VOLUME 12 EDITION 5

Clinic Drugstore

By Menzies Medical Centre (204) 822-6667 • Open Mon. - Fri.



Morden **Drugstore**

215 Stephen Street, Morden (204) 822-9992 **DAYS A YEAF**



Locally owned & operated - Dedicated to serving our communities





Stronger together

Morden Mayor Brandon Burley (left), RM of Stanley Reeve Morris Olafson (centre), and Winkler Mayor Martin Harder came together last week to sign a five-year agreement for recreation services. It will see the RM support programming in both Winkler and Morden so its residents can have easier access. For the full story, see Pg. 9

PHOTO BY LORNE STELMACH/VOICE

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

GET YOUR FARM FUEL INTEREST FREE

Find full details at WINKLERCOOP.COM



Pay no interest and make no payments until October 1, 2021



Winkler FD hands out service awards

"IT ALL COMES

BACK TO MAKING

A DIFFERENCE IN

PEOPLE'S LIVES."

By Ashleigh Viveiros

The Winkler Fire Department, like so many local organizations, had to do its annual service awards celebration a little differently this year.

Instead of their usual in-person banquet, the department sent pizza to each of its 34 members one evening just before Christmas and then followed up dinner with a virtual awards ceremony.

Nine members then stopped by the fire hall individually over

the past month to pick up their awards and pose for a photo.

"It isn't normal times so you can't do normal things," said Chief Richard Paetzold as the department posted kudos to the members on social media last week." With COVID, we wanted to make sure we did everything safe and were setting a good example."

The department has an incredibly stable roster of members, many of whom have been working alongside one another for decades.

"I've been here almost 10 years now and we've only recruited once," Paetzold said. "What that does is you have the ability to get everybody trained to the same level ... it makes for an easier intake later on because then you have your existing group that can all be part of the mentoring process, the training

process.

"And then just from having people around that long we get to know each other, and that develops trust," the chief added. "People just get better and better at what they do."

The top two service awards handed





SUPPLIED PHOTOS

The Winkler Fire Department's 2020 service award honourees included Ken Wieler (40 years) and Tina Wolf (30 years).

out were to Ken Wieler and Tina Wolf for 40 and 30 years, respectively.

Hitting four decades of service makes Wieler the longest-running active member at the department.

It's a designation he's quick to shrug off, likening it to simply being the oldest member of a family—because that's what WFD is to him.

"I'm just part of the family," Wieler said, noting it's those bonds, in part, that have kept him coming back year

after year. "And also it's the service to the community. My heart is in serving other people ... so it's been my joy to do that for the community."

He started his career back in 1980 and spent 20 years suiting up for calls. The past two decades he's been integral behind-the-scenes, overseeing the department's logistics and communications.

Continued on page 5

Breast Cancer Screening Clinic



For women age 50 and over

*Transgender men and women age 50 and over may also be eligible

Boundary Trails Health Centre

Junction of Hwys 3 and 14

Call **1-855-95-CHECK** to book your screening mammogram.



Get checked Manitoba.
Cancer screening saves lives.
BreatCheck Cervix heck ColonCheck

cancercare.mb.ca/screening 1-855-95-CHECK

PICTURE 2020, WHAT DO YOU SEE?

Manitoba teachers saw students. In class and online. Indoors and out.

They fought for safe schools. Scrambled for resources.

Pushed and persevered.

It's time to move forward.

WHO CAN PICTURE WHAT'S BEST FOR STUDENTS?

Teachers can.

Read our recommendations to the K-12 Education Commission at *mbteach.org*.



Coming up with a plan for Lake Minnewasta

By Lorne Stelmach

The City of Morden awaits a strategy to guide development and investment at Lake Minnewasta to enhance both its tourism potential as well as the protection of the resource.

The plan is being prepared by a Winnipeg firm acclaimed for its design work for The Forks in Winnipeg, so Mayor Brandon Burley last week said they are anxious to see the end result later this year.

"We know that it's a spectacular amenity that we have and that we need to ensure that we preserve and protect for our kids and for the kids after them," said Burley.

"The city is making some significant investments at Colert Beach and Lake Minnewasta over the next two years, and we want to make sure that we're doing it in a forward-thinking way that is compatible with long term usage and strategies around recreation and water quality at the lake."

The city contributed \$10,000 towards

the strategy being done by Sputnik Architecture. Another \$20,000 in funding was provided by other sources, including the province.

Sputnik will provide a range of schematic plans and ideas for various site amenities to provide a framework for the area around the lake.

It could touch on aspects such as the planning of roadways and active transportation routes and connections as well as proposals for such facilities as the park gate office, washrooms, and offices.

The hope is also to look at such things as year-round recreational opportunities. To that end, a new standalone building for the Canadian Fossil Discovery Centre could potentially be part of it.

"This will really give us a basis for our understanding of what usage should be and what it will look like," Burley said.

"We're looking at changes in facilities up at the lake to include yearround facilities for winter, fall and



PHOTO BY LORNE STELMACH/VOICE

The City of Morden has hired Winnipeg's Sputnik Architecture to come up with potential strategies for the development of the Lake Minnewasta area, including potentially expanding the trail system so it is a complete loop and upgrading on-site facilities.

spring recreation," he continued. "When we do that, we want to make sure that we're doing it in a way that shares the same look and feel as all facilities will. We want to make sure that what we do there is not done in an ad-hoc manner, that we do it in a consistent way.

"We also want to increase the functionality and the recreational opportunities at the lake. So they'll be looking at not just hardscaping and architectural design of facilities, but they'll also be looking at recreational venues and changes in uses that could provide additional function to the area.

"We are very determined especially

Continued on page 5





Enter your high-resolution photos of the City of Morden for a chance to be featured in our 2022 City of Morden Calendar.

ALL WEEKLY WINNERS GET A PRIZE!

SUBMISSION DATES

- February 11 March 10, 2021
- April 15 May 12, 2021
- June 17 July 14, 2021
- September 12 September 29, 2021





VISIT WWW.MYMORDEN.CA FOR MORE DETAILS

Middle school choir takes their practices online

By Lorne Stelmach

Current pandemic restrictions may prevent them from coming together, but it is not keeping musical students at École Morden Middle School silent.

Choir students at the Gr. 5-8 school are meeting virtually once a week with the goal of producing a performance of some kind before the end of the school year.

For music teachers Heather Clyde and Jenny Dyck, it was important to find a way to fill the void for those students who are passionate about singing.

"Hopefully we'll be able to produce something that will make them feel a sense of joy and pride and accomplishment," Clyde said after having had a virtual gathering with the students last Wednesday evening.

Clyde noted the choir program at the school usually involves over 100 kids from Gr. 5-8, with a number of Gr. 7-8 students also involved in a jazz choir.

When COVID-19 hit last year, the division promoted a talent show so the kids could at least keep practising singing at home.

"When we got back to school in the fall we still weren't able to sing with our kids," said Clyde, who noted they tried to find other outlets for the





École Morden Middle School music teachers Jenny Dyck and Heather Clyde have moved their Gr. 5-8 choir practices online to keep kids like Gr. 8 student Jaxon Forster (below) singing.

students with musical instruments. "With all those wonderful opportunities that we've had, though, we missed singing most of all."

And so the online choir was born, and it's proven to be a bit of a learning process for teachers and students alike.

"So far they seem really excited about it," Dyck said of the kids. "It seems like it is really hopping with building that community aspect of being in a choir together. All that we heard after our first rehearsal was good things."

"Even with the tech issues, they were excited to be singing," agreed Clyde.

"Our hope is that by sometime in spring we can create a virtual choir recording," she continued. "We also really hope by spring or May or June that we can sing in-person with them too. That's the ultimate dream."

The choir is using a new app called Choir Creator to facilitate the virtual practices and the eventual performance.

"It helps with the whole process of splicing the videos together and getting all of that timing lined up with the rehearsal track," Dyck explained.

Still, there are a lot of logistics involved to pull it all together and record and compile a song.

"It's a lot of prep work for us and going over rehearsal tracks and things that they can practise at home and hope that they are doing it," said Clyde.

"They'll have their proper parts right in

their ears while they're making their performance recording," added Dyck.

Among the Gr. 8 students most keen to make this happen was Jaxon Forster.

"It was definitely interesting," he said of getting together virtually. "There had been no opportunity to sing, so for music classes all year we've been doing a lot of stuff with instruments.

"I'm was actually kind of nervous because I hadn't actually sang for a long time, but once I started, it felt good," Forster added. "I just have to hope and pray that the internet works and I can actually hear them clearly when they're singing.

"I can see the words on the screen, but it doesn't help me if I can't hear how they're supposed to go together. I'm at the mercy of the internet. I just have to dive in and hope it works."

"I'm really excited about it because I know I've always been really emotional whenever someone brings up not being able to do choir," said fellow Gr. 8 student Keeley Sheppard.

"That's always been one of the most important times during the school week. I always look forward to choir, and singing with everyone is probably one of my most favorite things.

"It is really challenging not be-

ing able to really be together in choir," Sheppard noted. "It's not the same but it's still way better than not doing it at all."

"This is the reason why this is so important to us to do this," said Clyde. "There are kids like Keeley and Jaxon and a hundred other kids who are missing this be-

cause this is what they come to school for ... there are some kids that this is what means the most to them."

"IT'S NOT THE SAME BUT IT'S STILL WAY BETTER THAN NOT DOING IT AT ALL."



Thieves hitting Winkler construction sites

By Voice staff

Winkler Police are investigating a rash of construction site thefts that have taken place in the northern part of the city in recent weeks.

The first report came Jan. 28 that a number of tools were taken from a

locked utility trailer on North Point Trail sometime between Jan. 26-27.



Then, on Feb. 4, police re-

ceived a second report of an overnight theft of electrical wire from a construction site, also on North Point Trail.

A third report came in that same day for a site on Snowdrop Drive. Thieves there made away with multiple tools and other items valued at over \$10,000.

Anyone with any information on these incidents is asked to call the Winkler Police Service at 204-325-9990.



CHURCH IS ESSENTIAL **Fundamental Freedoms** 2. (a) freedom of conscience and religion; END THE LOCK DOWNS

Rallying for freedom

A parade of vehicles made its way through Morden-Winkler Saturday afternoon as part of a Manitoba Freedom Rally to protest the government's COVID-19 restrictions. Signs on the vehicles called for churches and businesses to be allowed to reopen and encouraged Manitobans to stand up against lockdowns they deem to be against the Charter of Canadian Rights and Freedoms.

PHOTOS BY ASHLEIGH VIVEIROS/VOICE



> SERVICE AWARDS, FROM PG. 2

It's a vital support role, but Wieler admits he does sometimes miss the adrenaline that came with fighting fires alongside his brothers in arms.

"When the guys come back and they stink like smoke, I just want to inhale that," Wieler said with a chuckle."I do miss it."

Joining Wieler in the department's logistics/ communications is Wolf, who started out in 1990 with WFD's now-defunct ambulance service.

"It sometimes feels like I just started yesterday," she said, recalling showing up at the fire hall that first time overcome with nerves. "I could hardly swallow, I was so nervous. I walked in and of course there were all these guys and I was the only female. But they were all happy and welcoming to me."

Wolf would spend the next decade shepherding patients to hospital. One in particular sticks out in her memory.

"I had one patient I didn't think was going to make it," she said. A few months later, that same man walked up to her at a store."He said,

'You kept me alive ... you were just so comforting me, you were kind to me, telling me everything was going to be okay, and I always thought to myself if I had the chance I would personally come and thank you for that.'

