoprider 4 wheel scooter Russian built (Kruger Clock) ?? Yard windmill approx. 8 ft tall etc. Delta Tiller with two speed, 2 hp with 13 "wheels, complete with Charger etc. enclosed gear case, pendulum, and two weight chains. China-head Doll and other dolls. Face may have been repainted. Press back good sturdy arm chair. GE dryer, Hotpoint washer. Good wooden dining table with flip in boards. Side by side fridge white. 30 " range. Garage fridge. Bedroom suite. Large old chest, may be ceder lined. Set dresser and chest of drawers. Double bed. A few dolls etc. Chrome caster dining chairs. 3 couches and other seating chairs etc. Electric sewing machine. Spoon collection, will sell by the lot with display boards. Lots of china cabinet nick nacks, Royal Albert china. Two Corelle dinner sets. Others dishes, cookware, bowls and other genuine dust collectors. Don't miss it. It's the first town auction this spring.

See www.billklassen.com for listing & photos



2015 Manitoba

Electrical Expo The Electrical expo is open

to all electrical contractors. designers, specifiers, electrical maintenance personnel as well as building owners and managers. The Expo features 2 days of displays and seminars for the entire industry.

> 2015 Manitoba Electrical Expo May 20 / 21 Red River Exhibition Park

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ABC and BC-rated fire extinguishers manufactured between July 23, 2013 and October 15, 2014 could be

If you believe you may have one of these fire extinguishers please contact Kidde Canada at 1-844-833-6394 (8am - 5pm) Mon-Fri or and click "Safety Notice."

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960 Pembina Ave. Winkler For info call:

John 204-332-2129 or Bill 204-325-3456

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Crossword Answer

CROSSWORD

CLUES ACROSS

- 1. Dried hemp leaves
- 5. Shuts
- 11. Golf shot
- 12. Emitting light
- 16. Maple genus
- 17. Integrated circuit 18. O'Reilly from "M.A.S.H."
- 19. SNL'S Olympia Rest. dish
- 24. Liberal degree
- 25. Short task trip
- 26. Must have something
- 27. Prefix for wrong
- 28. Student furniture piece 29. Semitic fertility god
- 30. Back talk
- 31. Lost brightness
- 33. Reconnaissance (Brit. military)
- 34. A narrative song
- 38. Men who cannot lose face
- 39. Bastard wing
- 40. 55121 MN
- 43. Young sheep
- 44. Fashioned
- 45. Short fight
- 49. Large payroll service Co. 50. Fantasy video game
- 51. Blind spot or
- 53. 39th state
- 54. Dessert topping
- 56. Eyelashes
- 58. Touchdown
- 59. 2nd largest Spanish river
- 60. Made poisonous
- 63. Favorite old shade trees
- 64. Table linen
- 65. A measured portion of medicine

CLUES DOWN

- 1. Separated
- 2. 32-card game
- 3. Guides a vehicle
- 4. A brief run of luck

- 16 19 25 39 43 49 53 56 60 63 65
- 5. Baby bed
- 6. Manuscript gaps
- 7. Overdose
- 8. Yes in Spanish
- 9. Dog-: shabby & worn
- 10. Mark with an asterisk
- 13. Potato state
- 14. Cereal giant
- 15. Lawn, sedge & cereal
- 20. Tin
- 21. -__, denotes past
- 22. Interpret written words
- 23. Jelly-like colloid
- 27. Speed of sound
- 29. Initials of "Jezebel" actress 30. Not wet
- 31. Supervises flying
- 32. In the year of Our Lord
- 33. Stood for election 34. A state of equilibrium
- 35. His magic lamp

- 36. Small sugar cube
- 37. Bachelor of Laws
- 38. Pa's partner
- 40. Wyatt ___, OK Corral
- 41. Device that makes 2 pieces compatible
- 42. NBC's parent Co.
- 44. Japanese apricot
- 45. Concrete leveling guide
- 46. Adobe dweller 47. Warning devices
- 48. Having many branches
- 50. Vesh. "Star Wars"
- 51. Doc
- 52. Carrier's invention
- 54. German for Vienna 55. Contrary water movement
- 57. Roman 55
- 61. Out of print
- 62. Of I

