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# A quilt made with love

PHOTO BY ASHLEIGH VIVEIROS/VOICE

Teacher Amanda Loewen's Gr. 3-4 class at Hochfeld School spent weeks putting together a large quilt for Mennonite Central Committee's Great Winter Warm-up, which sought to collect 6,500 homemade blankets on Jan. 18 to be sent to people in need the world over. For the full story, see Pg. 2.

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# Hochfeld kids do their part to help people in need

By Ashleigh Viveiros

A group of kids from the village of Hochfeld hope their hard work will make a difference in the life of someone a world away.

Teacher Amanda Loewen's Gr. 3-4 class at the school south of Winkler were among the thousands of quilters who contributed a comforter to Menonite Central Committee's Great Winter Warm-up last week.

The aid agency marked its 100th anniversary Jan. 18 by hosting comforter-making events across North America, including locally in Plum Coulee and Crystal City.

The goal was to in one day make 6,500 comforters to be sent to people in disaster situations around the world, putting MCC well on its way to the more than 53,000 handmade comforters it sent out last year.

Loewen's class decided to get a head start on their donation and so began designing and sewing it before Christmas. They wrapped up work on it once classes resumed earlier this

month.

Student Gavin Buhler explained MCC contacted their teacher about getting involved.

"The MCC heard that she made quilts and so we helped her make one for them," he said. "We used a sewing machine and we each got to sew our own square."

"It was pretty fun making it," said classmate Lincoln Hildebrandt, adding it was his first time tackling a sewing project. He had so much fun that he'd be keen to make another blanket.

Leah Becker's favourite part was designing her individual piece.

"I find it very interesting and fun to make the blocks," she said. "We took the design and then we made it and we sewed it all together to make a big blanket."

Buhler said it feels good knowing their work is going to help someone in need.

"They're probably going to like it because most people [MCC] donate to don't have any blankets," he said.

"They're probably just going to use



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Hochfeld School Gr. 3 students Lincoln Hildebrandt and Leah Becker point to their blocks on the quilt their class made for MCC.

it more for a cover because it's not really thick," added Hildebrandt.

Loewen said the students latched onto this project with great enthusiasm.

"It was excellent opportunity for some service learning and learning about how we can help people around the world," she said.

"I think that living in our small communities in southern Manitoba we don't often realize how the big the world is and that there are people in

the world who aren't as fortunate as us here in Canada," Loewen added. "So just opening up our eyes that we can, even in Gr. 3 and 4, help people across the world with something that we can do here and send away."

"We can do something even as kids to help people in need."

The kids will get to learn more about the work of MCC when they tour the Material Resources Warehouse in Plum Coulee sometime in the near future.

## City council okays WAC bridge financing

By Lorne Stelmach

City council is extending further financial assistance to Winkler Arts and Culture.

At their Jan. 14 meeting, councilors approved bridge financing of \$125,000 for the organization.

Council paid out similar assistance a year ago to help address the shortfall in meeting the estimated capital costs of about \$750,000 to transform the former water treatment building on Park St. into an art gallery.

"The City of Winkler has been carrying that load for them, and we just decided we're going to give them another year to figure out how they're going to do some fundraising and how we can settle the balance that is still outstanding," said Mayor Martin Harder.

"It's come a long way but not quite to the finish line yet," he added, not-

ing the money is a reflection of the city's commitment to supporting the arts in the community.

"The arts are not a high revenue generating group ... it's serving a purpose, and we're very pleased with what's happening."

In other business, council also approved an interim budget of just over \$4.4 million to carry the city through until its 2020 financial plan is finalized.

The interim budget includes \$1,375,500 for protective services, \$609,000 for transportation services, \$551,250 for fiscal services, \$504,000 for general government services, \$498,750 for recreation and cultural services, \$278,250 for garbage collection, \$220,500 for both planning and economic development, and \$168,000 for health and welfare.

Continued on page 5



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# Miracle of Life fund donates \$30K to SCCR

By Lorne Stelmach

A local charitable organization has wound up operations, but not before doing one last good deed in the community.

The Miracle of Life Trust Fund last week passed on its remaining funds of nearly \$31,000 to South Central Cancer Resource

"For them to make that decision to close their doors ... that almost pulled at my heartstrings ... thinking what that would mean to them" said Deb Thiessen, SCCR programs co-ordinator. "To choose us as the organization to receive that money, I was just blown away."

"We've been in operation for quite a number of years, and it's run its course," suggested Miracle of Life representative Morris Olafson.

"We've been sitting on this money for 10 years and it was time to disburse it," he said. "We tried to find some organization that we could give to that benefitted everybody, and this one seemed to fit the bill."

Miracle of Life started in 1994 as the Friends of Larry Thiessen Fund in an

effort to raise money to help him with some of the costs related to his battle with heart disease

The campaign was so successful that there was money left over for further assistance to others, so it became the Miracle of Life Trust Fund. Over the years, the fund assisted around 30 clients with a total of \$35,000 in medical expenses.

The organization came to cover an area that included Morden, Thornhill, Darlingford, Manitou, and Miami. It raised money through such events as an annual banquet and lottery and a pork barbecue in the spring.

"We were a great organization," Olafson reflected. "We had lots of volunteers, we had tremendous support from all of the towns

and communities."

Given its mission to assist people in need of critical medical treatments with costs such as transportation and accommodation and health care fees that are not otherwise covered, handing the money over to South Central Cancer Resource seemed to be a

"WE'VE BEEN SITTING ON THIS MONEY FOR 10 YEARS AND IT WAS TIME TO DISBURSE IT."

Continued on page 4

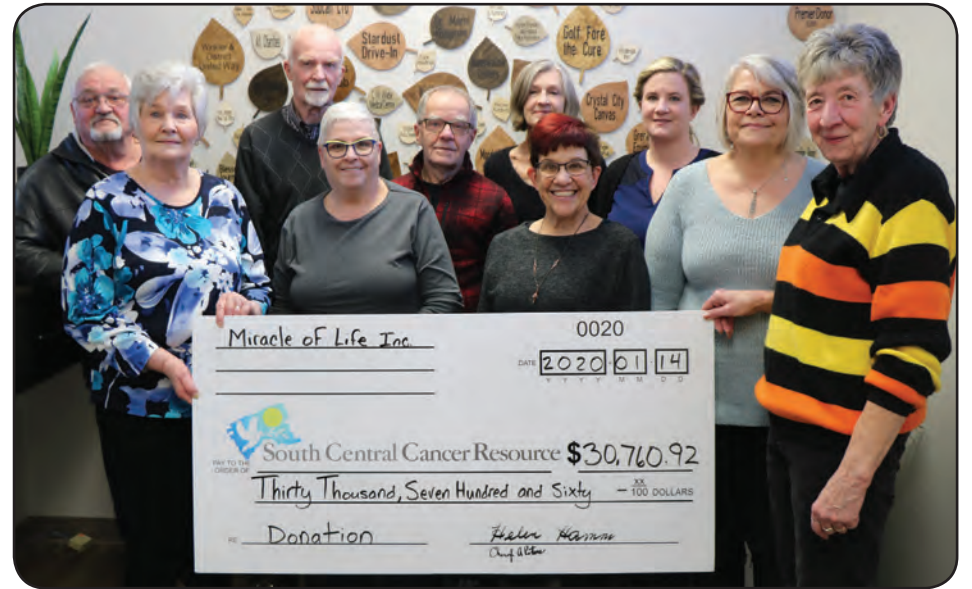


PHOTO BY LORNE STELMACH/VOICE

As part of winding down the organization, representatives of the Miracle of Life Trust Fund turned over almost \$31,000 to South Central Cancer Resource last week.

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# “Take it seriously—get the flu shot”

## Local man urges others to protect themselves after losing wife

By Lorne Stelmach

While mourning the death of his wife of just eight months, a Morden man is trying to get out a message he hopes others will take to heart.

Dustin Ens' wife, Joanne, had battled a case of the flu since New Year's Day and then developed a bacterial infection that her body was too weak to handle. The 24-year-old passed away in the early morning hours of Jan. 6 after being airlifted to Winnipeg for treatment.

“We don't have the blood results yet, so we don't have a definitive answer, but the doctors are fairly certain that it started as influenza B and then she picked up a secondary bacterial infection which turned into pneumonia. And then she went septic and died of that,” says Ens, noting Joanne hadn't gotten this year's flu shot.

“Take it seriously. Get the flu shot,” he urges others. “The flu shot protects against four different strains of flu, and the flu shot protects against the strain that she had, so she would have been okay if she had gotten the flu shot.

“Hopefully we can take this terrible situation and we can spread a little bit of information and spread a little bit of hope.”

The flu shot doesn't just protect you from getting sick, but serves to help protect the community as a whole, Ens stresses.

“Currently, with the population of Manitoba, approximately 22 per cent of the population has received the flu shot,” he says. “To protect the population you need over 80 per cent of people to receive the vaccine to protect a hundred per cent of the population. It's called herd immunity.”

Health officials have called this an unexpectedly tough season for influenza.

“Respiratory illness, including influenza, is increasing across the province,” says Dr. Michael Isaac, acting chief provincial public health officer. “The flu circulates every year. This year, its timing and intensity, such as the early emergence of influenza B, is unique.”

