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### Minnewasta kids hit 130 km of outdoor activities in one week

By Lorne Stelmach

Cold weather didn't dissuade Minnewasta School students from taking on the Jack Frost Challenge last week.

They were out on snowshoes as part of the province-wide initiative aimed at getting more Manitobans to embrace winter while getting active.

"Our kids like going outside into the snow, and I love the outdoors, so any chance I can get to embrace the outdoors and get the kids active, I'm going to take advantage of it," teacher Kyle Turnbull said as a class of Gr. 1 students traipsed around the school grounds last Tuesday. "It's just to celebrate winter and get kids outside in the snow and playing some different games and exercising."

The Jack Frost Challenge began in 2012 geared more toward workplaces and groups of adults, but it expanded last year to include schools.

"Last year, it went really well. The kids in particular seemed to really enjoy it," said Denae Penner, sustainable transportation coordinator with the Green Action Centre,



**SUPPLIED PHOTO** 

The Minnewasta School student body crossed the finish line on their 130 kilometre Jack Frost Challenge on Friday.

which organizes the annual challenge.

"It's about having a more fun lifestyle of enjoying winter," she explained. "Even though it might be cold out, there's still so much you can do to stay active outside."

Participating schools had their students out enjoying the snow for gym and recess all

through the week, with many mobilizing the entire student body to take part in Winter Walk Day on the Wednesday.

Some schools, like Minnewasta, had the kids working together to hit 130 kilometres of collective outdoor activities throughout the week.

"Generally, younger people find a lot of joy in the snow, have fun playing in it, so I think to add a competitive angle to it and to do that at school as part of your classroom experience makes for a really positive experience," said Penner.

Turnbull noted walking to school didn't work for many of their stu-

dents, who are bused in from further away, and he was looking for a challenge aside from the regular outdoor recess activities they already do on a regular basis.

"The snowshoeing idea was appealing, so I took it upon us to compete in the 130 km challenge," he said.

"We mapped out a couple different routes ... and we used pedometers and we counted steps, and we realized that roughly 550, 600 steps is

half a kilometre," he explained. "So we thought it's going to take roughly three or four classes to get to 130 km.

"The kids were excited about it,"Turnbull said. "We were keeping track on the gym door, and we turned it into a little bit of a competition, so they like that as well."

Once they strapped on the snowshoes, most kids had a blast.

"Usually, once they're out there, they're having fun. Give them a challenge, give them a goal to try to work towards, and they go from there," said Turnbull. "The important thing is making sure everyone's dressed for the weather."

Last year, only a few classes and schools took part across the province, but Penner was pleased to see that increase to over 50 registrants this year, including many outside of Winnipeg.

"In some cases it's individual classes who have registered, but, in others, it's the entire school, so it's potentially thousands of stu-

dents across Manitoba getting involved.

"It's more than triple what we had last year, which is really exciting, and so many of the schools that have registered aren't in Winnipeg, which is something that we're really excited about," Penner added. "Our offices are based in Winnipeg, so very often we end up working a bit more with schools nearby, so it's really exciting to get to reach people living in other parts of Manitoba."

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### Winkler doc lobbying to bring cataract surgery to BTHC

By Ashleigh Viveiros

A Winkler doctor is leading the charge to bring more specialized medical services to Boundary Trails Health Centre.

Dr. Chandy Jacob, who has been practising medicine in the area for over 50 years, is appealing to the provincial government to consider bringing cataract surgery and general ophthalmology care to the regional

Jacob, who wrote an opinion piece on this idea for the Voice in November, has since reached out on the matter to Dr. Brock Wright, CEO of the provincial Shared Health organization, and Health Minister Cameron Friesen, who is also the MLA for Morden-Winkler.

There are thousands of people in the BTHC service area currently waiting for cataract surgery. When they finally get a surgery date, they'll have to travel into Winnipeg to have it done.

"BTHC is a regional centre, so there should be more specialities there so people don't have to go to Winnipeg for care," Jacob stressed, pointing out each trip into the city for pre-op and post-op care costs locals money out of pocket in both travel costs and time away from work. "That's millions of dollars coming out of this area every year."

While Jacob would like to see many more specialities eventually come to BTHC, ophthalmology would be a good step forward given that there are clearly enough patients here to keep a specialist quite busy.

"Many specialities can't go to a regional centre, they have to be in Winnipeg," he acknowledged, pointing to such areas as neurosurgery, for example. "But there are things that could be here and cataracts is one of them."

Historically, Jacob said, the province has spent less health care dollars per resident in our area than elsewhere in the province. Bringing more speciality services to BTHC would help bridge that gap.

"They have to open up the purse a little bit, but it wouldn't be too much," he said of the facilities needed, noting it certainly wouldn't cost more than setting up similar facilities—be they public or private entities-in Winnipeg to accommodate the evergrowing wait list.

#### A FIVE-YEAR PLAN

Last year, Shared Health released Manitoba's Clinical and Preventive

Services Plan, a five-year strategy to improve Manitoba's health care system in terms of access, quality, and patient outcomes.

The plan indicates the province is well aware that there are disparities between urban and rural Manitobans when it comes to access to care, with the vast majority of specialty health care providers located in Winnipeg.

The provincial government has stressed it is committed to making changes to bring care closer to home for all Manitobans, but Jacob says he's heard that before.

A similar report coming to similar conclusions was done back in 1972, he pointed out, and yet here we are decades later with the same problems.

While he hopes this time the outcome of the government's health care plans will be different, one thing he knows for sure is that the communities BTHC serves must make their needs known if real change is going to happen here.

"Nobody makes noise and that's why we don't get it," he said. "In '72, it [the White Paper on Health Policy] came out and we used that to get the BTHC, but we haven't gone far enough.

"They won't do anything unless they get pushed. We need to push for this."

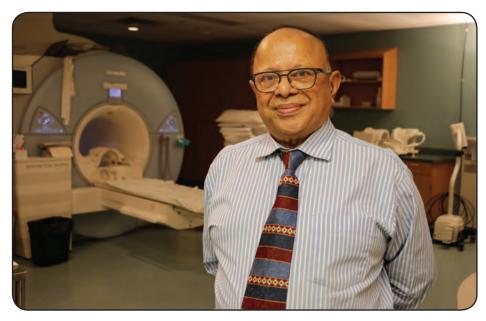
There's a precedent of the community making things happen when it comes to health care—it was local lobbying and fundraising that brought an MRI to BTHC over a decade ago.

That might be the way to bring ophthalmology services here now.

"I think if we had to raise the money again for this, we could," Jacob said, adding he'd love to see an organiza-



1.204.325.5595



**VOICE FILE PHOTO** 

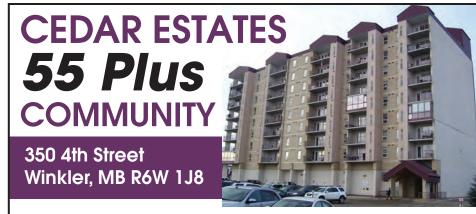
Dr. Chandy Jacob in front of the MRI the community lobbied and raised local funds to bring to BTHC. Jacob feels we should do the same to bring cataract surgery to the hospital today.

tion like the BTHC Foundation take the lead on this campaign. Jacob has reached out to the foundation to discuss the idea, but board representatives declined to comment when reached for this story.

The foundation will be handling the community fundraising for a major

expansion of BTHC once the province gives that project the green light, but that could still take years to become a reality, Jacob noted, and there are currently no plans to include

Continued on page 4



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Peter and Julia say "We had no idea what a wonderful place Cedar Estates was. We have lived here for 3 years now and are still oohing and ahhing at how much we enjoy this place. We hope to live here for many more years!!

### Fundraising for Plum Coulee footbridge continues

By Ashleigh Viveiros

Residents of Plum Coulee continue to plug away at fundraising for a pedestrian footbridge over the Hespler Drain.

Currently, pedestrians or cyclists

wanting to cross the waterway must use a traffic bridge on Hwy. 306 to get from one part of the community to the other.

It's a busy highway with high rates of speed, making it less than safe for adults and kids alike to navigate, says June Letkeman, a member of the committee spearheading the bridge project.

"We've needed this bridge for 20 years," she says, adding that a new housing development in the area will mean more people than ever will soon need to cross the coulee to get downtown. "It really divides the community. In the summer we have a makeshift bridge there which isn't

great but it works. In the winter we don't have anything there, so you have to walk around on the highway."

The new pedestrian bridge will be 140 feet long and connect to existing walking paths on either side. It's ex-

pected to cost as much as \$350,000. "We're really hoping to be able to

do it for less," notes Letkeman.

The committee is in the process of applying for various grants and preparing sponsorship request letters to send out to local businesses.

A few donations have already come in, including \$5,000 before Christmas from WBS Construction and a recent \$2,000 gift from Access Credit Union.

The committee's first couple of fundraisers a few months ago—a charity

supper and a raffle for winter tires from Sun Valley Tire and Manitoba Moose tickets—raised \$6,000.

"We're really just getting started but people have been very generous already," says Letkeman, who is confident the community will rally behind this project as it has for so many town improvement campaigns in the past.

As they chip away at the financial end of things, the committee will

also continue to work with on the plans for the bridge, which must meet a variety of building requirements from Manitoba Infrastructure.

"Everything takes some time," Letkeman says, noting they're fortunate to be

able to work with locals Justin Wiebe and Kyle Wiebe on developing those plans. "It will happen, it just takes time."

Letkeman says they're looking for more people to get involved with this project.

"We need more people on our committee. We have five good people but we need at least eight. It's a big job, fundraising."

If you're interested, give Letkeman a call at 204-829-2317.



SUPPLIED PHOTO

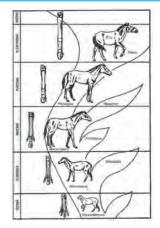
Joel Janzen from Access Credit Union presents June Letkeman with a donation of \$2,000 for the Plum Coulee pedestrian bridge project.

#### **FOSSIL INVENTORY: SURPRISES FOR SOME**

from Creation Moments Radio Program

Genesis 1:24

"And God said, Let the earth bring forth the living creature after his kind, cattle, and creeping thing, and beast of the earth after his kind: and it was so."



Everyone will remember those school textbook diagrams showing the ever-upward progression of living organisms, including man. We recall the horse series, found in textbooks and the museum displays showing the evolution of the horse — the first stage as a small mammal and, after several transitions, the modern horse. The claim that fossils in the rock layers show a progression from simple life in the lowest layers to the most complex life at the top accompanies these diagrams.

Recently, the journal Science, reported that paleobiologists who study these fossils reevaluated all the fossilbearing rocks that have been found in the last 180 years. What was their reaction to the meaning of the

fossil record after their new inventory? "We may have been misled for twenty years," said one scientist. Another commented, "For the first time, a large group of people is saying paleobiology has been making a mistake." Why are they reacting this way? They have had to conclude, on the basis of the fossil evidence, that there never was an ever-upward progression of complexity of life forms as they had expected. The species that are represented in the fossil record show no evidence of the classic evolutionary development traditionally found in school textbooks.