"He reached out and shook my hand and I walked out of Co-op and I never knew what I was supposed to go and pick up in the first place," Wolf said, recalling feeling like she was walking on air. "It felt like I had made such a huge difference just in that one person's life, just being there for them.

"It all comes back to making a difference in people's lives," she said of why, after the ambulance service was phased out, she returned to the department in her current role, which includes teaching first aid and CPR classes.

Wolf said she plans to stay involved as long as she's able to.

"It's hard to leave something where you feel so welcome," she said, echoing Wieler's thoughts about it being like a family. "As long as I can, I'll be there."

Other awards handed out for 2020 included

> LAKE PLANS, FROM PG. 3

to increase winter recreation in that area," Burley added. "We're also looking at joining up that trail so that it's a continuous loop ... and we have toyed with several preliminary ideas."

Burley stressed a guiding principle for council is to not only boost tourism and create additional revenue but also for that in turn to help boost investment to help protect what is not only Morden's water source but a valuable natural resource overall.

As part of that goal, council is looking to use revenue generated at the lake"to return the investment into projects that benefit the lake,"he said.

"We do have some capital ambitions for this year for that area," Burley noted, while adding that once complete the plan will be presented to the public for feedback.

15-year awards to Rick Schroeder and Kevin Penner and 10-year awards to Kris Friesen, Henry Giesbrecht, James Wiebe, John Wiebe, and Judy Penner.



Call for your FREE, no-obligation hearing screening today!

(855)-849-6712

experience vet.



The Winkler Morden Morden



PUBLISHER Rick Reimer



ADMINISTRATION Lana Meier



EDITOR Ashleigh Viveiros



REPORTER Lorne Stelmach



SALES Gwen Keller



DISTRIBUTIONChristy Brown



PRODUCTION Tara Gionet



PRODUCTION Nicole Kapusta

The Winkler Morden Voice is published Thursdays and distributed as a free publication to 15,350 homes by BigandColourful Printing and Publishing.

The newspaper is supported solely by advertising dollars. If you enjoy the paper and would like to see it grow and prosper, visit any of the advertisers and businesses in our rural communities. Keep your dollars working at home and shop local.

Notices, classifieds, and advertisements can be purchased by calling 204-325-6888 or e-mailing ads@winklermordenvoice.ca.

Our editorial staff is available in Winkler at 204-332-3456, in Morden at 204-823-2655, or via e-mail at news@winklermordenvoice.ca.

Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper—let us know what you want to see in it.

Printed in Canada by Prolific Printing. Republishing without permission is strictly prohibited.

Find us online at winklermordenvoice.ca.

> Get in touch with us

General inquiries: 204-325-6888 News tips: 204-332-3456 Email: news@winklermordenvoice.ca Winkler Morden Voice Box 39, Stonewall, MB, R0C 2Z0

Sethense September 2018 - VIEWPOINTS > LETTERS

When the going gets tough

yself and several people I know decided to create a stockpile of food and supplies for low and middle-income people that may be struggling to make ends meet.

Recently however it appears I might possibly struggle to get all that I want food-wise over the next few months and so I have decided to take back some of the food I put in there, for my own use.

Look, it's just temporary until I am absolutely certain my needs are secure and then we can get back to helping out our less fortunate neighbours. I mean, really, it's my food in the first place, right? Why



By Peter Cantelon

should I have to worry about possibly, maybe not having enough when I can dip into the supplies I set aside for others?

By now, dear reader, you have sensed something fishy is going on here. I have attempted to trick you on many occasions in the past and now you have your radar up for just such occasions. Of course, you are right—something is up.

Before we move on to our main point let's review how we feel about the above. Maybe it feels a little gross. It feels a little wrong somehow but you can't quite bring yourself to say I have no right to do what I am proposing. Still, the whole thing makes you feel like I am not the nice guy I pretend to be.

That actual scenario is being played out right now, just not by me.

Canada, one of the wealthiest, most

fortunate countries on the planet, decided to work with other countries to stockpile vaccines for use by low and middleincome countries. It was a move applauded by many as an act of equity and goodwill. It was seen as a demonstration of our charitable nature.

Unfortunately, with the timeframe for delivery of

the 80 million vaccine doses we have already purchased (well over our population needs) now being somewhat uncertain, Prime Minister Trudeau has decided that we need to pull 1.9 million vaccines out of this stockpile for our own use.

It's like the rich guy down the street going to the local homeless shelter and saying, "Look, I know I just donated the old Honda to you for outreach purposes but my new Lexus is going to be delayed and so I need the Honda back."

It feels wrong. The kind of wrong that people mutter about when the rich guy walks by. The kind of wrong that people gossip about in the coffee shops.

The Liberals have suddenly adopted a non-apologetic, Canada-first, Make Canada Healthy Again approach which is defensive and ill-suited to their rhetoric up to this point in their tenure.

"Our government will never apologize for doing everything in our power to get Canadians vaccinated as

quickly as possible," Deputy Prime Minister Chrystia Freeland has said.

When times get tough you really learn about the character of a person or nation. I feel like this is one of those moments in Canadian history where our good na-

tured, charitable, global citizen image has just taken a hit because when the chips were down Canada took back what it said was meant for those less fortunate than us.

Suddenly we're not who we have pretended to be, we're just like everyone else whom we have criticized in the past. We're the snowbirds everyone has been so angry at who fly to Florida to skip the vaccine lines and get theirs now because they can.

Ouch

"SUDDENLY WE'RE

HAVE PRETENDED

NOT WHO WE

TO BE ..."

letters

"I'M NOT ONE OF THOSE"

In response to Pamela Funk's letter praising Donald Trump [Voice, Feb. 4, Pg. 6], I would ask is it truly Christian to:

• Treat women in such derogatory,

dismissive ways?

- Treat people of colour with such disdain?
- Have no heart for immigrants fleeing persecution or desiring a better life? (Build a wall to keep them out.)
- Make inflammatory speeches

inciting people to hatred and violence?

I too am a Christian, but in the words of Bruce Cockburn: "I am not one of those!"

Ruth Dyck, Morden.

All columns and letters published on our Get Heard pages are the personal opinions of the submitting writers. They are not objective news articles, nor are they necessarily the viewpoint of the Winkler Morden Voice.

Plenty of new faces on Winkler Food Cupboard board

Longtime champions pass on the torch to the next generation

By Ashleigh Viveiros

The Winkler and District Food Cupboard has several new faces around the board table eager to guide the agency into the future.

Seats left vacant by longtime food bank champions Menno Giesbrecht, Nick Friesen, and the late Herb Dick have been filled by Christina Wall, Janet Dyck, and Milt Olfert. They join existing board members John Wieler and Al Froese, who was named board chair last week.

"We're very grateful for the service that has been rendered by the people who are now opting out of it, because they did such a good job," stressed Froese.

Giesbrecht and Friesen, who are both in their 80s and have been involved with the food cupboard for the past 20 years, decided the time had come to pass on the torch.

"There's a time and a place for everything," Giesbrecht said. "I enjoyed the work, but it's time to make some

Friesen noted the loss of Dick, who they worked alongside for years, contributed greatly to the decision.

"That took a whole lot out of me and I thought maybe it's time to give the younger people a bit of a chance," he

Looking back on where the food

"I'M THANKFUL, MOST OF ALL, THAT WE HAVE BEEN ABLE TO HELP PEOPLE WITH THEIR FOOD NEEDS."

cupboard was when they started to where it is today, operating as part of the Central Station Community Centre, Giesbrecht said it's not pride he feels but rather gratitude.

"I give all the credit to the Lord, because it's His work," he said. "I'm just happy with the number of people that we've been able to serve and the cooperation and the work of the committee and the volunteers. And certainly the support of the community, which has always been fantastic.

"I'm thankful, most of all, that we have been able to help people with their food needs."

Both men intend to stay involved as regular volunteers at the weekly food distribution days.

"I really enjoy the work," said Friesen. "It's such a good cause ... we're doing God's work."

Giesbrecht is pleased the board positions didn't remain vacant for long.

"This is just very, very delightful to see that there are people willing to step up and continue the work."

One of those people is Wall, who has been involved with the food cupboard as a volunteer for the past year.

She's excited for the opportunity to help guide the organization as it continues to grow and change to meet the needs of the community.

"It's a neat time to be involved as we start to plan for the move to our new location," Wall said. The Central Station Community Centre has purchased the office mall at nearby 561 Main St. with an eye to moving its operations, including the food cupboard, there.

"And so being able to dream about what that space might look like and the different opportunities it will bring for us to operate is really excit-

FILLING A NEED

While one might have thought one of the impacts of the pandemic shutdowns would have been an increased need for the food cupboard, they actually found their numbers dropping in 2020.





Winkler Food Cupboard board members Menno Giesbrecht (left) and Nick Friesen have stepped back from their leaderships roles to make room for the next generation of volunteers.

"Most food cupboards have had the issue of being overrun with extra people coming and being short of food and short of funding," Froese said. "For us, to be quite honest, when COVID came in and government cheques started going out to people, we actually saw a decrease in people coming for a period of time. It's picked up again now, but we saw a slump over the summer.

"It makes you realize that if people are able to look after themselves, they do," he said, noting most people are not looking to abuse the service but simply need a helping hand to get through tough times.

People also have a habit of paying it forward when they're able to. This past year has seen an outpouring of food and monetary donations to the food cupboard.

"People that have the means to provide for the less fortunate definitely do step forward," Froese said. "We

have been very thrilled with the response that we've been getting from the community."

And it's not just older, established community members doing their

"One thing I really appreciate about this community is that so many of our young people are being led into this idea of helping other people," Froese said. "We have schools and church youth groups doing food drives for us. Our next generation is really learning that you need to look after others in your neighbourhood."

These days the Winkler Food Cupboard is serving about 70 or so families each week, which translates into over 3,000 pounds of food. Clients are asked to only come every other week.

If you need a helping hand or would like to donate to support the food cupboard, reach out to them at the Central Station Community Centre.

Letter policy

The Voice welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are unlikely to be published), ontopic, and respectful.

The Voice reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

Send your letters to us by e-mail at news@winklermordenvoice.ca.



Local nursery schools bracing for funding cuts

By Ashleigh Viveiros

Funding cuts by the provincial government are hitting Morden-Winkler's nursery schools hard.

The Conservative government's new funding model for nursery school programming does away with the enhanced operating grant some Manitoba facilities have received for years.

The government has said the new model— which will see all schools receive the same rate of grants starting July 1—is a fairer one.

But for Winkler's Kid's Korner Nursery School and Morden's Small Wonders Community Nursery School, it's a huge financial hit.

Kid's Korner is looking at about \$30,000 less in grant money for the year ahead.

"They've suggested the reduction in funding can be offsets by parent fees," said executive director Sheila Dyck, explaining the government has told them they can charge as high as \$10.40 per child per day to make up the difference. Kids attend one or two days every week. "Right now we're charging \$5, so that's more than double our fees



Senior's Special Receive 10% off!

Let us help you find relief for your aches and pains!

Wide variety of pain relief and body care items in stock!



Questions ? Text John at 204-384-5121 Email: johnneufeld4869@gmail.com

TO ORDER VISIT: www.watkins1868.com/consultant/1376018

"Families have already told us if we have this [higher] fee they will have to pull their kids."

Low-income families who don't quite qualify for subsidies, newcomer families, and parents of children with additional support needs are going to be especially impacted by these changes, Dyck said.