To protect yourself and your friends and family from getting the flu, it's important to get your free flu vac-

cine, Isaac stresses. The flu vaccine is available to all Manitobans aged six months and older.

This year's vaccine for the general population covers two strains of influenza A and two strains of influenza B predicted to be in circulation.

To further help ward off the flu, it is important to shield your coughs and sneezes, wash your hands regularly, and stay home when you are sick.

More information, including where to get the flu shot, can be found online at [manitoba.ca/flu](http://manitoba.ca/flu).

### “I CAN'T CHANGE THE PAST”

As for Ens, he is now cherishing the time he and his wife had together and looking forward to their reunion in heaven.

“I can't change the past. There's no point in thinking what if ... I know that I have a loving God, and Joanne loved Jesus,” he says. “It was her time to be called home ... she's in Jesus's embrace, and now I have to wait a little bit longer to see her again ... that is where I find my comfort.”

The couple met while volunteering at The Bunker youth ministry in Win-



SUPPLIED PHOTO

Newlywed Joanne Ens, 24, died earlier this month from suspected complications of the flu.

kler.

“She loved like Christ to all people that she met ... she had a very special place in her heart for young people and children,” says Ens. “She loved so hard, and everyone knew when she loved because it was contagious and she was over the top with it.”

“I think we all just need to love hard.”

## Morden United Way distributes \$80K to 19 non-profits

By Lorne Stelmach

The Morden and District United Way came up short of its target for 2019, but directors are still happy with the campaign.

The board met recently to allocate \$80,400 to 19 charitable organizations as well as towards scholarships and bursaries. The goal had been \$90,000, but president Alex Fedorchuk was satisfied with the result.

“There's still going to be a lot of happy people,” he suggested, noting the goal remained the same this year after the campaign had reached its objective in 2018.

“It's a little short of the target, but it varies from year to year ... we're pretty happy with it. Last year, we did an all time high, and it's pretty tough to do that back to back.”

The organization is always pleased to be able to make a difference for the agencies supported by the campaign, noted Fedorchuk, adding the support of the United Way can serve as a very reliable source of funding for many of these organizations.

A majority of the agencies supported apply for funding annually, but

there are usually a few new ones as well each year, he said.

Making the list this year were the Pembina Valley Humane Society as well as the Canadian Fossil Discovery Centre.

“Animals are a huge help to people; I don't think that's debatable,” said Fedorchuk. “And the CFDC does a lot with kids, and one of the United Way's targets is the young folks in the community.”

“We're trying to demonstrate that we're not overly rigid with our selections,” he suggested. “But our focus has always been local ... the majority are local.”

He also noted that the United Way

continues to encourage more agencies to consider applying for support.

“There's always lots of agencies looking for money ... so don't be shy, approach us. We'll see what we can do to help you,” he said.

Now, the organization will soon be making plans for the year ahead with one significant project being a potential merger with the Winkler and District United Way.

Fedorchuk suggested the two coming together makes sense considering the two support most of the same organizations, many of which have a presence in both Morden and Winkler.

Each community would still be able

“IT'S A LITTLE SHORT OF THE TARGET BUT ... WE'RE PRETTY HAPPY WITH IT.”

to do some activities on its own, he noted, such as Koats for Kids in Morden.

“So we would still have that flexibility,” said Fedorchuk, who was optimistic the merger could happen this year.

### > MIRACLE OF LIFE, FROM PG. 3

good fit given that they have a similar mandate.

“It helps a lot of local people in the surrounding area,” Olafson said. “This way, the money is going to get used, and it's needed.”

Thiessen noted how much this

funding will do for their clients, who are supported not only with their transportation needs but also with accommodations for both clients and family members in addition to other supports and resources.

“Our programs have been able to

grow just with special donations like this,” she said. “It's just amazing how people in this community help us out ... I'm just thankful to our communities and to Miracle of Life for choosing us to help continue our programs.”

# Talk for parents of teens promotes healthy living

By Lorne Stelmach

An evening workshop in Morden last week offered some survival tips for parents of teens.

The Got Teens? session may have tackled a big, broad subject in addressing everything from mood to food and hormones to mental and physical health, but addressing it all can start with something as simple as the family meal.

"Everything went back to the connection with the family. Everything kept going back to the idea of the family meal, and it became a central foundation of an actual strategy," said Sonia Funk, a nutritional therapist with The Whole Avocado who spearheaded the event.

The central idea behind something like the family meal is not only getting the proper nutrition but also making the needed connections, Funk stressed.

"You have the connection, you have the nourishment that your body actually needs," she said. "It's relationship building, so you solve kind of all of the problems. You're focused, you're in the present moment ... and when you're in the present moment you don't feel stress."

"Kids that have regular family meals do better in school, are sick less, and have less mental health issues."

About two dozen people participated in the two hour session that included presentations from Funk, naturopathic doctor Andrew Bryk,

shared care counsellor and RN Lindsay Hainsworth, registered dietitian Aimee Cadieux, and nurse practitioner Caroline Bitton.

It touched on such topics as food and nutrition, moody behaviour, hormonal changes, the effect of the microbiome on mood, hidden food intolerances, and strategies for family meal time and other ways of connecting.

Funk was inspired to organize the session after having hosted a similar one geared at mothers.

"After doing a couple talks in schools here during mental health week and getting some feedback on those, I just realized there was a need," she said. "Parents and teens need this kind of support and the information that is out there ... this was a way to get in touch with them."

"Teenagers today have it a lot worse than we did ... and I don't think that's fully comprehended," Funk said, noting particularly the challenges that come with new technologies and social media.

"We didn't have phones. We weren't accessible all the time. Teenagers today have become very accessible to other people, which can be very stressful, and they can access other things digitally that they feel that they need or they want ... there's a lot of connection that's being lost with actual humans."

That can contribute to a whole range of mental health issues that we don't always recognize, Funk stressed. Add to that the impacts of other things like



SUBMITTED PHOTO

The team that addressed the Got Teens workshop in Morden included nurse practitioner Caroline Bitton, registered dietitian Aimee Cadieux, mental health nurse Lindsay Hainsworth, registered nutritional therapist Sonia Funk, and Dr. Andrew Bryk, a naturopathic doctor.

what we have done to our food supply and the overuse of antibiotics, she said, and there is a ripple effect.

"It's all one big ecosystem really, and one part effects all the other parts."

Poor diet has a major impact because "they don't have a physical foundation on which to handle this stuff," Funk said. "We're the most overfed generation ever, and at the same time we're the most under-nourished generation ever."

"They also don't have an emotional foundation to deal with everything ... they are tethered to their phones rather than people," she continued.

"And then they don't have a sense of security that the world is safe, and that lack of certainty is one of the most potent activators of stress in the body," said Funk, acknowledging how stresses ranging from fears

about global terrorism to those about the environment and climate change often weigh heavily on the younger generation. "We didn't grow up with that being in the press all the time ... we didn't live with all of that."

All of this comes in addition to stressing out about things like their future and their careers.

"They don't have the support and the foundation that we did ... it's like here, deal with life the same way your parents did, only we're going to take the carpet out from under you and you have to magically be able to do this without resources that we had."

Funk felt they received good feedback on the session, which she hopes could possibly become a half or full day workshop in the future.

It all ties into her thoughts about the big picture.

"My ultimate goal is to have a community wellness strategy."

## > WINKLER COUNCIL, FROM PG. 2

"We can't adopt a budget until after we go through the planning process and we fine-tune it," Harder explained. "By the end of March, the official budget will be presented."

The mayor also welcomed the news that a community consultation initiative organized by the Manitoba Police Commission is going to include Winkler among a number of locations for upcoming forums.

The province tasked the commission to consider ideas to help reduce crime including organizing town halls and community committees to develop local responses to local concerns. As part of that, a meeting involving local leaders and stakeholders is being organized for Winkler Feb. 11.

"They need community input ... how are things going here," said Harder, who added police statistics showing 400 fewer incidents in 2019 are encouraging. "Quite frankly, I'm very excited how things are going, particularly after our police chief gave his report ... our efforts are paying off ... but we need further community input."

Winkler council also heard an update on the STARS (Shock Trauma Air Rescue Service) air ambulance.

With STARS being non-profit, Manitoba representative Shandy Walls said the support it has received from 31 Manitoba municipalities is vital, and it wants to further boost its fundraising efforts.

"It would just make it more sus-

tainable year after year ... we have seen some really nice support early on from this community," said Walls, who noted that "this is our second highest service area in Manitoba."

She explained STARS now is also in the midst of raising an estimated \$13 million for a new state-of-the-art air ambulance helicopter. About \$5.5 million still needs to be raised.

"Fundraising has been good ... and we did get a large federal grant," said Walls, who asked council to consider adopting a \$1 per capita contribution to STARS.

Council expressed its support for what STARS does and will consider the request as part of their budget planning process.

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# getheard

EDITORIAL > VIEWPOINTS > LETTERS

## The art of gaming

I used to think movies had the potential to be the perfect art, but I'm starting to think it might be video games.

Okay, hear me out. I realize when we think of art we are immediately transported back in time to our high school art, music, and English classes where art was paintings, clay pots, Mozart, and poetry written 200 hundred years ago.

Art was what we were told was art by the art elite. We never understood exactly why some things were art (Jackson Pollock) and some things were not (my grade seven painting of a satellite orbiting earth). But we were polite, accepted the judgement of those "in the know" and went about our lives sad that we had no idea what art was, but thankful a handful of select and intelligent people did know.