In short, the fossil record supports the biblical claim that all the kinds of animals appeared about the same time.

Prayer: I thank You, Lord, for the great diversity and beauty You have created in the living world. Amen.

For further info. contact Creation Science of Saskatchewan Inc., Box 26, Kenaston, SK. SOG 2NO or call 204-325-5244. Copyright@2012 by Creation Moments, Inc. P.O. Box 839, Foley, MN. 56329 or www.creationmoments.com

#### > CATARACT SURGERY, FROM PG. 3

"WE'VE NEEDED

THIS BRIDGE FOR

**20 YEARS.**"

ophthalmology facilities in that expansion.

"It doesn't have to wait that long," he stressed, pointing out that surgical space could be carved out in the existing hospital building relatively quickly if a service such as dialysis—which he says does not necessarily need to be in the main hospital building—were moved to a new building on site or elsewhere in the community to make room.

Jacob is hoping to gather other local municipal and medical leaders to the cause so that the community can approach the province with a clear show of force and solidarity.

"The government has to decide now what they're going to do," he said. "If we put enough pressure on the health minister he might do something."

The *Voice* reached out to Minister Friesen and representatives from Shared Health for comment on this matter. Both declined to be interviewed but did provide statements through their communications staff.

"Manitoba's Clinical and Preven-

tive Services Plan found too many procedures are focused in Winnipeg and could be transferred back to rural communities," Friesen said. "In total, \$250 million in improvements will be invested so that 21,000 days of care can be transferred out of Winnipeg and back into local communities by better equipping rural health facilities like Boundary Trails

"Ideas like the one proposed for Boundary Trails will certainly be considered as we move forward with our plan to provide better health care sooner that's closer to home for all Manitobans."

A Shared Health spokesperson also cited the Clinical and Preventive Services Plan.

"Next steps include more detailed planning and working closely with members of the health system, with regional leadership, local clinical teams, and community leaders to understand their population needs and ensure services are invested in appropriately."

# Cyber crime a real threat to local businesses

"YOU CAN'T OPERATE

A BUSINESS IN 2020

LIKE YOU DID IN 2015

... AWARENESS IS THE

**BEST STRATEGY.**"

By Lorne Stelmach

No matter the size of a business, taking steps to ensure its cyber security is a necessary reality.

The threat posed by the various forms of cyber crime is something that can no longer be ignored, a lunch and learn session sponsored by the Morden and District Chamber of Commerce heard last week.

"You can't operate a business in 2020 like you did in 2015. That's careless," said Wes Ens, who along with Dave Giesbrecht of Winkler's SolutionsIT led the presentation. "The important question to ask yourself is what's the value of your data? If you lose it or if it's in the possession of a competitor or malicious activity, what happens?

"We say awareness is the best strategy," said Ens, whose presentation touched on how cyber security is evolving quickly and offered some best practices for protection.

"No one's immune from it anymore. It's a \$3 trillion per year industry which encompasses many, many layers," he said. "My job takes me to some of the smallest regions in southern Manitoba, and the commonality is that even the smallest business that you've never heard of is potentially, and from our experience has been, a target of some kind of cyber crime."

Cyber crime can come in many different forms and has grown beyond ransomware, which threatens to publish the victim's data or perpetually block access to it unless a ransom is paid. More prevalent now are things like e-mail phishing, which fraudulently aims to get sensitive information such as user names, passwords, and credit card details by disguising itself as a trustworthy entity.

"Clicking on a link in an e-mail is a really common and easy way, it's a low tech way of capturing revenue for a criminal. The aim is to take control, to get a cash compensation for their efforts," said Ens.

"They're very efficient. They don't have to go and solicit business by business. Rather they go after large databases of credentials," he said, noting one of the largest examples is one where about two billion e-mails were captured.

Ens added that people also commonly help make it too easy.

"What they know is the user typically recycles three passwords," he said. "So if I'm the average person, look at the efficiency that the criminal has here now ... see how many strikes I can get using that same e-mail and password combination.

"Knowing that, best practices in our industry have changed," Ens contin-

ued. "We educated the audience about how to get past that ... to overcome that, there are applications out there that are free, and they give you an extra level of protection to memorize your passwords.

"We're talking to a lot of small or medium sized busi-

nesses. We recognize not everybody has large IT budgets, so we'll start with the free resources."

One example is LastPass, which is a password manager that stores encrypted passwords online.

"You can actually have a unique phrased password, which is what we encourage ... a password that has three or four more unassociated words to create a longer password and to save that into this application," Ens explained.

"Now you have a unique password, so if somebody does get hold of one of your passwords, ideally that same password is not being used ... so you protect yourself from an ongoing

Another free app is called Authy, which offers a two-factor authentication that adds an additional layer of protection. It is basically a system where logging into your laptop will then require you to also log in with a unique temporary password on a mobile phone or other secondary device.

"The criminal would have to steal both of your devices to gain access ... that's that extra layer of protection," said Ens.

Another important step they emphasize are strategies for backing up data using the 3-2-1 principle. The rule is to keep at least three copies of your data, store two backup copies on different storage media, and have one

of them located offsite.

"We want to educate our users to go away from having just one working copy of data but rather consider having three layers of backup," said Ens.
"Ideally that off-site data would also be unplugged from the network so that in

the event of a breach ... the criminals that we know, their tendency is to deploy their encryption on a Friday evening when you've gone home ... and they have the whole weekend.

"The critical point is that it has to be tested," he added. "In our industry, an untested version of your backup is not a backup at all. It has to be verified that it works."

In the end, Ens suggested, we likely only know about a small fraction of the area businesses that have been compromised in some form.

In fact, research done into what's known as the dark web and through surveying 100 local businesses yielded some disturbing results.



**SUPPLIED PHOTO** 

Solutions IT's Wes Ens (above) and Dave Giesbrecht talked about cyber crime prevention at the Morden chamber's most recent lunch and learn.

"We found that two thirds of the businesses, just in the last two years, had been compromised without their knowledge," Ens said. "So that's alarming."

### Notice of Dangerous Goods Handling and Transportation Act Application

Manitoba Conservation and Climate has received an application pursuant to The Dangerous Goods Handling and Transportation Act regarding the following operation and invites public participation in the review process:

#### RM OF THOMPSON HAZARDOUS WASTE **DEPOT - FILE: 6042.00**

A Dangerous Goods Handling and Transportation Act application has been filed by the Rural Municipality of Thompson for the operation of a hazardous waste depot at the RM of Thompson Waste Disposal Ground located within SW 30-05-06 WPM in the Rural Municipality of Thompson, Manitoba. The material is transported to a licensed facility for further processing, reuse or disposal. All material is transported from this facility and no hazardous waste is disposed of at this location.

Anyone likely to be affected by the above operation and who wishes to comment on the application should contact Andrea Bergman, Environment Officer, in writing or by email to Andrea. Bergman@gov.mb.ca or by telephone at 204-945-4384, not later than MARCH 13, 2020. Further information is available from the Public Registry located at: www.gov.mb.ca/sd/eal/registries

Information submitted in response to these applications is considered public information and will be made available to the applicant and placed on the public registry.

Environmental Approvals Branch Manitoba Conservation and Climate 1007 Century Street Winnipeg MB R3H 0W4 Toll Free: 1-800-282-8069 Fax: 204-945-5229 Website: www.gov.mb.ca/sd/eal/registries

Manitoba 4

# **Grey Cup Tour in Winkler Feb. 18**

By Ashleigh Viveiros

They may be called the Winnipeg Blue Bombers, but the CFL champions' win last fall was a win for the entire province.

That's why the Bombers have been taking the Grey Cup on the road, and they'll be in Winkler next week.

The Winkler Rec. Complex will host the Manitoba Grey Cup Tour presented by Princess Auto on Tuesday, Feb.

"We'll have the Cup in place and people can come in and have their pictures taken with it," says Trevor Finch, fan engagement manager with the team.

The festivities take place upstairs in the arena's Royal Hall starting at 4 p.m. for Bombers season ticket holders. The general public are invited frm 5-7 p.m. Admission is free. Bombers and Grey Cup merchandise will be available for sale.

"We welcome as many people as want to come," says Finch, encouraging everyone to come decked out in their favourite Bombers gear.

Continued on page 8

# The Winkler Morden Morden







ADMINISTRATION Lana Meier



**EDITOR** Ashleigh Viveiros



REPORTER Lorne Stelmach



SALES Swen Kelle



AGRICULTURE REPORTER
Harry Siemens



PRODUCTION Tara Gionet



**PRODUCTION**Nicole Kapusta

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Winkler Morden Voice Box 185, Winkler, MB, R6W 4A5

# Setnember 2 Septiments - VIEWPOINTS - LETTERS

# **Cotton candy compliments**

f you have a mother than you know exactly what the phrase "gratuitous compliment" means.

The gratuitous compliment is a lot like cotton candy—it looks large and VERY substantive. It is exceptionally, sickeningly sweet and, when examined closely, there is nothing there.

With apologies to mothers out there,

I am not talking about phrases like "I love you" and I am not even questioning the depth of the heart from which these compliments arise. What I am saying is, at the end of the day, they are not overly helpful and



By Peter Cantelon

tend to be the equivalent of a bandaid on a bullet hole.

My mother was a professional in the fine art of the gratuitous compliment, which most often rises as an unconscious reaction to an apparent slight of one of her children.

Scenario 1: Young Peter comes home from the school dance depressed that the girl he liked danced with everyone BUT him. Unfortunately, due to spies at the dance (his sister) Mum learns of his predicament and decides to "cheer him up" at the dinner table.

"Peter, you're a very nice young man and any girl who can't see that is simply not worth your time."

"Moooooooommmmm...what the heck? I don't want to talk about this."

"All I'm saying is that if I were your age, I would certainly have danced with you."

"MOOOOOMMMMMM!!!! This does NOT help!"

At this point, young Peter gets up and escapes to his room to hide out for three weeks until the whole scenario is forgotten.

Older, father Peter has done a version of this from time to time, but it is more succinct and to the point:

Elder Peter to his slighted child: "Well that person is a freaking idiot and you're better off with them out of your life."

Cue the inner eye-roll and silent "Ugh!" followed by a rapid change of subject from the aforementioned child.

Look, we know these compliments come from a sincere place but we cringe when we are on the receiving end because we also know they are gratuitous in the sense that no matter how horrible you really are you can count on that one person to drop said compliment.

Imprisoned bank robber listening to visiting mother:

"All I'm saying is that bank was practically inviting you to rob it what with its poor security and unlocked doors ... it's hardly fair to lock you up."

"Moooooommmm! This is not helpful!"

Outside of the context of family and close relationships, the only profession I am aware of that must submit to the same level of gratuitous compliments is that of the politician. No matter how legitimate the gripe, someone is always out there ready to pounce with gratuitous compliment.

