

VOLUME 10 EDITION 7

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Winkler **M**orden The

THURSDAY, FEBRUARY 14, 2019

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PHOTO BY ASHLEIGH VIVEIROS/VOICE

Morden Coun. Alex Fedorchuk (left) and Winkler Mayor Martin Harder (right) joined Michael Penner, executive director of Big Brothers Big Sisters of the Pembina Valley, at the Winkler bowling lanes last week to kick off the Bowl for Kids 2019 fundraising campaign. Bowl for Kids takes place on Saturday, March 16. There are still plenty of open slots for teams hoping to take part. For the full story, see Pg. 5.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know





Winkler Physiotherapy's team strives to create a welcoming rehab atmosphere

Winkler's newest physiotherapy clinic strives to offer its patients a comfortable and relaxed rehabilitation experience.

Winkler Physiotherapy opened its doors last month at 175 Roblin Blvd. East (the former Sunvalley Tire building).

The clinic is an expansion of Morden Physiotherapy, which also has an office in Carman.

"It was the need, really," said co-owner and athletic therapist Tim Shantz on what led him and business partners Jared Hildebrand and Ashley Froese to tackle their second expansion in as many years.

"We knew that there was quite a wait time for therapy in the area and we were also seeing quite a few Winkler patients in our Morden clinic," he said. "And we have a large family/friend base of therapists that grew up, live, and want to work in Winkler, so it was a natural growth to the area."

Since opening in mid-January, Winkler Physiotherapy has welcomed many returning and new clients to its approximately 2,600 sq. ft. of rehab space. "We have six treatment areas—three private, three

semi-private—and plenty of workout space, including a full array of cardio equipment and weights," said Shantz, noting they're open five days a week.

The clinic offers a range of services, including physical and athletic therapy, acupuncture, orthopedic bracing, custom orthotics, vestibular therapy (which deals with balance and dizziness), and women's health/pelvic floor physiotherapy.

Those last two services are unique in this area.

"To my knowledge, we are the only ones offering those," Shantz said. "We polled doctors in and around the area as to what things were needed and those were the big ones that they really wanted to see. We've had people banging down our doors for those therapies."

Educating themselves on new types of treatments is something the staff at Winkler Physiotherapy thrives on.

"We're all in the field because the education side interests us," Shantz said. "Being able to learn things you didn't use in your practice a week, a year, or 10 years ago is exciting."

The clinic also prides itself on becoming part of the community by giving back to it.

"This is a community-based clinic," stressed Shantz. "Each clinic does donations and charitable events. It's not that we all live in one place and just work in another."

Beyond that community-mindedness, it's the staff and the atmosphere they help create that really sets Winkler Physiotherapy apart.

"We've got a great team," said Shantz. "We want people to walk into a welcoming rehabilitation atmosphere, and I think we've done a good job in providing that."

Learn more about Winkler Physiotherapy online at winklerphysiotherapy.ca or give them a call at 204-331-6004.

www.winklerphysiotherapy.ca Visit us on Facebook & Instagram!



Search for missing woman called off after human remains found

By Lorne Stelmach

Morden RCMP found human remains in the RM of Stanley Monday as they searched for a 25-year-old woman who had been missing for nearly four days.

Police said the remains were found at approximately 1 p.m. in a ravine near the village of Schanzenfeld, but at press time Tuesday morning they had not yet officially confirmed they belonged to Maria Pluschnik, who had been missing since last Thursday

However, social media posts from those close to the family confirmed the remains did belong to Pluschnik. RCMP also called off the search in the area Monday afternoon.

Earlier that day, police had put out a

call for the public's assistance in the disappearance of Pluschnik.

She was last seen in Schanzenfeld the evening of Feb. 7 when she left in her vehicle, a green Dodge Caliber, headed for a restaurant in Winkler.

RCMP were first alerted Saturday, Feb. 9 around noon that she had gone missing.

On Sunday, Pluschnik's car was located abandoned at the intersection of Road 22 West and Road 8 North (southwest of Schanzenfeld). Police say it appeared it had gotten stuck in a snowdrift and had been there for some time.

"She did leave her cell phone at home. The RCMP does have her cell phone, and her vehicle as well is being looked at ... to see if there are any clues," RCMP media relations officer

Cpl. Julie Courchaine said Monday morning.

"The RCMP did a search on snowmobile [Sunday] as well as the police dog service attended and searched the area around where her vehicle was," she added, noting the area is about three kilometres away from Pluschnik's home. The site is also a fair walk away from any other houses.

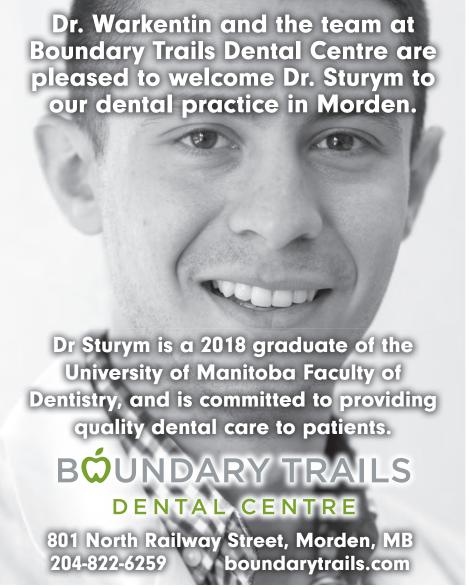
The ravine where Pluschnik's remains were found is a few kilometres from where police found her vehicle.

RCMP PHOTO

Just hours after asking the public for help in finding Maria Pluschnik, 25, searchers on Monday discovered human remains in a ravine not far from her abandoned car.







Prolific blood donor drops the puck at Flyers game

By Ashleigh Viveiros

Jim Thiessen first started donating blood as an 18-year-old who simply wanted to do what he could to help others.

Fifty-seven years later, with 188 donations under his belt, the 75-year-old can rest assured he's helped save hundreds of people.

"Jim's story is incredible," said Mike Choi, Canadian Blood Services territory manager. "The dedication really shows and [it also shows] the difference that one individual like Jim can make in the lives of many."

"I don't know if I ever really think about that," said Thiessen when presented with the number of people his donations have likely helped (upwards of 750). "But it's like everything else that you do: you do it for other people. I've always been a people person."

Thiessen was honoured for his commitment as a blood donor at the Feb. 5 Winkler Flyers game against the Selkirk Steelers.

The junior hockey team was raising awareness about the importance of blood donation as part of the Hockey



PHOTO BY RICK HIEBERT/VOICE

Jim Thiessen was asked to drop the puck as the Winkler Flyers squared off against the Selkirk Steelers Feb. 5 in honour of his 188 times donating blood over the past 57 years.

Those Clever Siberian Chipmunks

from Creation Moments Radio Program

Psalm 7:10
"My defense is of God, Who saves the upright in heart."



Siberian chipmunks are pretty low on the food chain. Everything from snakes to foxes seek out a chipmunk meal. However, Siberian chipmunks are very clever at using one of their enemies to defend themselves. If a Siberian chipmunk discovers a dead snake, it will be understandably careful in making sure that it is dead. Once it is certain, the chipmunk will chew on the dead snake's skin.

Then, in behavior naturalists call "self-anointing," the chipmunk applies the chewed snake skin to its coat. The chipmunks will also self-anoint with snake urine and feces. Field studies showed that while the chipmunks ignore the carcasses of frogs, birds or lizards, they will self-anoint in this way from four species of snake.

Further field observations explained the reason for this strange behavior. Snakes are less likely to eat an anointed chipmunk. The snake odor on the chipmunk may also deter other animals that feed on the chipmunks. The chipmunks' defense strategy raises some difficult questions for those who believe that the living world is a product of chance. How could these chipmunks figure out that coating themselves with the skin of their mortal enemy would protect them from that enemy?

The task of developing this strategy and then overcoming its natural fear to approach that enemy, albeit dead, seems far too large for a chipmunk's mind. However, it is a small and simple task for the Creator, Who made all things and taught the chipmunks to protect themselves. That same God protects us from that old serpent, the devil, through His Son, Jesus Christ.

Prayer: Dear Father, help me to daily put on Christ to have Your protection. Amen.

For further info. contact Creation Science of Saskatchewan Inc., Box 26, Kenaston, SK. SOG 2NO or call 204-325-5244. Copyright@2012 by Creation Moments, Inc. P.O. Box 839, Foley, MN. 56329 or www.creationmoments.com Gives Blood initiative, hosting a community night that saw Thiessen drop the puck.

Hockey Gives Blood was created in the wake of the Humboldt Broncos bus accident that claimed the lives of 16 people last spring.

The non-profit group gives the hockey community a chance to give back and help reduce blood shortages nationwide.

"It's a good thing for all of us teams to get involved with after the Humboldt Broncos tragedy last April," said Matt Friesen, Flyers director of sales and marketing. "It's one of those things where we can all do our part to help out."

Friesen noted several Flyers staff were set to donate blood later in the week, while many players are regular donors in the off-season.

"Hopefully this is something that we can put at the front of people's minds that it's something they may want to get involved with," he said. "It can be a little scary for some people, but once you go it's not as bad as you think"

Getting Thiessen to drop the puck was a way to both honour him and highlight the need for more donors like him, Friesen added.

"At the end of the day, it's a giant accomplishment for this guy to go give 188 pints of blood to people that he will probably never meet," he said.

"That's a lot of lives saved."

"Hopefully examples like Jim will encourage others to strive for the same," agreed Choi. "Our donor base across Canada is quite small and we depend on a very small group of committed and dedicated donors like Jim to ensure that all of our hospital patients across the country get the blood and blood products that they need.

"If everyone is able to do a bit of their part and work towards what Jim has achieved, then our patients in our community have nothing to worry about."

When asked what's kept him at it all these years, Thiessen shared a story that illustrates the impact a blood donor can potentially have on the lives of friends and neighbours.

"I used to be on the blood bank at the old hospital in the early '80s, '70s ... one night we got called in—because I'm an O Negative donor, a universal donor—and there was a situation where they needed blood in a hurry and they couldn't wait for somebody to go to Winnipeg and get it. It would just take too long. People would die by that time. So they called a bunch of us in.

"The next day I happened to be at the hockey game here and Dr. Klassen was here ... and he says, "You can

Continued on page 6



VOICE FILE PHOTO

Bowl for Kids 2019 takes place at the Valley Bowling Lanes in Winkler March 16. Participants are encouraged to come dressed this year as their favourite storybook characters.