Art—it is visual, it is written, it is musical, it is tactile. Art is an expression of humanity.



**By Peter Cantelon**

## Clarification

Two points of clarification are required for our story on Teya Friesen's battle with endometriosis, which ran in the Jan. 16 edition of the *Voice*.

Firstly, the tissue that the disorder causes to grow in other parts of the body is similar to but not the exactly same as the tissue found in the uterus. We apologize for the error.

Friesen further clarified after the story ran that the treatments she went to Mexico and the U.S. to receive are available in other parts of Canada, but the lengthy wait time—over two years for an initial appointment with a specialist and an additional year for the surgery—led her to decide to seek treatment outside the country.

All columns and letters published on our Get Heard pages are the personal opinions of the submitting writers. They are not objective news articles, nor are they necessarily the viewpoint of the Winkler Morden Voice.

When I was in university, a young know-it-all 20-something taking film studies, literary criticism, and the history of rock and roll among other "useful" things, I decided I was capable of defining art.

I decided that film had the potential to be the greatest expression of art because it combined most of the expressions into a symphony of awesome—sight and sound at their best. Think of movies like *The Mission*, *The Godfather*, *Wings of Desire*, or my personal all-time favorite: *Breakfast at Tiffany's*. Art at its finest, or so I thought.

Having come to a conclusion I promptly stopped thinking about it and went about my way being arrogant and living life, all the while ignoring a medium that was formative to my life experience from a very young age: video games.

From as far back as I can remember video games have captivated me and been a part of my life. To this day I still distinctly remember how jealous I was of my rich cousin's Pong console. He could play AT HOME. No arcade required!

In eighth grade I saved up all my Christmas concert coat check tips and bought a ColecoVision console so I could play Donkey Kong to my heart's content. Time passed and through my hands came and went consoles like Dreamcast, PlayStations 2 through 4, Xbox, Xbox365, and various PC games.

Recently, I finally committed to and completed building a solid gaming PC at the urging of my sons (both gamers, as are my wife and my daughter), who were displeased I had stuck with consoles. It was my Christmas gift. Once hooked up to the 4K TV I fell into the gaming hole hard and burned through a particularly powerful one that has me re-thinking art.

If film can bring us sight, sound, and story then gaming can immerse us in it. You get the opportunity to participate in the art in a way that film cannot provide. When you add a VR headset to the mix you ratchet it up another level altogether.

Look, I am not saying Doom is a work of art (but it's a heck of a game). I am saying there are games out there that are starting to bring the threads of art together very powerfully and impressively. Throw yourself into *Myst*, *Zelda*, *Red Dead Redemption*, *Hellblade*, or even *Minecraft* and you will find moments you would swear you were participating in art ... even shaping it.

To the artists and aficionados out there I would simply say do not dismiss games and gamers when it comes to your medium of choice. Their experience with music, visual, and written art is far deeper than you may give them credit for.

To my fellow gamers out there, keep participating in the art and I'll see you online.

## Letter policy

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# Are you brave enough to take the plunge?

## Polar Plunge for Special O takes place Feb. 15

By Lorne Stelmach

Organizer Scott Edwards hopes it will be a milestone year for the Morden Polar Plunge.

Now in its fifth year, Freezin' for a Reason could hit a significant fundraising benchmark in support of Special Olympics on Feb. 15.

"We should be able to have raised \$100,000 after this year over the five year span. I think that's pretty awesome for a small, 15-minute event in our community here," said Edwards, a constable with the Morden Police Service.

The Polar Plunge is a Law Enforcement Torch Run fundraiser in support of Special Olympics, and it has become an important event for the organization, having expanded from two events in Winnipeg and Morden to now include one in Portage as well.

Locally, there were about 40 brave souls last year who took the plunge into the specially made tank filled with icy water. Their efforts raised around \$20,000 for the area's Special Olympics clubs and programs. Edwards would love to see both the number of participants and the dollars raised increase

this year.

"Our goal this year is to get to 50. I think we were really close the first year, so if we could get back to that number that would be awesome," he said. "We have a bit more of a regional reach this year, given that the money that we raise does stay local in this region."

"We're hoping to see some new faces but also excited to see some familiar ones," Edwards added, noting some like the Manitou fire department team are always in the running for the best dressed prize. "Those guys have always kind of stolen the show."

"It's become one of the more successful Polar Plunge events in Manitoba, so I'm pretty proud of that," he said, noting being held on the February long weekend in conjunction with Morden's winter festival does a lot for the event.

"I think a lot of the success of the event also is as a result of us being able to partner with the Winterfest ... it always kind of brings out a crowd, which makes it a little more memorable for the participants."

He encouraged people to consider signing up and giving it a try.

"We're always looking for more partici-



VOICE FILE PHOTO

Winkler Police Chief Ryan Hunt hits the water at last year's Polar Plunge. This year's event, which is held in support of Special Olympics, takes place in Morden Feb. 15.

pants," said Edwards.

And, of course, they hope for decent weather for the event, which did have milder weather one year but has been quite cold other times.

"I recall having to stir the water so it didn't freeze over leading up to the event," said Edwards. "The weather outside though really doesn't make a whole bunch of difference—that water is still pretty cold."

You can find more information and register online at [plungemanitoba.com](http://plungemanitoba.com).

# Employers invited to share their thoughts

By Ashleigh Viveiros

CPHR Manitoba is teaming up with the Pembina Valley Local Immigration Partnership (PVLIP) and Regional Connections to find out what employers have to say about their experiences related to the immigration boom in our area.

The group, which is the governing body of human resources professionals in the province, is hosting a free luncheon on Wednesday, Feb. 5 from 11:30 a.m. to 1:30 p.m.

Employers and human resources/hiring managers who have newcomer staff are invited to share experiences and challenges related to the growing newcomer demographic in the workplace.

PVLIP coordinator Elaine Burton Saindon says the information gleaned will be invaluable in determining what's needed to help our community's newest residents better adapt to life and work in Canada.

"I am interested, from PVLIP's perspective, in understanding what employers are experiencing with this growth, what impact it's having in their workplace," she said. "Not just as a manager, but what are you hearing in the coffee room? Do newcom-

ers come to you looking for advice on settlement matters?"

The feedback generated by the event's round table discussions will be compiled and then used by PVLIP members as they plan out the committee's next steps.

"What this does is help us to determine if additional programming might be needed, if different training options could be accessed," Burton Saindon said. "We have numerous resources that we can tap into from the settlement sector."

"It also helps us identify maybe some of the needs that we haven't heard about directly," she added. "This will be kind of research for us to know what we need to pursue for the advancement of the settlement and integration needs of newcomers to this region."

If you're interested in taking part in the discussion, go to the event listing at [cphrmb.ca](http://cphrmb.ca) to register or call 204-943-2836 for more information.

## TALKING MENTAL HEALTH

The CPHR luncheon isn't the only way PVLIP is reaching out to the community for feedback next month.

The group is also hosting a focus

group on the issue of mental health Feb. 11.

Representatives from 20 different cultures in the Winkler, Morden, and Altona area will be on hand to share their unique viewpoints on the topic.

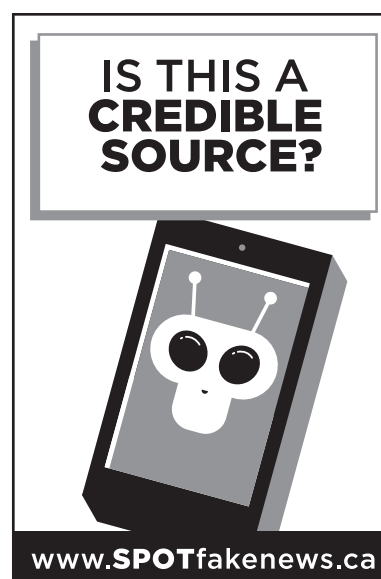
"We want to understand from a cultural perspective what is mental health from where you come from? Is it something you talk about?" said Burton Saindon, explaining the answers to those questions can help shed light on "the barriers and the stigmas that might prevent newcom-

ers in the region from accessing the services that are in place.

"That will help us determine what are the first steps we should take, rather than us just assuming what steps we need to take."

Local service providers will also be on hand to answer questions about the programs they provide.

Burton Saindon said there's already been a great deal of interest in the event, so much so that a second one may be held to include even more cultures.





# Date Night Comedy Tour comes to Winkler Feb. 3

By Ashleigh Viveiros

A local church is serving up an evening of clean comedy for couples next month.

Winkler is one of 20 Canadian stops on Fun & Faith's Date Night Comedy

Tour. The show comes to the Pathway Community Church at 252 6th St. on Monday, Feb. 3 at 7 p.m.

Tour manager Chad Dutka says they aim to have people rolling in the aisles.

"Our goal is to make it a night out that's fun and relaxing and clean," he says. "It's a chance to leave your troubles at the door and just come in and relax ... you know it's just going to be a fun evening."

Clean comics can be hard to find, but this tour, now in its fourth year, features hand-picked entertainers who have proven they can deliver the laughs.

"All these comics we have known, we've worked with them before, we've seen their material, and so we trust that when they show up we know you're going to get a good evening," Dutka says.