"I'm really saddened and disappointed for the children, as well as for the families in our community," she said. "A large fee increase, especially during a pandemic, is just not manageable for many families."

The extra funding the school previously received also allowed them to hire additional staff, update equipment and toys, purchase specialized equipment for kids with special needs, and pursue professional development opportunities for staff—all things they will now have to cut back on.

Small Wonders in Morden is in a similar situation thanks to the loss of funding, including potentially having to charge double the \$5/day they do now

"It changes everything," said executive director Pam Staple."Having that set amount and being able to count on that grant every year, versus now ..."

The school has already been struggling with enrolment thanks to the pandemic, serving 86 kids in 2020-2021 instead of the usual 100.



"A LARGE FEE INCREASE, ESPECIALLY DURING A PANDEMIC, IS JUST NOT MANAGEABLE FOR MANY FAMILIES."

Now Staple is worried even more families will opt not to send their children to nursery school, which she says provides kids with a valuable academic headstart.

"I like to think we offer a whole lot more than babysitting," she said. "We teach kids music and literature and math and science ... to get them a little bit more ready for Kindergarten. And then there's the whole social aspect of our program."

It would be a loss as well to see only higher income families be able to afford this programming.

"I want my nursery school program to reflect a Kindergarten class where you're seeing everybody from each socioeconomic background," Staple stressed. "You're seeing lower class, middle class, and high. That might not happen anymore in our program. ... That saddens me, because I want to be able to help all kids, not just those who can most afford it."

Provincial nursery school representatives have been lobbying the government for the past year to reconsider its plans to cut the enhanced operating grant, but to no avail.

And so both Kid's Korner and Small

Wonders are launching fundraising campaigns in the hopes of offsetting the shortfall somewhat so fees don't have to go up to the max.

"We really don't have a choice [but to fundraise]," said Staple, explaining they'll be reaching out to the business community for sponsorships. "We're also definitely trying to find and access more grants."

"Our aim right now is to raise \$15,000 to lower the fees somewhat for the year," Dyck said. "Obviously we're not going to be able to keep it at \$5, but hopefully it won't have to be such a huge jump for families."

Kid's Korner sponsorship letters have already gone out to local businesses and Dyck has been encouraging parents to help get the word out about the need.

"This next month is going to be a major blitz and then we're hoping for the middle of March we'll be able to figure out what our fee is going to have to be," she said.

If you'd like to support the local nursery schools, you can follow them on social media or reach out via email to kidskornernurseryschool@gmail.com or smallwondersns@gmail.com.



SUPPLIED PHOTOS

Left: Hayden Suderman at the start of Kid's Korner Nursery School's programming last fall. Right: Small Wonders Community Nursery School in Morden. Both schools are facing a major funding shortfall for the year ahead thanks to cuts in government funding.

Check out the Winkler Morden Voice online at www.winklermordenvoice.ca

Stanley council approves hold-the-line \$7.7M budget

By Lorne Stelmach

The RM of Stanley last week introduced a 2021 budget that is perhaps as close as one can come to a stand pat financial plan.

The \$7.7 million budget that received first approval from council Feb. 4 will see many ratepayers paying as little as a dollar or two more in their municipal taxes this year.

"Our approach to doing our budget this year was, to start off, we didn't want to increase our mill rate. We fashioned it in a way that there would be a minimal increase ... we kept it right down to almost zero," said Reeve Morris Olafson.

"We are so blessed that we have some growth, which makes our assessment go up, which creates more money," he added, while noting there are always some rising costs.

"We know our gravel costs are going up, and that's a large part of our budget. We want to maintain the services that we do have, and hopefully with our budget, we will even enhance our services somewhat.

"We still have to put some money into reserves, and we know we've got some big-ticket items coming along ... so we have to put money into that all the time or we risk putting ourselves into a hole."

The budget sets out total operational spending of \$7,744,857, which is an increase of \$314,270 or 4.2 per cent.

The municipal mill rate rises only from 8.573 to 8.584, so it means the municipal taxes for RM residents remains nearly unchanged.

Here are a few examples of what the municipal tax bills will look like:

• A residential property with an assessment of \$251,900 will only pay a dollar more at \$973. A residential property with an assessment of \$1,031,900 will see their municipal tax go up by \$4 to \$3,451.

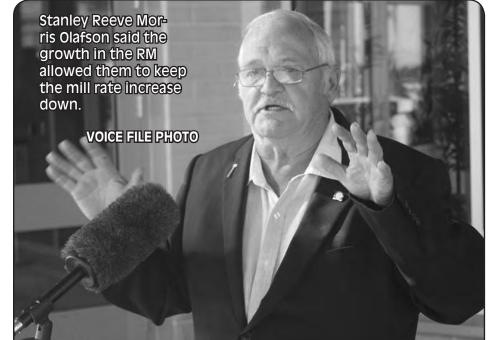
- A property of 40 acres of farmland with an assessment of \$377,300 will also pay a dollar more in municipal tax at \$842, while 160 acres of farmland with an assessment of \$662,400 will be charged two dollars more at
- A commercial property with an assessment of \$746,900 will have a five dollar increase to \$4,167, while a commercial property with an assessment of \$3,841,200 will be paying \$27 more at \$21.432.

A breakdown of the \$973.08 residential tax bill in the above example shows \$390.25 is going for transportation services, \$156.09 for capital spending, \$132.65 for general government services, \$89.13 for fiscal services, \$82.10 for protective services, \$49.06 for planning and engineering, \$42.45 for recreation and culture, \$11.78 for health and welfare, \$10.92 for economic development, and \$8.64 for environmental services.

On the revenue side of the budget, 77 per cent comes through the tax levy which is bringing in a total of \$5,951,900. The other 23 per cent of revenue totals \$1,800,401 and comes through a range of sources including government grants, fees and permits, sale of services, and investment in-

On the expenditure side, here is a breakdown of some of the key budget

- Transportation services: \$3,106,081 - a 2.1 per cent increase, and it represents 40 per cent of the budget.
- Capital program: \$1,242,321 a 3.8 per cent decrease, and it represents 16 per cent of the budget.
- General government services: \$1,055,794 - an increase of only 0.3 per cent, and it represents 14 per cent of



the budget.

- Fiscal services: \$709,385 an 11.4 per cent increase, and it represents about nine per cent of the budget.
- Protective services: \$653,469 a 2.5 per cent increase, which is also close to nine per cent of the budget.
- Planning and engineering: \$390,490 - a 4.7 per cent increase, and it represents about five per cent of the bud-
- Recreation and culture: \$337,892 a 58 per cent increase and four per cent of the budget.

Lesser areas of the financial plan which represent around one per cent of the budget include health and welfare at \$93,762, economic development at \$86,920 and environmental services at \$68,743.

The financial plan highlights a number of priorities including village paving, enhanced dustproofing, frost boil remediation, rural road upgrades, traffic management measures, rural

water monitoring and sustainability, equipment renewal, community support, regional wastewater planning, and secondary planning for growth.

"We're holding some money in abeyance for the new wastewater treatment plant that's going to come along the way at some point," said Olafson.

"One of the bigger things we have to work on is water. We have to make sure that our water is stable and that we can access or utilize more water," he said, noting the possibility of a reservoir somewhere in the corridor area. "Otherwise, we're not out there to do any major things this year."

He also welcomed the boost to recreation spending which arises with an agreement that will see the RM contributing towards the recreation costs of both Winkler and Morden (see story below).

"We're going to share some of the burden ... it's going to be beneficial to

Stanley residents to have easier access to Winkler, Morden rec. programs

"IT IS SOMETHING

THAT WILL BRING

TOGETHER."

OUR COMMUNITIES

By Lorne Stelmach

An agreement signed last week will see the RM of Stanley contribute financially to support recreation services in and around the Winkler and Morden region.

The five-year agreement has been a long time coming, local leaders acknowledged while heralding this as a further sign of the growing emphasis on the strength of the region.

"In the 15 years that I've been mayor, it's been on the agenda all those years and never got to this point," Winkler Mayor Martin Harder said at a signing ceremony last Thursday.

He noted the agreement was reached in an amicable fashion, with a

lot of credit given to city managers Jody Penner of Winkler and Nicole Enns of Morden and Stanley CAO Dale Toews. He credited the trio for "having that understanding of the dynamics of the municipality and the cities and were able to come to a conclu-

we can all live with.

"It is something that will bring our communities together," Harder add-

> ed. "There's no more distinction between one and the other. and what I like about the agreement is it's a long-term agreement that has steps ... so it's a progression."

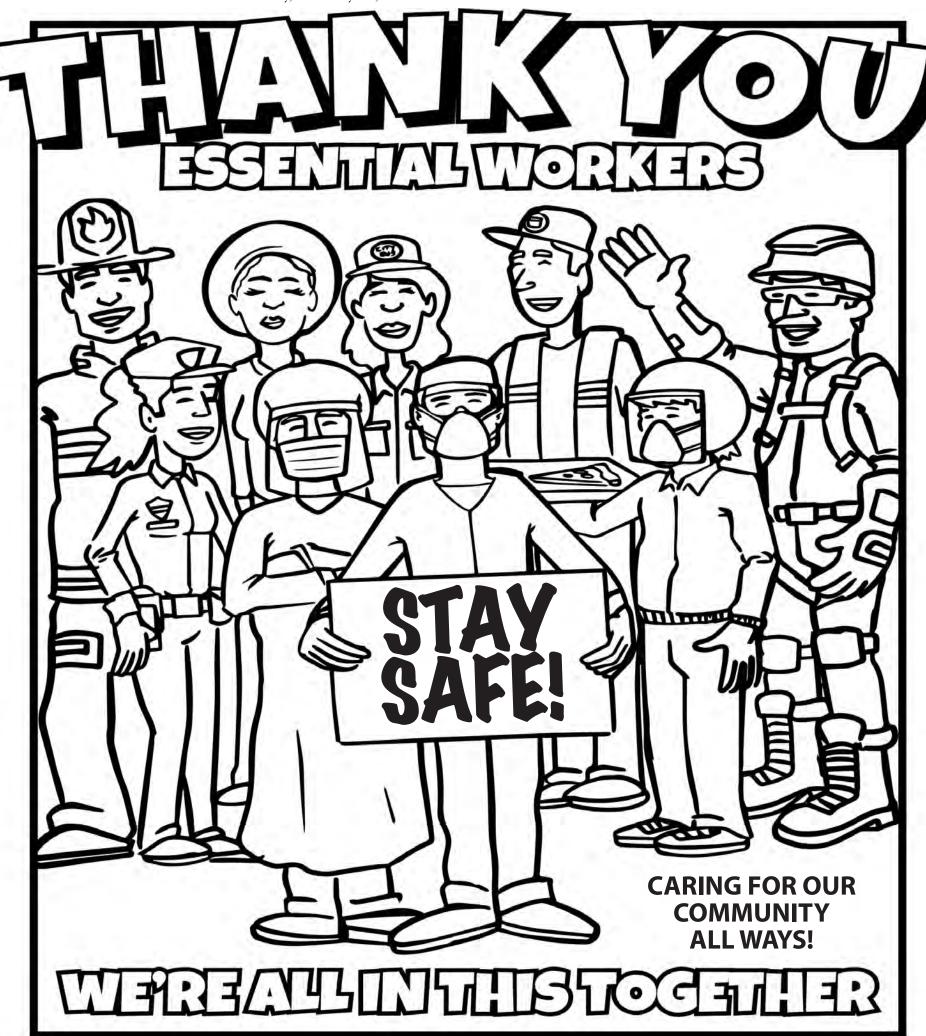
The agreement will see the RM contribute \$75,000 to Winkler in 2021 and increase that annu-

sion with an agreeable standard that ally each year up to \$175,000 in 2025. Morden will receive \$37,000 in 2021 and have that increase annually up to \$87,000 in 2025. The amounts vary based on the RM of Stanley's population distribution, which sees a larger concentration near Winkler.