"I can't believe you raised taxes by 24 per cent AND cut snow removal while buying a new council yacht for Lake Minnewasta retreats."

"Don't listen to the haters, you're are doing a wonderful job. Why just the other day I was telling Delores how the new no more snow removal policy has really 'culled the herd' by increasing heart attacks more than 67 per cent in the last quarter. Good job!"

I wonder if politicians cringe like the rest of us when these saccharine, cotton candy compliments come wafting their way?

These kinds of compliments at their best are harmless little puffs of air, but we don't really need them. We already know through the depth of our relationships what the people that matter think.

The danger is that some people may take these compliments seriously and become blind to reality. It recalls countless cringeworthy American and Canadian Idol auditions.

Two weeks after publication of this column a Letter to the Editor is received:

"Dear Editor,

Please let Mr. Cantelon know he is a horrible person and a terrible writer, who must live a dry and depressing life of emptiness. Sincerely, Anonymous."

Seconds after reading, laughing, and tossing letter into the trash, the columnist's dear departed mother breaches the very gates of Heaven itself rushing to deliver an incredibly important ghostly message to him:

"Don't listen to that person, Peter. You are a very good writer and I love reading your columns ..."

"Mooooooommmmmm!!"

### **Letter policy**

The *Voice* welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are unlikely to be published), on-topic, and respectful.

The *Voice* reserves the right to edit, condense, or reject any submission. Please include your full name, address, and phone number for veri-

fication purposes. Your name and city will be published with your letter. We do not print anonymous letters.

Send your letters to us by e-mail at news@winklermordenvoice.ca, or via mail to:

Editor Winkler Morden Voice Box 185, Winkler, MB. R6W 4A5

All columns and letters published on our Get Heard pages are the personal opinions of the submitting writers. They are not objective news articles, nor are they necessarily the viewpoint of the Winkler Morden Voice.

### Poet pens poem about the HMCS Morden

By Lorne Stelmach

An Alberta poet is paying tribute to a Second World War vessel that bore Morden's name.

The piece on the HMCS Morden is part of a series of poems penned by Garth Ukrainetz in conjunction with the 75th anniversary of the end of the

"I've always kind of been a war buff ... I'm just always blown away and very thankful for what that generation did back in World War 2," Ukrainetz said in a phone interview. "I'm writing all this poetry as my way of saying thank you to that World War 2 generation."

Always involved in the arts in some way including in the past as a cartoonist, Ukrainetz has for the last few years been focusing on his poetry, and as a history buff, he became especially interested in writing pieces around the war.

He started writing particularly about the warships and came to focus specifically on the "flower corvettes."

He has so far have completed 10 poems in the series with about another seven in the works. "HMCS Morden" is among the first ones he's written with a focus on its class of ship.

The HMCS Morden was a flowerclass corvette that served with the Royal Canadian Navy during the Second World War, primarily in the Atlantic as an ocean escort.

During the war, the Royal Canadian Navy had a total of 1,110 vessels under its command, but only 337 were considered actual warships.

Every single warship was eventually broken up and melted down after the war ended except for the HMCS Sackville, which was turned into a training vessel and still floats beside a



pier in Halifax, noted Ukrainetz.

"HMCS Morden narrowly missed getting torpedoed in that battle with HMCS Sackville," he added. "This is why I made reference in the poem to a Hamilton steel mill and the fact that HMCS Morden was melted down. Who knows where the melted steel from HMCS Morden ended up."

The Morden was among those unsung heroes that helped protect the larger ships and keep the supply lines

Among its claims to fame were sink-

ing a German U-boat and coming to the rescue when the SS Winnipeg was torpedoed in 1942. The latter incident saw the ship rescue 192 people, which Ukrainetz pointed out would mean the Morden had 192 people plus 90 of her own for a total of 282 people on board a ship that was designed for 40 to 50 men.

"They're little fighters ... it's that fighting spirit. They're not the battleships, they were smaller boats, and they were named after smaller towns across Canada," Ukrainetz said in explaining their appeal as subjects for his poetry.

What also drew him particularly to the HMCS Morden was reading about the ship's bell being featured prominently in the Morden civic centre, where is is used in ceremonies welcoming recent immigrants to the community.

"It's continuing with the legacy of the ship, so I wrote the poem because of the bell," said Ukrainetz. "It's also just an interesting ship. It had a lot of really close calls during the war."

What he ultimately likes about the corvettes is the vital role they played in turning the tide of the war effort.

"If it wasn't for these ships protecting the supply lines ... we kept the supply lines open, which kept the Allies fighting," said Ukrainetz.

As time passes, it becomes ever more important to keep the stories and the legacy of these ships and the people who served on them alive.

"That's why I'm doing this ... to keep the legacy going," Ukrainetz said. "You somehow have to make it relevant or interesting for the next generation ... so with these poems, I try to tell stories to make it interesting."

#### "HMCS MORDEN" BY GARTH UKRAINETZ

In the beautiful Pembina Valley Where the cornfields and apple trees grow

Her bell is still ringing for victory As it rang on the sea long ago Over shore of the Lake Minnewas-

There's an eagle nest high in a tree

And a train in the distance is roll-

On a railway they call 'Liberty'

She launched into Great Lake Su-

From a shipyard in thunderous bay In the lightning an eagle was flying So she followed it's path all the

Through Lakes Huron and Erie to Welland

Past Toronto and Montreal shore To the ocean for Battle Atlantic

For the fate of the Second World War

From St. John's to Derry her mis-

Back n' forth on a long ocean course

Never knowing where danger was lurking

With the Mid Ocean Escorting Force

Her crew city slickers and prairie

For many their first time at sea The fight is for hometown and family

Making sure 'mom and dad' remained free

Her first kill on the first of Septem-

The enemy poised to attack

She charged over U-boat sub-

Dropped bombs on the submarine's back

For this was the toil of her duty To protect all the ships and sup-

The convoys in cold North Atlantic A warm hope for our weary allies

The sailors were seasick and hun-

The food in the mess deck a mess The ocean so wild and relenting With the U-boats below playing

And with Europe in ruin and rub-

In a war full of horror and harm She was constantly guarding salvation

Canadian factories and From

A submarine fires a torpedo Steamship Winnipeg sinking way

With women and children abandoned

In the water a fear they will drown But Morden is quick to the rescue She clutches each one from the

Her bell rings aloud in great triumph

For the Winnipeg souls she did

And when the world war finally

With the tyranny crushed to the ground

She returned to the Great Lake Ontario

To a steel mill in Hamilton town With an eagle perched high on a

And a foundry as hot as the sun They melted her down into train

But kept her fine bell to be rung

In the beautiful Pembina Valley Where the cornfields and apple trees grow

Her bell is still ringing for victory As it rang on the sea long ago Over shore of the Lake Minnewas-

There's an eagle nest high in a tree And a train in the distance is roll-

On a railway they call 'Liberty'

© 2019 Garth Paul Ukrainetz In celebration and remembrance of the 75th Anniversary of the end of The Battle of the Atlantic and WWII "Lest We Forget"

"[IT'S] MY WAY OF SAYING THANK YOU TO THAT WORLD WAR 2 GENERATION."

### Fifth annual Evening of Elegance set for Feb. 25

By Lorne Stelmach

It is always special for Angela Muggridge to see a graduating student walk away with the outfit that will make his or her special day complete.

It usually happens for perhaps a dozen or so students each year when a team of local volunteers put on the annual Evening of Elegance, which this year takes place Feb. 25 at The Warehouse YFC drop-in centre in Morden.

"It's great to see them just giddy with excitement, and there's the fact that they can bring friends with them," said Muggridge, who is part of the organizing committee that also includes Lynn Pauls, Rosemary Zahn, and Betty Peters with the support of many other volunteers.

Now in its 11th year, the Evening of Elegance is a collaborative effort between Morden Caring and Sharing and Morden Collegiate.

Graduating students of Morden Collegiate and the Morden Adult Education Centre can come with their parents or friends to look for a dream gown or the perfect suit and also pick out shoes, jewelry, and other accessories.



**VOICE FILE PHOTO** 

Evening of Elegance volunteers Rosemary Zahn and Angela Muggridge are excited to be able to help keep the costs of graduation down for local students by hooking them up with donated formal wear.

Providing the students with new or helps lighten the cost of preparing for gently used clothing and accessories graduation, said Muggridge.

"It's a very confidential thing but a very open thing. You don't need to have an invitation to attend," she said.

"We have dainties and pretty lights just to set the atmosphere so that they can feel good about the event and getting ready for it as opposed to being stressed about it," she contin-

"There are usually 10 to 15 who end up leaving with their grad attire, but more people come, probably even up to 30 who come in, but not everybody selects something. There may not be the right sizes or something that suits their needs."

They keep clothing in storage from year to year and augment it with new donations that come in.

Setting up shop at The Warehouse this year gives the program more leeway than it has had in the past.

"We can actually accommodate someone who maybe couldn't make it to the evening ... if that's the case, we can let them access and have a look at the items the next day," Muggridge noted.

The Evening of Elegance takes place Tuesday., Feb. 25 from 4:30 to 8 p.m. at 809 Stephen Street in Morden.

# Community fdn. scholarship deadline nears

Awards available not just for Winkler area high school students, but also young adults pursuing post-secondary education

By Ashleigh Viveiros

The Winkler Community Foundation is gearing up to give away upwards of \$86,000 in scholarships this

The foundation's scholarships and marketing coordinator Julia Blais says they expect to lend a financial hand to around 37 Winkler area students in 2020, including at least 16 new recipients in addition to those receiving recurring awards.

It's not too late to be one of them.

"The deadline for applications is Friday, Feb. 28," Blais says, noting they've already received a few dozen applications and hope to see many more come in before month's end.

"I think the awareness is definitely growing," she says. "Lots of people are starting to realize this isn't just for high school students-it's for young adults."

In addition to several \$2,000 scholarships for graduating Garden Valley School Division students, the Gordon Wiebe Scholarships Program also includes one annual Make It a Reality Scholarship of \$20,000 (\$5,000 a year for up to four years of study) and multiple Ongoing Education Scholarships of \$2,000 (renewable for up to two years for a total of \$6,000) for young adults age 17-30 currently in or about to enter an accredited post-secondary

The scholarships aren't based on academic merit so much as a recipient's involvement in the community and leadership abilities.

"We are looking for local students that demonstrate leadership skills, whether that be in their school, extracurricular activities, or volunteer opportunities," Blais stresses. "We are looking for young leaders."

Since the first awards were handed out three years ago, the foundation has had the chance to hear back from many recipients on the impact the support has had on their lives.

"We hear a lot that it's really helped them overcome some hurdles in their post-secondary studies," says Blais. 'Not only does it help with their fi-

#### "WE ARE LOOKING FOR YOUNG LEADERS."

nancial struggles but they also have told us that it gives them the confidence that someone believes in them.