SUPPLIED PHOTOS

Comedians Andy Benigo (left) and Mark Christopher Lawrence perform in Winkler Feb. 3 as part of Fun & Faith's Date Night Tour.

The Winkler show will feature the comedic stylings of veteran funny-men Mark Christopher Lawrence and Andy Benigo.

Benigo, a Michigan native, draws much of his humour from everyday life with his wife and kids.

"A lot of my act centres around my relationship with my wife," he says. "I talk a lot about being a father of two and how being a parent can be a beautiful thing but also a frustrating thing when your kids do crazy things."

"I think that's an important thing, especially in a relationship, to kind of just take a step back and laugh at the things that are happening, whether it's intentional or unintentional," Benigo adds. "For me, I think that's the best material because it's such a relatable thing to everybody."

Benigo has been a professional comic for over a decade, touring and performing throughout North America.

For him, the big payoff is in the peals of laughter he gets to hear when a joke lands just right.

"Making people laugh is the greatest thing in the world," he says. "You never know what people are going through in their lives and sometimes it's nice if they can just have that escape for a couple of hours and just laugh and forget about everything else ... it's great to be a part of that."

"Someone said this to me once and I think it's the greatest analogy: I don't get laughs, I give laughs. If you can make people laugh and happy for a little bit, that's a really cool thing."

In addition to sets from Benigo and Lawrence, the evening will also include the Dating Game, a *Family Feud* inspired comedic showdown between men and women from the audience.

Tickets start at \$15 and are available online at [funandfaith.ca](http://funandfaith.ca). At the door tickets are \$20.

## New principal for ÉMMS

École Morden Middle School will be getting a new principal this fall as it bids farewell to its longtime top administrator.

The Gr. 5-8 Morden school will see changes in September due to the retirement of principal Suzanne Powell.

Powell began her career in Western School Division at ÉMMS in 2002 as a teacher and went on to serve as a guidance counselor and resource teacher before becoming vice-principal and then principal.

In a news release, Western School Division praised Powell for her kids first approach and always being a strong advocate for the students.

With her departure, the WSD board of trustees have appointed Garth Shindle as the new prin-

cipal starting with the 2020-21 school year.

Shindle has served as the vice-principal of the school since the fall of 2016. Prior to coming to WSD, he worked for 13 years as a teacher and school administrator in Carman and Roland.

Shindle was cited by the board as "a strong, community-minded school leader with excellent communication skills who is well liked by students, staff and parents."

"Western School Division is appreciative of the leadership and student focus of each of these individuals."

The process of selecting a new vice-principal for the middle school, which is expected to see about 650 students enrolled next fall, will begin in the near future.

Check out the Winkler Morden Voice online at [winklermordenvoice.ca](http://winklermordenvoice.ca)

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# Nighthawks tackle library escape room

By Ashleigh Viveiros

Northlands Parkway Collegiate students and staff have been on the hunt for treasure lately.

The Winkler high school's library organized an escape room through December and January dubbed *The Library's Hidden Treasure*.

Library technician Liz Stobbe said she designed the competition to challenge kids to put their book-finding skills to good use.

"Escape rooms are very popular and I just thought I could do one right here in the library," she said, noting she hosts a fun competition at the library every month or so.

The escape room is one of the most elaborate contests she's ever organized, but its goal is the same as al-

ways, Stobbe said.

"It's about keeping them engaged, letting them know we are here," she said. "Come in, see what we have here at the library; it's not a scary place."

Participating teams made their way through the library finding and solving various clues, some of which had them making use of the library's search system to find specific titles to look for, figuring out how to use the Dewey decimal system to find clues hidden in books on the shelves, and even discovering hidden messages with a special black light.

"Each clue led to the next one," Stobbe said, explaining there were eight clues in all, each opening up a specific lock box that included the next puzzle or activity the team needed to tackle.

Teams who made it to the end (and not all of the dozen or so groups who took part did) discovered a treasure box filled with candy and had their time recorded for a crack at the grand prize: a \$50 gift certificate to the local movie theatre.

Winning the competition was a group of Gr. 12 students who beat out not just their peers but a team of English teachers as well with a time of 25 minutes and 44 seconds (a minute less than the teachers).

The winning team included Marcus Dyck, Larissa Peters, Niko Plett, Farah Thiessen, and Eric Wall, the majority of whom had never done an escape room before.

"We weren't really taking it seriously and then she told us we were beating everybody else and so then we started trying a bit harder," said Dyck.

"It was fun, interesting," said Wall.

While none of the group consider themselves avid library patrons, the



ABOVE PHOTO BY ASHLEIGH VIVEIROS/VOICE

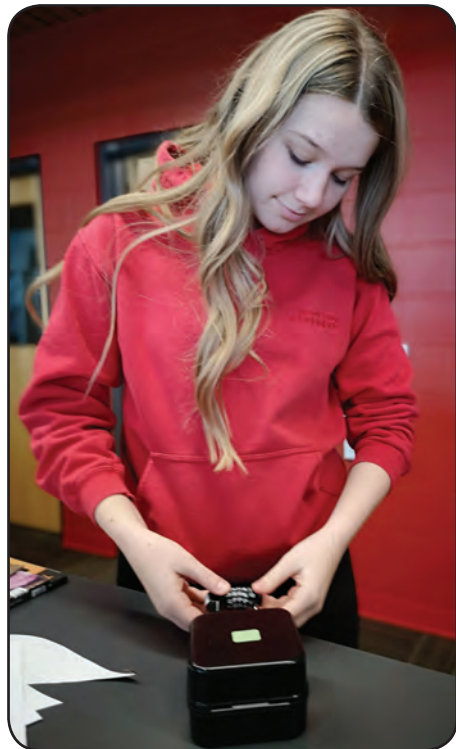
NPC students Marcus Dyck, Niko Plett, Farah Thiessen, Eric Wall, and Larissa Peters (at left) solved library technician Liz Stobbe's escape room in a little over 25 minutes, beating out a dozen other student teams and one group of teachers. Left: Peters tackles a clue box.

chance to flex their literary know-how and work together as a team were highlights.

"I thought it was fun," said Thiessen.

"It wasn't terribly hard."

"It's something different," added Dyck.



## Family Literacy Carnival Monday

By Lorne Stelmach

First and foremost, it's meant to be a fun time for families, but next week's family literacy carnival can also help boost parents' efforts to teach their children.

The annual initiative of the Morden Parent and Child Resource Centre taking place Monday could perhaps offer ideas for "using the skills they already have as parents and help them know they can use those skills and be their children's first teacher," director Janine North said in advance of the event set for 5-6:30 p.m. Jan. 27 at Minnewasta School.


"It's a chance to get out and have

some fun as a family but also to do some different literacy activities," said North. "It's kind of giving parents a little bit that they can take home with them, where they can have some things they can do at home with their children to help instill a little more education and literacy."

The carnival offers a variety of games and activities related to literacy, all revolving around a fun theme.

"We'll have all of our activities and stations based around the farm. We'll have over 10 different stations set up," said North. "We will also have guest readers happening again, and we


Continued on page 15



### In Memory of Albert Fehr...

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# Why annual checkups are so important

Nutritious diets and routine exercise are two hallmarks of a healthy lifestyle. Combining the two can lower people's risk for various diseases and contribute to a high quality of life. But food and physical activity are not the only things people should do to improve their chances of living long, healthy lives.

Preventive care is important. One of the most effective principles of preventive care is to schedule an annual check-up with a physician. According to the Centers for Disease Control and Prevention, routine health exams and tests can find problems before they start. During annual check-ups, doctors may notice some red flags, such as high cholesterol, that men and women won't detect on their own. These warning signs could be increasing people's risk for disease and/or discomfort. Many of these red flags are undetectable without proper screenings, which is why annual checkups are integral to maintaining one's health.

Annual checkups also serve as a great time for adults to be screened for certain cancers. The American Cancer Society notes that cancer screenings are used to find cancer before

a person develops symptoms. That's a vital benefit of annual checkups, as cancers caught in their early stages are more easily treated. In addition, catching cancer before it has metastasized greatly improves patients' prognosis.

Another reason to schedule annual checkups is that they make perfect opportunities for patients to discuss their family histories with their physicians. This is especially important for adults over 40, as age and family history are significant risk factors for a host of conditions and diseases. Men and women concerned about conditions and diseases that their family members have had can discuss those concerns with their physicians during their annual checkups. Physicians can then recommend ways for patients to balance their risk, calming patients' concerns and giving them a road map to reduce their risk for conditions and diseases that seem to run in their families.

Annual checkups are as vital a component of

a healthy lifestyle as nutritious diets and routine exercise. By scheduling annual checkups with their physicians, adults can closely monitor their overall health and potentially uncover issues before they escalate into major health risks.

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PHOTO BY LORNE STELMACH/VOICE

Artist Diana Thorneycroft shared the mission behind her sometimes disturbing work at an art talk at the Pembina Hills art gallery in Morden last week.

# Finding art in the grotesque

By Lorne Stelmach

Diana Thorneycroft elicits and expects a wide range of reactions to her artistic works, and she not only welcomes but encourages all of the responses it draws.

The only concern for the Winnipeg artist would likely be if her work didn't make the viewer feel anything.