Bowl for Kids raising funds for Big Bros.

By Ashleigh Viveiros

Big Brothers Big Sisters of the Pembina Valley's biggest fundraiser of the year is coming up fast, and they invite you to be a part of it.

Bowl for Kids 2019 takes over the Valley Bowling Lanes in Winkler on Saturday, March 16.

BBBS executive director Michael Penner says they're setting their sights on hitting a goal of \$35,000 in donations.

"We've come close the last two or three years and so we're hoping this year is the year to reach it," he said.

"It's a fun event with a good cause. You just come out and you bowl, you have fun with it," Penner said. "And then, of course, all the money that we raise goes directly to help kids ... you're helping the vulnerable in our communities to hopefully gain confidence in themselves and to reach their full potential."

The mentoring agency currently serves 90 children and youth in our area, ranging from one-on-one mentoring matches to group programs.

> "YOU'RE HELPING THE VULNERABLE IN **OUR COMMUNITIES** TO ... REACH THEIR **FULL POTENTIAL.**"

The bowling lanes have room for 48 teams in various time slots throughout the day that day.

"We'd love to fill up," Penner said, adding they already have 28 teams committed."We're well on our way."

Bowl for Kids participants can collect pledges both in-person or online in advance of the event. If you don't know someone who's bowling but still want to support the cause, you can make a donation online at pembinavalley.bigbrothersbigsisters.ca.

"We try to make it as easy as possible to give," says Penner, adding supporters are also welcome to stop by the lanes on March 16 to drop off a donation or purchase tickets for the prize raffle. Among the list of prizes is a big screen television, a night out in Winnipeg package, golf passes, symphony and theatre passes, and more.

There's also a fun storybook theme for this year's bowl-a-thon and bowlers are encouraged to come dressed as their favourite storybook character for a chance to win a prize.

To sign-up a team, head online or call Penner at 204-325-9707.

Last week, Penner was joined at the lanes by Winkler Mayor Martin Harder and Morden Coun. Alex Fedorchuk to drum up interest in Bowl for Kids.

Harder lauded the agency for the work it does with at-risk youth.

"This is an opportunity for people to be a role model in the young people's lives," he said. "It's a tremendous asset to the future growth of our community."

Continued on page 6



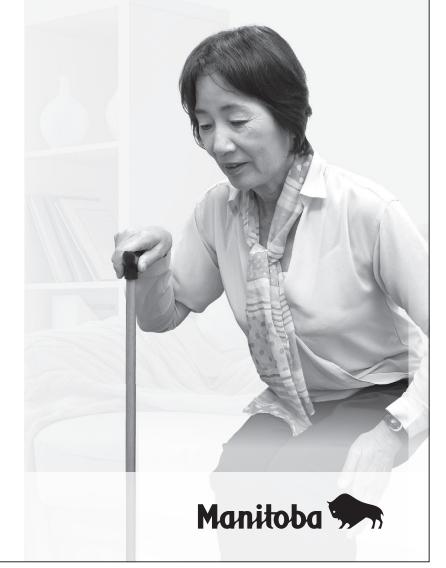
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Setnember 2 Septiment - VIEWPOINTS - LETTERS

The bilingual bathroom reader

ecently I found myself seated in the bathroom for an extended period of time trying to figure out what in the world I would write about for my next column.

This happens fairly regularly (both finding myself in the bathroom and

struggling to come up with column ideas) and on those occasions I usually have my phone with me. I fully accept that I have become a slave to technology and screen time. I like to think of it as a way of keeping up



By Peter Cantelon

with the latest advancements (not to mention news and gossip).

Upon this most recent instance, though, I found myself forlorn and without my beloved phone.

Obviously sitting there contemplating life and the thoughts in my head was absolutely not going to happen, and so I began to do something I had not done since childhood: I started reading the products within arm's reach.

"Looking for a gentle shave?" asked

Gillette

"Relieves dryness at the source for visibly healthier skin," assured Jergens.

"Sunkissed citrus and nourishing honey hand soap," promises another.

"MaxClean with whitening Smart-Foam," reads Colgate.

"Pillowy softness you can see and feel," lies the toilet paper.

Products can be interesting. I used to read them all of the time as a child passing the time in the bathroom. We were never one of those families that put magazines or books in the washroom.

Sometimes while visiting friends or relatives you would find a treasure trove of such items to browse through: Chatelaine, Maclean's, Time, National Geographic. Often these were kept in a holder next to the toilet as if you were expected to spend time reading while there.

My friend Mike's parents had a fantastic selection of *Bathroom Reader* and joke books, but one had to be careful not to burst out laughing while in the bathroom because it was just off the living room and you were bound to be heard.

People have all kinds of interesting habits to while away the time on the commode. I had a co-worker back in the pre-wireless internet days who would attach a 30-foot network cable to his laptop and spend an hour in the bathroom reading and responding to

Ah, those were the days. No Angry

Birds, tower defense games, or You-Tube apps to help pass the time.

I learned most of what I know about French in the bathroom or the kitchen. Every Canadian product has to have English and French on it and so it was often a task to read the paragraphs and ingredients comparatively, thus learning the French equivalents such as "dentifrice au fluorure" or "sans parfum."

At the kitchen table this same occurrence would happen as I sat and consumed various cereals before school. Milk/lait, cereal/céréale ... and everything was "enrichi de fer." Such an education.

I believe everybody does this in the way a man who thinks he is normal thinks everyone acts and thinks the way he does. I cannot imagine sitting in the washroom staring straight ahead with nothing but my own thoughts to keep me company, and so I read.

I would hazard a guess I have read more in the bathroom than anywhere else, and yet for all that reading I have not encountered one bestseller ... maybe tomorrow.

ingry (e

The *Voice* welcomes letters from readers on local and regional issues and concerns.

Letter policy

Please keep your letters short (excessively long letters are unlikely to be published), on-topic, and respectful.

The *Voice* reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

Send your letters to us by e-mail at news@winklermordenvoice.ca or via mail to:

Editor Winkler Morden Voice Box 185, Winkler, MB. R6W 4A5

"They fill a wonderful need"

From Pg. 5

"I think of all the young people that need a mentor and they need a leg up, they need some help in their life," added Fedorchuk. "They fill a wonderful need."

> BLOOD DONATION, FROM PG. 4

put a feather in your hat—you saved two lives last night."

Thiessen has no plans to stop donating anytime soon (he's aiming for the 200 donation mark before he considers retiring), but he'd love to see more people come out to the local blood

clinics.

"Don't be afraid to come and try it. There is nothing to it," he said." I have never felt any different leaving than I did going in. Not once in 188 times."

For details on upcoming blood clinics, head to blood.ca.

Morden youth competes in national debate competition

"I'M SUPER

PUMPED TO HAVE

ANOTHER STEP IN

THIS JOURNEY."

By Lorne Stelmach

A Morden student had an opportunity this weekend to make her case for being one of the top young debaters in the country.

Mollie Wheeler participated in the national public speaking championship at St. John's Ravenscourt in Winnipeg starting Saturday.

The event continued with the final rounds on Monday, and she ended up as a finalist in the interpretive reading category, which meant she made the top 12 in the country.

Wheeler had earned the right to be one of seven Manitoba students in the

running after qualifiying at an earlier provincial competition at Balmoral Hall.

For Wheeler, the event caps off quite a year, which included a trip to Quebec last fall to participate in a national debate seminar. Wheeler received the Founder's Cup Award for the

top debater from Manitoba as well as the Chief Justice Award for the top bilingual debater from among about 120 participants.

"I'm super pumped to have another step in this journey," Wheeler said Friday in advance of the competition. "I think it's going to be another great learning experience and more great memories."

"It's a pretty intense thing ... and it's definitely going to work her hard, but this is all part of her experience," said Michael Macaraeg, the debate coach at Morden Collegiate, which is set to

host the 2019 National Student Debate Seminar this September.

The qualifying provincial competition involved two impromptu debate rounds as well as a main persuasive speech of seven to 13 minutes in length. Wheeler's topic was why kids should take swimming lessons.

"I'm a swim teacher, so I wanted to do something that kind of hit close to home, and it ended up going very well," she said. "I was proud of my speech, and I felt good about it, but I didn't realize that I had done well enough to be able to qualify for this national tournament."

She was facing a similar array of

events this weekend with another persuasive speech, two impromptu debate rounds, and two impromptu speech rounds. In the latter, competitors are given a choice from among three topics and then has two minutes to decide before then speaking for five minutes.

Wheeler's

speech topic was addressing the gender imbalance in high school physics classes and how that leads to the gender gap in the engineering field

"In some ways, it can be a dry topic, but the more research I did on it, the more I realized that I was actually very interested in this," she noted. "I'm not sure it's something that I want to do, but since I've been working on this speech it's definitely opened my eyes

She is also particularly looking forward to another event that involves



PHOTO BY LORNE STELMACH/VOICE

Morden Collegiate student Mollie Wheeler and debate teacher Michael Macaraeg were in Winnipeg this weekend to compete in the national student debate championship at St. John's Ravenscourt.

doing a reading. Macaraeg led her to a book called Einstein's Dream, from which she has selected two chapters.

"It's been super fun to kind of figure out which words you want to emphasize and how you can kind of bring the reading to life," said Wheeler.

She also quite enjoys the impromptu rounds.

"You don't really have to do any prep work going into it ... everyone is on the same page, no one knows what they're going to be talking about. You just have to see what you can come up with," she said. "The debate rounds are interesting as well ... you get to work with your partner to develop a case together. So it's also meeting new people who are intelligent and maybe have different world views than you."

Macaraeg suggested Wheeler is excelling at debate because "she's got a fervor for learning.

"We've really been impressed with what she's been doing ... we know that she can debate and analyze ... this tournament's going to give her a chance to work on honing her skills in terms of speaking style.

"I think she has a passion for learning, and this is just another avenue that's outside of the classroom where she's interested ... and she has a real knack for researching these hot button issues and finding out what drives those and why people are so interested in them."

"When I first joined debate, I joined it because I thought it would look good on a resume or on university applications, but I've ended up growing as a person and as a student," Wheeler said. "Learning and broadening my world views is something that has always been very important to me, and it's something that my parents have always encouraged."

Co-op accepting applications for community funding

At first glance, there isn't much in common between a garden outside the downtown Victoria library, a multi-use trail network near a Manitoba national park, and a long abandoned railroad bed that's being turned into a park in Hafford, Sask. But these projects actually have one thing in common.