"We want to give them that confidence and let them know we believe in them ... we are here to back them

For more information on the Gordon Wiebe Post-Secondary Education Scholarships, head to winklercommunityfoundation.com or call Blais at 431-775-3448.

### > GREY CUP TOUR, FROM PG. 5

The Grey Cup Tour has already made several stops around the province over the last month, and Finch says they certainly weren't going to leave Winkler area fans out in the

"Winkler is a big community for us. We have a lot of support there," he says, noting rural fans spend a lot of time travelling to support the team, so this is the Bombers' chance to come to them. "It's very important to

us that we can bring this and share this win with them."

After the Winkler stop, the tour will wrap up with events in Morris Feb. 19 and Brandon Feb. 20-21.

# New shop helping protect your car's finish

By Lorne Stelmach

It may be a new business, but Brett Wiebe brings 17 years of experience working with the product at the heart of Shine Paint Protection.

"I've worked with the product for a long time," Wiebe said Saturday as dignitaries helped cut the ribbon to officially open the shop at Unit 1 - 445 Ninth Street South in Morden.

They offer paint protection in the form of an optically clear vinyl film constructed by SunTek from a combination of advanced elastomeric poly-

With SunTek's exclusive HydroResist top coat, contaminants such as bug splatter, bird droppings, sap and road tar wipe off the film's ultra-slick surface with ease, noted Wiebe.

"It's all pre-cut templates and it's applied to your vehicle's paint ... it's a self healing film, so it heals scratches ... prevents stone chips, prevents rust," he said.

"We're trying to work with dealerships; doing it from new is the best time to get it done,"Wiebe noted."But we touch up stone chips ... touch it up, get the film on there, and it's protect-

"The main thing is keeping that factory paint and keeping the resale value," said Wiebe, who said he saw a real need for this service in the area.

"It's a lot about educating the public just on how the film has come along over the years," he said, adding "there's really nobody in all of Manitoba that has the extensive experience that I have with this stuff.

"It's about keeping people happier with their vehicles; we really just want people to love their vehicles."

You can find out more at protectyourshine.com or call 204-332-3214.



PHOTO BY LORNE STELMACH/VOICE

Cutting the ribbon on Shine Paint Protection in Morden on Saturday.

# Stanley council approves slight budget increase

By Lorne Stelmach

It will be business as usual in 2020 with the RM of Stanley only slightly bumping up its budget for the year.

The new financial plan approved by council at its Feb. 6 meeting sets out total expenditures of around \$7.4 million, which is a 3.8 per cent increase from \$7.1 million in 2019.

Council aimed for a budget that largely holds the line on spending and taxes as the municipality benefits from the bump in revenue that comes through its continued growth in what is also a reassessment year.

"I think we came up with a very good budget for 2020," Deputy Reeve Peter Froese said after the financial plan received first reading.

Council was able to approve a drop in the mill rate "that's mostly due to our assessments going up by \$66 million," he noted, although the exact impact will vary from one tax bill to the next. "Some of the taxpayers will be seeing a slight decrease in their tax bill, while others will see a slight increase, depending on their assessment.

"We realize that the farmers had a bit of a tough fall and we've tried to keep the taxes in line," Froese said.

The municipal mill rate decreases from 9.433 to 8.573. That includes the general mill rate, which decreases from 8.339 to 7.642, as well as the mill

rate for special services, which goes down from 1.094 to 0.931.

With these new mill rates, taxpayers can expect:

- On 40 acres of farmland, a 6.28 per cent increase in assessment from \$92,300 to \$98,100 would bring a \$30 decrease in municipal tax from \$871
- On 160 acres of farmland, a 27.95 per cent increase in assessment from \$164,602 to \$172,224 would bring a \$207 increase in municipal tax from \$1.270 to \$1.476.
- A residential property with a 12.49 per cent increase in assessment from \$145,170 to \$163,305 would see a \$31 increase in municipal tax from \$1,369
- A residential property with a 4.35 per cent increase in assessment from \$385,230 to \$402,000 would see a \$188 reduction in municipal tax from \$3,634 to \$3,446.
- A commercial property with a 13.95 per cent increase in assessment from \$409,700 to \$466,850 would see a municipal tax increase of \$138 from \$3,865 to \$4,002.
- A commercial property with a 6.54 per cent increase in assessment from \$1,097,870 to \$1,169,620 would see a municipal tax decrease from \$10,356 to \$10,027.

#### BUDGET BREAKDOWN

The municipality is forecasting

property taxes to make up 77 per cent of total revenue—a reduction from 80 per cent a year ago—while other revenues are set at \$1.7 million or 23 per cent—an increase from 20 per cent in 2019.

Transportation including such key services as road work makes up almost 41 per cent of the budget, and it comes in at a five per cent increase to just over \$3 million.

Representing 17.3 per cent of spending, transfer to reserves rise by 4.5 per cent to almost \$1.3 million, while general government services are 14.2 per cent of the budget with a 2.9 per cent increase to \$1.05 million.

Fiscal services and protective services both make up another 8.5 per cent of spending each. The former is down by 2.4 per cent and the latter decreases by 8.4 per cent, with both at about \$637,000.

Planning and engineering expenses represent five per of the budget but with the largest percentage increase by 36 per cent to \$373,000. Next is recreation and culture at just under three per cent of spending, with that portion remaining at about \$213,000.

Other minor portions of expenditures include health and welfare, environmental, and economic development, with the only one of those three having a significant change being health and welfare rising by 25 per cent to almost \$93,200 due to a contribution towards the Agassiz Medical Centre expansion.

The municipality has the usual range of priorities for the year ahead such as road construction, paving, sidewalks, dustproofing, drainage, and water system upgrades, noted Froese.

"We want to continue our village paving program in the village of Chortitz," he said. "Also, council continues to work on some better transportation planning for our road network, truck routes, spring restriction and things like that.

"We continue to work on our regional wastewater project, and it's still a priority for future growth," he added, noting another key priority is improving their water systems for sustainability. "We also made some big upgrades to our Massey system in 2019, and that are wrapping up right

"We are also working with the Pembina Valley Water Co-op on bringing more potable water into our region ... our water demands continue to in-

Finally, they are also watching to see what the spring melt brings their way.

"We know we had a wet fall, and many of our culverts and drains are iced right up, so we could be in for an interesting spring depending on what type of thaw we get," Froese said.



# En garde!

Candlewick Players took over the Kenmor Theatre in Morden last weekend for its Valentine's Theatre production of The Princess Bride. A second weekend of performances—this time as a dinner theatre—takes place at the Manitou Opera House this coming weekend.

CANDLEWICK PLAYERS PHOTO

# A Valentine's Day hero

y late husband, Ron, had a heart attack on Jan. 16, 2006.

He was taken by ambulance to the Kelowna airport and then flown to St. Paul's hospital in Vancouver. Here his one clogged artery was opened and a stent put in.

Despite the cold and icy highway, my sister and I bravely drove the five hours to the hospital. Two days later, we were on our way home. Ron regained his former strength gradually and we soon felt confident about the surgery and his health.

Then, about a month later, Ron complained about not feeling well. We discussed going to emergency

but he remembered he had an appointment the next day and said he could wait to see his doctor.

That night, Feb. 14, Ron woke me at four a.m.

"You'll have to take me to the hospital," he said.

"Why? What's wrong?" I asked, now wide awake.

By Florence

Dyck

"I can't move," he answered.

Wasting more valuable time, I again asked, "What do you mean you can't move?"

"Ben has to go out and I can't get up."

Ben was our small Jack Russell ter-

rier who slept at the foot of our bed. We had tried unsuccessfully to train him to sleep in a basket beside our bed, but, as soon as he thought we were sleeping, he slowly crept up. Even his tiny ten pound weight on our feet made it difficult to change positions!

We bought Ben from an Okotoks breeder in the fall of 1996. She had been unable to sell him because he was, in her words, "wimpy." He had been the runt of the litter and now followed her around whimpering and whining. When a potential buyer went to pet him, he rolled over to expose his tummy. Not exactly the characteristics wanted in a terrier!

Our family loves dogs. After our medium sized long-haired dachshund died, we knew we had to have another one. A wimpy terrier was just fine. We were getting older and did not need a high energy dog.

Ben was not with us long before his true colours emerged. He attacked mail thrown in through a slot in our front door. He climbed up onto our dining room table to demolish a package that had in it a box of Smarties for our granddaughter. She loved Smarties and could not buy them in the U.S. where she lived.

Ben's excitement knew no bounds when he sensed we were going on a hike. He jumped up and down and ran back and forth down the stairs until I was ready to go. The entire neighbourhood walked their dogs in the hills behind our house. But all agreed it was more fun when Ben came out. He had all the dogs running and get-

ting their exercise.

Early on, he took an instant dislike to a neighbour's German shepherd who tried to join our walks without his owner. Ben chased him home repeatedly. We all laughed to see tiny David chasing huge Goliath!

When I took Ben for his walk on running trails, he was visibly disappointed. He looked longingly after the joggers and if he could have talked he would have said, "Why won't you run with me?"

Ben only learned tricks that made sense to him. He jumped impossibly high for half a peanut, but fetching was another story. He brought the ball back two times at most. If it was thrown again, he would sit and look as if to say, "I brought it to you twice and you just threw it away. Get it yourself!"

Now, that Valentine's Day morning, I tripped over Ben as I hurried to the bathroom to wash and dress. Ben was still agitated and kept running between me and the bed.

When I came out, I said, "Ron, if you can't move, we'll have to call the ambulance." We had a flight of stairs to get down to the front door.

"I already have," was his weak response. Soon the ambulance and fire truck with sirens blaring and lights flashing roared into our quiet bay. Talking way too fast, I explained to the attendants that Ron had heart surgery a month ago and maybe something went wrong. I still found it difficult to believe a piece of plastic tubing could keep his artery open.

After strapping Ron onto a stretcher, they left and I went to wake our daughter. Now we were both panicking as we got into our car and raced to the hospital. After answering a few more questions, we were told to grab

a coffee while they tried to figure out what was wrong. Not able to eat or drink, we eyed each other and said, "We can't just sit here. We have to get back." We got back on time to see Ron surrounded by medical staff paddling his chest. Earlier, when an intern took his blood pressure, it did not register. Their competent efforts brought Ron back to life, but he needed twelve pints of blood and bed rest before was he was on his feet again.

After his surgery a month earlier, Ron had been given a blood thinner along with other heart medication. He had a bleeding ulcer neither he nor his doctor knew about. The blood thinner caused his near death experience

Later, Ron told us the rest of the story. All night long Ben had nuzzled him and acted like he had to go out. Ron kept getting up for him until he couldn't.

Ben did not have to go out. We are convinced he sensed something was wrong. Ben had, in fact, saved Ron's life that day.

Our family feels blessed Ron's life was spared and we had him with us for 13 more years. We only wish another Ben or maybe another miracle could have saved Ron's life. He died of kidney cancer on Dec. 1.