The idea behind the shared agreement is to provide some financial assistance to the cities that own the heavy cost of such things as the indoor arenas, pool, and other community facilities.

It will also ensure equal access and user fees for all area residents, remove the challenges in administering a two-tier system for registration costs

Continued on page 11



COLOUR ME AND PUT
ME UP IN YOUR FRONT
WINDOW FOR YOUR
CHANCE TO HAVE IT
APPEAR IN THE
WINKLER MORDEN VOICE

Sponsored by these local businesses







Helping people de-stress

By Lorne Stelmach

An online presentation hosted by the local chambers last week looked at how stress affects the mind and body and offered some insights, tools, and strategies to help us be more in charge of own well-being.

It was a timely topic given how the chain reaction of events ignited by 2020 is impacting us, and the damage is surfacing as increased struggles with mental health, fatigue, brain fog, unexplained symptoms, and illness.

In the presentation dubbed SurThrival of the Fittest, Sonia Funk, who is a nutritional therapist and wellness strategist with The Whole Avocado, together with Sylvia Marusyk, an activational speaker and founder of MindBody Works, noted the prediction last spring had been that "within 12 to 18 months, after things settle down, we would see unprecedented

rates of anxiety disorders, post traumatic stress disorders, suicide, depression, and we are terrified.

"If we can help people now ... if we can get some help out there, we can prevent a lot of those people from hitting exhaustion," continued Marusyk.

Funk noted that people often accommodate a certain amount of stress in their lives because it's just what we live with, so it begins to feel normal.

"There's so many things, even before 2020 happened, where we're paying people to teach us how to do things we're supposed to know how to do," she suggested.

"We have normalized a lot of things to the extent where they just really become common, and we have forgotten that they are not normal. We have really begun to equate things that we are using to cope and to get by with thriving and forgotten what that even feels like."





SUPPLIED PHOTOS

Sonia Funk (left) and Sylvia Marusyk led an online presentation last week looking at how stress affects the mind and body and what one can do to combat it.

Continued on page 12

> RECREATION AGREEMENT, FROM PG. 9

and fees, and pave the way for city staff to support recreational programming in the RM.

Morden Mayor Brandon Burley hailed the agreement as a positive step towards creating a regional recreation network for all residents and visitors.

"The agreement solidifies the regional approach to shared service delivery. It allows us to expand and enhance our recreation programming," he said. "Recreational programming is great for community building and building the region."

It is especially beneficial, he added, given the financial challenges that come with providing recreational facilities and programming, as they are necessary services but generally not profitable ones.

"It is a money-losing proposition ... the cost is high, and this allows us to cover some more of that and to offer superior programming and delivery of services," Burley said. "Having a

longterm agreement in place is advantageous because it allows us to budget with prediction."

"It's been quite a while to come up with this deal," noted Stanley Reeve Morris Olafson.

"The jewel of this is their rec. directors in both cities can help us," he noted, adding the municipality faces an increasing need for services, especially with the growth in villages like Reinfeld."We have the Stanley Park, which can be utilized more, and that's our goal to more fully utilize the park. We're going to spend some serious money along the way here to augment that.

"This is going to make more available for everybody," Olafson concluded. "We've got a great start here, and it is graduating up, so our budgets are working, you know what you're going to get this year and next year."









> DE-STRESSING, FROM PG. 11

The pair emphasized that we need to first better understand our stress responses in order to manage it better.

"The stress can be continuous for us, and what happens to us is we are in this state of flight or fight," said Funk, encouraging people to consider some of the most common symptoms of stress and how we often rationalize

They offered possible categories of symptoms including behavioural such as isolating, being argumentative, or even promiscuous-and cognitive, such as just thinking differently or having short-term memory fail.

"We may have emotional symptoms where we cry or become angry very easily," Funk continued. "We have physical symptoms, so the headache, the backache.

"All of these things are a language ... it's your mind and body's way of communicating to you I need help, I need you to pay attention."

Our response or adaptation then can come in three stages: alarm, resistance, and then exhaustion.

"That system is kind of working against us because basically we're all in resistance fighting to normalize in our bodies all the time," Funk said.

"Instead of dropping into this exhaustion, which collectively we're going to drop into when this crisis ends," she continued, "we want to buffer that and figure out ways to navigate the resistance ... in a way so that instead of collapsing into exhaustion, we move into rest instead of exhaustion and then on to thriving."

Funk and Marusyk encouraged people to be willing to ask a harder question so that they can quell the three universal triggers of stress: uncertainty, lack of information, and loss of control. Ask such questions as what is not working, why is this not working, and what is out of balance?

Marusyk then encouraged people to consider an exercise with the three "A" factors in mind: adjustment, avoidance, and acceptance.

"Make a list of all the bad and good stressors in your life, and then what I want you to do is look at the ones that are the bad stressors because these are the ones that are actually the most harmful," she explained.

"The ones that you feel you have no control over, those are the ones I want you to pay attention to right now," Marusyk said, encouraging people to consider how they can at least make those stressors neutral if not them shift to be good stressors where they can enhance your life "to take the wind out of and the toxic energy out of your bad stressors that you feel you have no control over."

"The more you practise it, you start to ask questions about things that you didn't realize were bothering you," noted Funk.



New blood donors needed

Your donation ensures a strong national inventory of blood and blood products for patients where and when they need it.

Morden Donation Event

Morden Mennonite Church 363 Gilmour St., Morden

Tuesday, February 23 2 p.m. to 7 p.m.

Book now at blood.ca

In partnership with:











IN CELEBRATION OF OUR 75TH ANNIVERSARY - SPECIAL PRICING ON ALL REPLACEMENT DENTURES.

The Oral-Tru Personalized Denture System was developed to help give denture wearers what they want - Comfort & Beauty!

- Life-like tooth design Individually hand sculptured denture teeth for each patient's needs
- Men's teeth are more masculine and long lasting
- Women's teeth are more feminine, whiter and easy to clean
- Only denture teeth that can make you look younger and more natural



Before





Denturist L.P. Parent - L.D., F.C.A.D.: Extensive Training for Natural Esthetics, Phonetics and Function in Denture Technology

FOR A FREE CONSULTATION CALL: 204-325-7323

Room 8-385 Mountain Ave. Winkler, MB R6W 4B5

Fibe TV is the best way to watch what you love.

Switch to Bell MTS and experience Fibe TV. It's the best way to watch all your favourite shows. And when you bundle it with pure fibre Internet, the fastest Internet technology, you get two incredible services for one awesome price.



FIBE TV GOOD PACKAGE AND **FIBE 100 INTERNET**

95/mo.'

- Current price: \$117.90/mo.
- Price subject to increase after promo.

BONUS

NHL® Centre Ice™ 2020-2021 Season, on us.²

Check availability





arts&culture



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Access Credit Union Winkler branch manager Rob Unruh with the photographs by Terrance Klassen he has hanging in his office. The pieces are on loan through WAC's art rental program.

Getting art out into more public spaces

By Ashleigh Viveiros

Winkler Arts and Culture recently wrapped up its annual Rental Exhibit, which facilitates getting dozens of paintings and photos by local artists out into the community.

The show, which had to be held online this year due to pandemic restrictions, is part of the WAC's art rental program, which allows businesses to borrow pieces of art for the year and then swap them out for new pieces once the lease is up.

"For the businesses it's a fun way to change up the artwork on their walls and support local artists," said WAC's Jennifer Penner. "They're often hightraffic areas where people's artwork can be seen and appreciated more."

Art rentals range from \$30-\$60, which is split between the gallery and the artist.

"So there's a bit of an extra benefit to the artists that way rather than just having their work on display," Penner noted.

Right now, Access Credit Union's Winkler branch and the C.W. Wiebe Medical Centre are the main businesses supporting the program (together renting about 50 pieces), but Penner hopes that will change as word continues to get out there.

Continued on page 16

FEBRUARY CONSIGNMENT AUCTION

BIDDING ONLINE OPENS FEBRUARY 18 ALL LOTS START CLOSING FEBRUARY 25 AT 10AM

2015 Wolverine ditcher, lot 9 at our February 18 consignment sale, real clean nice piece, field ready all updates are done. Tame hay.



Feature Consignor | BONIN WELDING LTD

Business Closeout includes 400-plus lots of steel, plate, shaft, round bar, flat, specialty metal, precision grade metal of all sizes, tubing, plate, expanded metal, too numerous to mention. Maurice Bonin's entire collection of single fire engines.

Auction has a 135 GX Kubota tractor (one owner), Case 135 MX mfwd, cleanest tractor you will find; Cow-calf pairs, Belted Gallaway Open Heifers, slaughter hogs, Case Flex header/transport, 2020 Blue Hills cattle trailer (as new), Green Valley cattle trailer 24ft.











LISTED FOR 8 Cow-Calf pairs

) Belted Gallaway Heifers & Steers (open Heifer ready to breed)

Belty's are as unique as they are rare; meat quality is second to none









Entire collection of Stationery Engines from Maurice Bonin's lifetime hobby

HAVE ANYTHING OF VALUE TO POST AT OUR SALE?

CUTOFF FOR CONSIGNING IS FEBRUARY 17, 2021

FROM COWS TO CARS OR HAY TO HEADERS.
WE WILL BE MORE THAN HAPPY TO LIST
ANIMALS OR EQUIPMENT RIGHT AT
YOUR YARD OR OURS.

CONTACT

Brad 204.346.2440 Russ 204.371.4771 Eddie 204.392.8442 Darryl 204.216.0931 For more info: G.A.S. Office 204.434.6519 Michelle or Kim



CHECK US OUT ONLINE AT **GRUNTHALAUCTIONSERVICE.COM**





















CHAMBER MEMBER SPOTLIGHT

www.mordenchamber.com

Keeping it in the family

Town 'N Country Grooming and Pet Supplies has been a fixture in the Morden commercial sector now for a quarter of a century.

Michelle Budz started it as a home-based business in 1996 with the thought of not only wanting to be home with her kids more but also out of her love for animals.

"It just seemed to flourish from there. It was mostly word of mouth ... there was a need for it," she suggested. "And the love for the animals really intrigued me to further myself with my education."

Eventually, as the business continued to grow, Budz wanted more space to expand into pet supplies, and that brought about the move to their downtown location at 239 Stephen St. in 2012.

"With having this building, I could have the boutique in front that I had wanted," said Budz. "I get a lot of requests for different things, so I order in and try to have the best price."

At the same time, their services continued to grow with the addition of things like walkin nail trims. They also began to put an emphasis on all-natural products

Over time, they have come to serve families through multiple pets.

"Some families continue to have dogs, so I'm grooming some people's third dogs now," Budz noted. "We develop a real friendship and a love for the animals, so it almost becomes like a family relationship."

It is nice now for Budz to have family involved in the business, starting with her daughter Jada. Jada came on board after her graduation in 2016 and spent the next two years in training before establishing her own grooming clientele.