They are among the 88 community-led projects funded by the Co-op Community Spaces

Now entering its fifth year, the program is dedicating \$2 million in funding for capital projects that will bring Western Canadian communities together.

"There's no end to the great things that are

being done across Western Canada to keep communities vibrant and growing," said Vic Huard, executive vice-president of strategy at Federated Co-operatives Limited (FCL). "Co-op Community Spaces is another way for Co-ops to encourage this growth, give back and invest in places that bring us all together."

Capital funding between \$25,000 and \$150,000 is available per project. Co-op invites registered non-profit organizations, registered charities or community service co-operatives to apply online until March 1. Program funding categories include recreation, environmental conservation, and urban agriculture.

The Community Spaces program has provid-

ed \$6.5 million to 88 projects since its launch in 2015. To apply, visit communityspaces.ca.



Local artists head 'In the Studio' with PHAC

By Lorne Stelmach

This month's feature exhibit at the Pembina Hills Gallery in Morden is a work in progress.

The arts council is shaking things up by just having artists at work rather than a traditional exhibit on display.

In the Studio features different area artists working in the main gallery space daily throughout February.

It started Feb. 2 with Anya Koryukino working on the pottery wheel and concludes Feb. 27-28 with artist Margie Hildebrand. In between there will be a variety of artists on hand including George Fieber, Susan Crawford-Young, Natalie Rostad-Desjarlais, Kathy Forness, Willi Richardson, Pamela Yorke-Hardy, and Wayne Letkeman, among others.

"People can talk to the artists and see what they're doing," said administrative co-ordinator Laurie Wiebe. "I think it just gives it a more personal feel. You can actually watch and see what they're working on evolve into a finished product."

Working at the gallery last Wednesday, artist Tammy Hendrickx said participating in this unique exhibition gave her the push she needed to get some work done.

"You often put things aside for a long time ... it was good for me to come here and demonstrate or do some work," she said. "I had something I had always wanted to work on

... something that can travel with easy, and I didn't have to bring all of my paints with me."

She was working on a few studies of trees in the Morden Park. She's not yet sure what the finished product might be, but was enjoying laying the groundwork for a future piece.

"Eventually, something bigger will come out of it, I believe, because through these studies I look at the shapes and the forms ... it's nice to do little studies to begin with it.

"I'll get some feedback, hopefully ... and I think it helps me because I get some feedback ... people maybe see something different."

Letting people have a glimpse at her creative process was another highlight.

"A lot of people don't see that—they see the finished product ... they don't see it in progress, how I've started it," said Hendrickx.

"I'm working here in quiet, but I still have a bit of interaction around me. A few people come in here and there. It's nice," she continued.

"And every day, there's someone different ... and some of the artists may have different work here," she said, noting she came in the day before herself to see a colleague working.

"And that actually gave me an idea of what I could bring today."

Wiebe liked the idea of the artists also using this as an opportunity to interact and engage with each other.



PHOTO BY LORNE STELMACH/VOICE

Artist Tammy Hendrickx at work at the Morden art gallery last week as part of February's In the Studio exhibition, which features artist demonstrations all month long.

"Everyone has their own different style of doing things ... when you just see a finished painting, you lose some of the sense of the style," she suggested.

Her hope was that turning the exhibit space into a working space for a month might inspire both the artists and the viewers.

"I really enjoy watching artists at work, and it's very rare that anyone actually gets that opportunity," Wiebe said.

"For the artists, I think it gives them a different space to work in because often they only work in their own studios," she concluded. "I really hope it might inspire people to really try something new ... just draw on their imaginations and maybe pick up a paint brush or try the pottery wheel ... just try it out."

A schedule of which artists will be working at the gallery each day is available online at pembinahillsarts. com.

Southern Heath offers harm reduction strategies

By Lorne Stelmach

Southern Health-Sante Sud is part of a province-wide effort that aims to help address sexually transmitted and bloodborne infections in Manitoba.

Initiatives that come under the umbrella of harm reduction strategies come as the province is in the midst of outbreaks of syphilis, gonorrhea, hepatitis B and C as well as new cases of HIV that were identified in all regional health authorities in 2016.

These strategies are designed to help minimize or reduce the effects and consequences of drug use and other behaviors that negatively affect a person's health.

"We know that, in many cases, someone who is doing drugs, we can't necessarily get them to stop, just like you can't always get everybody to stop smoking," said Monique

Gauthier, a public health nurse with the RHA

"What we want to do is we always want to look at what's the safest way that we can get people to do this and how can we reduce the harm to themselves," said Gauthier, noting how these issues will have a ripple effect in the health care system. "We want to decrease the risk ... so how do we support the people who are doing this to make sure that they maintain their health as best as possible and decrease their risks?"

In 2017, infectious syphilis case counts were up more than 400 per cent compared to 2013, so a province-wide outbreak was declared in 2015. Rates remain high in males and have been steadily increasing among females as well. In 2017, about four of every 10 new infectious syphilis cases were in women.

In 2017, there were 3,343 cases of

gonorrhea for a 274 per cent increase since 2013. Both males and females are affected, but over the last five years rates have been consistently higher in females.

The number of new HIV cases per year in Manitoba increased by 25 per cent between 2014 and 2016. It is estimated as many as 21 per cent of Canadians who have HIV do not know it

The hepatitis B outbreak is mostly occurring among males in Winnipeg with a history of injection drug use and/or incarceration, with similar factors being behind an outbreak of hepatitis C.

Gauthier said one of the biggest concerns is people sharing needles.

"They're at risk of transmitting bloodborne infections ... we're trying to decrease the number of cases that we have," she said.

To help address it, public health

nurses work to decrease the harm associated with injection drug use through the distribution of needles and supplies to reduce the risk.

"By providing people with clean needles so that each person can have their own needle," Gauthier said, "we decrease the risk of having people with chronic infections that are very costly to our health care system and very costly to their health."

Southern Health-Sante Sud will also be offering free kits with naloxone, a fast-acting drug used to temporarily reverse the effects of overdoses of opioids such as fentanyl, heroin, morphine and codeine.

Those kits are currently available in the Portage la Prairie Public Health office, with plans to expand to our area in the near future.

Continued on page 11

Local schools celebrating I Love to Read Month

By Lorne Stelmach

February is I Love To Read Month in local schools.

A range of fun activities are taking place throughout the month, say Winkler-Morden educators, and this year there is some additional focus on the middle years.

"Literacy is always important throughout life, but especially when they get into the middle years, sometimes there isn't as much time spent reading," suggested Darlene Keith, literacy coach for Western School Division.

"In life, we read all the time, they just don't quite see it when they're in Grade 7 or 8, it's just a school thing," agreed Valerie Harder, literacy coordinator for Gr. 5-8 in Garden Valley School Division.

In Morden, things kicked into gear Monday at Maple Leaf School with activities including members of the Winkler Flyers stopping in as guest readers. There is also going to be a Cuddle and Read event Feb. 26.

The focus at École Morden Middle School is around the theme of diversity, including encouraging the kids

> "IT CAN BE A DOOR THAT OPENS UP NEW **UNDERSTANDING AND** NEW LEARNING FOR THEM."

Winkler Flyers Noah Goertzen and Jesse Korytko stopped by ÉMMS as guest readers Monday to help students celebrate I Love to Read Month.

РНОТО ВУ LORNE STEL-MACH/VOICE



to try out different kinds of books. There are going to be guest readers in classrooms as well as stop, drop and read times on Tuesdays and other days where students are encouraged to come dressed as a favorite charac-

Keith said they want the students to "see that [reading is] important all the way through and that it's a life skill ... they need to continue to work at and develop reading skills.

"There's lots of reading skills that you still need to learn about in the middle years in order to figure out all the content reading that goes on," she continued. "And it's trying to instill that love of learning as they're getting closer to becoming young adults. It's important to have those role models around them so that they see it as something that adults have a passion for and that they can have that passion for as well as they grow."

She stressed the idea of moving from learning to read to reading to

"It can be a door that opens up new understanding and new learning for them, or it can end up being a mirror where they may be interested in something that's happening in the book and it will reflect back on their own life and they will be able to make close connections to it," said Keith.

In Garden Valley School Division, activities range from dress up days and a PJ day at Parkland Elementary to a readopoly game offering prizes at Prairie Dale. J.R. Walkof is also holding a dress up day and book fair, while Emerado Centennial offers mystery readers and prizes for the classrooms that read the most.

"We're trying to build lifelong readers ... that's really the goal overall is to help our students see themselves as readers and choose to continue reading," said Harder.

She also noted the ripple effect of having students really embrace read-

"It affects all pieces of your schooling. It isn't just about the language arts for reading ... literacy is part of science, it's part of social studies, we do it all the time. It's part of what we do every day.

"One of the things we are really focusing on across our K-8 schools is ensuring that our kids have choice when they read, making sure there's lots of books around them," Harder said. "We look at giving them time, talking about it and making sure the kids are talking about their reading.

"We want to bring that joy and excitement around reading to life for

Power of the Purse aims to exceed \$100K once again

100 women, \$100 each, three charities to benefit

By Lorne Stelmach

Lynda Lambert would be happy to be able to keep upping the target for the annual Power of the Purse.

The fundraising project of the Morden Area Foundation's Women's Giving Circle last year not only achieved its \$10,000 target through 100 women each bringing \$100 to donate to causes

of their choice, but in fact surpassed it with a final tally of 106 participants.

So why not try to bump the goal up even higher then for the fourth installment set for Saturday, March 2 at the Morden Activity Centre?

"We were toying with the idea of just cutting it off at a hundred ... but if more women want to join, why would you say no because it's just more money going out to the community then," said Lambert, the executive director of the foundation.

"If we could go over again this year, I would love that," she said. "We would love to have 125 this year because it was the 25th anniversary this past year."

The goal of Power of the Purse is to raise and grant out at least \$10,000 in just 100 minutes. The charities the ladies get to choose from are announced on the day.

Last year the three recipients were South Central Cancer Resource, Pembina Hills Arts Council, and the City of Morden's Mental Health Week.

"I think it's really starting to take hold," said Lambert, who noted they had already perhaps 20 new people signed up for this year and more than half of the tickets sold with three weeks still to go.