After Ron's first brush with death, he remarked how peaceful he had felt floating above all the chaos below. When he lay dying last year, he would waken and say the same thing.

We take some comfort in knowing that he is free from pain at last and that he is at peace.

Florence Dyck is a former Mordenite now living in the Okanagan

Check out the Winkler Morden Voice online at www.winklermordenvoice.ca

# arts&culture

### Irish dancers off to North **American Open**

By Lorne Stelmach

A group of area students from Danceworks in Morden are off to a top level competition in St. Paul, Minnesota this weekend.

They are taking part in the North American Irish dance open championship, and it was a nervous but excited group of young dancers who gathered in the studio space above the Kenmor Theatre last week to talk about the competition.

"It's scary, but it will be really fun. It's going to be a good experience," said Brianna Bruce, a six year veteran of Danceworks' Irish dance program.

"I'm really excited. I couldn't believe that I made it," added Jenna Weeks, who has also been in the program for six years.

"It kind of brings back memories of my first nationals ... to be a teacher and going through that now with your students is pretty neat," said instructor Cathy Savage. "I'm hugely proud. They work really hard week after week."

The group earned their way to the

"THEY LOVE IT

**BECAUSE WHEN** 

THEY'RE JUMPING

IN THE AIR IT JUST

FEELS LIKE YOU'RE

FLYING ..."

Feb. 15-17 event through qualifying competitions in Winnipeg last year.

They will be among over a hundred dance groups coming from all over the world to compete in St. Paul.

"It's going to be fantastic to see the calibre of the dance," said Savage, who noted her students were preparing with

"a few extra classes and just trying to more to just settle the nerves ... I think once they settle in and get on stage they'll be fine."

It marks a milestone of sorts for the Irish dance program, which has been taught at Danceworks for about a decade now. Savage noted how much it has grown in that time.

"I started with one class of five children ... and now the program has grown into seven classes and a com-



PHOTO BY LORNE STELMACH/VOICE

A class of Irish dance students from the Danceworks studio in Morden were ready to head to St. Paul this weekend for the North American open championship. Wishing them well was Samantha Klassen (far right) of Winkler Dental, which is sponsoring the group's travel costs.

petition class, and I think there's over 65 kids registered," she said.

The age range is all the way from Gr. 1 to adult, and they come from a wide area that includes Crystal City, Miami, Manitou, La Riviere, Schanzenfeld, Winkler, and Morden.

It speaks well of the program that it has many students who have stayed

with it for years, Savage

"The nice thing about is I have some of the same students year after year, so as a teacher you can build a relationship and a rapport," she said.

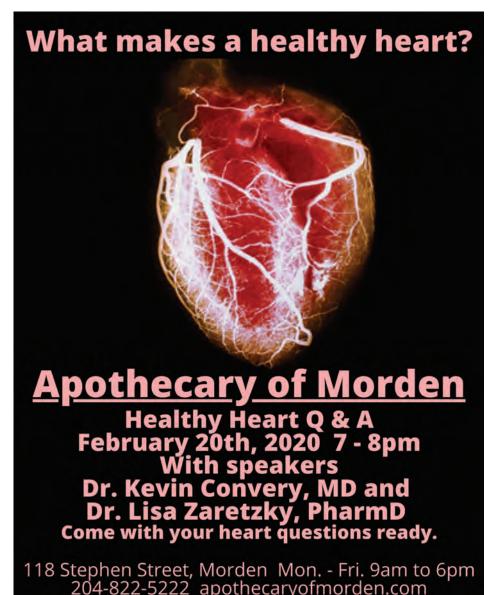
"It is like a dance family, and the dancers are just fantastic with each other, really supportive," she continued. "Some real friendships have been made, and

it's nice to see. And our dancers all grow with each other, and they work together really well."

The dancers say they are drawn to Irish dancing both because it's fun and challenging.

"I find it really fun to go to competitions," said Bruce. "I just love it ... I love learning new steps and learning new,

Continued on page 17























### CHAMBER MEMBER SPOTLIGHT

**Getting Down to Business** 

# True North Electric grows, thrives alongside the community

True North Electric has come a long way in a short period of time from its beginnings as a home-based business.

Owner Bryan Rutledge drew on his more than a decade of experience in the electrical industry when he started up the company in 2011.

"I started out of my garage and eventually moved to a shop on Jefferson St.," noted Rutledge, who more recently saw True North Electric make another move to Stephen St. with the purchase of Glenron Electric.

"Now we're up to 11 full-time employees," he said, suggesting what's been driving their success is "definitely the support from the community here.

"We pride ourselves on getting our customers the highest quality of electrical work as far as appearance and the install and functionality of it all," Rutledge said. "And our customers seem to be repeat customers who come back, so the community support is obviously what's gotten me to this point."

True North Electric offers the whole range of electrical services.

"We basically take care of all facets of electrical work," said Rutledge. "We do residential, commercial, farm and industrial. We specialize in every area, and we're confident that we can provide the service and whatever is required."

He noted they do everything from small, simple repairs and installations to more complex projects.

"Last year we did the electrical at the new Home Hardware ... the runway lights at the airport was another bigger job, and the new day care in Morden," he cited as a few examples. "We also do all the small service calls as well, fixing lights or whatever else is needed."

Large-scale jobs are something they not only continue to get more of but welcome as well.





True North Electric's Bryan Rutledge started up the company from his home nine years ago. Today they have 11 full-time employees.

"I know my guys are always excited when we land a big job and they know they have a steady home for a couple months," said Rutledge.

Much of True North Electric's work is done in the area in and around Morden.

"We're willing to travel, but we're actually able to stay quite busy in Morden. Maybe 95 per cent of our work is in the city here," Rutledge estimated. "It's obviously a growing community and there's a big need for the electrical work here."

As for the future, Rutledge said it is an ongoing process to "just keep trying to learn the new technology ... there's always codes that are changing. There's always more to learn."





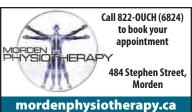
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IN THE WORKPLACE





FEATURED INSIDE:

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## A romantic getaway? Yes, please!

Between work, children and household chores, it can sometimes be difficult to find time for each other. When did you last spend a romantic night away from home? Too long ago to remember, if you're like most couples. This Valentine's Day, why not break out of your daily routine by planning a romantic getaway.

On these cold winter days, wouldn't it be wonderful to stay in a cozy inn, a comfortable hotel, a country cottage or a bed and breakfast? The first thing to do, of course, is find a place that suits you both. Tired of your tiny bathroom? Rent a room with a huge whirlpool bath and relax together in complete privacy. Your better half dreams of spending an evening lazing in front of a crackling fire? Choose somewhere that has a fireplace where you can bask in the warmth of the flames and your love for each other.

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- Tops PursesSportswear

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After a good night's sleep (and who knows what else!), visit nearby attractions — art galleries, museums, restaurants, craft shops or microbreweries. Or, if you're both in the mood, why not spend the day in the great outdoors, skating, cross-country skiing or just going for a walk in the crisp air. It's a great way to make the most of winter. During your stay, walk hand in hand and take lots of photos of yourselves. Enjoy the pleasure of being together without stress, without a schedule and without distractions.

Valentine's Day is the perfect excuse to splurge. Relax with an excellent bottle of wine, and eat at a five-star restaurant or get a professional massage — 90 minutes, minimum!



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### Three romantic scenarios to rekindle the flames of love

Stuck for ideas for the evening of Valentine's Day? Don't panic. With a little planning, you can create some unforgettably romantic scenarios.

#### The second first date

Dress up to the nines and go to a fancy restaurant with your partner. Before setting out, agree to pretend that this is a first date. This little game will help you both rediscover the person you share your life with, without all the embarrassment of a first date.

#### Massage

Improvise a massage parlour at home before your partner arrives. Cover a mattress with a soft blanket and organize one or two cushions for extra comfort. Light some candles, put on some gentle music and scatter rose petals on the floor, leading from the front door to the massage table. Now all your loved one has to do is to

### Inspired gifts for the love of your life

Between work, children and household chores, it can sometimes be difficult to find time for each other. When did you last spend a romantic night away from home? Too long ago to remember, if you're like most couples. This Valentine's Day, why not break out of your daily routine by planning a romantic getaway.

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Valentine's Day is the perfect excuse to splurge. Relax with an excellent bottle of wine, and eat at a five-star restaurant or get a professional massage — 90 minutes, minimum!

follow this inviting trail to discover your talents as a massage therapist. Stock up on some good quality massage oil — or maybe even an edible one.

#### Memories of love

Organize a trip down memory lane, literally. It doesn't matter if you've been together for five, fifteen or thirty years; the fun will still be worth it. Did you meet at university? Return to your old campus and share a passionate kiss, just like in the early days of your relationship. Maybe you could even find the exact spot where you shared your first kiss. Did you used to slow dance to a particular song on your first few dates? Play the song again, either at home or in a bar with a jukebox, and let your bodies remember those magical moments.









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### BP's heart pizzas supporting CancerCare MB

By Lorne Stelmach

Morden's Boston Pizza is giving customers a number of ways to spread the love this Valentine's Day.

The restaurant is once again selling heart-shaped pizzas Friday in support of CancerCare Manitoba. A dollar from each pizza sold will go to the cancer agency, as will a dollar from the sale of every triple chocolate mousse cake.

"We also have our heart campaign, which our guests are amazing at supporting," said manager Kenton Hildebrand of the paper hearts decorating the restaurant this month. "They can donate however much they like."

Money raised this year is going towards pediatric oncology services in Manitoba.

"Pretty much 80 per cent of kids nowadays survive cancer because of the research they are doing," Hildebrand said. "The money that we are raising goes to help that 20 per cent.

"It's a great cause to get behind. Everyone has someone they know who has been affected by cancer," he added, noting money raised through this annual campaign was previously channeled through the Boston Pizza Foundation but can now go directly to a local charity.

"This year we have a goal of \$5,000 and we were 90 per cent of the way there with just a few days to go until Valentine's Day," Hildebrand said on Monday, estimating the campaign might bring in perhaps \$100,000 across Manitoba this year.



PHOTO BY LORNE STELMACH/VOICE

### **Co-op welcomes applications** for Community Spaces funding

The Co-op Community Spaces program has put out a call for applications for its 2020 grants.

The program was launched by Federated Co-operatives Limited (FCL) in 2015 to help protect, beautify and improve spaces across Western Canada. Since then, the program has provided \$8.5 million to 115 projects, including parks, greenhouses, and sports fields.

Locally, organizations such as Winkler Arts and Culture, the Pembina Valley Conservation District, Southwood Elementary School, and the La Riviere and Community Recreation Centre have received a combined total of over \$211,000 in recent years through the program for a variety of projects.

Now entering its sixth year, Co-op Community Spaces is dedicating between \$25,000 to \$150,000 per project in capital funding. The program is accepting applications from now until March 2.