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Winkler 🔵 Morden

IN MEMORIAM



Marion Friesen September 27, 1941 - May 11, 2013 Loving Wife, Mother and Grandmother It's been two years since God called you home. Without you it's just a house, No more a home. We know you're an angel Up there in God's care, And one by one, We plan to join you there. -Lovingly remembered and sadly missed, The Friesen family

IN MEMORIAM



Phyllis Rampton July 12, 1924 - April 28, 2014 Your cheerful smile, Your heart of gold; You were the best. This world could hold. Never selfish, always kind, These are the memories you left behind. -Lovingly remembered and sadly missed by her family

OBITUARY

George Banman 1914 - 2015

George Banman entered peacefully into the presence of his Lord and Saviour with family by his side on April 27, 2015 at Salem Home in Winkler, MB.

George was born March 29, 1914 to Henry and Helena Banman of Winkler. He accepted Jesus Christ as his personal Saviour in 1937. George was married to Mary Wiebe on October 10, 1937. George and Mary farmed near Plum Coulee until 1970 after which they moved to Plum Coulee and later in 1993, to Winkler. George suffered a stroke in November 2010 and was hospitalized in Boundary Trails Health Centre until January 14, 2011 when he was transferred to Salem Home.

He is survived by two children, Mary Anne and Harvey Unrau, Rodney and Viola Banman; five grandchildren; 11 great-grandchildren; one brother and one sister. He was predeceased by Mary December 29, 2006.

Funeral service was held at 2:00 p.m. on Sunday, May 3, 2015 at Wiebe Funeral Chapel in Morden with interment at the Bloomfield/Rosewell Cemetery.

If friends so desire, donations may be made in George's memory to Back to the Bible Broadcast.

Wiebe Funeral Home, Winkler In care of arrangements, wiebefuneralhomes.com



OBITUARY

Edna Hildegard Reichert (nee Rosen) 1923 - 2015

On Friday, May 1, 2015 at Tabor Home in Morden, MB, Edna Reichert aged 91 years formerly of Manitou peacefully went to her eternal rest.

Edna was born in the 1-6 area. As a young woman, she went to Success Business College and worked in the Land Titles Office until she married Cecil Reichert of Thornhill, MB. They worked hard to build their farm up when Cecil passed away at the age of 46. Edna continued on with farm life and had a variety of animals that she enjoyed nurturing. Along with Edna's many interests, she was also an avid gardener who took pride in her surroundings.

Mom felt a very close relationship with the Lord and read her Bible daily. Her family loved her wonderful cooking and delicious baking. She was also a great seamstress. She obtained her LPN Nursing certificate and nursed for many years. In 1993, Edna moved to Morden.

Left to cherish her memory are her three children, Jim (Maria), Wayne (Barb) and Cecile (Rick); three grandchildren, Chrissy, Julie (Jamie) and Aura-Lee (Marc) and two great-grandchildren, Neko and Oscar as well as her sisters, Isabel Reichert, Marjorie Brunn and Evelyn Alwin. She was predeceased by her husband, Cecil Reichert in 1963.

Funeral service was held at 11:00 a.m. on Thursday, May 7, 2015 at Wiebe Funeral Chapel, Morden with private interment at Manitou Cemetery.

The family would like to thank the staff at Tabor Home for their excellent care and thoughtfulness in taking care of Mom.

In lieu of flowers, if friends so desire, donations may be made in Edna's memory to the Tabor Home Memorial Fund.