"That's exciting that people are hearing about it, and they are now actually getting involved," she said. "That's great because it means there's more money going out to the commu-

"It gives people a really good chance to see what all is going on out in the community and to learn more about these charities," Lambert continued. "People may have heard of them but may not know exactly what they do, so it's a really good learning opportunity."

The day begins at 9:30 a.m. and includes brunch catered by The Olive Tree and short presentations from each of the selected charities.

More information is available online at www.mordenfoundation.ca.

Dad's heart surgery

ur dad, Henry Giesbrecht, was ill with rheumatic fever twice as a young adult.

Rheumatic fever is an inflammatory disease caused as a result of being infected by the streptococci bacteria. It can affect the heart, skin, joints, or the central nervous system. Today it is treated with antibiotics and most patients recover without last-

ing side effects. But penicillin would not be readily available until 1945 too late for Dad.

Dad's mother died in 1929 when he was 26 years old. Thankfully, her kind, compassionate sister Mary took over. As doctors and hospitals could offer no hope or help, she brought Dad into her home and nursed him back to health. She told our mother he was near death both times. When he recovered, his heart was damaged. At that time, Dad did not know the extent of the damage.



By Florence Dyck

When Dad married my mother in 1941, he was working as a janitor for the University of Manitoba. This involved him shovelling coal into their huge furnaces and his walking miles along underground tunnels to get to various work stations. For the time, it was a secure, well-paying job.

World War II was declared in 1939. Because he was of Mennonite background, Dad could have applied for conscientious objector (CO) status. He knew the work of a CO was difficult and the pay was not good, but it did mean he would not have to bear arms against another human. Dad chose not to apply, however, as he suspected there might be something wrong with his health and so he wanted to take his chances if he was conscripted.

He was called up in 1944 when he and Mom already had two small children and were expecting their third. After being examined by at least three doctors, the fourth exclaimed, "How on earth did you get this far? Your heart is twice the size it should be! You could never tolerate army life!"

The doctor explained this was the result of his bouts with rheumatic fever. But this doctor did not suggest Dad quit working, and so he continued working at the university until he had his first heart attack in 1947.

Then began a quest to find work Dad could do. We left Fort Garry and moved to different locations in rural Manitoba before we moved to Ontario. Our parents had been led to believe the milder winters in Ontario would be better for Dad's health. The winters there were milder but also wetter, and this proved to be more difficult for Dad.

After more illnesses and hospitalizations, our family moved back to Manitoba and to Morden. By 1951, Dad was resigned to the fact that he could no longer support his family and he accepted the social assistance offered to them

Meanwhile, some medical advances were being made in the area of heart surgeries. In the winter of 1956, Dad was given an appointment with a heart specialist at the St. Boniface Hospital in Winnipeg.

He had to come in several times to be tested and to make sure he was a good candidate for a new and risky procedure. It was finally decided that open heart surgery was a viable option for him. Dad's chest would be cut open and his ribs pulled back so surgeons could see his beating heart. Then they could determine what, if anything, would be done.

Unlike surgeries today, Dad was hospitalized two weeks in advance. He was given drugs and vitamins to strengthen him. The night before his surgery, the specialists who would be

performing it came in to brief him.

After the doctors finished explaining the procedure they would follow, they asked Dad if he had any questions. Dad laughed nervously and asked them if they could guarantee the outcome. One doctor replied seriously, "We're not Eaton's. We don't guarantee."

Nothing could be done for Dad's enlarged heart. This was 11 years before the first successful heart transplant took place in 1967. But the medical team opened the major artery leading to his heart and a couple of the smaller ones the best they could. Stents were not yet being used.

After Dad recovered he was able to be a little more active without suffering from shortness of breath. Mom thought the surgery extended Dad's life by six years. He died in the Morden Hospital in August of 1962 at the age of 59 years, eight months.





SUPPLIED PHOTOS

The author's father, Henry Giesbrecht, as a young man (left) around the time he fell ill with rheumatic fever and then shortly before his death in Morden at the age of 59.

Mom and Dad were told Dad was a pioneer in open heart surgeries in Manitoba, as not too many were being performed at that time.

When I searched online for open heart surgeries across Canada, I learned that the first one had been performed at the University of Alberta Hospital in 1956. But when I searched for open heart surgeries in Manitoba, I learned the first one had been performed at St. Boniface in 1959. In fact, in 2014 the St. Boniface Hospital had a celebration for their first open heart surgery that took place 55 years earlier in 1959.

Our family is convinced Dad had his surgery in the spring of 1956, so he would have indeed been the first or one of the first patients in Manitoba

Florence Dyck is a former Mordenite now living in the Okanagan



CFDC unveils new dino skin impression exhibit

By Lorne Stelmach

A new piece on display at the Canadian Fossil Discovery Centre will help provide a more complete overall picture for its dinosaur exhibit.

A rare, fossilized dinosaur skin impression has just gone on display at the Morden museum, and field and collections manager Victoria Markstrom said it provides a different perspective from the rest of their mainly marine reptile-focused collection.

"It's a really amazing specimen," she said."The dinosaur died and the skin impressed into the rock, and the skin dissolved away, leaving the impression preserved in the rock. We don't typically get to see the soft tissue ... because it degrades so quickly."

The impression came from an Edmontosaurus annectens, which was a creature that could grow up to 13 meters in length and weigh more than

The fossil is from the Hell Creek formation of North Dakota, and it is believed the herbivorous creature lived about 65.5 million years ago—just prior to the extinction event that wiped the dinosaurs out.

"That's a little younger than what we have here in Manitoba, it's a little bit younger than Bruce," explained Markstrom, noting the CFDC's famous mosasaur fossil is over 80 million years old.

The piece was donated to the mu-

seum by Winnipeg private fossil collector Katherine Breward, who had acquired it from an institution in the United States.

"She donated this particular specimen to us because she thought it was more important to have it out so that the public can see it," said Markstrom. "She had been to the museum a couple times and she thought that the specimen would be better used in our

"We are incredibly fortunate to have received this amazing donation," she said. "Donating pieces like this to the CFDC is great for the public who would otherwise never have a chance to see it, not to mention the value to scientific research."

It is currently part of a display that includes recent finds or fossils currently being worked on by CFDC

"We like to change it up with what we're working on, what we've found recently, and what has been donated," said Markstrom, noting it will eventually become part of the display area that focuses on dinosaurs.

"It's a great addition to our dinosaur exhibit ...it will be moving there sometime in 2019," said Markstrom, noting they welcome every opportunity to further grow their collection. "It's also a specimen that doesn't come from Manitoba ... we're really thrilled to expand our national and international collection."



PHOTOS BY LORNE STEL-MACH/VOICE The CFDC's Victoria Markstrom in front of the exhibit of a rare, fossilized dinosaur skin impression (right) now on display at the Morden museum.



> HARM REDUCTION, FROM PG. 8

"They are planning to bring them out to Winkler and Morden ... so we will have them available in our office," said Gauthier, noting she was uncertain of the timeline with staff training still required.

As well, there are reproductive health products such as condoms available at Public Health sites to help prevent the transmission of sexually transmitted infections and unintended pregnancies.

"We've had those available for years through Public Health," said Gauthier. "I have a bowl on my desk ... when people come into my office, it's help yourself."

Individuals in need of harm reduction supplies can drop by any Public Health office and ask to speak with a nurse.





Harder dominates at Crokicurl Tournaspiel

By Ashleigh Viveiros

The City of Winkler can hold its head high now that Mayor Martin Harder has successfully brought home the 2019 Crokicurl Cup.

Harder joined Winnipeg Mayor Brian Bowman and Steinbach Mayor Earl Funk on the crokicurl sheet where one plays a hybrid of crokinole and curling—at The Forks last Thursday morning.

At last year's inaugural Crokicurl Tournaspiel, it was Steinbach's Chris Goertzen who won the day.

This year, Harder said he followed the advice of an expert in the finer points of crokinole strategy.

"My reason for winning this time around was I listened to my wife," he said, noting last winter Valerie had tried in vain to tell him from the sidelines to stop aiming for the high-scoring centre hole and instead place his rocks more strategically.

Heeding her advice paid off in

spades.
"This time around I played my strategy different, keeping it in the 10 [point ring] on my side of the sheet," Harder said. "So when they threw from the other side, they had to get all the way across, through the pins, to try and hit my rock. The weather being the way it was and with the snow on the ice, it didn't move very fast, so you had to put a lot of oomph on it to get it across the ice."

The smarter play earned Harder 85 points after his round robin games against Bowman and Funk, who, even after their playoff game against each other, only had 70 points in all, giving Harder the win.

It's a goofy kind of competition, Harder acknowledged, but one that pays off in relationship-building between the three communities.

"Politics is mean," he said. "It's nice to be able to get out of the role of politician and just simply say, 'We're people and let's have some fun."



Winkler Mayor Martin Harder proudly holds the 2019 Crokicurl Cup after beating out Winnipeg Mayor **Brain Bowman** and Steinbach Mayor Earl Funk at The Forks last Thursday. Right: Harder on the ice.



FACEBOOK.COM/THEFORKS

The Crokicurl Cup will have a place next year's competition. of honour at Winkler City Hall until

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anyway or you could miss out!

but it's the key to getting the benefits and credits child benefit, child disability benefit, the GST/ to which you're entitled. Even if you don't have

any income to report for 2018 or your income is tax exempt, you can still claim helpful tax credits and benefit payments. Just remember to do your taxes by April 30, 2019.

Canada

Revenue Agency uses the information from your income tax and benefit return to calculate the benefit and credits to which you may be entitled.

Doing your taxes can seem like a difficult task, Some common payments include the Canada HST credit, Guaranteed Income Supplement,

> the working income tax benefit, and related provincial and territorial payments.

> You only need to apply once for benefits and credits, but to continue getting your payments you need to do your taxes on time every year and keep your personal information, like your address and marital sta-

tus, up to date. Make sure to keep your supporting documents for at least six years in case the CRA asks for them.



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Enjoy more time outdoors (even when it's cold)

dramatically decreased, as the Environmental Protection Agency now reports the average American and many small animals and birds look even more spends 87 percent of his or her time in a residence, vivid against the white backdrop of snow. school building or workplace.

Being outside is linked to better moods, more physical activity and less exposure to contaminants (concentrations of some pollutants are often two to five times higher indoors). Also, people who spend time outside may not come into contact with surface germs or develop various illnesses spread as often as those who spend a lot of time indoors.