"I've had some people disagree with what I have done ... if people find it disturbing, I encourage them to talk about it. What I find problematic is when they just say your show should be taken down," Thorneycroft said while in Morden last Thursday to speak at the Pembina Hills Arts Council.

"If someone is disturbed by any of those photographs, that's their honest reaction. That's great," she said. "Like, if you go to Germany and go to a holocaust museum, you're going to be disturbed, you're not going to get warm fuzzies.

"My work is very emotional ... when people respond to it emotionally, to me that's a sign of success. For them, as the viewer, to allow themselves to feel, it's sometimes hard for people."

Thorneycroft talk, entitled *Black Forest* and the *Grotesque*, touched on the development of her work and the correlation to concepts of the grotesque in contemporary art.

It has been an ongoing theme for Thorneycroft,

who has exhibited her work throughout North America and Europe.

The recipient of numerous awards including the 2016 Manitoba Arts Award of Distinction, she is perhaps best known for her photographic work depicting facets of the Canadian identity.

The pieces are sometimes humorous, sometimes dark, and frequently both.

For example, Thorneycroft's drawing series *There Must Be 50 Ways to Kill Your Lover* is divided into three categories dubbed *Foul Play*, *Desperate Housewives*, and *Failed Relationships*.

Well-known cartoon characters are depicted in scenes, and although the work is rich with black humour, it also reminds the viewer of how frequently spouses die at the hands of their lovers.

In 2013, Thorneycroft began working on a complex installation entitled *Black Forest* (dark waters).

The exhibition is composed of three interconnected bodies of work including two sculptural installations that are presented as physical evidence of the cryptic narrative that unfolds in the suite of 19 photographs. It offers a dark fairy tale involving mutant horses, their herdsman and their town.

"With this *Black Forest* show I have altered plastic toy horses," she explained. "The response has been mostly positive. Some people find the altered horses disturbing.

Continued on page 13

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"When we think about the horse, it's the most beautiful animal probably of them all, and what I've done is I have altered them so that they have aged, they have disease, they have additional body parts, they're falling apart, in some cases their limbs are missing ... yet they're embellished with absolute beauty.

"One of the major features of this exhibition is a 40 foot ramp ... covered with 150 of these plastic horses. Half of them have been altered, half of them are normal," she continued.

"So, really, it talks about how we are all in this together ... whether we're in a wheelchair or whether we have a cleft palate or whether we have mental illness ... none of us are perfect.

"That's what it's about, and it's been really great seeing people look at the

work," Thorneycroft's said, adding she hopes people may get a better understanding of the grotesque.

"It's a combination of things that you are familiar with and yet there's an attraction, repulsion kind of idea," she said. "One good example is gargoyles that are often used in churches ... they're beautiful yet they're ugly, so they really epitomize the grotesque."

As for her presentation last week, she ultimately hoped that people might take away a greater level of curiosity and perhaps be inspired to explore their own ideas further and deeper.

"I hope they're curious ... what I want them to leave with is, if they're artists, who they can maybe open up their own practices and try to do things that are a bit riskier."



Diana Thorneycroft's Black Forest exhibit features images of a dark fairy tale involving mutant horses, their herdsman, and their town.

## • MONEY MATTERS

### RRSP or TFSA? What's right for you?

In my discussions with clients over the last 12 years, I have discovered that there is a lot of confusion when it comes to RRSPs, and TFSAs.

People have certain "ideas" about how they work, what you can invest in, and what kinds of "returns" you can expect, and a lot of these beliefs are plain wrong.

Of course, when this isn't something you do or deal with everyday, it makes sense that you don't understand all the intricacies.

Just as it's very possible that I would have no idea how to do what you do for work. So, here I am going to try and clear up some of the mess, since most people do need to do some



Chris MacPherson, CHS

investing for their future, and most people will use RRSPs and/or TFSAs.

In order to make this easiest to understand we have to go back in time to an age when RRSPs and TFSAs didn't exist. There was only one kind of account. Today we refer to it as a "cash" account or an "unregistered" account. This, simply put, means an account with no tax advantages. These types of accounts are still used today and you pay tax every year on your dividend and/or interest income. The main

thing to know about unregistered accounts is this: There is no limit to how much you can have in it.

Then came along the RRSP. This was created to encourage Canadians to save for their retirement. It comes with some limitations and unique tax rules which we will discuss in part two of these column series.

In 2009 came the TFSA, another effort by the government to help encourage Canadians to save for their future. It also has some limitations and unique tax rules which we will discuss in part three.

The first thing to understand is this: A TFSA or RRSP are not investments. They are accounts. If it helps, think of them as boxes that you can put stuff into. Most often the things you would put into your unregistered, RRSP or TFSA accounts would be things like mutual funds, stocks, bonds, or GICs.

What you should use depends on your goals, risk tolerance, and unique situation. For example, you may use cash in your TFSA for a short term savings goal, like a down payment on a vehicle. You may use mutual funds and stocks in your RRSP for longer term goals like retirement. I always ask "what is the purpose or goal of the funds?" or "what are you saving for?" Once I know for what and when the money is for, I can then make recommendations on what to use and what type of account.

The other factor is ensuring you are comfortable with the level of risk. Generally speaking, the more risk, the better return in the long run, but

Continued on page 16

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Zodiacs blank Thunder 3-0

In Zone 4 hockey this past week, the NPC Nighthawks fell to Altona 14-0 and then lost to Carman 7-0 while the Morden Thunder fell to the GVC Zodiacs 3-0 and to Portage 4-3.

The Thunder also struggled in their home tournament over the weekend, losing to J.H. Bruns 5-4 right out of the gate to get knocked into the consolation round. There, they beat Portage 7-1 but then lost to GVC 3-2. The Zodiacs also posted a first-round loss against Sanford (2-1) and then a win over NPC (7-0). NPC, who had also fallen to the Mustangs 7-0 in their first game of the tournament, went on to lose the seventh place game to Portage 8-3.

Off the ice and out on the Zone 4 basketball court, the Morden Thunder varsity boys team beat the Aces 82-26 while GVC's boys downed the Cougars 101-56.

The male Thunder went on to go 3-1 at their home tournament over the weekend to take second place. The Zodiacs took first place with a flawless 4-0 record.

In Zone 4 girls action, Morden fell to



PHOTO BY LORNE STELMACH/VOICE

The Garden Valley Collegiate Zodiacs handed the Morden Thunder a 3-0 loss last week.

the Aces 46-43 last week.

And in the SCAC, the NPC Nighthawks girls varsity team beat Stein-

bach 59-28 and then defeated Béliveau 52-27 Monday night.

NPC's boys lost their match to Stein-

bach 66-57 but bounced back with a 96-82 win over Béliveau.

## Hawks riding high on three game win streak

By Lorne Stelmach

The male Pembina Valley Hawks are riding a three game winning streak after a pair of victories on the road over the weekend.

The fourth place Hawks followed up a solid 5-2 win Saturday over second place Yellowhead with a 6-2 defeat of Parkland Sunday.

The powerplay gave the Hawks the edge Saturday against the Chiefs as they connected three times on the man advantage in the second period for a 3-2 lead going into the final frame.

Scoring for Pembina Valley were Michael Hlady, Daniel Isaak, Justin Keck, Trent Penner, and Brett Bergman. Goalie Reid Dyck made 35 saves as the Chief outshot the Hawks 37-30.

On Sunday, the Hawks took control with a 3-0 lead after 20 minutes, and the powerplay again did its job by going two for three on the night.

Pembina Valley got goals from Keck, Hlady, Tyler Park, Andrew Boucher, Roux Bazin, and Riley Goertzen. Brock Moroz was solid in goal with 46

saves as the shots were 48-39 for the Rangers.

Pembina Valley continues to hold down fourth place at 24-7-4-0 for 52 points and remain in range of the Winnipeg Thrashers at 53 and Yellowhead at 55. The Winnipeg Wild continue to soar in first place with 68 points.

Chasing the Hawks are Southwest at 49 and both the Winnipeg Bruins and Eastman at 42 points.

The Hawks kicked off a six game homestand Wednesday with Central Plains in Morden. It continues with Parkland here Saturday night and then Southwest Sunday afternoon.

## Twisters split games at showcase

By Lorne Stelmach

The Pembina Valley Twisters had mixed results on the weekend as the MMJHL held its showcase in Winnipeg.

The Twisters beat the River East Royal Knights 4-1 Saturday but then fell

3-1 to the St. Vital Victorias on Sunday.

The score could have been worse for last place River East, as Pembina Valley fired 51 shots on goal while Twisters goalie Martin Gagnon stopped 27 of 28 shots.

Scoring for Pembina Valley were Nick Hatley, Wyatt Sabourin, Nicolas

Burmey, and Jordan Keck as the Twisters went two for three on the powerplay while giving up a shorthanded goal.

Sunday offered a rematch of the top two teams, with St. Vital getting re-

Continued on page 15



# Royals down Redskins in final regular season matchup

By Ashleigh Viveiros

The Winkler Royals got the win in their third and final regular season game against the Morden Redskins last weekend.

The previous matchups between the two rivals had swung both ways, Winkler taking the first game back in November 1-0 and then Morden winning the second in 6-5 in overtime.

On Sunday, the Royals, playing in front of a hometown crowd, clinched it 4-1.

Morden's lone goal came nearly four minutes into the second period courtesy of Jared Leiding.