"A big impact on me was when my mom help found the humane society," said Jada. "We had so many dogs in our house, and I remember just finding a passion for animals at a very young age.

"I have grown really close to my customers now ... and it's always amazing how passionate people are for their animals, just like I am for mine."



Town 'N Country Grooming's Ethan Budz, Jada Budz, and Michelle Budz. Michelle, who founded the business 25 years ago, has begun slowly handing over the reigns to her daughter and

Jada's husband Ethan Rob then also started with the business in 2019 and completed training for dog obedience as well as to specialize as a large breed groomer.

"I love it. We spend every moment of every day together, and being here with the animals is good for your soul. They bring you happiness," he said. "I deal mostly with the larger breeds ... I've been really, really enjoying it."

In January, Jada and Ethan purchased half of Town 'N Country Grooming, and Budz sees herself gradually handing more over to them.

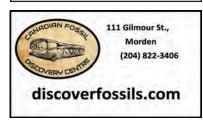
"I'm handing more of my new clients over to Jada ... I've been doing this for 25 years ... now I have someone to take over who I trust," she said. "That's always been the main thing here ... the care and respect for the animals."





















The Morden Chamber of Commerce would like to thank the community for supporting local businesses during these unprecedented times. Let's continue to think local first when shopping or seeking services! #shopmorden



Members' show in the works for WAC in March

From Pg. 14

"I would love to see more businesses participating," she said.

For ACU, it's a chance to support the arts community in both a financial but also a very visible way, said Rob Un-

ruh, Winkler retail branch manager.

He explained that Access was among the sponsors supporting the creation of the Park St. gallery several years ago, and they were then wanting "to find a way to continue to support them.



SUPPLIED PHOTO

Artist Bev Friesen has several pieces, including this one, on display in the community through the Winkler art gallery's rental program."We create art so that we can share it," she said of why she's been involved with the program since its inception.



"I thought wouldn't it be neat if we brought in a bunch of local artists' work into our building and let staff customize their offices with artwork that they like," Unruh said. "I think it's been a really positive partnership. Both for the artists, and then our staff really enjoy it as well."

Several of the pieces rented out for 2021 is that of artist Bev Friesen, who has been involved since the program's inception several years ago.

Putting her work out there to be rented was really a no-brainer for the painter, whose art often depicts aspects of the Mennonite culture.

"We create art so that we can share it," she said. "This is a really great way for local art to be in the public besides just at the gallery.

"I hope that it catches on that more businesses do it, even if they only take one or two pieces a year if they're a small business," Friesen added. "It's a great way to support any artist in the area that is part of the program."

NEXT UP AT THE WAC

The Rental Exhibit behind them, WAC is now turning its attention to its annual Members' Show, which will run in March.

"That will also be a virtual exhibit, unless we're allowed to open our doors and have people in," said Penner.

WAC currently has about two dozen

"WE'RE COMPLETELY BOOKED FOR 2021 AND JUST KIND OF PLAYING IT BY EAR AS PEOPLE'S EXHIBITS COME UP."

members representing a range of mediums, so Penner expects the show will be a varied one. This year's theme is "Journey."

Beyond that, what happens at the gallery moving forward will depend a lot on how the pandemic restrictions play out in the weeks and months ahead.

"We're completely booked for 2021 and just kind of playing it by ear as people's exhibits come up," Penner said, explaining that some shows don't work well as online offerings. "Some of them you've really got to see in person, so if we can't have them then we are rescheduling for 2022."

A bit closer at hand, the gallery's After School Art at-home edition returns Feb. 26 for kids age 7-11. Registered participants will pick up a package of supplies and follow along to six art lesson videos posted on WAC's YouTube page. Contact the gallery for registration information.

Call for performers for Feb. 25 Open Mic Night

"WE WOULD LOVE

TO HAVE A GREAT

VARIETY."

By Lorne Stelmach

Open Mic Night is returning this month by going the online route.

The joint initiative of the Pembina

Hills Arts Council, South Central Regional Library, and the City of Morden is planned for Thursday, Feb. 25 starting at 7:30 p.m.

Usually held four times a year, the pandemic forced organizers to push pause on the show in 2020.

"So we re-connected with everyone again to make it happen," said arts council programs and outreach coordinator Tricia Dyck, noting she was approached by Morden recreation

programmer Stephanie Dueck about doing it virtually. "It will look different, but more people will be able to be involved in terms of both performers and audience members. And it's go-

ing to be a livestream event for free."

Their plan is for the show to feature a combination of some live performances alongside pre-recorded ones.

"We would love to have a great variety. Anybody who's inter-

ested in doing poetry, doing a performance, reciting something or playing a musical instrument" should get in

Continued on page 17

MB Arts Network launching wealth of online programming

By Lorne Stelmach

A provincial arts organization is aiming to help fill the void left for artists and performers in Manitoba left without venues and galleries thanks to the pandemic shutdown.

From now until at least the end of March, the Manitoba Arts Network is rolling out online programming that will feature Manitoban artists and performers.

Funding from the Safe at Home MB program and working in partnership with 50 rural arts organizations throughout Manitoba is helping them offer a new free online event every week.

The plan includes 12 livestream performances and 10 visual arts classes that are still being finalized, but there are also five interactive online art exhibitions that have already been unveiled.

"Without the lockdown, we likely wouldn't have considered putting our exhibitions online, so it's pushing us all to embrace new business models." said director Rose-Anne Harder.

Harder said they recognized that there was an important role for the arts network under the circumstances in the province.

"With the lockdown, galleries throughout the province had to close. We usually tour exhibitions throughout the province, so that had to come to a halt," she said.

"We felt if no one can go in person, let's put our exhibitions online for free to give people something to do and enjoy during the lockdown," Harder said, noting the provincial funding is covering the artist fees. "With the lockdown, they can't even teach classes, so they have had to pivot to doing everything online."

She recognized that there are unfortunately some challenges that come with online content.

"For rural Manitoba, the internet is spotty, so it unfortunately doesn't always work well for everybody," she said, adding however that more and more people have become more accustomed to doing things online, and

artists as well have had to embrace the technology. "People are getting more tech savvy, getting into doing Zoom calls and classes."

She also sees this online content as providing valuable exposure for the artists and performers, particularly in terms of being able to reach some more remote and northern communities in Manitoba.

"They have very limited access ... so more online activities create more exchange with different communities in the province," said Harder.

Four of the exhibitions feature rural artists with galleries by Jan Jenkins, Mary Lowe, Heather Martens Rempel, and a group exhibition titled Manitoba Moments by the Textile and Fibre Artists of Manitoba. A fifth exhibition features Winnipeg artist Sarah Fuller.

Visitors to the virtual gallery are encouraged to take part in the exhibitions—not only are they able to view the artwork, but there is also a guestbook to leave your name and comments and a gift shop where many of the artworks displayed are available

Harder noted they anticipate continuing to do online programming even once things return more to nor-

"This online gallery will be with us beyond COVID. We're now developing policies to use it throughout the year," she said. "It's very exciting. To be able to sell the artwork online creates another marketplace for artists."

CREATIVITY AMIDST A PANDEMIC

The exhibition Art in the Time of CO-VID-19 by Martens Rempel was borne from her trying to rationalize "what is the point of making art when people are struggling for their lives and sanity? Why indulge in this solitary activity? To what end?"

She creates not only because she is driven to but because the world looks different when she does, and that is what she feels is asked of her in return for receiving the inspiration.

"It has been a real gift to be involved

"WE FELT IF NO ONE CAN GO IN PERSON, LET'S PUT OUR EXHIBITIONS ONLINE FOR FREE TO GIVE PEOPLE SOMETHING TO DO AND ENJOY DURING LOCKDOWN."



SUPPLIED PHOTO

Fish ladder to Hades by Mary Lowe is among the art on display online as part of the Manitoba Arts Network's online exhibition. The network is hosting a series of free online exhibitions, classes, and concerts over the next couple of months.

with the Manitoba Arts Network. They have really lived up to their mandate during this COVID-19 time in finding ways to promote artists," said Martens Rempel.

"While it most definitely does not replace a real gallery experience, having my work online provides an opportunity for more people to see my work than if it were in one geographical space," she continued. "Viewing art online does not give one a sense of scale or even texture, but it does give someone a sense of the subject matter and make one curious to want to see the art in real life.

"I am also excited to have my work on view with other great artists in many different mediums," added Martens Rempel, who has also been invited to be part of the creative digital swap where she will be paired with Calgary musician Jenn Beaupre. "This was a very exciting and new idea. I learned so much from this process and met a new artist through the process."

Cathie Ugrin of the Textile and Fibre Artists of Manitoba observed being an artist during a global pandemic has certainly been a unique experience.

Despite the isolation, being an active member of the group has kept her feeling engaged, supported, and inspired, and she said they were thrilled and honoured their exhibit Manitoba Moments was included in the online show.

"Their hard work and dedication to the artistic community of Manitoba is very much appreciated," she said. "Sit back and enjoy the unique art in this fabulous gallery, safe and comfortable in your own home until we can all gather together again."

The Manitoba Arts Network's plans include a livestream discussion featuring the artists and interactive art classes on a variety of mediums. Details on these events are still being finalized.

For more information, follow the organization on Facebook or Youtube.

> OPEN MIC NIGHT, FROM PG. 16

touch with organizers, Dyck said.

While online isn't quite the same as getting together for a show in person, events like these can still help fill a void for performers and audience members alike.

"I think a lot of people are resourceful in finding ways to be able to be creative and finding the activities that they need," Dyck said. "I think performers and writers might like the opportunity to showcase what they've been working on during the pandemic and get that connection to the community.

"We also did think it would be nice to layer it with more opportunity in the city and region," she added in noting an additional promotion is encouraging people to pick up a beverage at Coffee Culture between 5-8 p.m. that night. They will donate proceeds to the Many Hands Resource Centre.

"It's a great way to go grab a coffee, grab a frappucino and then head back home to enjoy this event," Dyck said. "It both builds up the community and embraces the community at the same time."

Performers can register for the show by contacting the Pembina Hills Gallery by email to info@pembinahillsarts.com.

The livestream will be available online at www.mymorden.ca/ events.

Setting the record straight on political labels

Diversitas speaker tackles definition of communism, fascism, oligarchy systems of gov't

By Lorne Stelmach

An online presentation last week aimed to set the record straight on a number of political labels that are easily tossed about in today's global landscape.

The Diversitas speaker series returned with a Feb. 3 virtual presentation focused on communism, fascism, and oligarchy.

Remi Courcelles of the Canadian



A virtual presentation from Remi Courcelles from the Canadian Museum for Human Rights marked the return of the Diversitas speaker series last week

Museum for Human Rights offered some thoughts on why such terminology can be so misused and abused in today's political and cultural climate.

"I think it's founded in fear to a large extent," suggested Courcelles, who has been working at the museum in Winnipeg since 2015 in the department of research and curation and previously as part of its social media

"People are afraid of fascism and communism, and ultimately what people are afraid of is for a group that they don't belong to to control governance and to basically set up the agenda," he continued. "The best way to kind of prevent that from happening is to strengthen our democracy.

"I think we live in a very extraordinary time," he continued. "There's a lot of disinformation ... and it's put out there for very specific political ends.

"There is a lot of garbage online, and I often tell people look at the internet ... look at it with as much skepticism as when you look at the tabloid rack at the grocery store.

"Media is not perfect ... but they have standards, whereas John from Arkansas? I don't know who he is, I don't know his expertise ... it's about who you can trust, ultimately," Courcelles stressed. "Look at the internet with a lot of skepticism."