> Wiebe Funeral Chapel, Morden In care of arrangements, wiebefuneralhomes.com









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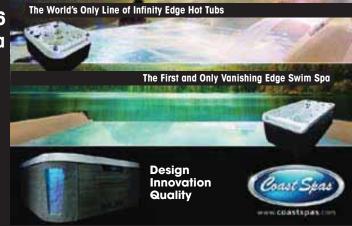
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How to make your renovation a successful, positive experience

- 1. Know your goal. Ask the question, "What is this renovation designed to accomplish? More functionality? Storage? Living space?" If a homeowner doesn't know where they're going with the renovation, chances are they'll never get there.
- 2. Do your research. In most things, knowledge is power, and knowing what to expect, in advance, can keep expectations in check. Investigate options, budgets and timelines, and arrange financing in advance.
- 3. Hire professionals. Be sure that they are happy to work with you to meet your budget and achieve your vision. Communicate clearly and often to ensure understanding on both sides.
- 4. Opt for a general contractor and trades that are experienced, licensed and insured. Don't hesitate to check credentials and references. Get recommendations from family, friends and colleagues who have had work done and were satisfied with the results.
 - 5. Start with quality building materials. When

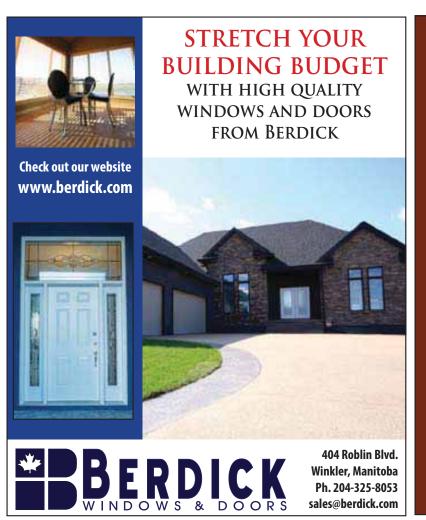
it comes to home renovation and construction, the adage, "it's what's on the inside that counts" seems apt. While homeowners tend to get caught up in the aesthetics of a project, such as finishings and paint colors, the key to a successful renovation often lies in what you won't see. Investing in quality behind your walls will ensure durability, comfort and safety for years to come.

- 6. Focus on the basics. This includes quality electrical, plumbing, HVAC, framing and drywall. Don't underestimate the importance of insulation - especially in a basement renovation. Not all insulation is created equal. Opt for insulation that is fire-resistant, sound absorbent and resistant to mold, mildew, bacterial growth, and rot. In my renovations, I like to use products like Roxul's Comfortbatt and Comfortboard IS to help achieve a more energy efficient home, buy you valuable time in the event of a fire and prevent moisture issues that can pose health risks and lead to costly repairs.
 - 7. Develop a good plan. This includes prepar-

ing for the unexpected. Setting aside a 20 percent contingency fund will help bring you to the finish line when unanticipated issues creep up.

Lastly, the key to a successful renovation includes patience. Living in a construction zone - or alternately moving out while the work is done - can be stressful and trying. Keep your eyes on the prize. There's nothing more rewarding than the end result, which can bring years of enjoyment and ultimately add to your home's bottom line.







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Tips for preparing your vegetable garden

Are you feeling the urge to grow your own vegetables now that spring is here? What a great idea. Planting your own garden is a rewarding activity that will not only save you money but will also provide you with vegetables overflowing with goodness and flavour.

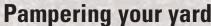
Organizing your first vegetable garden requires a little planning. Choose a location that receives at least six hours of sun per day and is sheltered from the wind. Make sure you have a source of water nearby. The size of the garden should be in proportion to what you want to plant. A tip: don't go overboard during the first year. You're much better off trying your hand at a small vegetable garden to start with. Remember that you'll need to devote some time to this activity. A vegetable garden measuring 2.5 square metres will require about 45 minutes per week of maintenance work.

There are four essential steps to preparing the ground: weeding, turning the soil, aerating and adding compost and a natural fertilizer. Wait until the ground has dried out so as not to end up with soil that is compact and difficult to work with. Although it may seem tedious, preparing the soil is of paramount importance; the lighter and looser the soil, the better your chances

of success.

Wait until all risk of ground frost has passed before you plant anything. By the way, there's one thing you can be sure of: your patience will be fully rewarded when the time comes to harvest your crop.