Cold weather can make the desire to be outside less appealing, but it is important for one's mental and physical well-being to get outside. The following activities might coax people outside for some

Create snow critters

Why do snowmen and women get all of the fanfare this time of year? Just about any living or fictional creature can be molded from snow and embellish landscapes. Use food-grade coloring in spray bottles to added even more creative flair to snow designs.

Go on a nature hike

winter, there is still plenty to see. Bring along a

The amount of time people spend outdoors has sketch book or camera and capture nature in win-

Make an obstacle course

Turn an area of the yard or park into a homemade obstacle course. It's much more difficult, and a great workout - to try to jump over snow mounds or run down paths when decked out in warm layers. Engage in lighthearted competitions with friends and family members.

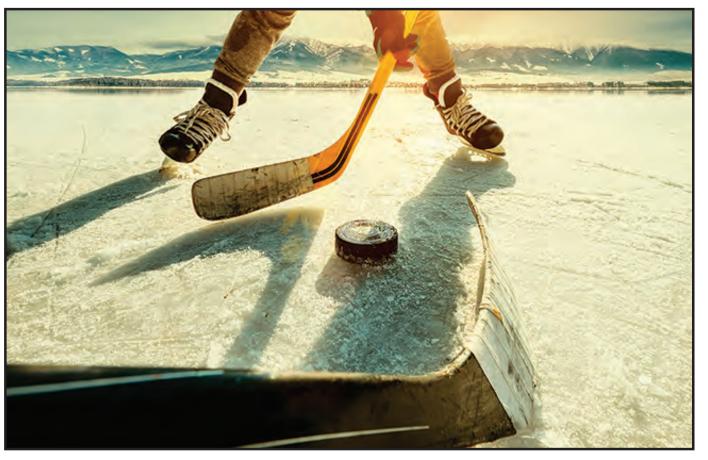
Build a bonfire

Children can set off in different directions to gather up firewood to craft a bonfire with adults in a safe location. S'mores taste equally delicious whether it's warm or cold outside, and in winter they can be accompanied by toasty mugs of cocoa.

Get sporty

Sledding, skating, snowshoeing, and ice hockev are just a few of the winter sports that can get the heart pumping and muscles working outside. These activities are entertaining and also great ex-

When venturing outdoors in winter, dress in layers. This way clothing can be put on or taking While many plants and animals hibernate in off to reduce the likelihood of hypothermia.



Get started now on spring cleaning

Warmer temperatures and longer hours of sunlight can recharge energy levels. Upon the arrival of spring, homeowners dust off their to-do lists and charge ahead with renewed vigor.

But before homeowners can get started on renovation projects, many must tame the existing mess that ress. may have built up over the winter. Spring is a great time to dive into spring cleaning projects and ready a home for a season of renovation and remodeling.

Getting started on spring cleaning can be a tad overwhelming. In 2012, OnePoll asked 1,000 adults living in the United Kingdom how they felt about the time. spring cleaning, and 41 percent of those surveyed percent had negative feelings about spring cleaning. But in spite of that initial lack of enthusiasm, respondents said they felt happy and more organized once they finished their spring cleaning. Establishing a plan and setting reachable goals can make spring cleaning a lot less daunting.

· Set aside several days for spring cleaning. A long weekend is a great time to do some spring cleaning, as having consecutive days to clean will reduce the chances you grow distracted.

· Make a list and purchase all of the supplies you will need. Again, this will help you stay on course, rather than going out to the store to pick up cleaners or organizational systems.

· Try to set reasonable goals. Even if you hope to clean the entire house, stick to the one or two rooms that are most desperate for your attention. Divide each task into a series of steps so when you complete each step you will feel proud that you're making prog-

· Create your musical playlist. A playlist full of your favorite songs can provide some inspiration and energy to push you through the spring cleaning when your enthusiasm starts to wane. The music also may take your mind off of the work ahead and help to pass

Start from the top and work downward. Follow found spring cleaning a daunting process while 68 a logical cleaning order. Begin by dusting away cobwebs and lighting fixtures. Clean light switches and walls. Empty closets and then restock them in a more organized fashion. Leave the furniture and flooring for last, as dirt and dust may accumulate on furniture and flooring as you clean other areas of the home.

> Be prepared to bid adieu to some of your stuff. Have a few trash bags at the ready. Reorganize items you won't be keeping into separate piles, with one pile for items you plan to donate and another for those items you will discard. Donate what you can and promptly put the remainder of the items at the curb

> Stay fed and hydrated. Cleaning can be physically and emotionally exhausting. Take breaks to fuel up on food and always have a refreshing beverage close by.

7 ways newspapers benefit students

Classrooms have come a long way of major world events, even if they don't since the days when pioneering settlers would send their children to singleroom schoolhouses. Modern classrooms might be technical marvels, but one less flashy learning tool remains as valuable as ever.

Newspapers might not be as glamorous as tablets or other gadgets, but they are still an invaluable resource to educators and students. The following are seven ways in which newspapers in the classroom can benefit students.

1. Newspapers build vocabulary. Numerous studies have found that reading can improve youngsters' vocabulary. Each day, newspapers are filled with fresh stories that can introduce kids to new words, helping them to strengthen their vocabularies and make them more effective communicators.

2. Newspapers improve reading skills. Like the old adage says, "Practice makes perfect." Reading newspapers each day can help kids develop their reading and comprehension skills.

3. Newspapers promote critical thinking. Newspaper reporters are trained to objectively report the news, sharing facts without allowing their own opinions to influence their stories. Educators can choose stories from the newspaper to serve as catalysts for discussions that focus not just on the facts listed in the story, but what might be behind them. Such discussions can help youngsters develop their critical thinking skills.

4. Newspapers bring ideas and current events to life. Many children are aware

know or understand the details. Newspaper articles about world events can be used as avenues to discussions about what's going on in the world.

5. Newspapers build global awareness. Customized newsfeeds funneled through social media outlets can make it hard for young people to recognize and understand the world beyond their own communities and interests. Each days, newspapers include local, national and international stories that can illustrate to kids that there's a world beyond their

6. Newspapers promote social consciousness. Without newspapers, young people may never be exposed to the social issues facing their own communities or those issues that are affecting people across the country and the world. Newspapers provide unbiased exposure to such issues, potentially leading youngsters to further explore topics that are shaping their world and even encouraging them to form their own opinions.

7. Newspapers make learning fun. According to a 2017 report from Common Sense Media, kids younger than eight spend an average of two hours and 19 minutes per day looking at screens. Newspapers provide a welcome break from tablets, smartphones and computers, and kids may have fun flipping pages and getting a little ink on their hands.

Newspapers remain invaluable resources that can benefit students in myr-





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Local artists to mark International Women's Day with music

He Sings Her Songs concerts at Morden gallery March 8-9

By Lorne Stelmach

Two local musicians are joining forces next month to mark International Women's Day.

The twist is that it will be two guys—Patrick Simoens and Paul Bergman—performing songs by female artists for the show that also serves as a fundraiser for two local non-profits.

Dubbed He Sings Her Songs, the pair of concerts March 8 and March 9 will see a portion of the proceeds donated to the Genesis House shelter and the Pembina Valley Pregnancy Care Centre.

Simoens thought it would be a worthwhile way for them to make a contribution to something as important as International Women's Day.

"As two male musicians, what can we do with our abilities to pay tribute ... and we also wanted to do something that would go toward a good cause," said Simoens, who when not performing solo is part of the band Lakes and

He said the idea grew from thinking about some of his musical influences.

"I've been influenced by a lot of great female artists throughout my development as a musician," said Simoens, citing such performers as Sinead O'Connor, Bjork, and the Cranberries as a few examples.

"So I just had this idea over the last few months that it would be cool to do a set of covers of songs written by the

women who influenced me, as a tribute for International Women's Day ... and I got Paul to come in and join me."

It could prove to be a diverse and eclectic set of music between the two of them.

"There could be some songs you might know and some songs that maybe you haven't heard, and I think that's a good thing," Simoens said. "There's a lot of great female artists out there who influenced me as a musician and as a person."

Doors open at 7 p.m. at the Pembina Hills Gallery in Morden. The show begins at 7:30 p.m. both nights. Tickets are \$20 and are available at the gallery.

Patrick Simoens (left) and Paul Bergman perform He Sings Her Songs at the Morden gallery March 8-9.







Set news > VIEWS > WINKLER > MORDEN > SURROUNDING AREAS



PHOTOS BY ASHLEIGH VIVEIROS/VOICE

The South Central Regional Library branches hosted a series of Family Literacy Day pyjama parties the past few weeks. Kids, donning PJs and carrying their favourite stuffed animals, enjoyed an evening of stories from the guest readers at the Winkler library's event Feb. 5, which was pushed back the week before due to poor weather.



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Our crews are still working to replace the Line 3 pipeline—hazards to watch for along the right of way include construction materials, topsoil piles, open excavations, above-ground pipe and temporary fencing.

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Flyers fall on northern road trip

By Ashleigh Viveiros

The Winkler Flyers are looking to bounce back from a trio of losses this past week as the Manitoba Junior Hockey League regular season enters its final weeks.

Last Tuesday saw the Flyers battle the Selkirk Steelers into overtime en route to a 6-5 win.

The lively first period saw Winkler come from being behind 3-0 to tying things up with goals from Colton Friesen, Gino Lucia, and Everett Bestland in the final six minutes.

Lucio scored again to tie it at 4-4 just four minutes into the second, and then Bestland made it 5-5 early in the third, forcing extra minutes for a decision.

There, Josh Kagan got the gamewinner two minutes in.

Riley Morgan went the distance in net, making 28 saves as Winkler outshot Selkirk 39-33.

That was that last victory Winkler would see for the week, as they went on to narrowly lose to Dauphin 5-4, Swan Valley 3-2, and Waywaysee-cappo 3-2 during their weekend road trip up north.

Jesse Korytko scored twice in Friday's back-and-forth game against the Kings. Lucia and Collin Caulfield also contributed to the 4-4 score heading into the game's final minutes, but Dauphin managed to sneak the clincher past Morgan with three seconds to go for the win.

Morgan made 37 saves overall as Dauphin outshot Winkler 42-32.

Saturday's game saw Colton Harder and Josh Kagan score tying goals in the first and second periods, respectively, but once again their opponents managed to eke out just one more goal (at the 1:37 mark of the final period, just 11 seconds after Kagan scored) to secure the victory.