"Co-ops have always re-invested their profits in their local communities; that's just a core value that's essential to who we are" said FCL spokesman Vic Huard. "Co-op Community Spaces is another way Co-ops are bringing this value to life. Supporting projects that bring people together helps to develop and strengthen these local communities for the benefit of individuals and families across Western Canada."

Co-op invites registered non-profit organizations, registered charities, or community service co-operatives to apply online at communityspaces.ca.

Program funding categories include recreation, environmental conservation and urban agriculture.

### EARN 150 Learn 150, is now available for download at manitoba150.com Bring learning resources United in celebration Unis dans la fête developed by WE on diversity, reconciliation, and healthy living into FUNDING PARTNER Manitoba 500 your classroom or home!

### > IRISH DANCERS, FROM PG. 11

different techniques and things."

"I really like even just watching it and learning all the new steps and coming to class each week to be with my dance family," added Weeks.

"I like learning new dances and meeting new people," said Ella Kalinowski, who has been in the program for four years.

"It think you either love it or you hate it. There's no in-between," suggested Savage.

"I think most of the kids have said they love it because when they're jumping in the air it just feels like your flying, and the music is very lively," she added. "It is a lot of hard work, but your hard work pays off. It's a lot of fun and rewarding to be able to do some of the more complicated stuff.

"It's great to have this in the community."

# TAX SEASON Hire a pro and make your money grow!

MONEY MATTERS

### Top 5 tax tips you need to know



Tax filing can be complicated, and this year provincial and federal governments have introduced many changes that can only add to the confusion. To help, here are five ways to confidently manage the filing process.

Take note of key dates. Whether you owe money or not, it's important to file your taxes on time to avoid the interruption of benefits, interest and any penalties. The CRA can charge you penalties of 5 per cent on what you owe, plus an additional 1

per cent for each month you fail to file, for a maximum of 12 months. "To avoid the stress of filing last-minute, use your phone to set up reminders to flag important tax-related dates," suggests Lisa Gittens, tax expert at H&R Block.

Stay organized. Ensure you gather all forms, slips and necessary receipts throughout the year. Organize everything you need to file your return, such as tuition receipts, medical bills by category and date and file them away. You can also take photos of hard-copy receipts and add these to your online folder as well, making it much easier if you must look back months, or even years, later.

Get some credit for being kind. If

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(204) 822-5401 (204) 822-6031 Fax dbmb@mymts.net you, your spouse or your common-law partner made a charitable donation, you might be able to claim a non-refundable tax credit for your generosity. When completing your return, not only can you claim the donations you made during the year, you can also claim any unclaimed donation amounts from the past five years.

Crunch numbers with a tax calculator. It's never a bad idea to get an idea of what your tax situation might look like ahead of time. "Take advantage of free tax calculators to help you get a sense of what you'll be walking into come tax season," says Gittens. All you need to do is enter your income, taxes paid and RRSPs – and remember the March 2 deadline for RRSPs.

Don't be afraid to ask for help. If figuring out where to start or which receipts to keep organized is too much, ask for a hand. Gather your receipts and documents and speak to a tax expert who can answer any questions you may have.

### What's your investing style – dipping in or taking the plunge?

With so many options for investing your hard-earned dollars, it can be difficult deciding where to put your money. Making the right decision starts with understanding what type of investor you are, and how comfortable you are with risk

The investing pros at RBC suggest that one way you can do this is to think of your investment style as either "toe-dipper" or "cannonballer". Here's what they mean.

The toe-dip investor. Say you have some money saved up, but you don't feel ready to put all of it into an investment. Or you may think you don't have enough money saved up to invest. This is when you can look to an online investment management service, where you can start investing without a lot of money.

At RBC InvestEase, for example, you can open an account with no minimum – you start with any amount that's right for you. Once your balance reaches \$100 or more, your money is invested for you, based on your risk profile. As you contribute more to your account, your investments can keep building.

The cannonball investor. Say you've got \$5,000 or more in savings and you want to begin by investing it all at once. You can pick one or more investments for your entire savings amount and go "all in" right away. In investment circles, this is known as a "lump-sum" approach.

Both approaches will be based on your risk tolerance and your time horizon – the length of time you can invest before you reach your retirement or any other financial goal you have in mind.

Which style is best for you? Really, it all comes down to what you're comfortable with. Whether you dip in your toes or make a big splash, you'll accomplish the most important part of investing: getting started.

# SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

# Hawks end season in sixth place

By Lorne Stelmach

They may be the underdogs in their quarter-final series that kicked off this week, but the female Pembina Valley Hawks also march into the playoffs with some momentum.

The sixth place Hawks had a four game winning streak and won five of their last seven in the stretch run of the regular season to give them a level of confidence as they take on the third place Yellowhead Chiefs.

The match-up was set after Pembina Valley closed out the regular season with a 4-1 win over Westman Saturday and a 3-2 loss to Central Plains Sunday.

Abbey Bourdeaud'hui had a pair of goals and a three point night as the Hawks took a 2-0 lead on Westman in the second period and then put it away with two more in the final frame.

Anika Braun and Jolyne Leclair also scored while Tria Enns had a solid night in net in stopping 30 of 31 shots.

On Sunday, the Hawks couldn't quite complete the comeback after trailing 1-0 and 2-0 at the intermis-



Scoring for Pembina Valley were Jayden Carels and Quinn McLaren while Enns stopped 17 of 20 shots coming her way from the Capitals.

The Hawks finished the regular season at 11-14-3 for 25 points, a fair bit behind the top three teams: the Winnipeg Avros (47 points), Winnipeg Ice (40), and Yellowhead (38).

The best-of-five series against the Chiefs was scheduled to start Wednesday in Shoal Lake. Game two is in Friday in Morden.

The other first round match-ups have the top Avros facing eighth place Interlake, second seed Ice against seventh place Central Plains, and fourth seed Westman playing fifth ranked Eastman.

# Male Hawks on a five game winning streak

**By Lorne Stelmach** 

A run of five wins in a row has vaulted the male Pembina Valley Hawks into second place heading into the final two weeks of the regular season.

The Hawks have won 10 of their last 11 now after sweeping a doubleheader with Norman last weekend in Thompson and doubling up the Winnipeg Bruins earlier in the week.

The Hawks were stronger as the game went on last Wednesday, as they trailed 2-1 after one but then led 4-3 after two. They put it away with four more goals in the third for the 8-4 victory over the Bruins.

Roux Bazin had a four point night, including a goal, while Tyler Park contributed three assists. Riley Goertzen scored a pair, while other goals came in from Trent Penner, William Irvine, Andrew Boucher, Caelan Russell, and Brett Bergman.

Brock Moroz made 31 saves as the Hawks held a 49-35 edge in shots on goal. Pembina Valley went three for five on the powerplay and two for five on the penalty kill.

The 12th place Northstars kept it close Saturday until the final period when the Hawks fired home four goals to complete the 5-0 shutout.

Michael Hlady contributed two while other goals came in from Justin Keck, Goertzen, and Bazin. Reid Dyck stopped all 29 Norman shots as the Hawks outshot the Northstars 52-29.

Pembina Valley then ran away with game two as they built period leads of 3-1 and 6-1 while outshooting the Northstars 55-21. Brock Moroz made 18 saves.

Bazin led the way with four goals and a five point night while Daniel Isaak had a pair of goals and assists and Derek Wiebe contributed a goal and three points. Also scoring were

Goertzen, Penner, and Hlady.

The Hawks upped their record to 31-8-4-0 for 66 points, leaving them behind only the powerhouse Winnipeg Wild at 80 points. Only four points separate second from fifth, with Yellowhead at 64 and the Winnipeg Thrashers and Southwest at 62 points.

That sets up a big game Wednesday as the Hawks take on the Thrashers in Winnipeg. They are then home this weekend for games Saturday against Parkland and Sunday versus Bran-



#### **SUBMITTED PHOTOS**

Two teams with local ties will be at the Asham U18 Men's Provincial Championship in Minnedosa March 4-8. Team Landon Krahn (above) earned a berth by beating Team Skog of the Morris Curling Club and Team Albig of the Ste. Adolphe Curling Club Feb. 1. The foursome includes (from left) Krahn, Luke Trinke, Jace Zacharias, and Jared Bueckert. They're coached by Derek Trinke (not shown). Also off to provincials is Winkler's John Trinke (right, second from right), who curls out of the Stonewall Curling Club. From left: Coach Albert Bazinet, skip Elias Huminicki, third Liam Wachal, Trinke, and lead Tim Johnson.

# Off to the provincials



# Flyers drop to third after losses to Kings, Terriers

By Ashleigh Viveiros

A couple of losses dropped the Winkler Flyers into third place last week in the Manitoba Junior Hockey League standings.

At press time Monday the Flyers were 34-13-2-3 for 73 points, trailing the Portage Terriers in second place by one point and the Steinbach Pistons in first by seven.

Winkler saw their four game winning streak come to an end Feb. 4 at the hands of the Kings in Dauphin.

Eric Fawkes scored Winkler's lone goal in the third period. Strong goal-tending from Dauphin's Levi Mitchell kept the Flyers from gaining any traction, despite outshooting their opponents 37-30 overall.

In net for Winker, Dorrin Luding made 17 saves off 22 shots while Dylan Meilun was a wall against all eight shots he faced.

The boys shook off the loss to go on to win against the Neepawa Natives 5-3 Friday night at the Winkler rink.

The back-and-forth affair saw the score tied 2-2 after 40 minutes, with Winkler's goals coming in from Jayden McCarthy and Sulivan Short-reed.

A single from Nathan Poolman and two from Ian Tookenay cemented the win, as the Natives managed just one goal in the final frame.

Luding stood tall in net, making 19 saves as the Flyers outshot the Natives 45-22.

The next night against Portage didn't go so smoothly, as the Terriers took a 4-1 bite out of the home team to leap over them in the standings.

After a scoreless first period, Portage scored four goals in quick succession in the second. Winkler's only goal of the night also came in that period from Jaden Townsend with one second left on the clock.

Both teams had five fruitless shots on net in the third period.

Overall, Portage outshot Winkler 24-

16. Luding made 20 saves in net.

This week Winkler was slated to take on the Blues in Winnipeg Tuesday night and the Terriers in Portage on Wednesday. Results were not available at press time.

The road trip continues with games in Selkirk Friday and Steinbach on Monday.

# Redskins, Royals knocked out

Notre Dame, Portage advance in SEMHL survivor series

By Ashleigh Viveiros

Morden and Winkler both lost their respective survivor series games last week, putting an end to their seasons in the South Eastern Manitoba Hockey League

On Friday, the Winkler Royals, who ranked sixth in the regular season, fell 8-3 to the fifth place Portage Islanders.

Marlin Froese finally got the Royals on the board 14 minutes into the second period. Portage was up 4-1 at that point and then made it 5-1 before the intermission.