Winkler's Marlin Froese responded three minutes later to tie things at 1-1 and then pulled his team into the lead 2-1 with another goal at 18:18.

Period three was all Winkler when it came to scoring, with Remi Laurencelle and Austin Wiebe doing the honours.

Winkler outshot Morden 45-35. Morgan Wall made 41 saves for the Redskins while Travis Klassen slapped away 34 shots for Winkler.

The win followed a disappointing 10-1 loss the Royals had against the Warren Mercs a few nights earlier.

The Jan. 14 game saw Laurencelle score Winkler's only goal late in the second period while goalie Devon Wiebe faced 53 shots in net for the Royals, stopping 43.

The team's Saturday game against Notre Dame was cancelled due to poor road conditions. A rescheduled date was not available at press time.

Winkler and Morden remain in the South Eastern Manitoba Hockey League's bottom two spots. The Royals are in sixth place with a record

of 5-9-2 for 12 points while the Redskins' 5-10-1 showing is enough for 11 points and seventh place.

Coming up, Winkler next plays in Altona on Saturday, Feb. 1. Morden hosts Altona this Thursday, Jan. 23, at 8 p.m. and then wraps up the regular season in Portage Feb. 1.

## Hawks end five game losing skid

By Lorne Stelmach

The weekend ended on a sour note, but the female Pembina Valley Hawks did end a five game losing skid.

A pair of Morden home games saw the Hawks edge the Interlake Lightning 6-5 Saturday before then being blanked 5-0 by the Yellowhead Chiefs Sunday afternoon.

Pembina Valley led 3-1 and 5-4 at the intermissions Saturday and needed overtime to pick up the two points against Interlake.

Tessa Odell had a three point night

including a pair of goals while Alyssa Matthews-Johnston and Jolyne LeClair also picked up three points, including a goal each. Also scoring were Quinn McLaren and Janik Grenier, while netminder Tria Enns stopped 30 of 35 shots on goal.

The Chiefs bolted to a 3-0 first period lead Sunday and didn't look back as goalie Sadie Quane got the 22 save shutout for the Hawks. Enns took the loss on 27 saves as the Chiefs fired 32 shots on goal.

The Hawks remain mired in sixth place at 7-13-3 for 17 points, which

leaves them eight points ahead of both Central Plains and Interlake at nine points.

With only five games remaining, Pembina Valley currently trail Eastman at 29 and Yellowhead at 30 points. It is a close race in the middle of the pack with the Winnipeg Ice at 32, Westman at 34, and the Winnipeg Avros on top at 40 points.

The Hawks lone game this week is in Stonewall Saturday night for a rematch with Interlake.

# Flyers beat top-ranked Steinbach Pistons

By Ashleigh Viveiros

The Winkler Flyers added two more to the win column last week.

Victories over Steinbach and Virden had the team sitting comfortably in second place in the Manitoba Junior Hockey League with a record of 28-10-2-3 for 61 points. They trail the Pistons by five points and are ahead of both the Terriers and Stampeders by three points.

Winkler faced off against the number one team last Tuesday night and skated away with a 3-2 win.

Goals from Eric Fawkes in the first and Jayden McCarthy in the third tied the game each time. McCarthy's marker with a minute and a half to go sent things into overtime.

There, Sullivan Shortreed got the game winner just 44 seconds in.

Dorrin Luding went the distance in net, making 19 saves off 21 shots as his teammates outshot the Pistons 26-21.

The game against the Virden Oil Capitals two nights later was another close win, though the Flyers didn't need overtime to make it happen.

Garrett Szeremley scored twice in the first period alongside singles from Ian Tookenay and Griffin Leonard to make it 4-1 after 20 minutes.

Virden chipped away at the Flyers'

lead with two more goals in the second, but Szeremley reinforced it with his third goal of the night five minutes into the third, making it 5-3 for Winkler.

The Oil Capitals got their final goal seven minutes later, but that was all she wrote. The Flyers returned home

the winners 5-4.

Luding was in net once again for Winkler and made 21 saves off 25 shots as the two teams matched each other shot for shot.

Saturday's scheduled game against Portage was cancelled due to poor road conditions and has not yet been

rescheduled.

Coming up, the team plays in Selkirk Friday and then has three home games Sunday through Tuesday against Virden, Portage, and Neepawa.

## > TWISTERS, FROM PG. 14

venge for a 3-2 overtime loss to the Twisters the previous weekend.

Special teams were the difference as the Victorias went 2 for 4 on the powerplay while the Twisters went 0 for 8 and were outshot 37-30. Luke

Zacharias took the loss on 34 saves. Jeremie Goderis scored the lone Pembina Valley goal just 52 seconds into the game.

The Twisters remain in first place at 24-5-2 for 50 points, which has them

eight up on St. Vital.

The team is in Winnipeg Friday evening to face the Raiders and are then back home in Morris to host Stonewall Saturday night.

## > LITERACY CARNIVAL, FROM PG. 9

have five different readers who have volunteered."

The face painting and craft tables are always popular, she noted, and there will also be free hot dogs and granola bars courtesy of the Co-op and Giant Tiger.

"We do prize bags for each child as well. Each child will have a book as

well as the prize bag with different items that have been donated by local businesses.

"So there's lots of community support for this," said North, noting there will be a door prize draw as well as 50/50 tickets and silent auction. "So if people want to bring along a little something to help support those

things, that would be great.

"It's open to everyone in the community, so we're hoping to have another good turnout," she said. "We usually have maybe 200, 250 children and their families here ... maybe we'll have even more this year."



# Agriculture

## For China, African Swine Fever is now a food issue

By Harry Siemens

Hog commentator Jim Long said pork is moving back to China.

In a recent interview at Hog Days in Brandon, Long said it started almost immediately right after the announcement by Prime Minister Justin Trudeau about pork trade relations getting back to normal.

"From what I understand, the Chinese buyers in the market before June when the border closed came right back into the market," he said. "It's a real positive for us as an industry."



PHOTO BY HARRY SIEMENS/VOICE

Hog commentator Jim Long says Canadian pork is finally moving back into China.

"In May, before the border closed down, the last full month, we shipped 45,000 tons of product to China ... about 450,000 market hogs equivalency a month," Long said. "That border closed and then that pork had to go somewhere else and it hurt our hog prices."

"I believe what's going on with China right now will be supportive, and it will continue for quite a long time."

Long said China needs food. It's as simple as that.

"They need food. Three, four weeks ago China announced they were going to start taking the chickens from the United States. They hadn't taken any chicken from the U.S. for five years," he said. "It wasn't all of a sudden China liked the U.S.; China needs food. The ASF situation in China has at least destroyed half their pig production, which would be equivalent to 25 per cent of all the pigs in the world. It's a total protein food shortage that China has to address."

That's why they're importing to try to keep their food prices under control. The price of market hogs right now in China is five times the price they are in Canada.

Long, who heads up Genesis Genetics and does significant business in China, described how devastating the African Swine Fever has been to the pig business in China:

"The companies we work with, one company had 17 pig farms and now they have four. ASF hit 13 of them, eliminating the pigs," he said. "Another farm had 13 different farms and they have three left. They're work-

ing at repopulating, but there isn't the breeding stock in China to do so. They're using a lot of market hog gilts, but it's costly even to do that. A market hog sells for about \$650, so even if they put a market hog in, there's an opportunity cost of \$650 U.S. per head."

Does Long see the risk of ASF coming to North America?

"Absolutely," he said. "It's a risk."

That said, the disease has been in Poland for three or four years but hasn't yet made its way into Germany, he pointed out.

"In that time, millions of people and tens of thousands of trucks have moved back and forth, [but] it hasn't got into Germany," Long said. "You would think that's way greater risk than us taking it across the ocean. I heard a speaker recently make this observation. The world has foot and mouth disease, hog cholera and North

America hasn't got it, so maybe we'll be lucky. I don't know. A pig must be exposed to it, directly exposed to it; it isn't an aerosol."

It's been a tough time for producers around the world, Long noted, and everyone is looking forward to seeing some better markets.

"I expect we'll see them soon. I think all projections show the killed numbers in North America are going to drop and the exports will increase," he said. "Everything we send from North America to China goes into a black hole supportive to the rest of the markets. And the thing is, I think China will not be able to recover to any extent for a minimum of three years. After that, I don't know. But they don't have ASF under control and I don't see how. They say there's less ASF in China now, but of course there are half as many pigs to get it, so it's part of the equation."

### > MONEY MATTERS, FROM PG. 13

there comes a point when it can be too risky as well.

When it comes to long term savings (like retirement) most Canadians are very well served by (take note here): a balanced, medium risk, globally diversified mutual fund. It is the simplest solution and garners great results. OR, maybe you use four to six funds to achieve the same thing, called a portfolio. Either way, the purpose is to achieve your goals AND not lose sleep at night.

Also, the best way to invest is to have an amount taken automatically from your bank account every two weeks or monthly. Use an advisor to help you find the right fund/funds for you.