After missing 10 games due to injury, Britt League was back between the pipes for Winkler this game, making 29 saves off of 32 shots. Across the



rink, his teammates fired 27 shots on goal.

Finally, the Flyers took to the ice against the Wolverines on Sunday.

Eric Fawkes drew first blood with a goal at 19:24 in the opening frame. The Wolverines responded by doing the only scoring at all in the second period, and getting a third goal eight minutes into the third. Colton Friesen's goal in the period's 16th minute wasn't enough to close the gap.

Morgan was back in net for Winkler, making 21 saves as the Wolverines won the shots-on-goal battle 24-21.

With that, Winkler's record for the season is 22-26-4 for 48 points, tying them in eighth place with Wayway-seecappo.

That tie made Tuesday's game

against the Wolverines a decisive one for both teams, with a playoff spot on the line. Results were not available at press time.

This long weekend the Flyers host Selkirk on Friday and Winnipeg on Saturday before heading to Steinbach to face the Pistons on Monday.

Paralympian at sledge hockey game Mon.

The third annual Spina Bifida Sledge Hockey Game just got word it will have a very special guest on the ice Monday.

Organizers found out last weekend that Canadian Paralympian Colin Mathieson will join the Manitoba Sledge Hammers in facing off against local hockey players at the fundraising event for the Spina Bifida and Hydrocephalus Association of Manitoba

(SBHAM).

Mathieson has been a member of three Paralympic Teams, winning bronze in the 4x400 relay at the 1996 Games and also competing in the 2000 Sydney Games and 2008 Beijing Games.

SBHAM president Nancy Spenst said they were thrilled when Mathieson, who was born with spina bifida, reached out to be part of the fundraiser

"We're very excited about it," she said. "He's going to be play along with the kids, playing with the Sledge Hammers."

The puck drops at 1:30 p.m. Monday, Feb. 18 at the Winkler arena. Admission is \$5 per person or \$20 per family. There will also be prize raffle tickets and stuffies available for purchase for an intermission Teddy Bear Toss.

Winkler athletes off to the Games this week

By Lorne Stelmach

Winkler will be represented at the Canada Games by a pair of cross country skiers and a rising young hockey star.

The brother-sister duo of Aaron and Tessa Warkentine will compete in cross country skiing, while Trentyn Crane will be part of the Team Manitoba hockey team.

"It's a huge honour to play for Manitoba. I think it's a big opportunity, not just for myself but as a team to go out there and hopefully get a gold medal," said Crane.

"I think we've got a pretty strong team going in with four good lines, but our competition is going to be pretty hard. It's going to be a battle, but I think we'll be pretty good."

Drawn to hockey ever since he first learned to skate, Crane has been steadily climbing the hockey ranks in recent years.

In two seasons with the bantam Pembina Valley Hawks, he recorded 66 goals and 47 assists for 113 points in 72 games. Now playing with the Winnipeg-based Rink Hockey Academy Elite 15s, Crane has recorded 14 goals and 26 assists for 40 points through 33 games.

Crane was selected in the fifth round and 103rd overall by the Victoria Royals in the 2018 Western Hockey League bantam draft.

"Next year I really hope to make the Victoria Royals and play there for four years," he said.

Crane acknowledged this opportunity could also be a stepping stone for his hockey career, but that was not his primary focus going into the Games

"I want to do good for my team, though it can also be a good showcase to get my name out there ... but I'm not there for myself, I'm more there for the team."

The Warkentine siblings, meanwhile, were both first on skis at about age three. The sport is very much in the family blood, with an older brother, Levi, having also competed on the national stage.

"Both of my brothers and I have been doing it for so long, and our ski community is really strong," said Tessa. "It's really been growing the past number of years and doing quite

"I'm super excited to compete at the games," she continued. "I was actually at the trials the last time that the Games were going on ... and I remember seeing all the other athletes and I was really excited since then and thought I was going to try for the next Games.

"I've really been trying to work towards this for the past four years really," she said, noting her favorite event is the classic distance race because she likes the endurance aspect of it.

"Cross country skiing is kind of a hard, individual sport ... but I just really enjoy it, and I'm proud of myself for sticking with it."

"My Dad had found the sport in the late 1990s, and he really enjoyed it, so he had all of us kids get into it as well," said Aaron, who was somewhat surprised to have made Team Manitoba.

"Coming into our selection races, I was going up against some older guys," he said, noting he hadn't done



SUPPLIED PHOTOS

Heading to the Canada Winter Games this week are cross country skiers Tessa and Aaron Warkentine (above), shown here with with Matt Klassen, an U20 alternate. Missing is older Warkentine brother Levi, who is am U22 alternate. Right: Trentvn Crane will compete in hockey at the event.



as well as he may have hoped at one qualifying event, but "then at the selection races, I really brought my game, and I was able to qualify."

He has competed at the national level before, but this is something

"This means a lot to me, just to be able to represent my province," said

"I enjoy the endurance, grinding it out ... I like that it's exhilarating," he said, adding that he has been ramping up his training this winter. "I practise three times a week for an hour and a half ... now I've been aiming for about 10 hours a week of training."

It's also special to be competing alongside his sister.

"I've travelled with her a couple

times ... it's going to be fun," Aaron

The 2019 Canada Games take place in Red Deer, Alberta from Feb. 15 to March 3.

It is this country's largest multisport event for youth athletes, featuring 19 sports and 3,600 athletes, managers, and coaches.

Team Manitoba is sending 208 athletes along with 46 coaches, 14 managers, eight tech support and 20 mission staff to participate.

For the hockey fans, all of the games will be streamed through the Canada Games website. There are also a couple of Manitoba games against B.C. and Alberta tentatively scheduled to be nationally televised on TSN1.

Female Hawks face Winnipeg Avros in playoffs

By Lorne Stelmach

A tough challenge awaits the female Pembina Valley Hawks as the playoffs get underway this week.

The seventh place Hawks face the second ranked Winnipeg Avros in the opening round.

Coming off a frustrating slide in the second half of the regular season, where the Hawks only had one win, an overtime loss and a shootout defeat in their last 13, coach Shanley Peters finds hope in her belief that their game has been coming together despite the lack of wins.

"We're doing a lot of little things right but, for us right now, it seems we can't get any sort of bounce to go our way," said Peters.

"Chance after chance to find the back of the net, and it just seems bounces aren't going our way. It's kind of been the story of the second half."

Pembina Valley closed out the regular season with a pair of losses to the Winnipeg Ice, although they bounced back from a 4-1 loss Saturday to take it to a shootout Sunday before falling 3-2 in the finale.

Quinn McLaren scored the lone goal in the first game as the Hawks gave up a pair of goals in the last two periods. Kadynce Romijn made 25 saves as shots on goal were 28-17 for the Ice.

In the rematch Sunday in Morden, Regan Durand kept it close with a solid 41 save performance as the shots ended up 43-25 in Winnipeg's favour. Cora Fijala and Abbi Conrad

scored for the Hawks.

"I thought we had two really good games, definitely played some good hockey," Peters said.

Pembina Valley closed out the schedule with a record of 8-16-4 for 20 points, which landed them the Avros, who ended up second at 20-8-0 for 40

The Hawks dropped all four regular season games against the Avros, but they were all relatively close losses of

Continued on page 24

Twisters lose their locks in support of CancerCare

By Lorne Stelmach

The Pembina Valley Twisters are not only leading the way in the Manitoba Major Junior Hockey League but also in helping spearhead a community fundraiser.

The team's 10th annual cancer care fundraiser earlier this month brought in around \$32,000.

The money is being divided between CancerCare Manitoba and the family of Urijah Dyck, a local fiveyear-old who is fighting leukemia and lymphoma.

Organizers are proud of the community for getting involved and especially of the team, who once again participated by losing their locks alongside others who earned donations by pledging to shave their

"That's part of the culture with our team ... a pivotal part of our culture is community," said Shawn Graydon, a co-organizer of the campaign.

"They really work together, as a team ... and we're very proud that a majority of the team had their heads shaved in support of the cause," he said. "To them, a core value of the team is to give back to CancerCare. It's been part of our culture, and it's something that they are very proud to be part of each year."

The local minor and senior hockey community also get involved in the fundraising effort. Activities included silent auctions and 50/50 draws as well as a few hockey games, including a regular season league match between the Twisters and the Raiders.

It was Dale Rempel, the previous owner of Rempel Insurance, who first spearheaded this initiative. After being diagnosed in 2008 with brain cancer, he passed away in 2012.



SUBMITTED PHOTOS

The Pembina Valley Twisters shaved their heads as part of their 10th annual cancer care fundraiser earlier this month. Right: Cst. Paige Kuz and Kevin Clace went under the razor as well in sup-

Two initial events in February and November 2009 combined to raise

"That was where it was a grand slam ... that was overwhelming in itself," said Graydon, president and CEO of Rempel Insurance.

He noted the level of support and involvement has fluctuated, but it is building up again now with a new team ownership group involved, and he is glad to see it continuing on in tribute to Rempel.

"He was the inspiration and the pivotal person to bring the Pembina Valley Twisters to Morris," said Graydon.



"He thought it was a great way to to be involved in the community to bring awareness around cancer and to have the Pembina Valley Twisters cancer care."

be the pivotal arm to raise funds for

Twisters hang on to first place with pair of wins

By Lorne Stelmach

The Pembina Valley Twisters continued to hold down first place after having picked up five of a possible six points this past week.

The lone blemish came in a 6-5 shootout loss Friday to the St. Vital Victorias. Earlier in the week, they picked up a 5-2 victory over the Transcona Railer Express Feb. 5 and then doubled up the Fort Garry Fort Rouge Twins 6-3 Sunday.

Pembina Valley pressured Transcona all evening, firing 58 shots at the Railer Express goal, while Travis Klassen stopped 25 of 27 shots to get the win in goal.

Special teams also made a difference, with Pembina Valley making good on three of their eight powerplays while killing off all six against

Scoring for the Twisters were Travis Penner, Braeden Beernaerts, Jeremie Goderis, TJ Matuszewski, and Elijah Carels, while Derek Wood chipped in three assists.

The Twisters started slow Friday against the Victorias and then let the game get away from them after having taken a 4-3 lead after 40 minutes.

St. Vital then won the shootout by a count of 2-1.

Goderis and Carels both contributed a pair with Sven Schefer also scoring for Pembina Valley, which connected on two of their seven power plays. Shots on goal were 42-38 for the Twisters. Gagnon made 33 saves.