Period three saw a pair of Winkler goals courtesy of Austin Wiebe, but the Islanders got three more of their own to cement their lead and eventual victory.

Travis Klassen made 31 saves in net for Winkler as the Islanders outshot the Royals 39-25.

The Redskins' loss to the Notre Dame Hawks the next night was a much closer affair, but the Morden team still fell short 3-2. Morden had finished in seventh and last place this season, while Notre Dame was in fourth place.

Goals from Redskins Jared Leiding

and Cole Penner late in the second period tied the game at 2-2.

Then, in a hard-fought third period, Notre Dame got the game winner in the 17th minute.

Reed Peters made 28 saves for Morden off 31 shots on goal. His teammates fired 52 shots on the Hawks' net.

Portage and Notre Dame now face each other in a best-of-three survivor series to see who will advance to take on the top three ranked teams—Carman, Warren, and Altona—for the SEMHL championship title.





The Winkler Curling Club hosted its Men's Bonspiel Feb. 6-9. Nineteen teams came out to compete. Left, top: C2 event winners Larry Harder, Corey Friesen, Peter Neufeld, and John Neufeld, Left. bottom: B Event winners Thomas Titchkosky, Marcus Titchkosky, Rhylind Peters, and Rylan Didkowski. Right: top: C1 Event winners Matt Bijl, Elias Huminicki, Johnny Trinke, and Liam Wachal. Right, bottom: A Event winners Hank Klassen, Dennis Peters, Louis Tanguay, and Jesse Klassen.

**SUBMITTED PHOTOS** 





# Twisters hang on to first place in MMJHL

By Lorne Stelmach

The Pembina Valley Twisters maintained their hold on first place with three more wins this past week.

They extended their current victory run to four in a row by following up a 2-1 overtime win against Charleswood last Tuesday with a 5-1 victory over St. James Saturday and a 5-3 win over Fort Garry Fort Rouge Sunday.

Charleswood goaltender Patrick Wiens nearly stole the game from the Twisters, who peppered him with 56 shots overall, while Luke Zacharias stopped 28 of 29 in the Pembina Valley net.

The teams traded second period goals, with league leading scorer Elijah Carels notching his 30th of the season for the Twisters. A Hawks penalty one minute into overtime then proved costly as TJ Matuszewski connected 1:58 into extra time.

The powerplay made the difference Saturday against the Canucks, as the Twisters went two for four. Martin Gagnon was solid in net with 31 saves as each team fired 32 shots at the opponent's net.

Carels scored a pair to boost his tally to 32. Other goals came from Matuszewski, Tristan Day, and Wyatt Sabourin.

Most of the scoring happened in the third period Sunday, as the game was tied at one after 40 minutes.

Carels contributed again to make it 33, and Matuszewski, Sabourin, Travis Penner, and Nicolas Burmey also scored for the Twisters, who outshot the Twins 53-41. Zacharias had 38 saves in net.

Pembina Valley is now 29-6-2 for 60 points, which has them ahead of St. Vital by seven and Transcona by elev-

en, while St. James slipped further back to now trail by 16 points.

The Twisters are on the road this weekend starting with Transcona Friday evening and then River East Sunday afternoon.

### • HIGH SCHOOL SPORTS ROUND-UP

• Zone 4 hockey: As the regular season wound down last week, the NPC Nighthawks fell to the Pembina Tigers 11-3 and to the Mountain Mustangs 19-1; the Morden Thunder beat the GVC Zodiacs 7-5 and fell to the Morris Mavericks 4-1; and the Zodiacs also lost to the Mavericks 8-2.

In the zone playoffs, NPC got knocked out by the Tigers 6-1 while Morden beat Portage 5-2 and GVC beat the Aces 4-3 in game one of their quarter-final series.

• Zone 4 AAA varsity basketball:

Morden's boys beat Sanford 69-53. The girls won their match against the Sabres 60-39.

• SCAC varsity basketball: NPC's girls beat the Louis-Riel Voyageurs 61-16 while the boys won their match against Léo-Rémillard CSLR 71-62.

Winkler Morden Call 325-6888 Do you have a suggestion for our news team?

Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

# Agriculture

# Grower, processor, and marketer of pedigreed seed

By Harry Siemens

James Farms Ltd. is an independent seed retailer located near Winnipeg.

The family farm was started four generations ago by David James' namesake and great-grandfather, who began in mixed farming and eventually concentrated on dairy.

Today, James is very proud of the heritage that his farm, like many century family farms, represent.

James was on hand at Ag Days in Brandon recently to man a booth on behalf of his farm and share the company's story.

"It is the place to be when in the season that almost all producers come to learn and ask questions," he said of the event. "It gives me a chance to contact and touch base with them, maybe see what their needs are or visit with them.

"I learn a lot, get out of my area, I take the blinders off and suddenly hear something once or twice ... so not only can I contribute and pass information onto them, I very much learn as well."

James' tagline on his booth said "grower, processor, and marketer of pedigreed seed" and this is how he helps the next farmer.

"We produce pedigreed seed, as many other producers do. But we process it in house and market it, and I like to think we can pass on more than good quality seed to them, and integrity is an essential part," said James. "If I don't have good seed that year, I'll bring it in or I'll send them to another grower because I want to provide him with what's going to be successful for him, not selling for the sake of selling alone.

"Hopefully, if I do it with the right ethics and integrity that will come back in trust and will do business longer by building a solid relationship. I could pass on more to him than just the advantage of this seed variety, but maybe how does he best get the value on it. How could he manage it? He'll ask about maybe inputs, diseases, and pathogens. Those sorts of things so we can give him just more than seed, but back that up with some solid experience and information."

James has come to that time in life where he wants to pass the family business on to the next generation, a task that many farmers would like to do but often find it a very difficult process.

"That's what we're in the middle of doing now, a transition. I have two sons interested in the farm, making them both the fifth generation on the farm," James said. "It's maybe the hardest time of my farming career in that there's a lot to consider, and how do you do this, right? Are you open to accepting the new ideas and are they open to accepting your experience experientially over the last decades

of farming putting that together in a fashion producing the right synergism? Where one plus one plus one does not equal three but equals five."

James said his family is working on that right now with the help of a coach who is guiding them to approach it all in a systematic, productive fashion.

"And we'll move ahead, maybe slide back a bit, then we'll move ahead more," he said. "When you start on so many things in life, you don't do them right. First thing, you got to do them maybe a little wrong. But you've got to start somewhere ..." Producers are heading into the new season with some optimism and a lot of uncertainty right now.

"There's a lot of uncertainty as to what are we going to grow?" James said. "Some things are coming out, trends that people will be growing more of this year.

"I think farmers are an optimistic type. I've talked to a number who have gone through this year like we have, a tough one. We're ready, set up, and we'll go back at it again next year because that's what we do."



### **Carbon tax impacting producers**

By Harry Siemens

Earlier this month, Keystone Agricultural Producers released initial data on the impact of a carbon tax on grain drying.

KAP and Western Canadian Wheat Growers Association asked farmers to send in their invoices late last year that so clearly show the devastation the carbon tax will cause to their bottom lines.

According to KAP's assessment, Manitoba producers will have paid almost \$1.7 million in carbon tax related to the cost of drying grain on their corn alone by the time this harvest season ends, which will be this spring before seeding.

"We are firm in our position that there needs to be an exemption for farmers under the carbon tax framework for all the costs associated with drying all-grain, as well as for heating barns and farm buildings," KAP president Bill Campbell said. "Now that Manitoba falls under the federal backstop, farmers are left paying prices that, as price-takers in the global economy, cannot be passed along."

Initial data shows that the average producer paid \$3.69 per acre in carbon tax on grain drying (primarily corn), including propane and natural gas. That means that almost \$1.7M left the provincial economy this year from corn production alone.

A typical farmer in this province

growing 500 acres of corn spent approximately \$14,145 on fuel for drying, while the carbon tax added \$1,722 to their fuel bill.

Wet conditions this harvest meant that other grain had to be dried as well. Significant and atypical rates of precipitation during the 2019 harvest season forced many farmers to dry grains that wouldn't otherwise need to be dried.

"The carbon tax on grain drying not only impacts our profitability as farmers but our competitiveness in a world market," noted Manitoba Corn Growers Association president Dennis Thiessen. "If we look to corn farmers in the northern United States, they are paying less for their drying costs and, on top of that, don't pay a carbon tax. That corn comes into Manitoba, making Manitoba farmers uncompetitive. This is completely unacceptable, impacts Manitoba farmer's profitability, and the federal government needs to be aware of this."

The responses on Twitter to my initial tweet of the KAP release caused an excellent discussion varying from this is just the tip of the iceberg to a debate of more costs.

Somerset area farmer Gerry Demare said this is one data point of many that farmers are absorbing related to the carbon tax.

"Ask the question of why @KAP\_ Manitoba is taking this singular position before their upcoming KAP AGM, which also coincides with the @PCcaucus and @PC\_Manitoba Made in Manitoba Climate and Green Plan," he said.

Gary Stanford, a producer in Alberta and outgoing chair of the Alberta Wheat Commission, said the Alberta Wheat Commission is asking for an exemption on the carbon tax also for drying grain.

"Farmers are price takers, and this carbon tax is costing us too much money we will never get back. Farmers are sequestering lots of carbon and are very sustainable."

Brent J. @lastmountain36 said the buck starts and stops with the farmer. Not an infinite supply, though.

"Misguided thinking that by punishing a market with a random penalty will have an expected result." That statement is so real and bears witness to the fraudulent hoax the government of Canada, and maybe Manitoba is using to grab more tax-

As reported in *The New Telegraph*, Conservative MP John Barlow said the direct costs of the carbon tax on households prove unappealing.

"With a \$20 per tonne carbon tax nationwide on January 1st, 2020, that number will rise to \$50 per tonne in 2022. To meet our Paris Targets by 2030, we would require a \$210 per tonne carbon tax," they reported. "By those estimates, gas prices will rise as much as 40 cents per litre. Addi-

Continued on page 24



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### **Health card scam warning**

Manitoba Health, Seniors and Active Living is warning Manitobans of a possible phone scam involving health cards.

A member of the public received a call from an automated service asking for their personal information related to a problem with their health card. Manitoba Health does not use automated calls to contact the public about their health card.

If you receive such a call, do not provide any personal information and report the call to a local law enforcement agency.

For more information on what to do if you receive a fraudulent call, visit the Canadian Anti-Fraud Centre's website at www. antifraudcentre-centreantifraude.ca/index-eng.htm.

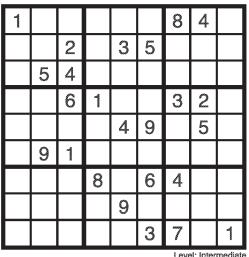
#### > SIEMENS SAYS, FROM PG. 22

tionally, it is par for the course that grocery bills rise, especially during the winter months. While it impacts everyday Canadians, it affects the agriculture industry, even more, especially farmers."