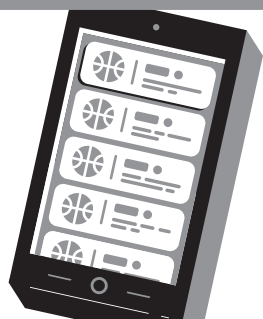
Next time we will discuss RRSPs

in detail. If you have any questions, comments, need help with your situation, or would like a free copy of my book *6 Simple Steps of Personal Financial Management*, please reach out to me at [chris.macpherson@manulifeinvestments.ca](mailto:chris.macpherson@manulifeinvestments.ca)

*Chris MacPherson is a financial advisor with Manulife Securities Incorporated and a life insurance advisor with Gallery Wealth Management.*

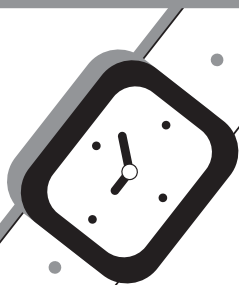
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# Weekly police reports

• Jan. 13: Morden police received a report of a break enter and theft to a detached garage in the backyard of a residence on Progressive Rd. The homeowner reports that sometime in the past two weeks his detached garage was broken into and two mountain bikes and several tools were stolen. There are no suspects at this time.

• Jan. 13: At 8:50 p.m., police were dispatched to an apartment block on Rampton St. regarding a theft. The resident advised that tools were stolen from her detached garage at the back of the apartment block. The investigation continues.

• Jan. 14: At 9:15 a.m., Morden police received a report of a theft of a blue 2013 Dodge Grand Caravan from an apartment complex on Loren Dr.

The witness gave police a description of the suspect and police located the suspect driving the vehicle a short time later. A 34-year-old Morden male was arrested for theft of a motor vehicle.

While speaking to the suspect, police determined that he was impaired by a drug and a demand was made for further testing by a drug recognition expert.

During the testing, the suspect failed to follow directions made by the drug recognition expert and was advised he would be charged with refusal.

At that point, the suspect pulled away from police, swung at the officers, and attempted to grab their equipment on their vest.

The man is now facing charges of motor vehicle theft, operating while impaired by a drug, refusing to comply with a drug evaluation demand, assaulting a peace officer, and failing to comply with an undertaking. He was also issued a ticket for driving without a valid driver's licence.

• Jan. 14: At 10:30 am, Morden police received a report of an assault which had occurred overnight.

Officers attended the residence and spoke to the homeowner and her daughter. The daughter reported that her husband had come home intoxicated and they argued. He then assaulted her by hitting her, throwing her to the ground, and kicking her.

Police located the suspect, a 33-year-old Morden man, at another residence. He was arrested and charged with assault.

• Jan. 16: Winkler police received a report of an assault that had just taken place involving two males known to each other. Officers located the male suspect, arrested him for assault, and later released him on an undertaking.

• Jan. 16: At 8:45 p.m., emergency crews attended to a motor vehicle accident at the corner of 12th St. and Thornhill St. in Morden.

A white Dodge Journey was southbound on 12th St. stopped at the stop sign at Thornhill. The Journey proceeded to make a left hand turn onto Thornhill St., causing a westbound blue Pontiac Montana to swerve out of her way and hit an eastbound green Honda Accord head on.



SUBMITTED PHOTO BY JOHNNATHAN BOND

There were minor injuries Jan. 16 after two cars collided at the corner of 12th St. and Thornhill St. in Morden. No charges have been laid. Police continue to investigate.

The driver of the Honda Accord was treated for minor injuries and released. Police are continuing their investigation.

• Jan. 17: Winkler police received a report of a two-vehicle accident at the intersection of 1st St. and Mountain Ave.

Police learned that the driver of a southbound vehicle was waiting to turn left onto a parking lot when a northbound vehicle stopped to let the driver make the turn. As the southbound driver proceeded to turn she struck a northbound vehicle which was passing on the shoulder.

The driver of the northbound vehicle was issued a ticket for overtaking and passing on the right in an unsafe manner, namely on the shoulder.

There were no injuries reported at the time of the accident. Both vehicles had to be towed from the scene.

• Jan. 17: Staff of a local store reported that a female attempted to leave

the store without paying for an item of merchandise. Staff confronted the woman, retrieved the stolen merchandise, and provided Winkler police with a description of the female and her vehicle.

A short time later, officers located the suspect vehicle in a nearby store parking lot and observed her sitting inside the vehicle with store staff nearby.

Staff of the second store advised police that the woman had left the store without paying for several items of merchandise.

The woman was subsequently arrested for shoplifting. A search of the vehicle resulted in police locating items stolen from three separate stores.

She now faces three counts of theft under \$5,000 as well as driving an unregistered vehicle and driving while disqualified.

## Kids asked to share what home means to them

Each entry in Meaning of Home contest earns local Habitat for Humanity chapter \$10

By Ashleigh Viveiros

The Winkler-Morden chapter of Habitat for Humanity has been busy building its first house in Winkler while also kicking off fundraising for a future build in Morden.

While much of the work thus far has been done by adults, kids in the two communities now have a chance to lend a hand themselves simply by putting pen to paper.

Habitat for Humanity Canada has launched its annual Meaning of Home Contest.

Until Feb. 21, students in Gr. 4-6 are invited to share an essay or poem on what home means to them.

Entering the contest has the potential to pay off in a big way for the Win-

kler-Morden chapter, says secretary Christina Falk.

"Every poem or essay entered from our area earns \$10 for our chapter," she says, explaining contest sponsor Genworth Canada has committed to making that donation for every single entry.

Last year the competition brought in a over \$1,700 towards the house built for a Winkler family. That family moves into their new home in just a couple of weeks.

"One of the things that we as a committee love about Habitat is it brings everyone in the community together," Falk says. "We can't have young children help build the house, but this is a really great way for younger people to still get involved. By writing an es-

say, they're directly helping us build a house."

The chapter will get an even bigger fundraising boost should a local submission win one of the contest's grand prizes.

A student from each grade will receive \$30,000 for the local Habitat build of their choice. The winners will also receive an iPad and a pizza party for their class.

Nine runners up, three from each grade, will receive a \$10,000 grant towards a local Habitat build, a tablet, and a pizza party for their class.

"So the potential with this is huge," says Falk.

Winkler-Morden youth are certainly invested in the Habitat cause, she says, noting she's had the chance to

talk about the chapter's work during a lot of classroom visits over the past few years.

"I think a lot of kids can understand the idea of maybe feeling tension at home," Falk says. "When you rent a property you might end up needing to move a lot and kids feel that. It might involve having to change schools or move away from friends ... those are very relatable things for kids."

"I think kids can wrap their minds around what a home can do for a family and the fact that they can actually do something to make that happen, I think, inspires them."

For more details on the Meaning of Home contest, go to [meaningofhome.ca](http://meaningofhome.ca)



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## MISCELLANEOUS

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## PUBLIC NOTICE



### R.M. OF STANLEY PUBLIC NOTICE REGARDING THE 2020 FINANCIAL PLAN

Public Notice is hereby given pursuant to Subsection 162(2) of The Municipal Act that the Council of the R.M. of Stanley intends to present its Financial Plan for the fiscal year 2020 at a Public Hearing in the Council Chambers of the Municipality on Thursday, February 6, 2020 at 9:30 a.m. Council will hear any person who wishes to make a representation, ask questions, or register an objection to the Financial Plan, as provided. Copies of the 2020 Financial Plan will be available for review prior to the Hearing at the Municipal Office at 23111 PTH 14W in the Rural Municipality of Stanley.

## PUBLIC NOTICE



### UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:  
THE RURAL MUNICIPALITY OF STANLEY BY-LAW 2-20 Being an AMENDMENT to the R.M. OF STANLEY ZONING BY-LAW 8-18, AS AMENDED.

**HEARING LOCATION:** R.M. of Stanley Council Chambers  
23111 PTH 14W, SW 7-3-4W  
**DATE & TIME:** FEBRUARY 6, 2020 at 9:15 a.m.  
**GENERAL INTENT:** TO RE-ZONE PARCELS OF LAND IN THE RM OF STANLEY  
**FROM:** "AG" AGRICULTURAL GENERAL  
**TO:** "RR" RURAL RESIDENTIAL  
**AREA:** LOT 1, PLAN 48109  
LOT 2, PLAN 48109  
LOT 3, PLAN 48109  
LOT 4, PLAN 48109



#### FOR INFORMATION CONTACT:

Melissa Groening, Planning and Development Officer  
Rural Municipality of Stanley  
23111 PTH 14W  
Phone: (204) 325-4101  
Email: [mgroening@rmofstanley.ca](mailto:mgroening@rmofstanley.ca)

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made and extracts taken there from, upon request.

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Phone: 204-242-2838  
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*Only those being interviewed will be contacted.*

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## CAREERS

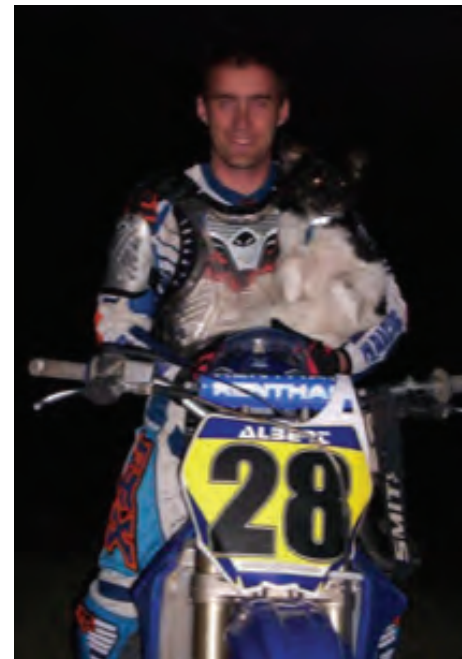


Wiens Doell Law Office is looking for a full-time Receptionist/Legal Assistant to be part of a fast paced work environment in their Winkler office. Experience in Microsoft Word is required. The applicant must also have interpersonal skills, the ability to multi task, and the use of a personal vehicle. The ability to communicate in low or high German is beneficial but not essential. We invite you to forward your resume to:

**Wiens Doell Law Office**  
Box 1150  
Winkler, MB R6W 4B2  
Or Email:

[info@wiensdoell.com](mailto:info@wiensdoell.com)  
Only those selected for further consideration will be contacted.