Courcelles went through a number of the political ideologies with definitions and key characteristics.

Communism, he explained, is a system of social organization in which all economic and social activity is controlled by a totalitarian state dominated by a single and self-perpetuating political party.

It's characterized by state ownership of all capital, a totalitarian style of governance, single-party state, centralized planning, bureaucratic elite, state-sponsored repression of civil liberties, and a lack of judicial independence.

"Basically, what the state is doing in communist regimes is building a monopoly over everything," said Courcelles, adding it is "trying to build this kind of utopic society where everybody is equal.

"The problem with communism is that it takes for granted that everybody is going to be on board with this program."

Socialism, meanwhile, is a system of social organization in which private property and the distribution of income are subject to social control.

Courcelles listed its characteristics as being a wide range of different forms, can work with democracy, equal society not necessary, revolution not necessary, and the possibility for rights and freedoms to still flourish.

Fascism is defined as a political philosophy, movement or regime that exalts nation and often race above the individual and that stands for a centralized autocratic government headed by a dictatorial leader, severe economic and social regimentation, and forcible suppression of opposition.

Its characteristics include aggressive nationalism and often racism; centralized, dictatorial regime; suppression of regime critics and political opponents; strong regimentation of economy and society; an executive override of the legal system and a loss of judicial independence.

"Nationalism really is this idea of setting boundaries between who is part of the nation and who is the fake ... it can often lead to racism," said Courcelles.

Populism is a political approach that strives to appeal to ordinary people who feel that their concerns are disregarded by established elite groups.

It is characterized by flourishing in a wide range of situations, including democracy, is not necessarily fascist nor revolutionary, is hostile toward other world views, and it is possible for rights and freedoms to be respect-

"Populism is necessary to a certain extent for fascism to exist, but populism isn't necessarily fascistic. Populism is a lot more broad, and it covers a wider spectrum," said Courcelles.

"I think [Donald] Trump was a populist, a very strong populist," he said. "Once we start getting into the Capitol Hill incident ... there's definitely some parallels there with fascism. I don't think he was a fascist ruler because of that absence of complete control. I think he maybe had fascistic tendencies, but he never ruled in a fascistic way."

Finally, an oligarchy is a government in which a small group exercises control, especially for corrupt and selfish

Continued on page 20

Province to take a cautious approach to reopening: Roussin

By Lorne Stelmach

The province was poised to further ease restrictions this week, but the chief public health officer continued to stress a cautious approach while COVID-19 case numbers continue to improve in Manitoba.

Dr. Brent Roussin acknowledged the increasing pressure to more widely reopen the economy at the Monday update, but he reminded Manitobans about our recent history when the second wave of the virus hit in the fall.

"We can't undo all of this hard work by simply opening everything up again," said Roussin. "We know there's hope on the horizon with the vaccine. We know there's hope be-

cause our numbers have been coming down as well, but we have to continue to be cautious.

"We can see that the restrictions that we have in place are quite tough. They affect Manitobans to different degrees, but they are working," he continued. "In a lot of circumstances, people have stepped up and done a great job, but we've been here before.

"We continually hear about how safe everything is to open up and operate, but our numbers don't describe that; our numbers in October show it's not safe to open everything up all at once, and our restrictions show that they

"Our numbers today are again trending in the right direction. These numbers are the lowest we've seen since early in the fall ... this is all a result of the work of Manitobans."

On Monday, public health officials reported a third consecutive day of the lowest case counts since the fall. The outbreak was also declared over at Salem Home in Winkler.

There were four additional deaths due to COVID-19, including a woman in her 80s from the Southern Health-Santé Sud health region linked to the outbreak at Morris Hospital.

The current five-day COVID-19 test positivity rate was 5.9 per cent provincially and 4.2 per cent in Winnipeg. Fifty-two new cases of the virus were confirmed to bring the total in Manitoba to 30,289. That included four new na, and one in Carman.

cases in the Southern Health-Santé Sud health region.

There were 1,622 active cases and 27,817 individuals who have recovered from COVID-19 at the start of the week. There were 105 infectious people in hospital and 166 COVID-19 patients who are no longer infectious but continue to require care. Manitoba's ICUs had 34 COVID-19 patients in them as of Monday, including 19 no longer considered contagious.

A total of 850 Manitobans have died of the virus over the past year.

In this region, as of Monday, active cases numbered four in Winkler, one in Morden, one in Stanley, seven in Altona, nine in Lorne/Louise/Pembi-

Schools to see funding increase: Ed. Minister

By Lorne Stelmach

The two local school divisions fared quite differently with provincial government's public schools funding announcement last Friday.

Manitoba's public schools system overall will see an increase of 1.56 per cent or \$20.8 million more to a total of

The increase includes \$6.7 million (0.5 per cent) more to base funding as well as an additional \$5.5 million for special needs programming. The province is also providing a property tax offset grant equivalent to a two per cent property tax while telling school divisions to freeze their education property taxes.

Western School Division fared better than many divisions with a 7.6 per cent increase to \$12.9 million while also receiving \$200,000 in the additional offset funding.

Garden Valley School Division, meanwhile, basically sees its funding frozen with just .03 per cent more, or \$29.5 million. It will receive \$400,000 in the offset funding.

Part of where the two divisions differ is WSD gains an increase in both special needs and equalization funding, while Garden Valley's increase in special needs is offset by equalization.

The equalization funding assists school divisions with lower assessment per pupil to help cover costs over and above the level of provincial funding, and that was a welcome boost for WSD.

"An estimated increase in student enrollment resulted in about a third of the funding increase with most of the balance coming from the increase in equalization funding," secretary treasurer Carl Pedersen noted by email on Monday.

He added the provincial grant equivalent to a two per cent increase in the special requirement also helps put Western in a favorable position.

"Assessment within Western School Division increased over three per cent, so there will be a slight decrease in the mill rate for educational property taxes in 2021," he estimated, adding that "much work remains to be done on the budget. Budgets will be developed on the assumption of returning to a more normal post pandemic school year."

A draft budget will be released at a public meeting to be held online Feb. 24. People can register to take part at westernsd.mb.ca.

Garden Valley School Division officials could not be reached for comment on the funding announcement by press time.

"NOT THE TIME FOR CUTS"

Meanwhile, the province's announcement earned criticism from a number of directions.

"There are more demands in the classroom for teachers and students than ever before. Now is not the time to make cuts," said Manitoba NDP leader Wab Kinew. "Our kids deserve real investments so they can learn and



PHOTO BY LORNE STELMACH/VOICE

The staff of Valley Bakery were officially recognized last week as the victors of Explore Morden Winkler's Pizza Week promotion. "It's very humbling. I'm grateful for the recognition and just being able to offer something tasty to customers," said Andrew Penner, who celebrated their five cheese pizza receiving the most votes from among entries from 20 participating locations." It was a fun experience from start to finish," he said. "it shows the community coming together. It doesn't matter who wants to be involved, we can all be involved with a good attitude and some creativity."

grow despite the challenges of the pandemic."

"The government boasts that this is the most funding public education has ever received, but that's only half the story," said Manitoba Teachers Society president James Bedford. "What is missing from this narrative is the fact that this funding is not enough to meet the increasing needs of Manitoba's K-12 student population."

He noted the 1.56 per cent increase continues a trend of funding public education below the rate of inflation. When capital funding is deducted, the funding going into classrooms is barely one per cent.

Bedford suggested the provincial government's failure to adequately fund public education for five years in a row now will have dire and longlasting effects, and he added increased

resources will be required to meet students' recovery learning needs following the pan-

"The COVID-19 pandemic has reinforced the important role of public education in our society. It has also highlighted the significant inequities in the system," Bedford said. "With everything that has happened in the past year, the government's continued refusal to invest in public education is incomprehensible."

Manitoba Education Minister Cliff Cullen meanwhile trumpeted what he called a record level of investment in education, noting Manitoba has the third-highest spending per student in Canada at \$14,815 after Saskatchewan and New Brunswick. The funding also builds upon a previous announcement of \$185 million in safe schools funding for COVID-related expenses, Cullen added.

He further said the province committed that school divisions

Continued on page 20

PVHS offering fundraising meal

By Lorne Stelmach

You can enjoy a good meal and support the Pembina Valley Humane Society at the same

The organization is holding its second Spayghetti and No Balls fundraiser in partnership with local chef Kevin Funk.

The tongue in cheek name reflects the fact that the event is also meant to highlight the importance of spaying and neutering your pets and supporting the humane society's efforts in that area at the same time.

"Getting your pet fixed keep them healthy, improves their behaviour and saves money. It also helps prevent overcrowding in shelters due to unwanted pets," said Holly Thorne, PVHS public relations chairperson. "The humane society

also has a low-cost spay and neuter program for individuals and families that may not otherwise be able to afford to have their pets spayed or neutered."

Thanks to COVID-19 restrictions, diners will have to enjoy the meal in the comfort of their own homes.

Funk will be whipping up spaghetti, meat sauce, salad, and garlic bread. A vegetarian meal option is also available. They are offering pick up at the shelter or delivery within Winkler and Morden for a \$5 delivery fee.

There are three available time slots to choose from at 5, 6 and 7 p.m. that Friday night. The cost is \$25 per meal, and you will receive a tax receipt for a portion of your meal ticket.

Tickets are available online at pvhsociety.ca/ upcoming-events.



We want to hear from you.

The Winkler Morden Voice connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at news@winklermordenvoice.ca Phone 204-332-3456



SDOPES& recreation INSIDE > OUTSIDE > UPSIDE DOWN

Hockey Canada cancels 2021 national championships

By Voice staff

Hockey Canada announced last week that it is cancelling all of its spring 2021 national championships due to the ongoing COVID-19 pandemic

The decision affects the Esso Cup, TELUS Cup, Centennial Cup, and the Allan Cup.

"Despite a strong desire to work with four great communities to host

the top players at various levels across the country this season, the health and safety of all participants and the communities at large continues to be of the utmost importance to Hockey Canada," CEO Tom Renney and president and COO Scott Smith said in a statement released on Friday. "The ongoing pandemic, coupled with the fact that many regions in the country are not currently playing organized hockey, left us with no other option.

"We believe the decision to cancel our spring 2021 national championships is the safest decision given the ongoing uncertainty of the pandemic at a local level, as well as the uncertainty around each region being able to compete for a national championship."

The pair thanked all the local host committees and event partners for their work and support.

"Our organization is appreciative of

the commitment and support of all stakeholders and we look forward to showcasing our national championships and all participants to fans next year."

Confirmation of the 2022 host communities will be announced in the months ahead.

> FUNDING, FROM PG. 19

would not see their funding reduced due to enrolment variations because of COVID-19 and that all school divisions receive no less than 98 per cent of the operating funding received a year earlier. He also emphasized, though, that the Manitoba government needed to support Manitobans by reducing the local property tax burden.

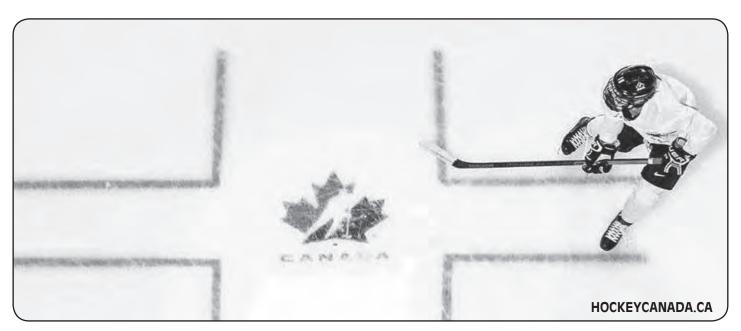
"Our education system is one of the best funded in Canada, and parents need to know that our government will continue to support their children's futures," he said.