The Twisters took control Sunday with a four goal second period and then put it away with two more in the final frame against the Twins.

Goderis played hero again, connecting this time for a hat trick to bring him to 36 on the season, and other goals came from Schefer, Travis

Penner and Quade Froese.

The Twisters were one for four on the power play. Shots on goal were 32-27 in Pembina Valley's favour, with Klassen getting the win on 24 saves.

Pembina Valley continues to hold down first place at 29-5-4 for 62 points, which has them ahead of the Raiders by five and St. James Jr. Canucks by seven.

The Twisters welcome those Canucks to Morris Friday then head to Winnipeg Sunday to take on the River East Royal Knights.



Winkler bonspiel winners





SUBMITTED PHOTOS

The victors in the recent Winkler Curling Club Bonspiel included A event winners (above, left) Rob Flemming, Brad Shore, Bud Stemkowski, and Joey Mutchinson; B event winners (above) Kyle Berg, John Fehr, Charles Dyck, and Dwight Suderman; C event winners (below) Garry Suderman, Rick Suderman, Andrew Rempel, and Errol Pelser; and C2 event winners (left) Richard Pauls, Scott Doell, Jon Doell, and Randy Suderman.



Royals face Mercs in do-or-die game Tuesday

By Ashleigh Viveiros

Two of the South Eastern Manitoba Hockey League's quarterfinal series got underway last weekend.

The Winkler Royals, who finished the regular season in last place, fell to the second place Warren Mercs 5-1 in game one on Friday and 7-1 in game two Sunday.

Friday night's game saw Brett Suderman scored Winker's lone goal near the end of the first period to tie things at 1-1.

The Mercs went on to score two goals in each of the remaining periods. They fired 48 shots in all on Winkler netminder Christian Mueller, who made 43 saves. The Royals in turn had 24 shots on Warren goalie Hayden Dola.

In game two Sunday, Warren kept a firm hand on the proceedings throughout, scoring four unanswered goals in the opening period and two more in the second.

The final frame saw the Mercs make it 7-0 12 minutes in. Winkler fi-

nally got on the board with a Marcus Neufeld goal with just 17 seconds left on the clock.

Wiebe made 26 saves as the Royals outshot the Mercs 44-33.

Game three was scheduled to take place Tuesday night in Warren. Results were not available at press time, but if the Royals managed a win then game four is back in Winkler Sunday night.

Also starting their best-of-five series were the Portage Islanders and the Notre Dame Hawks. Portage took game one 5-3. The series continued on Tuesday.

The final playoff series pits the fourth place Morden Redskins against the fifth place Altona Maroons.

Game one was in Morden on Tuesday. After heading to Altona for game two Thursday, the action returns to the Access Event Centre for game three Saturday night.

Zone 4 hockey playoffs underway

The Garden Valley Collegiate boys hockey team defeated the first place Morris Mavericks 2-1 last Friday night to clinch third place in the Zone 4 high school hockey standings. The win followed up a 5-2 victory over the W.C. Miller Aces on Wednesday.

That puts the Zodiacs up against Portage in the first round of playoffs this week.

Northlands Parkway Collegiate, meanwhile, fell to the Portage Trojans 7-0 and the Mountain Mustangs 8-3 in their final regular season games to finish in seventh place.

The Nighthawks went on to lose to the Pembina Tigers 6-2 Monday night in game one of their first-round playoff series.

Finally, the Morden Thunder placed eighth in the standings after losing to the Tigers 11-0, beating the Trojans 8-3, and then losing to the Carman Cougars 7-1 in their final games.

In Zone 4 varsity basketball last week, the Zodiac boys downed the

Morden Thunder 56-52 Feb. 5.

In SCAC basketball, Northlands Parkway Collegiate's girls bested the Béliveau Barracudas 55-25 Feb. 5, the St. Norbert Celtics 56-27 Feb. 6, and the Pierre Elliot Trudeau Canadiens 54-38 on Monday night.

The male Nighthawks also won their match against the Barracudas, 61-42, and then lost to the Canadiens 66-86 on Monday.

Agriculture

It's vital to keep Chinese feed ingredients out

By Harry Siemens

Manitoba Pork chair George Matheson says that in order to defend against African Swine Fever, both Canadian and U.S. pork producers would like to see a reduction of feed imports from China.

A Manitoba Pork delegation recently participated in the 2019 Iowa Pork Congress in Des Moines and met with fellow pork producers, U.S. pork sector officials, and politicians.

Matheson said animal health, particularly the threat posed by African Swine Fever, is top of mind among producers on both sides of the border.

"Probably the most common concern is how we're going to keep it out of North America and [it's] always good to hear that we're on the same page," he said. "It's not a case of we're isolationists and thinking of ourselves, keeping it out of our own country—we want to keep it out of the North American continent. Both countries realize how devastating it would be."

The biggest concern for hog producers in North America is how widespread ASF is in China and the potential of it making its way here.

"Our theory is it would most likely come in on feed, and we're trying to come up with ways to reduce imports," Matheson said. "The general feeling is we have our feed requirements in North America. If we can at all help it, let's restrict feed imports from China until they clear up this

"Both countries are on the same page in regards to how we might approach government officials to restrict feed imports from China.

"We've always felt that, although we couldn't specify how PED entered North America, that it was quite likely that the virus came in on feed," Matheson noted. "Since ASF started in Russia, it's now in western Europe to some degree and is right across China"

Matheson feels the virus could be found in a number of imports, most likely organic soy meal. At the very least he wants these feeds quaranNorth America.

"As far as feed goes, right now the action is just making our respective governments aware that this could very well be a vehicle that the virus could enter on," he

said.

Trade issues and replacement of NAFTA with the USMCA trade agreement also received extensive discussion at the meetings.

"Tariffs are not fully removed yet between Mexico and the U.S., but they're heading in that direction, so

we're looking forward to that happening," Matheson said. "It's not a case that we compete with each other. You know, we're part of Trans-Pacific Partnership, the U.S. is not right now. For Canadian producers, it would be a good thing for America to be part

tined before they're fed to any pigs in of that trade agreement. We're on the same page. We wanted to have the same agreement. We're both free traders. We realize that we're in a great industry that would benefit from free trade for all."

> Matheson said relations are excellent between producer groups in both countries.

> "We'll be going down to Minnesota's pork congress. In April, they come to our AGM. I have never, in my four years as chair, had any disagreements at any level with American pork producers, and that's why it's good to

do this at least once a year, to maintain our strong ties, and make sure we're on the same page," he said. "We will continue to do this annually to meet with them, put a face to the industry, and discuss issues."

"WE WANT TO KEEP IAFRICAN SWINE FEVERI OUT ... BOTH **COUNTRIES REALIZE** HOW DEVASTATING IT WOULD BE."

Hawks best Cougars, lose cool against Thrashers

By Lorne Stelmach

A lopsided loss followed a solid overall game this past weekend for the male Pembina Valley Hawks.

The AAA Hawks came up with a complete effort Friday in edging the Southwest Cougars 3-2, but then things got away from them Saturday in an 11-3 defeat at the hands of the Winnipeg Thrashers.

That score is deceiving, as it had actually been a close affair through more than 40 minutes.

"For the first two periods, that game was super, super close ... we actually had the lead in that game twice," noted co-coach Jeff Andrews, whose team trailed only 4-3 until the floodgates opened with the first of seven unanswered Winnipeg goals at 7:49.

"It was just a combination of our guys getting a little frustrated with the officiating and kind of losing their composure ... obviously when you quit playing against a good team, it can pile up on you pretty quick."

Tyson Allison, Riley Goertzen, and Jacob Carels scored for the Hawks, who were outshot 53-34. Brock Moroz took the hit for most of the goals, stopping 40 of 49, while Dylan Meilun allowed two goals on four shots.

Against the fourth place Cougars Friday, Roux Bazin scored twice for the Hawks, who then went to a shootout where Andrew Boucher connected for the lone goal to win it.

Shots on goal were 41-35 for Southwest with Meilun making 39 saves in the win.

"To beat a team of their calibre like that on the road, I thought our guys battled really hard and showed a lot of composure and played the type of hockey that we want to play come playoff time," said Andrews.

Pembina Valley remains in seventh place at 22-15-3-2 for 49 points, which has them seven up on the Winnipeg Bruins and seven behind the Eastman Selects.

They kicked off the stretch run of their final six games in Portage Wednesday against the Central Plains Capitals before hosting the second place Yellowhead Chiefs for a doubleheader Saturday and Sunday.

"We have some tough games down the stretch here ... we've got to play some strong hockey ... play with some consistency because that's what it's going to take to win a playoff series," said Andrews.

> HAWKS, FROM PG. 21

4-1, 2-1, 3-0, and 3-1.

As the underdogs, Peters suggested it can be "a no-pressure kind of situation for us, and I think for us that's going to be to our benefit.

"We know they're a good team, and we know what they bring ... coming in as the underdogs, we have nothing

to lose," said Peters." We've been right there in close games with them, so I think it will be anybody's series.

"If we continue to play like we are, we have the opportunity to take them

Game one of the best of five series was set for Winnipeg Thursday followed by game two in Morden Friday and game three back in Winnipeg

If the series is extended, game four is in Morden next Tuesday and game five in Winnipeg Feb. 21.

New truck for Pembina FD

The Pembina Manitou Fire Department fundraising committee recently took delivery of their new 2019 GMC Combination Brush Truck, which in turn was donated to the Municipality of Pembina to add to the fire department's fleet of equipment.

Deputy Chief Don Cassels (far right in photo at right), who chaired the truck fundraising campaign, presented the keys to Reeve Glenn Shiskoski (centre), and CAO Wes Unrau.

This purchase was accomplished entirely through the generous donations of many businesses and organizations over the past two years. The campaign surpassed the department's goal of \$70,000.

The committee sends thanks out to Royal Bank of Canada, Red River Insurance, FCC, LakeView Insurance, Louis Dreyfus, DuPoint Pioneer, Pembina Manitou Area Foundation,

BSI Insurance, Greenvalley Equipment, Enbridge Pipelines, Double Diamond, Pembina Co-op, Access Credit Union, Delmar Commodities, and the Pembina Manitou Volunteer Firefighters Association.



Be fire safe: check your extension cord

Manitoba Public Insurance is encouraging vehicle owners to inspect their extension and block heater cords after several recent vehicle fires have been linked to electrical arcing.