Planting your own vegetable garden is a rewarding activity, as well as a delicious one.



Has winter been hard on your lawn? Don't panic. The first thing to 1 to rush outside and start work on the grass when the ground is still s time to get out the leaf rake and pick up all the debris is when you grass without sinking in.

Make the most of a beautiful day to remove any protective cover trees and shrubs. Cut back dead and damaged branches, being damage the buds. Remove annuals, prune perennials and clean y you didn't get around to doing these chores last fall. Go gently, tal trample on perennials that are already beginning to show. Add com soil, if necessary), and cover your beds with a good layer of mulch. You may have noticed that field mice or other rodents have made

your lawn. There may also be patches of grass that are complete ensure that weeds don't take over all the bare spots, aerate your law seed as soon as possible. A tip: use quality seed. Better to pay a little up with a bag of seed that may contain weeds.

No time to take care of yard work in the spring? Hire a freelance gar

will love pampering your yard for you.

Composting is for

Canada has been celebrating International Compost Awareness Week since 1995. Sponsored by the Compost Council of Canada, this year's event will take place from May 5 to 11, with the theme "Feed the Soil . . . COMPOST!"

Both industry and individuals are the targets of this awareness campaign. Composting is an eco-friendly activity within everyone's reach, whether you live in a downtown apartment, a pretty country house, or even if you own a business. All you have to do is to adapt it to your lifestyle.

Composting consists of recuperating organic waste, which eventually turns into a dark brown soil matter that enriches gardens. Best of all, it reduces pollution and the amount of garbage going to waste management sites. The composting process takes between three months and three years, depending on the chosen method.

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A Canadian household can reduce its yearly garbage production by up to 40 percent simply by composting. All it takes is a small investment for the purchase of a domestic composter as well as a container for kitchen waste. After that, all you need is your kitchen waste and lawn cuttings!

One of the most persistent myths about composting is that it smells bad. True enough, mixing kitchen waste, leaves, and maybe even a few worms in the same container doesn't seem very appealing. However, it is really just a matter of chemistry. Compost will not smell if the different elements of a good composting recipe are respected.

If you'd like to start composting, your first step should be to learn all about the procedures to follow. And even though this natural fertilizer can be made throughout the year, don't forget that spring is the best time to start.



Bees, moths and butterflies Create a pollinator oasis right at home

Did you know that about one-third of the world's food crop production relies on pollination? Perhaps due to this connection, the plight of pollinators (bees in particular) has recently become highly publicized worldwide. Todd Farrell, conservation biologist with the Nature Conservancy of Canada (NCC) says that while bees have been the poster child in the media, other pollinators such as butterflies and moths that are facing similar challenges should not be left out.

"We are just beginning to understand pollinators' importance in our ecosystems and food systems, and their status in the wild," says Todd. "Insect diversity is vast and there's a lot we still don't know. Building up this knowledge base can help us better manage our lands." Farrell says that by conducting targeted surveys and contributing to province-wide counts, NCC scientists are able to gather more information on population sizes, trends and the locations of certain pollinator species.

For example, findings from one of last year's moth surveys at an NCC property in the Rice Lake Plains Natural Area proved great potential as a core area for provincially and nationally significant moths. While conservation organizations like NCC are making progress in the field and helping us build a better picture of pollinators on the lands they protect, change can happen right at home.

Here are three ways you can be a champion for our

Pollinator friendly plants and wildflowers Species such as wild bergamot and black-eyed Susan are examples of plants suitable in all areas. However, some plants may only be appropriate for a certain habitat type or climatic zone. Use native plant guides to learn about what's appropriate for

Plants that pollinators will love include bee balm, milkweed and other nectar- and pollen-rich species. Choosing a variety of plants that flower at different times of the year helps ensure a steady food supply for our pollinators!

Tip: Once you've selected your seeds, help them germinate by sealing the seeds in a Ziploc bag with a damp paper towel. Then store them in the refrigerator for a few weeks until the risk of frost has passed.