## IN MEMORIAM



**Albert Frank Fehr**  
January 23, 2019  
Gone but not forgotten.  
Loved and greatly missed.

-Love mom and dad,  
Brad, Vanessa, Kristin  
and Alberts sisters and brother  
along with their families

## MISCELLANEOUS

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## OBITUARY



### Heinrich (Henry K) Wiebe 1946 – 2020

It has been the will of our Heavenly Father to take unto Himself my husband, our father, grandfather and great-grandfather, Henry K Wiebe on January 9, 2020.

He was born to his parents, John N and Tina Wiebe (nee Peters) on August 10, 1946 in Mexico. When he was 10 years old, the family moved to the Matheson area in northern Ontario. Here, he helped with farm chores and in the wintertime, hauling logs out of the bush with a horse. After three years, the family moved to Manitoba. Upon his confession of faith in Jesus Christ as his Lord and Saviour, he was baptized by Bishop Jacob Penner and accepted as a member of the Old Colony Mennonite Church in Rosetown on June 6, 1967. On August 3, 1969, he entered into holy matrimony with Elizabeth Hiebert, with whom he shared the joys and sorrows of marriage for 50 years, five months and six days. They were blessed with the birth of one daughter and five sons. Their homes included the village of Neuhorst, the farm at Thames and the last 16 years in Winkler. For approximately 40 years, sometimes full time and other times only part time, he did farm work for John Fehr of Rosetown. Aside from this, he did things like flax straw baling and custom manure hauling together with his boys which he enjoyed very much. After this, he drove truck at Winkler Construction for about 10 years. The last years, he drove pilot truck for Meridian Manufacturing. Over the years, he also spent a lot of time and energy in church related work being on various local committees and for a number of years, being Vorsteher (Trustee) of the Old Colony Mennonite Church. On May 12, 1991, he was ordained as a deacon. He served on this position for approximately 27 years; 11 and a half years in the Old Colony Mennonite Church and 15 years in the German Alt Kolonier Church. After a life of good health and hard work, Henry was taken out of our midst very suddenly. Last Thursday, he went to the hospital emergency due to chest pains. When the pain subsided and tests did not reveal a heart problem, he returned home. Later that day, his condition became very critical and he was taken back to the hospital by ambulance. This time tests indicated a heart attack and preparations were started to airlift him to Winnipeg but before that could happen, life had already departed from him. He passed away at Boundary Trails Health Centre at 7:45 p.m. on Thursday, January 9, 2020. He reached an age of 73 years, four months and 30 days.

He was predeceased by his parents, six brothers-in-law and one sister-in-law. He leaves to mourn his passing his loving wife, Elizabeth; daughter, Linda and husband, Andy Driedger; son, Randy and wife, Barb; son, Leonard and wife, Jaime; son, Dennis and wife, Marie; son, Melvin and wife, Melissa; son, Leslie; 14 grandchildren; five great-grandchildren; three brothers; five sisters; the in-laws and many nieces, nephews and friends. We will miss him very much, yet we sorrow not as those who have no hope, but firmly believe that he has gone into the presence of his Lord and Saviour forever.

Funeral service was held at 2:00 p.m. on Wednesday, January 15, 2020 at the Chortitz Old Colony Mennonite Church with interment at the Church Cemetery.

We want to extend our heartfelt thank you to BTHC emergency room staff, STARS Air Ambulance, Wiebe Funeral Home, to John Loewen for bringing Leslie home from the States, to the church ministerial, song leaders, ushers, soundman and serving group, to all the family and friends for food, visits, phone calls and prayers and to all who came to support us at the service. May God bless you all. The Wiebe Family.

Wiebe Funeral Home, Winkler  
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[wiebefuneralhomes.com](http://wiebefuneralhomes.com)



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## OBITUARY



### Sarah Friesen (nee Wiebe) 1920 - 2020

Sarah Friesen passed away on Sunday, January 12, 2020 at Salem Personal Care Home, Winkler, MB at the age of 99 years.

Sarah was born to Johann and Katharina Wiebe on June 24, 1920 in Hamburg, MB. She was baptized in spring of 1941. She married Isaac M. Friesen on June 28, 1942. Sarah was predeceased by her husband, Isaac in 2008; one son-in-law, and one granddaughter. She is survived by three daughters, five sons and their spouses, 24 grandchildren, 47 great-grandchildren, one great-great-granddaughter, as well as one sister.

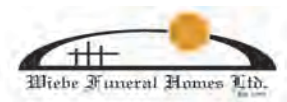
Her family moved from Manitoba to Mexico when Sarah was a young child. Life was difficult during her childhood and young adult life. Her mother passed away when she was 13; mom being the second oldest child of a large family. Isaac and Sarah moved back to Canada about 12 years after they were married to begin a new life of opportunities. She enjoyed her freedom here. Mom worked hard to provide for her growing family. This included gardening, canning, cooking, hoeing beets (a job she loved to do), cattle, chickens, etc. Later, she was employed at Eden Health Care Services. She also enjoyed this job, working and gaining knowledge and wisdom from others, building lasting friendships with ladies she cherished for years after. Mom retired at age 67 and enjoyed working with dad in carpentry, having family, especially grandchildren over. She attended Bible studies, puzzling, winning at Crokinole whenever she found a competitor willing to lose and cooking soups, baking, serving residents at Garden Park Estates whom she found to be "old", lonely, or sick. She served these folks when she was past 90 years of age. In the last few years she blessed the staff at Swan Lake Hospital and Salem Personal Care Home with her gratitude. She was loved as family by the faithful, caring staff. Mom lived for and loved her family to the end. Each person was most precious to her and asked that we all follow her into eternity. She longed to be with her Lord. Mom is now resting and continuing her tour of heaven which she had visions of weeks before her passing. In these visions "Jesus was so friendly". Mom fought hard through difficulties, kept her faith in God, worked hard and loved hard.

Memorial service was held at 11:00 a.m. on Saturday, January 18, 2020 at the Winkler Bergthaler Mennonite Church with interment prior at Westridge Memorial Gardens.

1 Corinthians 13: 4-5 "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps not record of wrongs."

In lieu of flowers, donations may be made in Sarah's memory to the Salem Home Foundation Inc.

Wiebe Funeral Home, Winkler  
In care of arrangements  
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## PUBLIC NOTICE



### Western School Division

#### Kindergarten Registration for September 2020

In order for the schools to better prepare for the 2020-2021 school year parents are requested to register their children for Kindergarten by coming to the appropriate school office from **January 24 to January 31, 2020**, between 8:30 a.m. and 4:00 p.m. Children born in 2015 or earlier are eligible to enrol. All parents are asked to bring a copy of their child's birth certificate when registering.

Please enrol in the school within whose catchment area your residence is located.  
For Kindergarten program and registration information, call the schools directly.

Catchment areas are:

**Minnewasta School**, 1 Academy Drive, Mr. Geoff Sutton, Principal, 204-822-4580  
• Area south of North Railway; area west of Mountain St.; and all rural students.

**Maple Leaf School**, 225-12th Street, Mr. Mike Keith, Principal, 204-822-4458

• Area north of South Railway St.; area east of Mountain St.; and all early years (K-4) French Immersion students.

#### OPEN HOUSE

**Western School Division will be holding a Kindergarten Parent Information session on January 23, 2020 from 7:00 p.m. to 8:00 p.m. at Maple Leaf Elementary School. We look forward to seeing all the new Kindergarten parents on this evening.**

More detailed information is available online at [www.westernsd.mb.ca](http://www.westernsd.mb.ca), at the schools, or at Western School Division Office, 204-822-4448.

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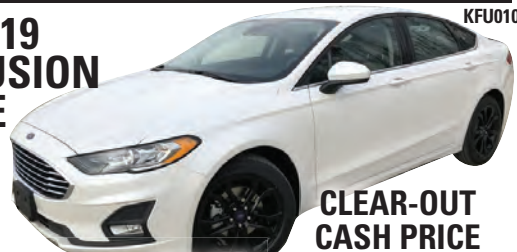


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DISCOUNT .... \$5,500 **\$24,129** PLUS  
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DISCOUNT .... \$4,000 **\$27,940** PLUS  
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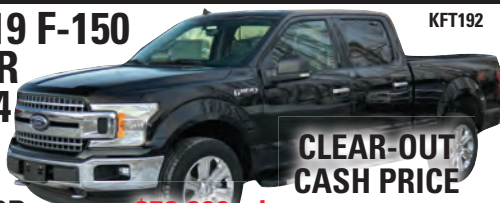


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