A cracked extension cord, or block heater cord with a corroded plug, can result in "electrical arcing" which can quickly spark a fire. The majority of these fires take place in winter.

Extension cords which are cracked

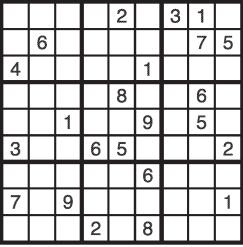
or have exposed wires should be replaced. Corrosion can be caused by exposure to moisture, dirt and road salts. With personal safety in mind, people are advised not to plug in their vehicles within a garage or any other enclosed structure.

Here are a few safety tips for extension cords/block heater plugs:

• Don't drive over your extension cord. This can cause cracking/breaking during bitterly cold weather.

- Cover your block heater plug-in with its protective cover.
- Unplug your block heater by using the hard, rubber end. Pulling on the electrical cord can cause breakage and potential electrical issues.
- Have your block heater cord inspected each fall by a qualified mechanic.

take a brea > GAMES

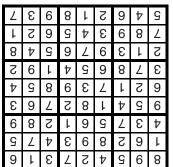


Fun By The Numbers

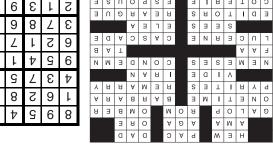
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer



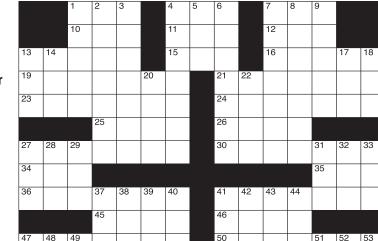
Crossword Answer

CROSSWO

CLUES ACROSS

- 1. Chop or cut
- 4. Political action committee
- 7. Male parent
- 10. Doctors' group
- 11. Ottoman military commander
- 12. A metal-bearing natural material
- 13. Lively ballroom dance
- 15. Male Gypsy
- 16. Once-popular card game
- 19. Occurred just once
- 21. __ Streisand, singer
- 23. Shiny yellow minerals
- 24. Get hitched again
- 25. See (Latin)
- 26. Lies between the Caspian and **Persian Gulf**
- 27. Scourges
- 30. Sentence
- 34. Supervises flying
- 35. Bar bill
- 36. Alfalfa
- 41. Type of dishwasher soap
- 45. Witnesses
- 46. Ancient Italian-Greek colony
- 47. Newspapers need them
- 50. Discuss again
- 54. Small group with shared interests
- 55. Support
- 56. Wool
- 57. Take hold of
- 59. Likely the first Meso-American civilization
- 60. Woman (French)
- 61. Automobile
- 62. Popular Georgia rockers
- **63. Soviet Socialist Republic**
- 64. A major division of geological
- 65. Make an effort

CLUES DOWN



- 1. Czech monetary unit
- 2. Able to arouse feeling
- 3. Flk
- 4. Muscular weaknesses
- 5. Earlier
- 6. Lightweight fabric
- 7. One who greets
- 8. Soldiers sometimes wear one
- 9. Officially prohibit
- 13. US political party
- 14. Used of a number or amount not specified
- 17. Make a mistake
- 18. Biopic starring Jamie Foxx
- 20. Ancient Media inhabitant
- 22. About aviation
- 27. Popular American sports league
- 28. Cologne
- 29. Partner to cheese
- 31. When you'll get there

- 32. Not pleased
- 33. One point east (clockwise) of due north
- 37. Respects
- 38. Shake up
- 39. Ethiopian river
- 40. Intrinsic nature of something
- 41. Principal parts of the brain
- 42. Brews
- 43. Where ships dock
- 44. One who wassails
- 47. Shock treatment
- 48. Popular average
- 49. Things
- 51. A type of "bear"
- 52. Utilize
- 53. European Economic Community
- 58. Swiss river

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EXT 2221

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- Integrated pest management
- Assisting with field activities as needed

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- Experience working in a greenhouse environment would be an asset
- Possess valid Class 5 driver's license
- Be legally entitled to work in Canada

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Closing Date: February 19, 2019

DL Seeds thanks all applicants, however, only those selected for an interview will be contacted.

Fmail resumes to: dlshr@dlseeds.ca



Hive Development Group (general contractor) is now accepting expressions of interest from construction subtrades who would like to submit proposed prices to Hive for the construction of a new child care centre to be built in 2019. For more information on how to submit a proposal, see www.hivedg.ca.

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OBITUARY

Viola Wiebe (nee Kuhl) 1952 - 2019On Friday, February 1, 2019 at Boundary Trails Health Centre,

Viola Wiebe (nee Kuhl) age 66 of Winkler MB, went to her eternal

She is survived by her husband, Frank A Wiebe, and her children, Laurie (Warren) Dyck of Winkler, Jennifer (Jason) Rekker of St. Catharines, Ontario and Tim (Corissa) Wiebe of Winkler; seven grandchildren, Dilan Dyck, Mitchell Dyck, Nicole Dyck, Madeline Rekker, Reece Rekker, Cole Wiebe and

Alexis Wiebe; and two brothers and one sister of Winkler. She was predeceased by her parents, David P and Tina Kuhl, and her sister, Doris Hildebrand.

Life began for Viola on March 27, 1952 as her parents welcomed

her into this world at Bethel Hospital in Winkler. She came as the fourth of five children and was raised on a farm in the District of Blumstein. Viola's childhood stories were filled with a little adventure, hard work and mischievous moments. It was a rich life that taught her to work, play and love as they milked cows, harvested fields and tended a large vegetable garden. Frank and Viola were married on Sept 6, 1970. They began their married life with big dreams, settled in Birtle, MB where Frank worked as a school teacher. By 1978, the family was completed and settled in Winkler with their children Laurie, Jennifer and Tim. Family life was good. With the kids in school, Viola kept busy with home life, sharing coffee with many, and supporting her extended family. She was also involved in various community and Church committees. Eventually her work life expanded to include work as a nurses' aid for Salem Home. She had a special gift of loving the elderly and caring for them with pride and respect. A few years later, she also worked at a local fabric store until her Grandma role required more of her time. Viola became a Grandma at the young age of 42. The grandkids brought out the young heart in her where she was often found to play games and get crafty and creative with boxes of all sizes! Golf was a game Viola enjoyed playing with Frank, grandkids and with the women in the golf league. Viola also loved to sew. She sewed many articles of clothing, denim blankets, aprons and so much more. She could fix any zipper that appeared broken and hem any pant to look like the original. Viola and Frank took time to travel to various parts of the world. They were also able to serve others through Mennonite Disaster Service projects. Viola's ability to accept others and extend hospitality served her well. She was great at meeting people where they were at and making them feel loved, supported and accepted in their hurts. This came from the overflow of her heart and her love for God. Since mid-October 2018, Viola's cancer journey was hard and yet beautiful. This time held many physical and emotional changes that will never be fully understood. Although her passing is much too soon, given her journey, she is now free.

Memorial service was held at 1:00 p.m. on Monday, February 4, 2019 at the Winkler Mennonite Church with interment prior at Westridge Memorial Gardens.

Special thanks to the many that cared for Viola - family, friends, the Church community, the Palliative Care team at Boundary Trails Health Centre and Wiebe Funeral Home.

Donations may be made in Viola's memory to the BTHC Foundation (designated to Palliative Care) or to Central Station.

> Wiebe Funeral Home, Winkler In care of arrangements wiebefuneralhomes.com



Clifford Dale Dudgeon December 13, 1935 -February 1, 2019

Dale, as he preferred to be called, of Morden, Manitoba, died suddenly on the afternoon of Friday, February 1, 2019 at Boundary Trails Health Centre as he was preparing to come home. His wife, Phyllis and son, Gil were both by his side helping him to dress.

Dale was born in the family farmhouse in 2-6 in the Pearce District to Alexander and Cecelia (Aspevig) Dudgeon. Dale attended Pearce and Alexandria School's and also Morden Collegiate. Dale began his career driving cab in the City of Winnipeg, during which time he married his childhood sweetheart, Phyllis (Neighbour), and their first son, Gil was born. In 1961 Dale was asked if he would like

to take over the Neighbour family farm and he jumped at the chance because of his great love of the land. He spent the rest of his life as a successful farmer, continuing to help with the field work annually even after he retired. He operated a seed cleaning business on the yard called Upper Lye Seeds beginning in 1977 and was a member of the Canadian Seed Growers Association his entire career. Dale was very active in the local community including time as a member of the Darlingford Community Centre, Darlingford Curling Club Committee, Memorial Park Committee, Zion-Calvin United Church Board and the Darlingford Centennial Committee. He was also a Cub and Scout Leader for 10-12 years. In later years he was an active member of St. Paul's United Church in Morden. Dale's love of the land also extended to his hunting and fishing, and he especially enjoyed his trips to the fishing camp on the Winnipeg River. He also loved sports, particularly fastball when he was younger, and curling his entire life. He loved games such as pool and card games of all kinds. He loved dancing and music, playing fiddle, ukulele and piano, and raising three musical children. He also became an avid reader especially of history, after retirement to Morden.

Dale will be forever remembered and sadly missed by his wife of 59 years, Phyllis (Neighbour) and by his son, Gil (Linda Hiebert), granddaughter, Robin (Ken Helstrom), great-granddaughter, Abigail (Helstrom), grandson, Alexander, son, Roy, daughter, Marylee (Kathy Steele) and many nieces and nephews. Dale is survived by his sisters-in-law, Marion, Lorraine, Elizabeth (Gilson) and Carol (Davies). Dale was predeceased by his sister, Eileen (Jack Laing); brothers, Ole (Velma), Allan and Arthur; niece, Judy (Hoes) and great niece, Taylor (Christie).

The memorial service was held at 2:00 p.m. on Thursday, February 7, 2019 at St. Paul's United Church in Morden, with interment to follow at a later date.

The family wishes to gratefully thank our Church Community and friends who reached out and supported us with prayers and visits, and the staff at Boundary Trails Health Centre.

If friends so desire donations may be made in Dale's memory to the Boundary Trails Health Centre Foundation (designated to Palliative Care) or to the Heart and Stroke Foundation of Manitoba.

> Wiebe Funeral Chapel, Morden In care of arrangements wiebefuneralhomes.com



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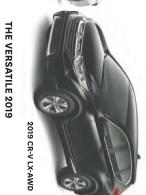
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