@FarmerFrase the Carbon farmer said more information on another substantial hidden carbon tax cost was sent to KAP, with numbers coming from CN, CTA and The Grain Monitor.

"The Trudeau Carbon Tax cost one Saskatchewan farmer \$5495.18 last month. I can guarantee his rebate won't cover this extra cost."

# take a break > GAMES

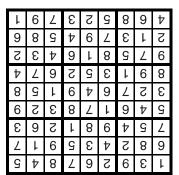


#### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer



**Crossword Answer** 

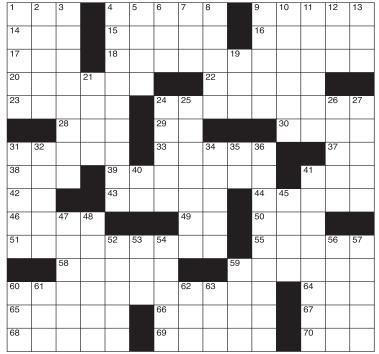
#### **CLUES ACROSS**

- 1. Small deer
- 4. Khoikhoi peoples
- 9. South African statesman
- 14. Keyboard key
- 15. Remove
- 16. A conspicuous constellation
- 17. Data executive
- 18. Retired NASCAR driver
- 20. Tightens
- 22. A picture of the Virgin Mary
- 23. "The Mission" actor Jeremy
- 24. Confidently
- 28. More (Spanish)
- 29. Sports highlight show (abbr.)
- 30. Hand out cards
- 31. Distinctive Asian antelope
- 33. Arabic greeting
- 37. Of I
- 38. Hip hop trio
- 39. Meat roll
- 41. One's mother (Brit.)
- -GYN
- 43. Belgian city
- 44. Plucks
- 46. Leak slowly
- 49. Denotes a particular region
- 50. General's assistant (abbr.)
- 51. Divides
- 55. Kid
- **58. Inland Empire Expanded Learning Symposium**
- 59. Engaged in conflict
- **60. Former CBS sportscaster**
- 64. Characterized by unity
- 65. Working-class
- 66. Corners
- de plume
- 68. Influential French artist
- 69. "Very" in musical terms
- 70. Financial account

#### **CLUES DOWN**

- 1. Long, flat abdominal muscles
- 2. Small Eurasian willow

# CROSSWO



- 3. Justified in terms of profitability
- 4. Required
- 5. River that starts in Turkey
- 6. Disfigure
- 7. A way of communicating (abbr.)
- 8. Leaks slowly
- 9. Shady place under trees
- 10. Made a speech
- 11. Long, angry speech
- 12. Mortar trough
- 13. Autonomic nervous system
- 19. Southern India island
- 21. Grab quickly

glacier

- 24. Ancient Mesopotamian city
- 25. With three uneven sides
- 26. Football visionary Hunt

- 27. Primordial matters 31. Facing towards the flow of a
- 32. "A Delicate Balance" writer
- 34. Emits coherent radiation

- 35. Commercial
- 36. Groups of foot bones
- 40. Out of print
- 41. Partner to cheese
- 45. German river
- 47. Concluding speech
- 48. Spanish dish
- 52. Prominent California cape Point
- 53. Any high mountain
- 54. Ethiopian lake
- 56. Mr.
- 57. Excessive fluid accumulation in tissues
- 59. Large, flightless bird
- 60. Oil industry term (abbr.)
- 61. Something one can draw
- 62. Officers in charge
- 63. Greek island

# Power of the Purse aiming for \$15K this year

By Lorne Stelmach

The Morden Area Foundation is upping the ante again this year with its Power of the Purse fundraiser on

The Women's Giving Circle event began five years ago with a goal to raise and give out \$10,000 through the support of 100 woman, each donating \$100 during the 100-minute celebra-

Last year, in honour of the foundation's 25th anniversary, 125 women took part.

This year, executive director Lynda Lambert is hoping to bring together 150 women to raise \$15,000 in celebration of Manitoba's 150th anniversary

"We just got to thinking that would be exciting, to see if we could push it to that next level," said Lambert. "The bottom line then is it's just that much more money then that's going to go out to the community."

Three local charities will be invited to the event to make presentations on their projects and financial needs. Power of the Purse participants will then decide how they'd like their donation dollars to be spent.

The money last year went to the Morden-Winkler chapter of Habitat for Humanity, Pembina Valley Pregnancy Care Centre, and Genesis House.

The 2020 Power of the Purse takes place on Saturday, March 7 from 9 a.m. to noon at the Morden Activity Centre. The morning includes brunch catered by Jer's Cuisine.

Advance registration is required. Contact Lambert at 204-822-5614 or info@mordenfoundation.ca to secure your seat.

Ever the optimist, Lambert is confident the community will come through again.

"It took a couple years for it to catch on, for people to understand the concept ... but now, it's got a real buzz to



The Power of the Purse event hosted by the Morden Area Foundation takes place at the Morden Activity Centre on Saturday, March 7.

it," she said. "They can come there knowing they're actually trying to and learn about some of the needs of the community, and then they like

help fix it."

### **Camp Bridges 2020** accepting campers

Southern Health-Santé Sud and Prairie Mountain Health are accepting camper applications for the 15th annual Camp Bridges this summer.

Camp Bridges is a weekend camp for bereaved children and teens. It will run this year at Circle Square Ranch in Austin, MB May 29-31.

The goal of the camp is to support youth through activities designed to help them share grief and honour memories in a caring community environment. The camp provides safe, supportive, and fun surroundings for campers to learn that they are not alone in their grief and to connect with other campers who are going through similar experi-

Last year's weekend at Camp Wannakumbac hosted 39 children and teens between the ages of seven and 15.

Camper applications can be obtained by contacting regional palliative care coordinator Brigitte Remillard at 204-346-7063 or bremillard@southernhealth.ca

Applications are due by May 1. There is no fee to attend.

Camp Bridges would not be possible without donations or volunteers. If you'd like to support the camp or get involved, contact Remillard or go online to southernhealth.ca for more information. The application deadline for volunteers is March 23.

# > MEAL IDEAS

### **Frosted Watermelon Cutouts**

1 seedless watermelon, cut into 1/2-3/4-inch thick slices

4 brownie bites

1 cup frosting (any flavor)

Using heart-shaped cookie cutters, cut shapes out of watermelon slices or simply use cut watermelon wedges, if desired. Top heart shapes with brownie bites and add frosting as desired.

Source: Watermelon Board





Servings: 6-8 1/2 medium seedless watermelon, cut into wedges and cubes 1 cup fresh raspberries 1 cup fresh red cherries 1 cup strawberries, trimmed and

halved

### Watermelon and **Chocolate Dessert Board**

1/4 cup dried cranberries 1/3 cup roasted, salted cashews 1 cup chocolate covered almonds

1 bar dark chocolate, broken into squares

1 cup coconut chips mint leaves, for garnish On serving board, arrange watermelon in center and surround with raspberries, cherries, strawberries, cranberries, cashews, almonds, chocolate and coconut chips. Scatter mint leaves around board for garnish.

Find more Valentine's Day inspiration and recipes at watermelon.org. Source: Watermelon Board

### **Tiramisu**



Yield: 9 servings 6 egg yolks

1 cup sugar 11/4 cup mascarpone cheese 13/4 cup heavy whipping cream

2 12 oz packages Savoradi Lady **Fingers** 

1/2 cup cold espresso or strong coffee

1/4 cup coffee flavored liqueur (optional)

1 tablespoon cocoa for dusting Combine egg yolks and sugar in the top of a double boiler, over boiling water. Reduce heat to low and cook for about 10 minutes, stirring constantly. This is your sabayon. Remove from the heat and whip yolks until thick and lemon colored. Add mascarpone to whipped yolks, and beat until combined. In a separate bowl, whip cream to stiff peaks. Gently fold the whipped cream in the mascarpone-sabayon mixture and set aside.

Mix the cold espresso with the coffee liquor, and dip the lady fingers into the mixture just long enough to get them wet; do not soak them! Arrange the lady fingers in the bottom of a 8 inch square baking dish (or 6X9). Spoon half the mascarpone cream filling over the lady fingers. Repeat the process with another layer. Refrigerate 4 hours or overnight. Dust with cocoa before serving.

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#### LAND FOR SALE TENDER

#### LAND FOR SALE

Sealed tenders in writing for the purchase of the property described as, The E ½ of the NW ¼ 5-2-3 WPM (Approx. 66 Acres) should be mailed to EP Farms, Box 2565, Winkler, MB. R6W 4C3.

Conditions of tender: 1.) Interested parties must rely on their own inspection and knowledge of the property. 2.) Any questions pertaining to the property should be directed to 204-362-0615 or email epfarms@gmail.com or 204-362-2223 or email prunner55@gmail. com. 3.) Tenders must be received by Feb. 22, 2020. Highest or any tender not necessarily accepted.

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**PUBLIC NOTICE** 

Morden Winkler PC Association

will be holding its

ANNUAL GENERAL

**MEETING** 

to elect a new Board of Directors and

**DELEGATE** 

SELECTION MEETING

To select local delegates for this

fall's PC MANITOBA AGM

Thurs., Feb. 20 at 6:30 p.m.

at the RM of Stanley Building, Hwy 14

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- GRADUATIONS





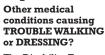
#### **GOSPEL MUSIC NIGHT** Sat., Feb. 15, 2020 7:30 pm at the

P.W. Enns Centennial Concert Hall Winkler, MB eaturing: **Backwoods Gospe**l Miami, MB

**Trileaf Hutterite Girls** Baldur, MB

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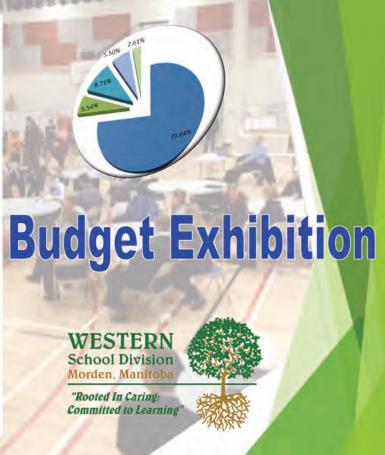
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**Morden Collegiate Gymnasium** February 26 7:00-8:00 p.m. You're invited to a casual and informative evening showcasing some of the amazing students, staff members, and key programs that our \$22,000,000 budget supports. The Budget Exhibition (think tradeshow) is your chance to see how education is changing WESTERN in Western School Division. School Division Morden, Manitoba We hope to see you there!



### Classifieds Announcemen



Ted Klatt 1953 - 2019 His nature was kind and giving, His heart was made of gold; It's not the same without you, So many memories we will hold. One year has gone by We miss you Ted.

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Proceeds go to General Operating Fund of the school. VMA is a non-government funded all donations greatly appreciated.



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> 120 Manitoba Road, Winkler, Manitoba For more information call (204) 325-5670

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Selling Real Estate Property on behalf of James and Sylvia Klippenstein

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