Water and salt licks

Access to fresh, clean water is essential for pollinator health. Line a shallow dish with a few pebbles as landing pads, and voilà: a hydration station for your ladybugs, butterflies, bees and more.

Butterflies also use salt licks to satisfy a need for nutrients and minerals. Make your garden more inviting by creating a damp area over bare soil mixed with a little sea salt for a DIY salt lick.

Tip: Spot a grounded, exhausted bee straggling about? Help get it back on its feet (or wings rather) by offering a spoon with sugar water.

Nesting havens

You may be surprised that not all bees live in hives; in fact, of Canada's 800 native bee species, about 30 percent are solitary and live in underground burrows, wood tunnels or other cavities.

Tip: Even without any carpentry skills, you can build a bee condo using wood blocks and hollow

Will you help bring back the buzz of pollinators this season? Find out how you can help by contacting your local NCC office and sign up for volunteer opportunities such as tree plantings, invasive species removal and butterfly counts at www.natureconservancy.ca.



Power tool safety tips

Power tools can dramatically reduce the time it takes to complete home improvement projects. Professional contractors regularly rely on power tools for cutting and sanding, and many do-it-yourself renovators follow suit and invest in power tools to help get the job done. But power tools, in spite of their usefulness, are not without risk. According to the Work Safe Center, power tool injuries account for as many as 400,000 emergency room visits in the United States each year. Power nailers, chain saws and table saws account for the greatest number of injuries. Keeping safe is of the utmost priority when using power tools. Here's how:

- · Read all manufacturers' instructions and guidelines before use.
- · Keep your tools clean and in proper operating condition.
 - · Use the right tool for the job.
- · Always wear eye protection, such as safety glasses or goggles.

- · Wear standard cotton or leather work gloves to protect hands.
- · Consider the use of earplugs or earmuffs with loud power tools.
- · Don't use power tools in proximity to flammable vapors, dust or construction materials.
- · Always check that wires are kept away from blades.
 - · Maintain a tight grip on a tool.
- · Do not overreach when using tools, and maintain balance.
- · Pay attention when working with any power tool.
- · Only use attachments specifically recommended for the power tools and ensure proper installation.
- · Unplug all power tools during breaks and anytime when tools are not in use.
- · Routinely inspect tools for damage.
- · Keep tools stored in secure locations when not in use.

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"We've been in Morden for 15 years and we've never lost a tree," says owner Earl Swayzie, speaking specifically about Dutch elm diseases and their treatment for it.

"To protect your tree from Dutch elm disease, the sure way is to have them injected with a fungicide," he says, noting spray services are not as effective or long-lasting as injections, which need to be done once every couple of years.

St. James Tree Service uses a high-quality chemical that has the science to back it up, he says.

"We've used it in Morden, Winkler, Steinbach, Winnipeg, all over - all with a very high success rate. We use a high quality product, and we're also very affordable."

St. James Tree Service also has effective treatments for insect infes-

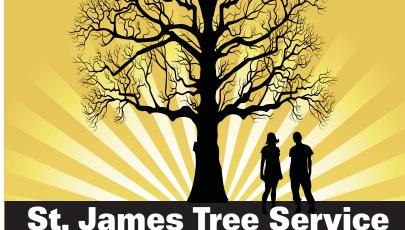
tations, including birch, oak, and ash problems, to name a few. These tiny insects feed on leaves and bark, destroying otherwise healthy trees.

"We can treat them all," Swayzie says. "Really, it's any kind of disease in any trees. Any trees you've got problems with, we can control. I like to tell our customers that if we can't, nobody else can. And that's a fact."

Don't wait for a tree to be too far infected, preventative treatment is the best way to go. You could have your tree for a longer period. It's cheaper to protect your tree than to have it removed. Some cities are not paying for this service anymore.

"It's a lot cheaper to protect it than to have it taken out, and you've still got your tree at the end of it," Swayzie says, stressing that trees give back so much in return. "They create oxygen, keep your home cooler, prevent soil erosion on river banks, stop the snow and wind—there's so many things trees do for us."

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