Cullen also emphasized that "the province remains committed to modernizing Manitoba's education system to ensure our students are well prepared for whatever path they choose, whether it is post-secondary education, joining the workforce or staring their own business."

That pledge however also raised concern from MTS, as Bedford noted the government has not only continued to tighten the purse strings on education funding, but the impending release of the recommendations from the K-12 education review further raises fears that schools will have to make tough choices about staffing and programming.

"We have said from day one, that any additional costs to implementing the K-12 recommendations must come with adequate funding. There is simply no room for extras," said Bedford, who noted a recent poll on behalf of the Manitoba Teachers' Society showed 64 per cent of Manitobans feel the province should spend more on education.

"At the end of the day, when the government does not fulfill its funding responsibility, it's the students that suffer and quite frankly that is unacceptable."



> DIVERSITAS, FROM PG. 18

purposes. It is ruled by the few and includes a concentration of power, a clear hierarchy, centralized planning, and restrictions on rights and freedoms to maintain power.

"The important point here is having control ... Russia today looks a lot like an oligarchy," noted Courcelles.

"There can be oligarchic democracies; there can also be democratic oligarchies, even though I have a harder time seeing that," he continued. "In their purest form, oligarchies and democracies are kind of opposites. If politicians lose the favour of the people [in democracies], they lose their jobs."

In giving some examples, Courcelles explained that Canada is a federal parliamentary democracy and constitutional monarchy with features that include a multi-party system, free and fair elections,

a capitalistic system, free market economy, a strong tradition of judicial independence, and rights and freedoms constitutionally protected by charter.

He noted China, meanwhile, is somewhat harder to pin down as a traditional communist state.

"I think China definitely was communist for a long time, but I think now they're kind of blurring the line between this kind of state-controlled economy where they're willing to tolerate individual property and will, but provided those with will don't go against the regime. Communism is completely incompatible with democracy because it necessarily has to squash civil liberties and the democratic process.

"Socialism is much broader," he continued. "Communism is a form of socialism, an extreme form of social-

ism, but there's a lot of social democracies like Norway and Sweden and Denmark; even Canada has a lot of elements of socialism in our society.

"It's not to say that socialism is perfectly incompatible with democracy, but it can definitely lead to a place where it starts to no longer respect or want to respect democratic processes."

In the end, Courcelles noted how we have very much to be thankful for here in Canada.

"The most beautiful thing we have is the ability for people who completely fundamentally disagree to come together and to talk it out," he said. "It's not going to be perfect, and it's not going to be easy, but it's something we have been able to achieve time and time again, even in moments that are very, very difficult."

get inspired



Recipe courtesy of Know Diabetes by

Prep time: 15 minutes Cook time: 18 minutes

Servings: 4 (3 ounces chicken per serv-

Cooking spray

1 large egg

1 tablespoon water

2 teaspoons olive oil 1/3 cup finely crushed, low-sodium,

whole-grain crispbread 1/3 cup shredded or grated Parmesan cheese

2 tablespoons minced fresh parsley

1/2 teaspoon ground oregano

1/4 teaspoon pepper

Baked Parmesan Chicken

4 boneless, skinless chicken breasts (about 4 ounces each), all visible fat discarded, flattened to 1/4-inch thickness

Preheat the oven to 400 F. Lightly spray a 13-by-9-by-2-inch baking dish

with cooking spray.

In a shallow dish, whisk the egg, water and oil. In a separate shallow dish or pie pan, stir together the crispbread, Parmesan cheese, parsley, oregano and pepper. Dip the chicken in the egg mixture then in crumb mixture, turning to coat at each step and gently shaking off any excess. Using fingertips, gently press the coating mixture so it adheres to the chicken. Arrange the chicken in a single layer in the baking dish. Lightly spray the chicken with cooking spray.

Bake for 15-18 minutes, or until chicken is no longer pink in the center and the top coating is golden brown.



Recipe courtesy of Know Diabetes by

Prep time: 10 minutes Cook time: 25 minutes

Servings: 4 (1/4 frittata per serving)

Cooking spray

2 cups frozen fat-free potatoes O'Brien, thawed

6 ounces small broccoli florets, rinsed in cold water, drained but not dried

8 large egg whites

1 large egg

4 ounces lower-sodium, low-fat ham

Ham and Broccoli Frittata

(uncured, nitrate/nitrite-free), cut into 1/4-inch cubes

cup fat-free milk teaspoon pepper

Preheat the oven to 400 F.

Lightly spray a medium ovenproof skillet with cooking spray. Heat over medium heat. Remove from the heat. Put the potatoes in the skillet. Lightly spray with cooking spray. Cook for 4-5 minutes, or until potatoes are golden brown, stirring occasionally.

In a microwaveable bowl, microwave the broccoli, covered, on high for 3-4 minutes, or until tender-crisp. Drain in a colander. Stir the broccoli into the potatoes.

In a medium bowl, whisk the egg whites and egg. Whisk in the ham, milk and pepper. Pour the mixture over the potatoes and broccoli; stir well.

Bake for 15-18 minutes, or until the



Recipe courtesy of Know Diabetes by Heart

Prep time: 10 minutes Cook time: 10 minutes

Servings: 4 (1/2 cup per serving)

8 ounces green beans, trimmed

2 teaspoons olive oil

4 ounces sliced mushrooms, stems discarded

cont. on next col.

Improve your sleep quality naturally

How much sleep did you get last night?

There are so many reasons to ensure at least eight hours of sleep every night, one of which being you are more likely to make good choices when it comes to nutrition if your mind is functioning optimally thanks to a good night's rest. Your workouts will also be more effective when you have energy to push harder, so you will enjoy much better overall fitness results.

Your body recovers and repairs during rest, particularly during non-REM sleep when your pulse and blood pressure are lowered. Getting 8 hours of quality sleep each night is very important, whatever your fitness goal!

Here are three ideas to help you improve your ability to rest and promote the body's recovery, which will help you maintain a healthy weight:

Having a toddler has taught me the importance of a strong nighttime route, and this is something that us adults can also greatly benefit from! Amelia enjoys her bath time so perhaps relaxing in the tub can work for you, too! Bath bombs, bubbles, or Epsom salts with a nighttime scent like lavender seem like an indulgence, but they are part of selfcare, and paying attention to your overall health. The heat is also soothing for your sore muscles and joints, and eases aches and pains which not only feels great, but promotes healing in the body.

It's tempting to stay up later on the weekends, however being consistent with your sleep schedule will pay off. Your biological clock gets thrown off when you sleep in on Sundays, because you will not be tired that evening, and will wake



Health and Wellness Fitness expert Julie Germaine

for your week feeling unrested and moody. That's not a good start for anyone on a Monday morning. If you need to catch up on sleep, do allow yourself a little extra time on the weekend, but set an alarm so you're not over-doing it.

3. Exercise, of course, helps your body in so many ways, and you'll find that aerobic activity, like walking, running, or cycling, at least 4x per week helps reduce the amount of time it takes to fall asleep. You can also do some quick plyometric workouts in your living room to sweat off fat cells and prepare your body for rest. Avoid exercising late in the evening.

If your fitness goal is to lose belly fat for good, I would love to support you! My passion is helping men and women lose weight and keep it off for good. Please visit my website for information on my virtual personal training and nutrition programs, including my 30 Day VIP Fat Loss Challenge and one-on-one live video workouts! www.juliegermaine.

1/2 cup thinly sliced onion 1 medium garlic clove, minced

2 teaspoons fresh lemon juice

1 pinch pepper

1/8 teaspoon salt

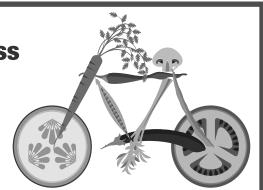
Fill a medium saucepan 3/4 full of water. Bring to a boil, covered, over high heat. Cook the green beans, uncovered, 5 minutes, or until tender-crisp. Drain well in a colander.

In a medium nonstick skillet, heat the oil over medium-high heat, swirling to coat the bottom. Cook the mushrooms, onion, garlic and salt 5 minutes, or until the mushrooms are soft and lightly browned, stirring frequently. Stir in the lemon juice, pepper and cooked green



Do you have a **Health or Wellness Business?**

Call The Winkler Morden Voice at 204-467-5836 to advertise



Classifieds

ok Your Classified Ad Today - Call 325-6888 or Email ads@winklermordenvoice.ca

WEEKLY COMING EVENTS



Safe Inside Your Walls

(Safe at Home Manitoba)

Follow us on our Website for these weekly events beginning February 9th at https://scrl.mb.libraries.coop/

Children - Mornings:

- Tuesday & Thursday Children's crafts (some craft supplies available for pick-up please contact your local Branch)
- Wednesday & Friday Storytime & Kidfacts **Teen/Adult Mornings:**
 - Saturday Knit an afghan (series)
 - Sunday Newcomer tips

Teen/Adult Afternoons:

- Tuesday Tech Tuesdays (learn about your gadgets)
- Wednesday Healthy Movement (Yoga & stretching)
 - Thursday Grownup crafts • Friday – Booktalks
 - Saturday Cooking school
- Sunday Upcycling & thrifting

EMPLOYMENT



Is now accepting applications for the 2021 swim season:

HEAD LIFEGUARD

Full Time Position

Job Description

We are looking for an enthusiastic and responsible individual with great people and leadership skills to oversee lifeguards and instructors.

As head lifeguard you will:

- Create staff schedule
- Co-ordinate staff training schedules
- Teach high-quality swim lesson programs for all ages Provide Safety supervision for all swimmers
- Delegate duties to provide a clean and safe swimming
- Perform water tests to ensure adequate water quality
- and will occasionally work with Chlorine and other chemicals related to pool operation.
- Train fellow lifeguards and instructors
- Maintain adequate public relation skills and handle any complaints/ concerns.

Required Qualifications

- 17 years of age or older
- Available evenings & weekends
- Comfortable taking money
- Current National Lifeguard Certification
- Current Standard First Aid with CPR-C Certification Current Water Safety Instruction Certification
- Current Lifesaving & First Aid Instructor
- Certification Optional
- Available to start in May 2021

To apply, please forward resume and photocopies of documents verifying qualifications no later than February 19th, 2021:

Municipality of Pembina Box 189, 360 PTH 3 Manitou, Manitoba ROG 1G0 Fax: 204-242-2798 Phone: 204-242-2838

E-mail: admin@pembina.ca

Only those being interviewed will be contacted.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

HarBar Farms Ltd. is looking for a **MOTIVATED TEAM PLAYER** to join our family-run grain farm near Elm Creek, MB.

Primary duties:

- · Operation of farm equipment essential to the planting spraying, harvesting, cultivating and transportation of crops
- Machinery maintenance and minor fabrications; and
- Yard and building maintenance.

Skills Required:

- Valid driver's license, Class 1A preferred.
- Ability to work extended hours, including Saturdays, during the growing season.

Agronomy, mechanical, and/or welding experience is an asset.

Compensation:

- Salary is based on experience and skillset.
- · Ability to bank hours for a flexible schedule in the winter. Seasonal employment applications also welcome. Please send resume and references to:

lan Lepp 1-204-750-1090 ianlepp2@hotmail.com

EMPLOYMENT



Is now accepting applications for the 2021 swim season:

LIFEGUARD/INSTRUCTOR

Job Description

We are looking for enthusiastic and responsible instructors and lifeguards to supervise the safety of swimmers, and provide excellent customer service, high quality learn-to-swim instruction and fun and interactive public swim programming.

As a lifeguard instructor you will:

- Teach high-quality swim lesson programs for all ages
- Provide safety supervision for all swimmers
- Provide a clean and safe swimming environment
- Perform water tests to ensure adequate water quality and will occasionally work with Chlorine and other chemicals related to pool operations.

Required Qualifications

- At least 16 years of age
- Evening & Weekend availability
- Current National Lifeguard Certification
- Current Standard First Aid with CPR-C Certification
- **Current Water Safety Instructor Certification** Current Lifesaving and First Aid Instructor
- Certification Optional

Wages will be based on the combination of training and experience. Full time, part time and casual positions available. New and returning employees please submit a resume. To apply, please forward resume and photocopies of documents verifying qualifications no later than February 19th, 2021

Municipality of Pembina Box 189, 360 PTH 3 Manitou, Manitoba ROG 1G0 Fax: 204-242-2798 Phone: 204-242-2838

E-mail: admin@pembina.ca Only those being interviewed will be contacted.

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

HIP/KNEE Replacement?

Other medical conditions causing TROUBLE WALKING or DRESSING?

The Disability Tax Credit allows for \$2,500 yearly tax credit and up to

\$50,000 Lump sum

refund.

Apply NOW; quickest refund Nationwide! Providing assistance during Covid.

Expert Help: 204-453-5372

not accepted.

randyjsch@gmail.com

MISCELLANEOUS

Having a virtual event in Manitoba? Need registrants? Advertise it in the 37 MB Weekly newspapers and get noticed! Each week our blanket classifieds could be helping your organization get noticed in over 340,000 homes! It's AF-FORDABLE and it's a great way to increase and connect with our 37 weekly member newspapers. For as little as \$189 + GST, get your important messaging out! Call us at 204-467-5836 to book or email classified@mcna.com for details. MCNA - Manitoba Community Newspapers 204-947-Association

BATTERIES FOR EVERYTHING!

1691. www.mcna.com

50,000 BATTERIES IN STOCK

*Auto *Farm *Marine *Construction *ATV
*Motorcycle *Golf Carts *Rechargeables *Tools *Phones *Computers *Solar Systems & design

* Everything Else!

THE BATTERY MAN 1390 St. James St., WPG

1-877-775-8271 www.batteryman.ca

INVITATION TO TENDER

INVITATION TO TENDER

We invite TENDERS for the purchase of approximately 298Acres of

Parcel II: PART OF THE NE 1/4 OF SECTION 5-5-1

All of the property is cultivated farmland with 140-0-0-50 applied

A cheque for \$10,000.00 must accompany the tender as a down pay-

ment. Written tenders must be received by 12:00 p.m. on March 9,

2021. Written tenders will be accepted for both Parcels combined, or

for each individual Parcel. Down payment will be returned if tender

Closing date for the sale shall be April 1, 2021, by cash or approved

loan proceeds. Any loan advances paid after closing date are subject

to payment of interest at loan rate during reasonable delay for regis-

tration of security. Purchaser shall be responsible for payment of all

For more information regarding the land contact Randy Schroeder at

ADDRESS: WIENS DOELL LAW OFFICE

P.O. Box 1150

564 Mountain Ave.

Winkler, MB R6W 4B2

Ph. (204) 325-8807

To the attention of Scott C. Doell

For more information on the tender email info@wiensdoell.com

2021 property taxes and GST or shall self-assess for GST.

The highest or any Tender may not necessarily be accepted.

land in the R.M. of Morris described as follows:

WPM (approx. 147.53 acres)

(approx. 150.47 acres)

Parcel I: PART OF SE 1/4 5-5-1 WPM

Title No. 1800059/4 Roll No. 22400.000

Title No. 2815232/4 Roll No. 22050.000

fertilizer. The SE ¼ is E32 soil and the NE ¼ is D32 soil.

NOTICES

Urgent press releases or media advisories service. Have something to announce? A cancellation? A change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/ HST, Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details, www.mcna.

HOME OF THE **FEHR DEAL!**

SUPPLYING **DÉCOR CABINETS** FOR 25+ YRS

PROMPT SERVICE & FREE DESIGN **USUALLY WITHIN 24 HRS**

Ph: (204) 746-2223

FEHRSCABINETS.COM office@fehrscabinets.com



Grain Farm

•155.2 acres • Near Ste. Alphonse Junior Thevenot 204.825.8378

FARM DIVISION

LAND FOR SALE

Beef Farm

• 401.5 acres • Near Zhoda Dolf Feddes 204.745.0451

Grain Farm

4670 acres
 NearArborg

Stacey Hiebert 204.371.5930

Dairy Farm

221.7 kgs quota
 Near Blumenort

204.371.5131

Grain Land

• 799 acres • Near Shoal Lake Henry Carels 204.573.5396

Beef Farm

• 311 acres • Near Virden Catharina Carels 204.720.4779

www.farmdivision.ca



Trucks, Trailers, **Truckbeds & Tires**

- Full Repair & Safeties
- Vehicle Parts, Tires & Wheels
 Trailer Parts & Batteries
- Sales, Financing, Leasing & Rentals

EBY Aluminum:

- Gooseneck and Bumper Pull Cattle &
- Equipment Trailers
 Truck & Service Bodies
 Generation Grain Trailers

KALDECK TRUCK & TRAILER INC.

Hwy #1, MacGregor, MB

1-888-685-3127



Response Builder Advertising **WORKS!**

- GET SEEN by over 340,000 Manitoba
- Homes! Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event We format it, to
- make it look great! Starting at \$239.00 (includes 35 lines of
- space)

 The ads blanket the province and run in MCNA's 37 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible

Contact this newspaper NOW or MCNA at **204.947.1691** or email classified@mcna.com

www.mcna.com

Classifieds

Winkler Morden

Book Your Classified Ad Today - Call 325-6888 or Email ads@winklermordenvoice.ca

McSherry Auctions

12 Patterson Dr. Stonewall, MB

Online Timed Auctions @ iCollector.com

Estate & Moving

Closes Wed February 17 @ 7:00 PM

Estate & Moving

Closes Wed February 24 @ 7:00 PM

Consignments Welcome!

(204) 467-1858 or (204) 886-7027

www.mcsherrvauction.com

The Aurora 1648 SqFt RTM

3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. James Hardie Siding Huron Tripane Windows.

Pictures available

www. wgiesbrechthomes.ca

MUST SELL Modular Home

204-346-3231

COMMERCIAL SPACE

3600 SQ. FT. OF **COMMERCIAL SPACE** IN MORDEN

across from the new McDonald's location. Lots of front windows, washrooms and 2 entrances, back lane access with back door for loading. Call Brian at 204-362-0745 to see and for more info.

SENIOR RENTALS

Garden Park Estates in Winkler has suites available.

Everything is on one level, indoor heated parking is available, common rooms for socializing and gatherings (when safe), lunches are available 5 days per week, hairdresser salon is in the building. Suites are spacious with open concept, walk-in pantry, utility room is ready for you to bring your own washer and dryer, fridge, stove and dishwasher are provided. All suites have an outside entrance and are connected inside through common hallways. All suites have a patio and a small flower bed. Rent includes maintenance, snow removal, vard care,

and all utilities. Call or email Cindy at

204-362-7151 or cindyek@mts.net.

SENIOR RENTALS

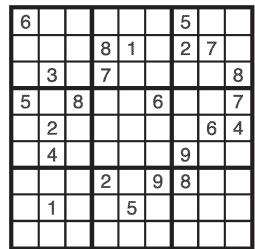
Oak West Estates

in Morden has 2 bdrm/2bthrm suites available. Everything is on one level, indoor heated parking is available, common rooms for socializing and gatherings (when safe), lunches are available 5 days per week. Suites are spacious with open concept, walk-in pantry, utility room is ready for you to bring your own washer and dryer, fridge, stove and dishwasher are provided. All suites have an outside entrance and are connected inside through common hallways. All suites have a patio and a small flower bed. Rent includes maintenance, snow removal, yard

care, and all utilities. Call or e mail Cindy at 204-362-7151 or cindyek@mts.net.

Book Your Classified Ad Today - Call 325-6888 or Email ads@winklermordenvoice.ca

take a brea. > GAMES

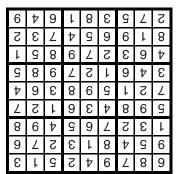


Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer



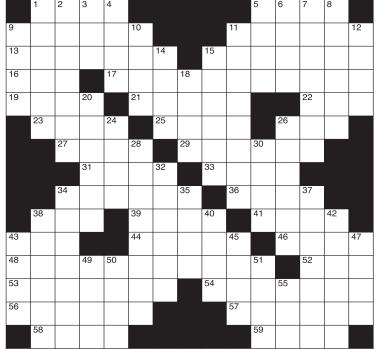
Crossword Answer

CROSSWORD

CLUES ACROSS

- 1. Composed
- 5. Lesotho currency
- 9. Ethnic group associated with **Hungarians**
- 11. Gains knowledge of
- 13. Gradual destruction
- 15. Purchase
- 16. Pharaoh of lower Egypt
- 17. Where you're going
- 19. The 6th letter of the Greek alphabet
- 21. Fishing net
- 22. Midway between south and southeast
- 23. A way to sort
- 25. C C C
- 26. Popular sports podcast (abbr.)
- 27. Discount
- 29. Consumes tobacco
- 31. A way to run
- 33. Popular musical awards show
- 34. Pertains to the male sexual organ
- 36. Supplements with difficulty
- 38. Green veggie
- 39. Deep-bodied freshwater fish
- 41. Holy fire
- 43. Usually has a lid
- 44. Being of use or service
- 46. Have a ven for
- 48. Unknowingness
- 52. Dry white wine drink
- 53. Unwinds
- 54. Traveling by sea
- 56. Outdoor entertaining areas
- **57. Stringed instruments**
- 58. __ Redgrave, actress
- 59. Moves earth

CLUES DOWN



- 1. Progressive decay of a bone or tooth
- 2. Burrowing rodents
- 3. French/Belgian river
- 4. A professional cleaner
- 5. A Russian river
- 6. Kiln
- 7. True statements
- 8. Most private
- 9. French city
- 10. Masses of fish eggs
- 11. Apart from others
- 12. Monetary unit of Samoa
- 14. Nanosecond

Spain

- 15. Film
- 18. Men's fashion accessories
- 20. Flowering shrub
- 24. North Carolina university 26. Former monetary unit of
- plan 47. Work units

43. Belch

28. Foodies

30. New Zealand parrot

34. A payment required for not

someone's employment

38. Gland in some mammals

45. Employee stock ownership

fulfilling a contract

37. The act of terminating

32. Makes very happy

35. Emerald Isle

40. Commoner

42. Large animals

- 49. Wagon
- 50. Nerve fiber
- 51. Proclaimed
- 55. Japanese delicacy

HOMETOWN



SERVICE

CHEVROLET BUICK GMC

ÞJANZEN



HONDA

w.winklerautodealers.com











*Honda Loyalty Program, **Lease Rate, ***Vehicles not exactly as pictured.